

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1	0:29:04	1	Matthew Kiprotich Kimutai	M		Run Fast	1	0:29:04
2	0:29:31	35	Weynay Ghebresilasie	M		Sunderland	2	0:29:31
3	0:29:34	12	Matt Bond	M		Tipton	3	0:29:34
4	0:29:44	8	Anthony Ford	M		Sale Harriers	4	0:29:44
5	0:30:07	18	Ben Livesey	M		Birchfield Harriers	5	0:30:07
6	0:30:14	3	Marc Hobbs	M		Swansea Harriers	6	0:30:14
7	0:30:14	10	Andy Norman	M		Altrincham	7	0:30:14
8	0:30:15	42	Joshua Bull	M		Derby AC	8	0:30:15
9	0:30:18	36	Peter Huck	M		Newham & Essex Beagles	9	0:30:18
10	0:30:21	210	Luke Cragg	M		Leeds City	10	0:30:21
11	0:30:52	1622	Kevin Rojas	M		Brighton and Hove AC	11	0:30:52
12	0:30:54	19	Rob Bugden	M		Bristol & West AC	12	0:30:54
13	0:31:01	15	Martin Williams	M		Tipton	13	0:31:01
14	0:31:02	14	Tarus Elly	M		Salford Harriers	14	0:31:02
15	0:31:14	5	Joshua Griffiths	M		Swansea Harriers	15	0:31:14
16	0:31:14	2	Chris Davies	M		Telford	16	0:31:14
17	0:31:18	13	Ben Riddell	M		Salford Harriers	17	0:31:18
18	0:31:32	37	Shaun Antell	M		Bideford	18	0:31:32
19	0:31:35	1602	Dan Nash	M		East Cornwall Harriers	19	0:31:35
20	0:31:38	22	Sam Mitchell	M		Notts AC	20	0:31:38
21	0:31:42	7	Jon Hopkins	M		Cardiff AAC	21	0:31:42
22	0:31:47	30	Mike Kallenberg	M		Cardiff AAC	22	0:31:47
23	0:32:09	1681	James Rodgers	M		Clevedon Ac	23	0:32:09
24	0:32:10	218	Daniel Rothwell	M		Swansea Harriers	24	0:32:10
25	0:32:14	25	Abdul Aziz Abdulrahman	M		Birchfield Harriers	25	0:32:14
26	0:32:14	20	Tom Bailey	M		Notts AC	26	0:32:14
27	0:32:15	1628	Steve Rees	M		Neath Harriers	27	0:32:15
28	0:32:18	29	Nathaniel Lane	M		Cardiff AAC	28	0:32:18
29	0:32:19	1520	Phil Burden	M		Running Forever RC	29	0:32:19
30	0:32:33	1586	Matthew Withey	M		Stroud AC	30	0:32:33
31	0:32:42	40	Guy Smith	M		Swansea Harriers	31	0:32:42
32	0:32:48	943	Martin Rees	M	60		32	0:32:48
33	0:32:51	4	Phil Matthews	M		Swansea Harriers	33	0:32:51
34	0:33:07	21	Andy Van Kints	M		Cheltenham Harriers	34	0:33:07
35	0:33:09	387	Tes Goitom	M		Les Croupiers	35	0:33:09
36	0:33:10	1527	Paul Halford	M		Werrington Joggers	36	0:33:10
37	0:33:15	17	Joe Dagleish	M		Stroud AC	37	0:33:15
38	0:33:17	16	Rob Galt	M		Stroud AC	38	0:33:17
39	0:33:23	3634	Daniel Jones	M		Team Bath AC	39	0:33:23
40	0:33:25	27	Matt Collins	M		Fairwater Runners	40	0:33:25
41	0:33:27	67	Rachel Felton	F		Shaftesbury	41	0:33:27
42	0:33:28	1555	Jerome Edwards	M		Les Croupiers	42	0:33:28
43	0:33:34	1664	Matthew Wells	M		Bridgend AC	43	0:33:32
44	0:33:42	212	David Coales	M	40	Team Bath AC	44	0:33:42
45	0:33:44	1190	Kevin Summerhayes	M			45	0:33:44
46	0:33:45	1188	Dean Johnston	M			46	0:33:45
47	0:33:54	385	Edward Donovan	M		Les Croupiers (NS)	47	0:33:54
48	0:33:57	60	Gladys Ruto	F		Run Fast	48	0:33:57
49	0:33:57	1646	Chris Millington	M		Les Croupiers	49	0:33:57
50	0:34:04	3586	Ashleigh Harper	M			50	0:34:02
51	0:34:04	3895	William New	M		Cheltenham Harriers	51	0:34:04
52	0:34:07	1601	Mark Hurford	M		Usk Runners	52	0:34:07
53	0:34:08	1840	Sam Rigby	M			53	0:34:08
54	0:34:22	3647	Richard Wilder	M	40	San Domenico	54	0:34:22
55	0:34:25	1626	Gareth Ayres	M		Port Talbot Harriers	55	0:34:25
