

Fishguard Sea Cadets

10km Race 2013

Pos	Time	Family	First	Num	Gen	Age	Cat	Club
1	0:34:45	Dyde	Robert	61	M	30	OM	Pembrokeshire Harriers
2	0:35:02	Collier	John	46	M	25	OM	Westbury Harriers
3	0:38:37	Davies	Daniel	67	M	24	OM	Pembrokeshire Harriers
4	0:39:47	Facey	Luke	53	M	24	OM	
5	0:40:13	Morris	Lee	60	M	31	OM	Road Runners 3ms
6	0:41:12	Elliott	Gareth	64	M	30	OM	Pembrokeshire Harriers
7	0:41:20	Owen	Barry	66	M	38	OM	Emlyn Runners
8	0:41:36	Marks	Catherine	55	F	30	OF	
9	0:42:29	Williams	Alex	71	M	46	M40	Ingli Runner
10	0:42:38	Worth	Laurence	68	M	50	M50	Pembrokeshire Harriers
11	0:42:54	Roberts	Shan	58	F	45	F45	TROTts
12	0:43:38	Liver	Katherine	59	F	22	OF	
13	0:43:46	Orme	Gordon	49	M	70	M60	Cardigan Running Club
14	0:45:33	Padget	Paul	65	M	57	M50	Ingli Runner
15	0:48:15	Davey	Eric	48	M	63	M60	Llanelli AC
16	0:52:14	Thomas	Emma	51	F	28	OF	
17	0:52:58	Stanford	Simon	54	M	22	OM	
18	0:52:59	Smith	Sam	52	M	26	OM	
19	0:53:42	Colman	Jill	50	F	48	F45	Pembrokeshire Harriers
20	0:55:54	Rogers	Toby	72	M	39	OM	Ingli Runner
21	0:56:21	Richardson	Keith	63	M	69	M60	RRC
22	0:56:31	Gibby	Alex	45	M	40	M40	
23	0:58:43	John	James	47	M	38	OM	Pembrokeshire Harriers
24	1:01:18	Hodges	Mike	70	M	60	M60	TROTts
25	1:03:22	Kelly	Matthew	57	M	39	OM	
26	1:03:24	Kelly	Lisa	56	F	37	F35	
27	1:05:15	Sherwood	Roland	69	M	67	M60	Carmarthen Harriers
28	1:05:32	Nestor-Powell	Alexandra	62	F	33	OF	