

Chepstow Harriers

Maqor Marsh

Sunday, 28 July 2013. 10:30 pm

Position	Time	Name	Club	Category	Race Number
1	0:35:08	WILLIAMS, Oliver	Les Croupiers	Snr Male	158
2	0:35:08	MILLINGTON, Chris	Les Croupiers	Snr Male	78
3	0:35:33	JONES, Daniel	Team Bath AC	Snr Male	163
4	0:35:53	NOBLE, Robert	Oxford Uni Cross Country Club	Snr Male	27
5	0:35:54	RAWLINSON, Leighton	Caerleon Running Club	Snr Male	196
6	0:35:55	MATTHEWS, Richard	Chepstow Harriers	Snr Male	124
7	0:36:14	HURFORD, Matthew	Les Croupiers	MV 35	44
8	0:36:21	KIRK, Elinor		Snr Ladies	201
9	0:36:38	WADLOW, Stuart	Outdoor Fitness	MV 35	152
10	0:36:50	ROBERTS, Kate	Bridgend AC	Snr Ladies	150
11	0:37:24	EAGON, David		Snr Male	117
12	0:37:28	MATTHEWS, Katherine	Chepstow Harriers	LV 35	123
13	0:37:30	NICHOLLS, Doug	San Domenico	Snr Male	173
14	0:37:56	HARTNELL, Haydn	Islwyn Running Club	MV 45	9
15	0:38:00	LEWIS, Geraint	Porthcawl Runnerslife	MV 35	228
16	0:38:02	BRISTOW, Phil	San Domenico	MV 45	160
17	0:38:21	MAGGS, Andrew	Team Bath AC	MV 45	168
18	0:38:42	ANNETT, Rhys	San Domenico	Snr Male	147
19	0:39:11	MURPHY, Mike	Les Croupiers	MV 55+	149
20	0:39:30	SANSOM, Glyn	San Domenico	MV 45	142
21	0:39:33	EGAN, Sean	Aussie Holiday Club!	MV 45	215
22	0:39:45	LAM, Johnny	San Domenico	MV 35	195
23	0:39:46	JONES, Caroline	Spirit of Monmouth	LV 35	159
24	0:40:12	MCILROY, Stuart	Les Croupiers	MV 35	241
25	0:40:16	RAMAGE, Darren	Spirit of Monmouth	MV 35	224
26	0:40:19	BUTTON, Chris		MV 35	250
27	0:40:23	POWELL, Matt		MV 35	145
28	0:40:27	JOHNSON, Colin	Westbury Harriers	MV 45	226
29	0:40:40	FINCH, Russell	Spirit of Monmouth	MV 45	199
30	0:40:50	ROSE, Stephen	Team Bath AC	MV 35	171
31	0:40:52	GETHING, Nicola	Parc Bryn Bach Running Club	LV 35	214
32	0:41:12	MORTON, Adam		Snr Male	28
33	0:41:17	READ, Phil		MV 35	91
34	0:41:26	MILES, Phillip	Parc Bryn Bach Running Club	MV 55+	52
35	0:41:28	CASWELL, Damian	Ebbw Vale Running Club	MV 35	118
36	0:41:32	LOVETT, Brian	San Domenico	MV 45	212
37	0:41:38	ROSE, David	Team Bath AC	MV 55+	170
38	0:41:44	PARTRIDGE, George		Snr Male	186
39	0:41:50	DAVIES, John	San Domenico	MV 55+	184
40	0:42:02	WILLIAMS, David	Les Croupiers	MV 45	84
41	0:42:04	COX, Jeffrey	San Domenico	MV 45	71
42	0:42:14	MORGAN, Kelly	Aberdare AC	LV 35	179
43	0:42:17	LOWTHIAN, Dave	Severn AC	MV 45	192
44	0:42:19	FACEY, Gavin		Snr Male	253
45	0:42:23	LEWIS, Chris	Hogweed Trotters	MV 35	222