56	0:34:25	1679	Paul Griffiths	M	45	Neath Harriers	56	0:34:25
57	0:34:33	3404	Lauren Deadman	F		Havering mayesbrook	57	0:34:33
58	0:34:34	378	Henry Valentine	M		South Cheshire Harriers	58	0:34:34
59	0:34:51	3642	Stephen Thomas	M	45	Aberdare VAAC	59	0:34:51
60	0:34:51	1620	Rob Sage	M		Les Croupiers	60	0:34:51
61	0:35:00	265	Julian Baker	M	40		61	0:35:00
62	0:35:02	32	Sam Longville	M		Cardiff AAC	62	0:35:02
63	0:35:03	1575	Eamonn Kirk	M	40	Swansea Harriers	63	0:35:03
64	0:35:03	62	Kate Roberts	F		Bridgend AC	64	0:35:03
65	0:35:04	1185	Gareth Green	M			65	0:35:04
66	0:35:12	215	Andrew Hodgson	M	40	Bridgend AC	66	0:35:12
67	0:35:19	1641	Peter Coles	M	50	Pontypridd Roadents	67	0:35:19
68	0:35:20	1639	Paul Church	M		Arena 80	68	0:35:19
69	0:35:21	944	David Williams	M	40		69	0:35:21
70	0:35:22	1605	Alan Davies	M	60	3M Gorseinon RR	70	0:35:22
71	0:35:33	1671	Adam Roberts	M		Trots	71	0:35:33
72	0:35:35	33	Chris Prothero	M		Cardiff AAC	72	0:35:35
73	0:35:38	3332	Gary Brown	M			73	0:35:38
74	0:35:40	71	Bryony Proctor	F		Aldershot Farnham & District	74	0:35:40
75	0:35:40	1634	Stuart Wadlow	M		Outdoor Fitness	75	0:35:40

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
76	0:35:44	64	Kate Goodhead	F		Bristol & West AC	76	0:35:44
77	0:35:51	70	Nicola Squires	F		Hallamshire	77	0:35:51
78	0:35:56	3893	Callum Beare	M		Llanelli	78	0:35:56
79	0:35:58	1169	Chris Jenkins	M			79	0:35:58
80	0:36:10	335	Marc Smerdon	M			80	0:36:08
81	0:36:12	61	Sian Edwards	F		Swansea Harriers	81	0:36:12
82	0:36:14	23	Matt Blunden	M		Notts AC	82	0:36:14
83	0:36:15	24	Oliver Truby	M		Royal Air Force	83	0:36:15
84	0:36:16	1570	James Watson	M		Running Forever RC	84	0:36:16
85	0:36:18	3192	Andrew How	M			85	0:36:17
86	0:36:20	1672	Gareth Morris	M		Handy Cross	86	0:36:20
87	0:36:24	1524	Richard Bullen	M	50	Les Croupiers	87	0:36:24
88	0:36:34	1631	Chris Fulcher	M	45	Neath Harriers	88	0:36:34
89	0:36:38	63	Katie Parry	F		Leeds City	89	0:36:38
90	0:36:41	1642	Richard Jackson-Hookins	M		Penarth & Dinas Runners	90	0:36:41
91	0:36:41	1632	Mark Joyce	M	40	Les Croupiers	91	0:36:41
92	0:36:42	3403	Gareth Cullen	M	40	Bristol & West AC	92	0:36:42
93	0:36:46	3382	Phil Bristow	M	50	San Domenico	93	0:36:46
94	0:36:46	112	Lewis Cadman	M			94	0:36:46
95	0:36:54	3644	Paul Talbot	M	45	Neath Harriers	96	0:36:54
96	0:36:54	1531	Gwynant Jones	M		Cardiff AAC	97	0:36:54
97	0:36:55	2637	Gavin Gates	M			98	0:36:55
98	0:36:56	2975	David Hodgins	M	40		95	0:36:53
99	0:36:57	3850	David Richardson	M			99	0:36:56
100	0:37:00	1544	Robert Scott	M		Porthcawl Runners	100	0:36:56
101	0:37:00	3639	Duncan Lorence	M	40	Southville Running Club	101	0:36:57
102	0:37:03	1675	Gareth Davey	M		Neath Harriers	102	0:37:03
103	0:37:08	3069	Emyr Roberts	M			103	0:37:04
104	0:37:10	31	Jimmy Watkins	M		Cardiff AAC	104	0:37:09
105	0:37:12	1657	Richard Millier	M		Falmouth Road Runners	106	0:37:12
106	0:37:13	2957	Simon Rolfs	M			105	0:37:09
107	0:37:13	69	Lucy Richens	F	35	Westbury Harriers	108	0:37:13
108	0:37:14	66	Sophie Voller	F		Westbury Harriers	109	0:37:14
109	0:37:16	249	Andrew Dwyer	M	45		107	0:37:13
