

Human Being Active

Llanelli Star - Great Welsh Marathon ... RESULTS

GUN POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP POS	CHIP TIME
1	Edward	Catmur	MS	Thames Hare & Hounds	02:36:45	1	02:36:45
2	Tomas	O'Loughlin	MS	Tri London	02:43:14	2	02:43:13
3	James	Elgar	MS	Newt/Lliswerry Runners	02:45:07	3	02:45:06
4	Henry	Wright	MS	Virgin Active Cardiff RC	02:46:43	4	02:46:43
5	Philip	Eccleston	MS	Horwich Rmi Harriers	02:51:59	5	02:51:59
6	Luke	Moseley	MS	Hereford Tri	02:52:34	6	02:52:33
7	Jarlath	Mckenna	MS		02:54:45	7	02:54:41
8	Nicholas	Handley	MS		02:57:36	8	02:57:34
9	Glyn	Price	M40	Sarn Helen	02:57:47	9	02:57:46
10	Keith	Gorry	MS	Mullingar Harriers	02:58:53	10	02:58:52
11	Darren	Edwards	MS	Celtic Tri	02:58:55	11	02:58:52
12	Ian	Harris	MS	3M's Gorseinon Road Runners	03:02:40	12	03:02:38
13	Jonathan	Crocombe	MS		03:02:44	13	03:02:43
14	Thomas	Parkin	MS	Brat	03:04:25	14	03:04:06
15	Luke	Jones	MS	Brackla Harriers	03:06:56	15	03:06:54
16	Phillip	Turner	M40	Sospan Road Runners	03:07:20	16	03:07:15
17	Nick	Rees	M50	Les Croupiers	03:07:29	17	03:07:16
18	Adam	Rees	M40	Bridgend AC	03:08:08	18	03:07:57
19	Nigel	Phillips	M40	Sospan Road Runners	03:08:29	19	03:08:25
20	Michael	Bright	MS	Chippenham Harriers	03:08:52	20	03:08:51
21	Darren	White	MS		03:10:05	21	03:10:01
22	Adrian	Kearns	M40	Exmouth Harriers	03:10:40	22	03:10:39
23	Rob	Watkins	M40	Thornbury Running Club	03:11:08	23	03:11:04
24	Alun	Evans	M40	Rhondda Valley Runners	03:11:34	24	03:11:30
25	Christopher	Kay	MS		03:11:46	25	03:11:43
26	Chris	Alton	M40	Swansea Harriers	03:12:20	26	03:12:17
27	Peter	Osborne	M50	Llanelli A.C.	03:12:37	28	03:12:35
28	David	Headon	M50	Les Croupiers	03:12:47	27	03:12:34
29	Russell	Bown	M50	Pontypridd Roadents	03:13:02	29	03:12:45
30	Sam	West	MS	Bitton Road Runners	03:13:59	30	03:13:51
31	Niki	Quinn	F45	Emlyn Runners	03:14:51	31	03:14:50
32	Hugh	Pinner	MS		03:15:09	32	03:15:07
33	Paul	Carman	M50	Port Talbot Harriers	03:15:34	33	03:15:30
34	David	Hughes	MS		03:16:51	34	03:16:47
35	Iain	Mcmillan	MS		03:17:40	35	03:17:33
36	Kevin	Mcintosh	M40	Port Talbot Harriers	03:18:06	36	03:18:02