46	0:42:27	STEVENS, Neil	Ebbw Vale Running Club	MV 35	189
47	0:42:28	ELLISON, Andrew	Rhondda Valley Runners	Snr Male	178
48	0:42:40	MORRIS, Ronald		MV 55+	62
49	0:42:44	MORGAN, Niki	Chepstow Harriers	LV 45	156
50	0:42:51	ATKINSON, David	Thornbury RC	MV 45	180
51	0:42:54	HAZEL, Simon	Les Croupiers	MV 35	77
52	0:43:01	FROST, David	Parc Bryn Bach Running Club	MV 45	229
53	0:43:05	REES, Jamie		MV 35	1
54	0:43:12	DIMMER, Simon	Forest of Dean A C	MV 45	244
55	0:43:13	EDWARDS, Paul		MV 35	225
56	0:43:16	JOHN, Dafydd		MV 35	51
57	0:43:28	JONES, Angela	Fairwater Runners	LV 45	18
58	0:43:30	DURY, Simon	Chepstow Harriers	Snr Male	255
59	0:43:31	GOODALL, David		MV 55+	76
60	0:44:03	CHURCHILL, Craig	Teignbridge Trotters	MV 35	67
61	0:44:29	CASWELL, Ian		Snr Male	198
62	0:44:40	BRADLEY, Malcolm	Penarth & Dinas	MV 55+	2

63	0:44:46 WATERS, David	Islwyn Running Club	MV 35	213
64	0:44:54 DELANEY, James	San Domenico	MV 55+	162
65	0:44:59 DAY, James		Snr Male	143
66	0:45:00 HOWELLS, Scott		MV 35	208
67	0:45:01 MULCAHY, Matthew		MV 35	236
68	0:45:08 BEVES, Rob	Chepstow Harriers	MV 45	176
69	0:45:10 RODGER, Peter	Caerleon Running Club	MV 55+	230
70	0:45:11 SULLIVN, David		Snr Male	135
71	0:45:15 BATTEN, Simon		Snr Male	81
72	0:45:24 GOUVEIA, Marcia	San Domenico	Snr Ladies	36
73	0:45:45 CHALK, Trish		Snr Ladies	153
74	0:45:53 SHIELDS, Dominic	San Domenico	MV 45	35
75	0:45:57 WHITTINGTON, Ben		MV 35	131
76	0:46:10 COSTLEY, Phil		Snr Male	140
77	0:46:13 GREEN, Andy	Chepstow Harriers	MV 45	185
78	0:46:18 GRIFFITHS, Andrew		MV 45	33
79	0:46:21 MOORE, Chris	Forest of Dean A C	MV 55+	221
80	0:46:36 ROGERS, Gareth	Llswerry Runners	Snr Male	245
81	0:46:49 WILLIAMS, Andrew		Snr Male	127
82	0:46:58 TOOK, Michael		Snr Male	242
83	0:47:03 MANN, Alan	Les Croupiers	MV 55+	237
84	0:47:19 ROBERTSON, Alan	Forest of Dean A C	MV 55+	26
85	0:47:22 CREASEY, Jeremy	Spirit of Monmouth	MV 45	111
86	0:47:23 HURMAN, Andrea	Penarth & Dinas	LV 45	103
87	0:47:27 TREADWELL, Lee		Snr Male	175
88	0:47:30 WARD, Ruth	Spirit of Monmouth	LV 35	209
89	0:47:38 THOMAS, William	Spirit of Monmouth	MV 35	216
90	0:47:39 PRITCHARD, Michael		MV 55+	16
91	0:47:40 BODMAN, Gary	Les Croupiers	MV 45	211
92	0:47:45 DAVIES, Caryl	Sarn Helen	Snr Male	15
93	0:47:48 EDWARDS, Amy	Rhondda Valley Runners	Snr Ladies	151
94	0:47:50 ROYON, Geoff		MV 35	139