110	0:37:19	3460	Steve Rhind	M	45		110	0:37:17
111	0:37:21	1635	Alex Williams	M	45	Port Talbot Harriers	111	0:37:21
112	0:37:37	1176	Jack Corrigan	M			112	0:37:33
113	0:37:38	1609	Glyn Sansom	M	50	San Domenico	113	0:37:34
114	0:37:39	3643	Johnny Lam	M	40	San Domenico	114	0:37:38
115	0:37:47	3693	Eddie Campbell-Adams	M			115	0:37:45
116	0:37:57	1636	Stephen Rose	M	40	Team Bath AC	116	0:37:51
117	0:38:00	1855	Tim Lewis	M			117	0:37:58
118	0:38:04	3354	Graham Bond	M	45		118	0:37:59
119	0:38:06	3384	Arwel Lewis	M	55	Eryri Harriers	120	0:38:06
120	0:38:08	2999	Lauren Leach	F			119	0:38:04
121	0:38:15	3151	Adam Morton	M			124	0:38:15
122	0:38:15	3402	Edward Land	M		Aberystwyth AC	122	0:38:14
123	0:38:16	2674	James Casburn	M			123	0:38:14
124	0:38:22	3645	Steven Warren Dinham	M		Port Talbot Harriers	126	0:38:22
125	0:38:25	1650	Lee Morris	M		3M Gorseinon RR	125	0:38:20
126	0:38:26	559	Wayne Bowen	M			121	0:38:13
127	0:38:27	400	Michael Murphy	M	55	Les Croupiers	128	0:38:24
128	0:38:28	3638	David Proud	M	45	Les Croupiers	127	0:38:24
129	0:38:31	755	David Hughes	M			129	0:38:25
130	0:38:32	1186	Alan Thomas	M			130	0:38:26
131	0:38:34	2603	Joseph Schembri	M			133	0:38:34
132	0:38:35	3392	Robert Davies	M	40	Islwyn	131	0:38:29
133	0:38:40	3406	David Coles	M	50	Les Croupiers	135	0:38:39
134	0:38:40	3903	Paul Coker	M	55	Les Croupiers	134	0:38:37
135	0:38:42	111	Alec Care	M		Shelton Striders	137	0:38:40
136	0:38:42	3385	Suzanne Turvey	F		Cardiff AAC	136	0:38:40
137	0:38:42	764	Robert Plane	M			132	0:38:31
138	0:38:44	242	Mike Tabor	M	60		139	0:38:44
139	0:38:49	65	Shan Mansfield	F		Swansea Harriers	142	0:38:49
140	0:38:50	3405	Simon Thomas	M	40	FERC	140	0:38:45
141	0:38:52	1830	Dani Tudela	F			138	0:38:43
142	0:38:52	3389	Ben Farag	M	50	Les Croupiers	145	0:38:50
143	0:38:54	942	Mark White	M			144	0:38:49
144	0:38:54	3019	David Hodge	M			146	0:38:50
145	0:38:56	994	Graham Schultz	M			149	0:38:56
146	0:38:56	3646	James Bruce	M	40	Les Croupiers	147	0:38:52
147	0:38:57	2734	Brian Dias	M		Les Croupiers	151	0:38:56
148	0:38:58	1610	Patrick Hoare	M	45	Lliswerry Runners	148	0:38:54
149	0:39:00	562	Huw Littlewood	M			143	0:38:49
150	0:39:00	1604	Geraint Williams	M	40	Aberdare VAAC	152	0:38:58

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
151	0:39:05	1666	Huw Roberts	M	55	Bridgend AC	154	0:39:05
152	0:39:06	2092	Cerys Hughes	F			156	0:39:06
153	0:39:07	3480	Matthew Beck	M			150	0:38:56
154	0:39:09	3786	Andrew Preece	M			153	0:39:05
155	0:39:10	3388	Iain Bareham	M		Army	157	0:39:07
156	0:39:13	392	Stuart Crees	M		Les Croupiers	155	0:39:06
157	0:39:21	2979	Dean Powell	M			161	0:39:14
158	0:39:22	998	Nick Sharp	M			160	0:39:14
159	0:39:22	3322	Colin McQueen	M	50	Brackla Harriers	163	0:39:18
160	0:39:23	941	Andrew Jenkins	M			158	0:39:09
161	0:39:26	230	David Williams	M			166	0:39:23
162	0:39:26	1680	Tom Jeffery	M		Les Croupiers	167	0:39:25
163	0:39:27	2182	Thomas Newton	M			164	0:39:23
164	0:39:28	579	Neil Reynolds	M			159	0:39:12
165	0:39:30	1627	Warren Jackson-Hookins	M		Gosport Road Runners	165	0:39:23
