

Les Croupiers Running Club
Old Father Time 5 mile - 30 December 2012

Pos No.	Athlete	Club	Cat.	Time
1	506	Richard Gardiner	Aberdare	M35 00:26:16
2	505	Jerome Edwards	Les Croupiers	M35 00:26:55
3	594	Peter Coles	Pontypridd	M50 00:27:27
4	503	Stuart Crees	Les Croupiers	M35 00:27:32
5	563	Paul Griffiths	Neath Harriers	M45 00:27:43
6	529	Huw Evans	Les Croupiers	M40 00:28:20
7	504	Garteh Lynch	Les Croupiers	M35 00:28:23
8	533	Julian Baker	Les Croupiers	M40 00:28:38
9	528	Andrew Hodgson	Bridgend A.C.	M40 00:28:48
10	522	Matt Hurford	Les Croupiers	M40 00:29:21
11	523	Alun Jones	Les Croupiers	M40 00:29:54
12	526	Richard Johnson	Islwyn	M40 00:30:06
13	620	Dave James	Les Croupiers	M55 00:30:27
14	589	Peter Osborne	Llanelli A.C.	M50 00:30:36
15	551	Richard Self	Les Croupiers	M45 00:30:41
16	591	Peter Crane	Neath Harriers	M50 00:31:18
17	604	Glyn Sansom	San Domenico	M50 00:31:26
18	592	David Crane	Neath Harriers	M50 00:31:37
19	509	Maurice Attard	Outdoor Fitness	M35 00:31:51
20	527	Geraint Williams	Aberdare	M40 00:31:56
21	596	Phil Bristow	San Domenico	M50 00:31:59
22	598	Simon Dimmer	Forest of Dean A.C.	M50 00:32:07
23	711	Nicola Gething	Parc Bryn Bach	W40 00:32:11
24	560	Peter Kellam	Les Croupiers	M45 00:32:19
25	562	Alun Evans	Rhondda Valley Runners	M45 00:32:20
26	615	Mick McGeoch	Les Croupiers	M55 00:32:22
27	621	Mike Murphy	Les Croupiers	M55 00:33:04
28	531	Daman Jukes	Parc Bryn Bach	M40 00:33:07
29	611	Terry O'Brien	Unattached	M55 00:33:11
30	657	Phil Miles	Parc Bryn Bach	M60 00:33:13
31	647	Howard Kent	Les Croupiers	M60 00:33:15
32	588	Mark Dunscombe	Sarn Helen	M50 00:33:29
33	597	John Morgan	Bridgend A.C.	M50 00:33:38
34	555	Tim Owen	Bridgend A.C.	M45 00:34:01
35	602	Nigel Clement	Penarth and Dinas	M50 00:34:07
36	584	David E Williams	Les Croupiers	M50 00:34:25
37	583	Paul Morris	Les Croupiers	M50 00:34:29
38	524	Daniel Luffman	Unattached	M40 00:34:37
39	623	Neil Davies	Unattached	M55 00:34:40
40	613	Mark Terry	TROT's	M55 00:34:45
41	502	John Magee	Les Croupiers	M35 00:34:54