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GUN POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP POS	CHIP TIME
37	Phil	Adams	M50	100Km Association	03:19:03	37	03:18:40
38	Steve	Jackson	M50	Mud Crew Trail Runners	03:19:16	38	03:19:09
39	Richard	Segust	M40		03:19:25	39	03:19:17
40	Ian	Wood	MS		03:19:53	40	03:19:43
41	Robert	Kellett	M40	Royston Road Runners	03:20:20	41	03:20:05
42	Joanne	Mumford	F35	Avon Valley Runners	03:20:38	42	03:20:38
43	Mike	Duggan	M40	Bitton Road Runners	03:22:14	43	03:22:05
44	Jon	Brough	M60	Stroud & District A.C	03:22:27	44	03:22:22
45	Chris	Millington	MS	Les Croupiers	03:22:44	46	03:22:42
46	Sean	Rice	M40		03:22:48	45	03:22:29
47	Kevin	Secker	M40	Sneyd Striders	03:23:26	47	03:23:25
48	Simon	Marks	MS	Parc Bryn Bach	03:24:14	48	03:23:49
49	Alex	Hackett	MS		03:24:19	49	03:24:16
50	Ken	Knights	M50		03:24:48	50	03:24:30
51	Martin	Jones	MS		03:24:56	52	03:24:50
52	Dave	Mcelhill	MS		03:25:08	51	03:24:47
53	Morris	Attard	MS	Outdoor Fitness RC	03:25:30	54	03:25:28
54	Ben	Hughes	MS		03:25:37	53	03:25:06
55	Richard	Webster	M50	3M's Gorseinon Road Runners	03:27:04	55	03:26:59
56	Mark	Thompson	M40	Slinn Allstars	03:27:31	58	03:27:22
57	Lucy	Boucher	FS		03:27:32	56	03:27:04
58	Tim	Ford	M40		03:27:33	57	03:27:05
59	Leighton	Gardener	M40		03:27:38	59	03:27:35
60	Phil	Robinson	M50	Seaford Striders Running Club	03:28:35	60	03:28:30
61	William	Ferguson	M40		03:28:52	61	03:28:46
62	Will	Rees	MS		03:30:26	62	03:30:04
63	Peter	Hopes	M40	Bitton Road Runners	03:31:06	63	03:30:51
64	Stephen	Cable	MS	3M's Gorseinon Road Runners	03:31:14	64	03:31:08
65	James	Chess	MS		03:31:39	65	03:31:32
66	Trevor	Pritchard	MS	Tata Steel Multisport	03:31:56	66	03:31:48
67	Vincent	Nazareth	M50		03:32:16	67	03:32:08
68	James	Jewell	M50		03:32:23	68	03:32:12
69	Malcolm	Barbour	M40	Barbour	03:32:54	70	03:32:42
70	Keith	Burt	M40		03:32:59	69	03:32:37
71	Cerith	Griffiths	M40		03:33:04	71	03:32:43
72	Aled	Smith	MS	Tenby Aces	03:33:37	72	03:33:21

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GUN POS	FIRST NAME	SURNAME	CAT	CLUB	GUN TIME	CHIP POS	CHIP TIME
73	Janet	Richards	F45	Lliswerry Runners	03:34:02	74	03:33:57
74	Stephen	Kelly	M40		03:34:06	73	03:33:47
75	Keith	James	MS	Lliswerry Runners	03:35:08	75	03:34:42
76	Tom	Callister	MS		03:36:26	76	03:36:18
77	Simon	Gay	MS		03:37:10	78	03:37:03
78	Hywel	Davis	MS	Great Western Runners	03:37:28	77	03:36:55
79	Tess	Mewton	FS	Chippenham Harriers	03:37:31	80	03:37:29
80	Roger	Mills	M40	Fairwater Runners	03:37:41	79	03:37:15
81	Glyn	Taylor	M40		03:38:10	81	03:38:07
82	Mark	Murphy	MS		03:38:37	82	03:38:18
83	Clare	Williams	F45	Ingli	03:38:59	83	03:38:45
84	Carl	Seaman	M40	Rhondda Valley Runners	03:39:15	84	03:38:55
85	Ellie	Piercy	FS		03:40:16	85	03:40:02
86	Ian	Fiddes	M40	Vegan Runners	03:40:32	86	03:40:27
87	Ross	Lewis	MS	Team Lew	03:40:44	87	03:40:34
88	Alan	Mason	M50	Les Croupiers	03:41:42	89	03:41:31
89	Helen	Mann	FS		03:41:45	88	03:41:29
90	Chris	Lloyd	MS	Islwyn Running Club	03:41:53	90	03:41:46
91	Kris	Denholm	M40	Brackla Harriers	03:41:57	94	03:41:55
92	Ian	Berry	MS	Kimberley And District Striders	03:42:00	93	03:41:53
93	Dale	Mountford	MS		03:42:06	95	03:41:59
94	Gareth	Jones	MS		03:42:08	92	03:41:50
95	Ceri	Hughes	FS		03:42:21	91	03:41:47
96	Paul	Harnes	M40	Lliswerry Runners	03:42:57	96	03:42:31
97	Sian	Bradshaw	F35		03:43:26	98	03:43:17
98	Thomas	Starling	MS		03:43:39	97	03:43:09
99	Neale	Wood	M50	Lliswerry Runners	03:44:33	99	03:44:07
100	Leigh	Adams	MS		03:44:33	100	03:44:07
101	Gareth	Hill	M40		03:44:48	103	03:44:41
102	Charlie	John	F35		03:44:48	101	03:44:17
103	Jaime	Massanet	MS		03:44:58	102	03:44:40
104	Anne	Huggett	FS		03:45:39	104	03:45:16
105	William	Denny	MS	Pontypridd Roadents	03:46:06	106	03:45:49
106	Sarah	Fry	F35	Irc Cardiff	03:46:07	105	03:45:43
107	Andrew	Ellison	MS	Rhondda Valley Runners	03:46:16	107	03:45:55
108	Pat	Norris	M40	Ringos runners	03:46:24	108	03:45:57