166	0:39:31	393	Andrew Blair	M	45	Les Croupiers	168	0:39:29
167	0:39:34	1603	Nick Griffiths	M	40	Amman Valley Harriers	173	0:39:34
168	0:39:35	3883	John Davies	M	55	San Domenico	170	0:39:31
169	0:39:35	3320	Elio Lepore	M	55	Les Croupiers	172	0:39:32
170	0:39:36	3291	Anthony Lydall	M			174	0:39:34
171	0:39:36	1655	Gabriella Maine	F		Les Croupiers	169	0:39:31
172	0:39:37	3661	Michael Leiwis	M			162	0:39:14
173	0:39:38	3462	Karen Lewis	F	45		171	0:39:32
174	0:39:40	939	Adrian Pearce	M			176	0:39:36
175	0:39:41	1532	Kevin Anthony Jones	M	45	Les Croupiers	177	0:39:40
176	0:39:44	951	Adam Jones	M			175	0:39:36
177	0:39:47	2778	Rhydian Reston	M			178	0:39:44
178	0:39:51	1563	Matthew Lewis	M		Les Croupiers	179	0:39:46
179	0:39:56	2972	Andrew Jones	M			141	0:38:45
180	0:39:56	3022	James Stephenson	M			183	0:39:56
181	0:39:58	1630	Laurence Pole	M		Pontypridd Roadents	181	0:39:54
182	0:40:01	3139	Andrew Brain	M			182	0:39:55
183	0:40:03	403	Mick Mcgeoch	M	55	Les Croupiers	186	0:40:01
184	0:40:04	1714	Louise Flynn	F			184	0:39:57
185	0:40:06	3448	David Thomas	M			188	0:40:02
186	0:40:06	918	Alex Fryer	M			180	0:39:53
187	0:40:07	398	David. E Williams	M	50	Les Croupiers	189	0:40:04
188	0:40:07	1619	Lyndon Tudor Maisey	M		Les Croupiers	191	0:40:04
189	0:40:10	1617	Marcus Coles	M	40	Les Croupiers	190	0:40:04
190	0:40:10	3582	Jamie Rees	M	40		185	0:39:59
191	0:40:11	220	Dan Mitchell	M		West Cheshire AC	192	0:40:07
192	0:40:16	3891	Ann Thomas	F	45	Trots	194	0:40:13
193	0:40:17	3234	David Bovill	M			193	0:40:12
194	0:40:20	3257	Jonathan Chadwick	M			200	0:40:20
195	0:40:21	1550	Sharon Leech	F	40	Carmarthen Harriers	201	0:40:21
196	0:40:23	3660	Jack Skuse	M			196	0:40:16
197	0:40:24	4156	Simon Williams	M			187	0:40:02
198	0:40:27	3640	Russell Finch	M	45	Spirit of Monmouth	197	0:40:16
199	0:40:28	399	Howard Kent	M	60	Les Croupiers	205	0:40:28
200	0:40:30	1513	Gary Howgate	M	40	Les Croupiers	206	0:40:28
201	0:40:31	823	Trereve Jopson	M			198	0:40:16
202	0:40:31	1189	Brian Williams	M			199	0:40:17
203	0:40:37	3899	Keith Gittins	M	50	Caerleon RC	204	0:40:27
204	0:40:38	1102	Aaron Edwards	M			203	0:40:26
205	0:40:40	258	Joaquim Moreira	M			208	0:40:36
206	0:40:48	3649	Dom Knox-Crawford	M		Crawley	210	0:40:38
207	0:40:49	3134	Sarah Bonas	F	35		202	0:40:23
208	0:40:50	2162	Andy Yu	M			212	0:40:39
209	0:40:50	1780	David Moore	M			213	0:40:43
210	0:40:52	917	James McLoughlin	M			211	0:40:39
211	0:40:53	1519	Neema Mal	F			207	0:40:35
212	0:40:57	1167	Owain Griffiths	M			217	0:40:50
213	0:40:59	1567	Julian Maine	M	55	Porthcawl Runners	220	0:40:53
214	0:41:02	3844	Alexander Mcdougall	M			215	0:40:48
215	0:41:04	1198	Sam Bean	M			209	0:40:38
216	0:41:05	1647	Susan Watson	F	45	Les Croupiers	227	0:41:03
217	0:41:06	2372	Paul Richards	M			222	0:40:57
218	0:41:11	2131	Andrew Frayling	M			225	0:41:00
219	0:41:11	2485	Angharad Thomas	F			224	0:40:59
220	0:41:13	3623	Hywel White	M	40		221	0:40:56
221	0:41:14	3744	Chris Bengier	M			226	0:41:01
222	0:41:16	1170	John Townsend	M			223	0:40:59
223	0:41:17	1512	Neil Harris	M	50	Porthcawl Runners	229	0:41:09