95	0:47:56 BARNES, Kevin	Hereford Couriers	MV 45	68
96	0:48:01 WOODSFORD, Vickie	San Domenico	Snr Ladies	141
97	0:48:01 WHITTLE, Mark	San Domenico	MV 35	254
98	0:48:03 WOODWARD, Ivan	Forest of Dean A C	MV 45	227
99	0:48:18 JENKINS, Martyn	Fairwater Runners	MV 45	194
100	0:48:28 ASHTON, Gerry	Chepstow Harriers	MV 55+	252
101	0:48:49 PAIN, Shaun		MV 35	187
102	0:48:51 SKILTON, Joanne	San Domenico	LV 45	4
103	0:48:59 DALEY, Loretta	Les Croupiers	LV 45	238
104	0:49:02 GRIFFITHS, Brian	3M Road Runners	MV 55+	95
105	0:49:13 AVERY, Brenda	Chepstow Harriers	LV 55+	116
106	0:49:22 HICKS, Helen		LV 35	109
107	0:49:23 GATES, David		MV 45	107
108	0:49:25 DODD, Sarah		LV 35	96
109	0:49:25 HORROCKS, Paul		Snr Male	181
110	0:49:28 WITHERS, Hannah	San Domenico	LV 35	69
111	0:49:40 TRAYLEN-THOMAS, Simone	Spirit of Monmouth	Snr Ladies	217
112	0:49:51 HOWELL, Joseph		Snr Male	87
113	0:50:01 SPENCER, Celwyn		MV 55+	188
114	0:50:11 DAVIES, Liam	FERC	MV 55+	98
115	0:50:13 HASLAM, Mark		MV 55+	161
116	0:50:20 CHAPMAN, Robert		MV 45	144
117	0:50:31 DAVIES, Carl		MV 35	239
118	0:50:33 KEMPTON, Dave		MV 55+	37
119	0:50:35 MORGAN, Ali		LV 45	132
120	0:50:37 FUSSELL, Mitchell		MV 55+	24
121	0:50:45 SILK, Andy	Chepstow Harriers	MV 55+	190
122	0:50:47 MARKS, Michael	Forest of Dean A C	MV 45	219
123	0:50:50 HICKS, Paul		MV 45	110
124	0:50:51 DAVIES, Desmond	Les Croupiers	MV 55+	56
125	0:51:23 WATTS, Paul	Llswerry Runners	MV 45	202
126	0:51:41 DAVIES, Emma	Spirit of Monmouth	LV 35	203
127	0:51:51 SIDNEY, Juliet		LV 45	82
128	0:51:57 WILLIAMS, Steve	Llswerry Runners	MV 55+	218
129	0:52:08 HOLY, Gareth		MV 45	70
130	0:52:16 CROOKS, Colin	Pegasus Running Club	MV 55+	193
131	0:52:18 MILLIKEN, Joanne		LV 45	114

132	0:52:19	MACKENZIE, Ian	Les Croupiers	MV 45	75
133	0:52:20	EVANS, Sheryl	Hereford Couriers	LV 45	57
134	0:52:22	PASCOE, Chris		MV 35	90
135	0:52:42	WEBBER, Tom		Snr Male	251
136	0:52:51	WILLIAMS, Gavin		Snr Male	19
137	0:52:55	EVANS, Russell		MV 55+	206
138	0:53:07	PARFITT, Rhys	Pontypool Runners	Snr Male	157
139	0:53:15	DAVIES, Annette	FERC	LV 45	97
140	0:53:16	DAVIES, Mike		MV 45	113
141	0:53:25	JAMES, Phil		MV 55+	246
142	0:53:26	MILLIKEN, Richard		MV 55+	115
143	0:53:29	WILLIAMS, Yvonne	Penarth & Dinas	LV 55+	119
144	0:53:30	MORGAN, Lucy		MV 35	146
145	0:53:37	GOUGH, Derek		MV 45	182
146	0:53:38	HARRIS, Emily		Snr Ladies	14