42 746 Jacqui Brace Bridgend A.C. W50 00:35:02
43 582 Hefin Gruffydd Unattached M50 00:35:06
44 641 John Gardner Pembrokeshire Harriers M70 00:35:14
45 557 Dominic Shields San Domenico M45 00:35:21
46 554 Peter Curran Unattached M45 00:35:28
47 501 Michael Halsall Llanelli A.C. M35 00:35:35
48 614 Martin Pinnell Les Croupiers M55 00:35:40
49 622 Allan Jones Brackla Harriers M55 00:35:45
50 600 Kevin Russell San Domenico M50 00:35:58
51 626 Roy Silver Les Croupiers M55 00:36:04
52 656 Brian Gough Pontypridd M70 00:36:06
53 530 Steve Quin Les Croupiers M40 00:36:11
54 603 Tony Sudworth Unattached M50 00:36:14
55 703 Claire Middlecombe San Domenico W35 00:36:16
56 627 Robert Ford Pontypridd M55 00:36:25
57 525 Carl Edwards Pontypridd M40 00:36:42
58 507 Rob Goldsmith Unattached M35 00:36:49
59 599 Rod Perons Les Croupiers M50 00:36:56
60 559 Andrew Davies Pontypridd M45 00:37:00
61 625 Michael Pritchard Unattached M55 00:37:13
62 704 Marie Roberts Unattached W35 00:37:14
63 565 Steve Alexander Les Croupiers M45 00:37:20
64 702 Helen Barrett Unattached W35 00:37:26
65 628 David Proffitt Newport Harriers M55 00:37:27
66 742 Jo Skilton San Domenico W50 00:37:38
67 630 Richard Sewell Les Croupiers M55 00:37:48
68 618 Andrew Sedgmond Les Croupiers M55 00:38:05
69 732 Loretta Daley Les Croupiers W45 00:38:12
70 653 Tony Burt Brackla Harriers M70 00:38:15
71 716 Janet Edwards Pontypridd W40 00:38:18
72 745 Janet Dimmer Forest of Dean A.C. W50 00:38:30
73 648 David Hebbes Unattached M60 00:38:31
74 649 Jeff Aston Les Croupiers M65 00:39:05
75 586 Alan Mason Les Croupiers M50 00:39:15
76 651 Barrie Roberts Bourneville M65 00:39:27
77 587 Mike Rossiter Les Croupiers M50 00:39:34
78 532 Jonathan Milton Gwent Police M40 00:39:42
79 556 Kellinu Portelli Les Croupiers M45 00:40:11
80 643 Ralph Davey Les Croupiers M65 00:40:14
81 561 Steve New Islwyn M45 00:40:17
82 585 David Hodges Les Croupiers M50 00:40:22
83 733 Tracey Edwards Rhondda Valley Runners W45 00:40:27
84 701 Alice Hurd Unattached W35 00:40:32
85 645 John Cunnane Islwyn M60 00:40:34
86 731 Jane Williams Unattached W45 00:40:35

87 741 Tina Rossiter Les Croupiers W50 00:40:38
88 754 Patricia Jones Brackla Harriers W55 00:40:46
89 601 Ray Ellingham San Domenico M50 00:40:49
90 605 Gary Bird Unattached M50 00:40:54
91 661 Richard Brown Sheen Shufflers M60 00:41:21
92 631 Graham Webster Unattached M55 00:41:24
93 510 Luke Heslop Unattached M35 00:41:28
94 655 Geoffrey Bayliss Chepstow M65 00:41:30
95 705 Helen Jewitt Unattached W35 00:42:05
96 632 John Martin Unattached M55 00:42:12
97 593 Andy Morton Unattached M50 00:42:25
98 747 Janice Clement Penarth and Dinas W50 00:42:34
99 756 Andrea Webster Unattached W55 00:43:32
100 652 Keith Treharne Brackla Harriers M65 00:43:44
101 744 Amanda Thompson Les Croupiers W50 00:43:52
102 751 Kathy Earham Bannantyne W65 00:43:56
103 553 Simon Hudd Unattached M45 00:44:33
104 581 Ian John Warner Unattached M50 00:44:53
105 753 Gillian Murphy Les Croupiers W55 00:44:55
106 624 Frank Williams Unattached M55 00:45:13
107 654 Syd Wheeler Chepstow M75 00:45:16
108 715 Hannah Fowler Pencoed W40 00:45:31
109 617 Alan Mann Les Croupiers M55 00:45:48
110 564 Peter Shanley Unattached M45 00:45:48
111 717 Amanda Thomas Unattached W40 00:46:28
112 718 Leona Shanley RVR W40 00:46:40
113 734 Rhian Llewellyn Les Croupiers W45 00:46:49
114 629 Keith Lowther San Domenico M55 00:47:22
115 558 Huw Williams Unattached M45 00:47:28
116 660 Chris Plaisted Unattached M65 00:48:15
117 642 Geoff Wright Les Croupiers M60 00:48:16
118 755 Mal Rowson Les Croupiers W60 00:49:38
119 658 Rod Jones Les Croupiers M65 00:49:55
120 508 Alan Lambert Unattached M35 00:51:36
121 595 Stephen Walker Wrexham M50 00:52:02
122 713 Nicola John Unattached W40 00:52:33
123 712 Tracey Newman Les Croupiers W40 00:58:50
124 659 Errol Alexis Les Croupiers M75 01:02:00