224	0:41:20	1592	Jade Wakley	F		Caerleon RC	230	0:41:10
225	0:41:22	3610	Rob McNabb	M			236	0:41:17

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
226	0:41:23	418	Phil Welch	M			228	0:41:06
227	0:41:24	4057	Bridget Dinnick	F			232	0:41:11
228	0:41:24	3518	David Lawson	M			234	0:41:16
229	0:41:25	705	Chris Hose	M			233	0:41:14
230	0:41:25	648	Jack Rowland	M			195	0:40:15
231	0:41:27	1989	Martin Langdon	M			216	0:40:50
232	0:41:27	3652	Lloyd Morgan	M		San Domenico	237	0:41:18
233	0:41:33	3363	Terry O'Brien	M	55		235	0:41:16
234	0:41:34	4176	Kieran McKenna	M	40		238	0:41:22
235	0:41:36	984	Ross Townley	M			239	0:41:30
236	0:41:37	2353	Adam Robak	M			240	0:41:30
237	0:41:40	3467	Gary Morgan	M			248	0:41:40
238	0:41:40	3476	Rhys Griffith	M			242	0:41:34
239	0:41:40	3946	Alex Jenkins	M			244	0:41:34
240	0:41:42	1516	Phillip Meyer	M	55	Pontypridd	241	0:41:34
241	0:41:43	214	Peter Kellam	M	45	Les Croupiers	250	0:41:41
242	0:41:45	1673	Ian Hoskins	M	40	3M Gorseinon RR	245	0:41:35
243	0:41:45	2060	Adam Cooke	M			249	0:41:40
244	0:41:47	3517	Thomas Lawson	M	45		247	0:41:39
245	0:41:48	1718	Vincent Oak	M	50		243	0:41:34
246	0:41:51	2832	Gareth Rowlands	M			251	0:41:43
247	0:41:52	1504	Simon Partridge	M	60	Neath Harriers	253	0:41:45
248	0:41:53	2270	Daniel Newcombe	M			231	0:41:11
249	0:41:55	4151	Gafin Griffiths	M			255	0:41:47
250	0:41:57	3559	Jonathan Salisbury	M	45		246	0:41:38
251	0:41:58	3650	Alun Davies	M		Les Croupiers	257	0:41:50
252	0:41:59	987	Lloyd Smith	M			258	0:41:54
253	0:42:01	673	Abi Silvester	F			260	0:41:54
254	0:42:02	1661	Christopher Seal	M		Penarth & Dinas Runners	252	0:41:45
255	0:42:03	1557	Peter Stunell	M	40	Les Croupiers	261	0:41:57
256	0:42:06	1090	David TC Davies	M			263	0:42:01
257	0:42:06	463	Richard Laydon	M	45		262	0:41:58
258	0:42:07	253	Jamie Firth	M			254	0:41:47
259	0:42:10	389	Libby O'duffy	F	45	Les Croupiers	264	0:42:01
260	0:42:12	2918	Gavin Brace	M			269	0:42:06
261	0:42:13	1244	Tim Owen	M	50		273	0:42:10
262	0:42:13	2443	Paul Carter	M			259	0:41:54
263	0:42:15	3333	David Rose	M	65		271	0:42:09
264	0:42:16	1579	Samantha Stevenson	F		North Devon Road Runners	272	0:42:09
265	0:42:20	492	Thomas Withers	M			265	0:42:03
266	0:42:23	3923	Brian Hall	M	45		277	0:42:12
267	0:42:23	3527	David Paul Rees	M			219	0:40:53
268	0:42:25	4153	Chris Medcalf	M			275	0:42:11
269	0:42:25	2396	Joe Turner	M	50		284	0:42:20
270	0:42:25	2101	Kevin Plank	M	40		276	0:42:12
271	0:42:27	4154	Andrew Ellison	M			282	0:42:20
272	0:42:30	1002	Jos Davies	M			267	0:42:05
273	0:42:33	3381	Deborah Reed	F	45	3M Gorseinon RR	287	0:42:26
274	0:42:34	3748	Sam Broughton	M			270	0:42:06
275	0:42:36	1895	David Bromley	M			278	0:42:13
276	0:42:36	4372	Ifan Williams	M			266	0:42:04
277	0:42:37	2579	Jamie Bradbourne	M			283	0:42:20
278	0:42:38	3808	Gary Moore	M			290	0:42:28
279	0:42:40	1077	Andrew Allen	M			295	0:42:33
280	0:42:41	4322	Antoinette Dumayne	F			274	0:42:11
281	0:42:42	148	Paul James	M			279	0:42:14
282	0:42:42	870	Huw Jenkins	M			293	0:42:31
283	0:42:44	3143	James Jones	M			285	0:42:24
284	0:42:44	497	Alex Porazinski	M	40		296	0:42:33