147	0:53:47	ELVER, Zoe		LV 35	5
148	0:53:50	BIRD, Gary		MV 45	32
149	0:53:56	MACLEOD, Sarah		LV 35	43
150	0:54:07	BOOTH, Kevin		MV 45	55
151	0:54:13	CROCKETT, Louise	Chepstow Harriers	LV 45	240
152	0:54:23	DONALDSON, Nick		Snr Male	47
153	0:54:34	RYMER, David		MV 45	191
154	0:54:36	MAYNARD, Jamie		Male U20	120
155	0:54:52	OLIVER, Kenneth	Islwyn Running Club	MV 45	72
156	0:54:58	CANNON, Nadine		Snr Ladies	210
157	0:55:06	OLIVIER, Peter	Caerleon Running Club	MV 45	249
158	0:55:11	HAWKINS, Chris	Forest of Dean A C	MV 55+	220
159	0:55:27	MACRORY, Ian		MV 35	233
160	0:55:41	RYMER, Jane	Chepstow Harriers	LV 45	122
161	0:55:59	SILLARS, David		Snr Male	54
162	0:56:06	STREET, Richard	Pegasus Running Club	MV 55+	172
163	0:56:17	WATKINS, Chris		Snr Male	248
164	0:56:25	KING, Roy	Chepstow Harriers	MV 35	166
165	0:56:26	PROWSE, Robert		MV 45	169
166	0:56:41	WORGAN, Lisa		Snr Ladies	130
167	0:56:53	BAYLISS, Jane	Chepstow Harriers	LV 55+	165
168	0:56:56	WALKER, Eleanor		Snr Ladies	205
169	0:56:58	REES, Matthew		MV 35	126
170	0:57:00	MATTHEWS, Tessa		LV 55+	59
171	0:57:25	ADAMS, Mandie		LV 35	12
172	0:57:44	MURPHY, Gillian	Les Croupiers	LV 55+	148
173	0:57:56	GEORGE, Rebecca		Snr Ladies	128
174	0:58:08	FEAR, Vicky	Lliswerry Runners	Snr Ladies	234
175	0:58:12	WILLIAMS, Susan	Lliswerry Runners	LV 35	121
176	0:58:21	WATKINS, Elizabeth		Snr Ladies	247
177	0:58:51	SHAPLAND, Michelle		LV 35	48
178	0:58:51	BROOME, Tyrone	Lliswerry Runners	MV 45	49
179	0:59:20	BAYLISS, Geoffrey	Chepstow Harriers	MV 55+	164
180	0:59:23	EMMOTT, Karen	Lliswerry Runners	LV 45	204
181	0:59:48	GODDARD, Tom		Snr Male	93
182	0:59:53	JONES, Heledd		Snr Ladies	86
183	0:59:54	SMITH, Kirsten		Snr Ladies	65
184	0:59:54	RANDALL, Cari	Les Croupiers	Snr Ladies	106
185	1:00:04	MORRIS, Helen		Snr Ladies	88
186	1:00:06	HOSKINS, Christopher		Snr Male	134
187	1:00:47	EDGELL, Michelle	Hogweed Trotters	LV 35	223
188	1:00:52	POWLES, Margaret		LV 55+	63
189	1:01:10	WALBYOFF, Carl		MV 45	23
190	1:01:36	SIDNEY, Neil		MV 35	83
191	1:01:57	ANDERSON, Lyndon		MV 35	17
192	1:02:02	GATES, Cara		LV 35	108
193	1:02:28	DURKEE, Lee	Pontypool Runners	Snr Male	155
194	1:03:06	DOBBS, Alan	Chepstow Harriers	MV 35	243
195	1:03:07	CANTWELL, Berna	Chepstow Harriers	LV 45	177
196	1:03:13	DONALDSON, Caitlyn		Snr Ladies	46
197	1:03:24	HARRISON, Sue		LV 45	232
198	1:03:24	HARRISON, Ian		MV 45	231