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109	Michael	Grehan	M40	Dunstable Road Runners	03:46:51	109	03:46:05
110	Matt	Tooze	M40		03:47:15	110	03:46:58
111	Terry	O'Brien	M50		03:47:39	111	03:47:11
112	Matthew	Barker	MS		03:48:16	112	03:48:08
113	Miles	Burrows	MS		03:48:47	114	03:48:38
114	Phil	Whitney	MS		03:48:52	115	03:48:40
115	Hannah	Thomas	FS		03:48:56	113	03:48:23
116	Mark	Owen	MS		03:49:30	116	03:49:01
117	Rob	Johnson	M40		03:49:39	117	03:49:22
118	Gareth	Tucker	MS	Barking Road Runners	03:49:47	119	03:49:31
119	Lara	Hooper	FS	3M's Gorseinon Road Runners	03:49:48	118	03:49:26
120	Nigel	Williams	M40		03:50:25	120	03:50:13
121	Steve	Ruddy	M40		03:50:34	121	03:50:14
122	Gareth	Hart	M40	Caerleon	03:50:53	122	03:50:26
123	Ceri	Stone	M40		03:51:19	124	03:51:10
124	John	Cregg	M40		03:51:27	123	03:51:02
125	Colin	Jones	M50		03:51:48	125	03:51:18
126	Dave	Webster	M50		03:51:56	126	03:51:30
127	Barnaby	Daniel	MS		03:52:20	128	03:52:13
128	Tim	Seyfert	MS		03:52:20	130	03:52:14
129	Charlie	Seyfert	FS		03:52:20	129	03:52:13
130	Harry	Roberts	MS		03:52:38	127	03:52:02
131	David	Mackie	MS		03:53:12	131	03:53:04
132	Ian	Forbes	MS		03:53:22	132	03:53:08
133	Kevan	Enticott	M40		03:53:45	133	03:53:14
134	Peter	Britton	M50		03:54:05	134	03:53:30
135	Alun	Parry	M40		03:54:06	136	03:53:43
136	Keith	Verheyden	M50	Fetch Everyone	03:54:14	135	03:53:37
137	Ruth	Newman	F35	Vegan Runners	03:54:35	137	03:53:47
138	Hiroko	Tagashira	F35	Cardiff Triathletes	03:56:22	138	03:56:09
139	Mandy	Bevan	F45		03:56:38	139	03:56:22
140	Russell	Dobbs	MS	Islwyn Running Club	03:56:43	140	03:56:35
141	Owen	Davies	MS		03:57:58	142	03:57:49
142	David	Palmer	M50		03:58:09	141	03:57:35
143	Owen	Mcnamara	MS	Mcnamara	03:58:18	143	03:58:09
144	Rachel	Evans	F35		03:58:34	145	03:58:22