285	0:42:45	1105	Nathan Williams	M			268	0:42:06
286	0:42:46	124	Matt Martin	M			288	0:42:26
287	0:42:51	3651	Ian Warburton	M	45	Penarth & Dinas Runners	286	0:42:25
288	0:42:55	3888	Terry Caveney	M	50	Les Croupiers	299	0:42:40
289	0:42:55	953	Jaime Hindle	M			303	0:42:46
290	0:42:55	3532	Marc Williams	M			309	0:42:51
291	0:42:55	3648	Debbie Evans	F	45	Penarth & Dinas Runners	292	0:42:29
292	0:42:56	3905	Robert Wilcox	M	45	Penarth & Dinas Runners	289	0:42:26
293	0:42:57	309	Phill Watts	M			291	0:42:29
294	0:42:58	2976	Barry Clarke	M	40		306	0:42:49
295	0:42:58	1956	Dafydd Hill	M			298	0:42:38
296	0:42:58	4235	Les Tingay	M	60		301	0:42:43
297	0:43:01	763	Neil Shewan	M			307	0:42:50
298	0:43:03	610	Alison Lynch	F	40		294	0:42:32
299	0:43:03	4155	Matt Joy	M			313	0:42:53
300	0:43:04	3079	Thomas Jones	M			318	0:42:59

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
301	0:43:04	3352	James Darlington	M			315	0:42:55
302	0:43:05	868	Anne Marie Wilkins	F			304	0:42:47
303	0:43:05	3894	Richard Jones	M		Cornelly Striders	319	0:42:59
304	0:43:07	2959	Gethin Donoghue	M			297	0:42:37
305	0:43:07	2172	Sam Hazim	M			323	0:43:03
306	0:43:07	910	Neil Hunter	M			308	0:42:51
307	0:43:08	1035	Alan Stone	M	50		326	0:43:05
308	0:43:09	1553	Amanda Martin	F	45	Tewkesbury AC	320	0:43:00
309	0:43:10	819	Ben Wilson	M			316	0:42:56
310	0:43:13	1080	Luke Jones	M			314	0:42:55
311	0:43:13	2508	Jason Gill	M			310	0:42:51
312	0:43:14	3301	Ieuan Davies	M	40		325	0:43:04
313	0:43:16	3819	Richard Stark	M			327	0:43:06
314	0:43:17	3798	Paul Humphries	M			322	0:43:01
315	0:43:18	2257	Emily Kendrick	F			331	0:43:14
316	0:43:21	2285	Rhys Govier	M			302	0:42:45
317	0:43:21	3920	Peter Jones	M	55		312	0:42:53
318	0:43:23	1027	Dean Ferrier	M			280	0:42:16
319	0:43:24	3140	Andrew Proctor	M			336	0:43:19
320	0:43:26	1106	Aron Humphries	M			305	0:42:48
321	0:43:26	1667	Rachel Matthews	F	35	Cardiff AAC	329	0:43:10
322	0:43:27	2000	Hefin Gruffydd	M	50		334	0:43:17
323	0:43:28	2153	Natalie Sutton	F	40		311	0:42:52
324	0:43:29	3542	Ian Blockley	M			317	0:42:59
325	0:43:29	766	Mike Jones	M			324	0:43:03
326	0:43:30	3166	Eoin Plant	M			281	0:42:18
327	0:43:32	2615	Jonathan Francis	M			218	0:40:51
328	0:43:32	4162		M			340	0:43:24
329	0:43:34	2665	Jordan Bullock	M			214	0:40:45
330	0:43:35	3222	Lara Whaley	F	35		330	0:43:11
331	0:43:37	1865	Jonathan Goodall	M			346	0:43:29
332	0:43:38	3507	William Davies	M	60		345	0:43:29
333	0:43:42	1578	Anthony Bangham	M	40	Spirit of Monmouth	335	0:43:18
334	0:43:42	746	Dafydd Jones	M			333	0:43:17
335	0:43:43	3727	Tim Fry	M			353	0:43:40
336	0:43:43	1677	Chris Kirwan	M		Les Croupiers	339	0:43:23
337	0:43:44	551	Matt Greenough	M			347	0:43:32
338	0:43:45	2031	Sven Niederkrome	M			343	0:43:29
339	0:43:45	395	Michael H Davies	M	60	Les Croupiers	348	0:43:34
340	0:43:49	1663	Graham Mack	M	55	Merthyr RC	356	0:43:42
341	0:43:50	956	Sian Prescott	W			354	0:43:41
342	0:43:52	3308	Barry Phillips	M			352	0:43:39
343	0:43:54	2342	Laurence James	M			350	0:43:38
344	0:43:55	3343	Ceri Planchant	M	40		358	0:43:44
345	0:43:56	715	Robert James	M			357	0:43:44
346	0:43:56	554	Andrew Johnson	M			362	0:43:46
347	0:43:56	3428	Rhodri Lewis	M			349	0:43:35
348	0:43:59	1101	Russell Smith	M			337	0:43:19
349	0:44:00	1945	Alan Cox	M	55		341	0:43:24
350	0:44:01	3131	John Darlington	M	45		365	0:43:50
351	0:44:01	1546	Tim Green	M	45	Les Croupiers	344	0:43:29
352	0:44:02	1653	Nina Brocklebank	F	40	3M Gorseinon RR	366	0:43:52
353	0:44:03	391	Hazel Craven	F	35	Les Croupiers	355	0:43:42
354	0:44:04	3057	Michael Thomas	M	50		361	0:43:45
355	0:44:05	3400	Christopher Economides	M	60	Penarth & Dinas Runners	351	0:43:39
356	0:44:05	761	Lenny Sayers	M			370	0:43:54
357	0:44:07	4157	Chris Warman	M			367	0:43:53
358	0:44:07	4152	Simon Cartlidge	M	40		368	0:43:53
359	0:44:07	1173	Matthew Bond	M			374	0:43:57
360	0:44:08	4158	Richard Belcher	M	40		369	0:43:53
361	0:44:10	1696	Wyn Jones	M	40		342	0:43:28
362	0:44:10	1813	Harald Mischke	M			388	0:44:06
363	0:44:12	3861	Mark Taylor	M	40		392	0:44:09
364	0:44:12	2964	Adam Lloyd	M			332	0:43:15
365	0:44:13	1200	James Davies	M			359	0:43:44
366	0:44:13	664	Keiron Rowley	M			360	0:43:45
367	0:44:14	432	Chris Bullen	M	45		380	0:44:02
368	0:44:15	1175	Mike Gilbert	M			383	0:44:04
369	0:44:16	4197	Paul Charles	M	55		375	0:43:58
370	0:44:16	4193	Andrew Griffiths	M			376	0:43:59
371	0:44:17	1577	Jennifer Sangster	F	35	David Lloyd Redway Runners	381	0:44:03
372	0:44:18	2526	Lloyd Cottrell	M			397	0:44:16
373	0:44:19	3505	Alex Cornett	M			372	0:43:55
374	0:44:22	750	Simon Thomas	M	45		391	0:44:07
375	0:44:23	1580	Sarah Mccarthy	F	40	Les Croupiers	390	0:44:07

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
376	0:44:23	2122	Peter Connolly	M			379	0:44:02
377	0:44:24	3637	Bradley Vincent	M		Outdoor Fitness	387	0:44:06
378	0:44:24	2388	Colin Rawbone	M			385	0:44:06
379	0:44:25	495	John Dyer	M	40		371	0:43:55
380	0:44:25	3885	Phillip Mears	M	45	Virgin Active Cardiff RC	384	0:44:06
381	0:44:25	1545	Trish Chalk	F		Spirit of Monmouth	396	0:44:14
382	0:44:29	137	Emma Stephenson	F	35		395	0:44:14
383	0:44:31	2716	Blake Jones	M			393	0:44:10
384	0:44:32	768	Paul Thomas	M			389	0:44:07
385	0:44:32	1046	Sarah Browne	F			408	0:44:22
386	0:44:32	2426	Mark Standley	M			382	0:44:04
387	0:44:32	3449	Nathan Smith	M			399	0:44:17
388	0:44:32	3030	Victoria Lewis	F			328	0:43:09
389	0:44:33	633	Gareth Jenkins	M			398	0:44:17
390	0:44:33	2271	Angharad Mair	F	50		412	0:44:27
391	0:44:34	3129	Sarah Britton	F	50		321	0:43:00
392	0:44:34	3310	Jonathan Bowen	M			338	0:43:22
393	0:44:37	394	Gerard Crispie	M	50	Les Croupiers	403	0:44:20
394	0:44:37	3896	Courtney Taylor	M	55	San Domenico	400	0:44:17
395	0:44:39	1559	Nicholas Pounder	M		Pontypridd Roadents	418	0:44:32
396	0:44:40	3674	Francisco Borg	M			256	0:41:49
397	0:44:40	3009	Claire Jacobs	F	40		416	0:44:30
398	0:44:42	834	John Norgrove	M			411	0:44:25
399	0:44:43	1710	Mark Evans	M	45		407	0:44:22
400	0:44:44	1976	Nick Young	M			406	0:44:21
401	0:44:44	871	Sadie Jenkins	F			421	0:44:32
402	0:44:44	4198	Dean Roberts	M	40		410	0:44:24
403	0:44:47	2068	Ian Rowe	M	40		413	0:44:27
404	0:44:51	2219	Hywel Loveluck	M	45		439	0:44:48