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145	David	Boucher	M60		03:58:37	144	03:58:09
146	Claire	Lloyd	F35	South Wales Police Tri Club	03:58:43	146	03:58:38
147	John	Clay	M40		03:59:55	149	03:59:48
148	Kevin	Thomas	M40		04:00:01	148	03:59:41
149	Luke	Hurley	MS		04:00:03	150	03:59:55
150	Jonathan	Rhead	MS		04:00:03	151	03:59:55
151	Richard	Elgar	MS	Llisbury Runners	04:00:07	147	03:59:41
152	Michael	Smith	M60	Tenby Aces	04:00:24	152	04:00:08
153	Dean	Chambers	M50	Road Runners Club	04:00:39	154	04:00:27
154	Lee	Morris	MS		04:00:40	153	04:00:19
155	Steffan	Thould	MS		04:00:44	155	04:00:31
156	Christopher John	Edwards	M40		04:01:08	156	04:00:44
157	Tom	James	MS	South Gower Sports Club	04:01:41	158	04:01:35
158	Greg	Mc Cann	M40		04:01:48	157	04:01:29
159	Nicola	Chamberlain	FS	Kimberley And District Striders	04:01:50	159	04:01:42
160	Andrew	Rutter	M40		04:02:10	161	04:02:00
161	Michael	Hall	M40		04:02:14	162	04:02:03
162	Kerry	Horton	F35		04:02:20	160	04:01:56
163	Kelly	Collins	FS	Parc Bryn Bach	04:03:03	163	04:02:41
164	Glenn	Hughes	MS		04:03:22	165	04:03:07
165	Jason	Gray	MS		04:03:27	164	04:02:46
166	Wayne	Preece	M60		04:04:19	166	04:03:58
167	Vicki	Hopkins	F45	Old Parish	04:04:20	167	04:03:58
168	Peter	Mannion	MS		04:04:54	168	04:04:45
169	Vicky	Sutton	FS		04:05:13	169	04:04:47
170	Karen	Hewitt	FS		04:05:13	170	04:04:47
171	Rebecca	Holland	F35		04:05:13	171	04:04:47
172	Lisa	Duggan	F35	Bitton Road Runners	04:05:24	172	04:05:15
173	Dave	Rennick	MS		04:05:40	173	04:05:16
174	Marcel	Felix	M40	Portodue	04:06:58	174	04:06:46
175	Steven	Jenkins	MS	All-In-One Fitness - Personal Training	04:07:19	175	04:07:00
176	Mark	Sullivan	MS		04:07:28	176	04:07:04
177	Pete	Oldfield	M40		04:07:44	177	04:07:08
178	Heather	Hogan	F35	Newport & District	04:07:54	178	04:07:52
179	Sian	Jones	FS	Caerleon	04:09:01	179	04:08:34
180	Stephanie	Bailey	FS		04:09:32	180	04:08:59

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181	Stuart	Dewdney	M50		04:09:42	181	04:09:29
182	Katherine	Lewis	F35	Royal Sutton Coldfield Athletics Club	04:09:52	182	04:09:35
183	Catherine	Rooke	F45		04:10:18	183	04:10:04
184	Sally	Ingledew	F45	Teignbridge Trotters	04:10:43	184	04:10:07
185	Sarah	Draper	F35		04:10:57	185	04:10:36
186	Joe	Hawkins	MS		04:11:50	186	04:11:33
187	Michael	Lewis	MS		04:12:46	187	04:12:18
188	Brian	Day	MS	Bedford Harriers	04:14:17	188	04:13:54
189	Richard	Shipp	M40		04:14:40	189	04:14:19
190	Paul	Dursley	M50	Llisbury Runners	04:15:43	190	04:15:18
191	Julian	Wake	M40		04:15:53	191	04:15:28
192	Abigail	Reynolds	F35		04:16:01	192	04:15:34
193	Deborah	Hope	F45		04:16:46	193	04:16:31
194	Mike	Griffiths	M40	Team Deviant	04:18:33	194	04:18:17
195	Howard	Davies	M60		04:18:36	195	04:18:32
196	Christopher	Phillips	MS		04:19:56	196	04:19:41
197	David	Freer	MS		04:20:00	197	04:19:51
198	Owain	Williams	MS		04:20:50	198	04:20:11
199	Kevin	Law	M60		04:21:15	199	04:20:39
200	Eleanor	Johnson	FS	Welsh Athletics	04:21:21	200	04:21:16
201	Kirsty-Ann	Murphy	F35	Chippenham Harriers	04:22:08	201	04:21:36
202	Kathryn	James	FS		04:22:13	202	04:21:49
203	Suzanne	Milligan	F35		04:23:12	203	04:22:49
204	Leanne	Davies	FS		04:23:27	205	04:23:16
205	Emma	Probert	FS		04:23:27	204	04:23:06
206	Sue	Murphy	F35		04:24:43	207	04:24:29
207	Chris	Bevan	M40		04:24:54	206	04:24:13
208	Emma	Evans	F35		04:25:47	208	04:25:11
209	Chris	Edmonds	M60		04:25:48	209	04:25:16
210	Alun	Jones	M50		04:28:06	212	04:27:57
211	David	Rees	MS		04:28:21	210	04:27:44
212	Ian	Walters	MS		04:28:30	211	04:27:56
213	David	Downes	M40		04:28:43	213	04:28:22
214	Michelle	Jayne	F35	Parc Bryn Bach	04:28:44	214	04:28:22
215	Margaret	Hodges	F45		04:30:09	215	04:29:45
216	Matthew	Pitt	MS	Stroud & District A.C	04:30:20	216	04:29:45

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217	Dave	Major	M40	100 Marathon Club	04:30:28	217	04:29:58
218	Ifan	Glyn	MS		04:31:31	218	04:31:05
219	Blaine	Jones	MS		04:31:42	220	04:31:33
220	Robert	Brain	M50		04:31:45	219	04:31:13
221	Laurie	Hughes	M40		04:32:04	221	04:31:44
222	Emmett	Graham	M50	Leigh Harriers	04:34:33	222	04:34:11
223	Paul	Watts	M40	Wye Valley Running Club	04:34:54	224	04:34:15
224	Allan Jogon	Green	M60	100 Marathon Club	04:34:54	223	04:34:15
225	Linda	Major	F45	100 Marathon Club	04:35:27	225	04:34:56
226	Mervyn	Weightman-Bent	M50	Llswerry Runners	04:35:43	226	04:35:03
227	Sarah	Mcmillan	FS		04:40:32	227	04:40:13
228	Paul	Shepherd	MS		04:41:03	228	04:40:32
229	Craig	Fussell	M40		04:41:03	229	04:40:32
230	Andy	Ricketts	M40		04:43:50	230	04:43:30
231	Michael	Alsworth	M60	100 Marathon Club	04:44:16	231	04:43:43
232	Phil	Jones	MS		04:44:19	232	04:44:03
233	Susan	Buckley	FS	Fetch Everyone	04:46:09	233	04:45:34
234	Axel	Michaelsen	M40	Pembrokeshire Tri	04:48:05	234	04:47:51
235	Gianpiero	Caramella	MS	Portodue	04:48:36	236	04:48:25
236	Brian	Mills	M50	100 Marathon Club	04:48:42	235	04:48:11
237	Nick	Jackson	M40	Llswerry Runners	04:52:37	237	04:52:07
238	Garth	Giesbrecht	M50		04:54:27	238	04:53:53
239	Marcus	Bennett	M40		04:57:04	239	04:56:32
240	Clare	Bennett	F45		04:57:04	240	04:56:33
241	Owen	Williams	MS		04:58:54	241	04:58:25
242	Wendy	Rees	F45	Griffithstown Harriers	04:59:04	242	04:58:48
243	Gareth	Davies	M40		04:59:29	243	04:59:12
244	Aled	Edwards	M50		05:01:00	244	05:00:35
245	Andy	Moore	M40		05:04:54	245	05:04:30
246	Richard	Feltham	M40		05:04:54	246	05:04:30
247	Selina	Da Silva	F55	100 Marathon Club	05:08:56	247	05:08:20
248	Geraint	Griffiths	M40		05:09:56	248	05:09:31
249	Brian	Worthington	M50	Birchfield Harriers	05:15:47	249	05:15:22
250	Mark	Coffey	M40		05:20:26	250	05:19:52
251	Lloyd	Grinsted	MS		05:22:40	253	05:22:12
252	Laura	Goodman	FS		05:22:40	252	05:22:12

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253	Nadia	Thirb	FS		05:31:04	251	05:21:54
254	Mike	Smith	M40		05:32:13	254	05:31:49
255	Chris	Manley	M60		05:38:45	255	05:38:34
256	Flint	Denyer	M40	InPulse Fitness	05:39:19	256	05:38:57
257	Colin	Pheasant	M50	Chase Harriers	05:43:16	257	05:43:11
258	Kate	Isger	FS		05:48:34	258	05:48:11
259	Dawn	Holder	F35	Builth & District RC	05:49:40	259	05:49:25

UPCOMING HUMAN BEING ACTIVE & PARTNER EVENTS

FUSION 5K - SUMMER SERIES ... 6th JUN - 4th JUL - 11th AUG 2013

incorporating the Welsh 5k Championships

SCARLETS FESTIVAL OF SPORT ... JUNE - JULY 2013

HBA - 24HR WALKATHON ... 27th - 28th JULY 2013

PEMBREY BEACH 10K FUN RUN ... 4th AUGUST 2013

incorporating the HBA Family Adventure Challenge

HBA SANTA DASH - LLANELLI CARNIVAL ... 22nd NOVEMBER 2012

LLANELLI WATERSIDE HALF MARATHON ... 2nd MARCH 2014

HBA-5-10-20 MILES ... 23rd MARCH 2014

GREAT WELSH MARATHON ... 13th APRIL 2014

incorporating the Great Welsh Half Marathon

HBA-XC HALF MARATHON CHALLENGE ... AUGUST 2014

HBA-XC TRIATHLON CHALLENGE ... SEPTEMBER 2014

..... and many others to be announced soon

Our thanks to all from the community that continue to support this and other Human Being Active Events. We look forward to seeing you at the next one ...

www.humanbeingactive.org

Total event management and info services for sports events and active lifestyles