405	0:44:51	189	Huw Parry	M	55		364	0:43:50
406	0:44:52	3987	Kirk Ford	M			426	0:44:39
407	0:44:53	3972	Charlie Coray	M	50		430	0:44:43
408	0:44:53	1034	Wesley Blom	M			428	0:44:41
409	0:44:54	986	Artur Spole	M			441	0:44:49
410	0:44:55	2949	Matteo Bertorelli	M			414	0:44:28
411	0:44:55	2073	Sion John	M			435	0:44:46
412	0:44:56	3585	Richard Skyrme	M			420	0:44:32
413	0:44:57	952	Ben Tidy	M			440	0:44:48
414	0:45:02	1600	Marc Durkin	M		Penarth & Dinas Runners	423	0:44:35
415	0:45:03	2065	Ross Mcmeeking	M			405	0:44:21
416	0:45:04	2506	Mark Morris	M	45		445	0:44:54
417	0:45:05	188	Richard Jenkins	M	40		434	0:44:44
418	0:45:06	99	John Honey	M			409	0:44:24
419	0:45:06	660	Dave Fletcher	M	45		424	0:44:35
420	0:45:06	4160	Sam Huckin	M			447	0:44:56
421	0:45:07	3380	Rebecca Williams	F		Outdoor Fitness	438	0:44:47
422	0:45:09	538	Paul Titchener	M			448	0:44:57
423	0:45:10	213	Clare Hughes	F	35	Bridgend AC	459	0:45:04
424	0:45:11	1517	Gill Aldworth	F	40	Brecon AC	431	0:44:43
425	0:45:14	770	David Bryan	M			444	0:44:53
426	0:45:16	2365	Andrew Wellbeloved	M			471	0:45:13
427	0:45:18	1539	Kirk Freeman	M		Virgin Active Cardiff RC	451	0:45:00
428	0:45:19	2514	Helen Adams	F	40		458	0:45:02
429	0:45:19	2952	Mark Griffiths	M			373	0:43:55
430	0:45:21	3394	Anna Lawson	F		Cardiff AAC	470	0:45:12
431	0:45:21	1538	Matt Jones	M		Cwm Ogwr	401	0:44:18
432	0:45:22	638	Aled Hughes	M			404	0:44:20
433	0:45:24	1001	James Cuff	M			453	0:45:00
434	0:45:24	4159	Aidan Smith	M			462	0:45:08
435	0:45:27	1203	Daniel Jones	M			450	0:44:58
436	0:45:28	3477	Iestyn Pugh	M			477	0:45:15
437	0:45:29	3938	Dafydd Morse	M			417	0:44:31
438	0:45:29	237	Gethin Parker	M			419	0:44:32
439	0:45:30	229	Ian Payne	M	45		468	0:45:12
440	0:45:33	3091	Lauren Tait	F			460	0:45:06
441	0:45:34	1668	Gary Bowen-Thomson	M	40	Outdoor Fitness	475	0:45:14
442	0:45:34	2123	Gwyn Roberts	M			473	0:45:14
443	0:45:35	2889	Eryl Jones	M	45		500	0:45:32
444	0:45:36	372	Chris Callan	M			498	0:45:30
445	0:45:37	3325	Paul Chapman	M	40	Les Croupiers	494	0:45:28
446	0:45:38	3309	Michael Butler	M			476	0:45:15
447	0:45:38	3579	Daniel R Burston	M			425	0:44:37
448	0:45:40	1510	Julie Scholey	F	50	Les Croupiers	499	0:45:32
449	0:45:40	2231	Neil James	M	40		485	0:45:21
450	0:45:41	3005	Peter Williams	M			472	0:45:13

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
451	0:45:41	872	Stephen Wierowski	M	45		378	0:44:01
452	0:45:42	1676	Philip Lewis	M	50	Cwm Ogwr	432	0:44:43
453	0:45:42	3807	Delyth Williams	F			510	0:45:36
454	0:45:42	3224	Ian Henry	M	40		505	0:45:33
455	0:45:42	1645	Maria Richards	F	40	Pont-y-pwl	506	0:45:33
456	0:45:43	2275	Simon Egleton	M			454	0:45:01
457	0:45:43	1788	Michael Derbyshire	M			508	0:45:34
458	0:45:43	661	Tony Barber	M			469	0:45:12
459	0:45:44	2051	Roy Board	M	45		483	0:45:20
460	0:45:44	270	Darran Waters	M	40		466	0:45:12
461	0:45:44	2659	Jim Holland	M	40		497	0:45:30
462	0:45:45	794	Alex Power	M			486	0:45:23
463	0:45:45	3376	Sebastian Huckson	M			363	0:43:49
464	0:45:46	3984	Liam Screen	M			507	0:45:33
465	0:45:47	983	Richard Gibbs	M			521	0:45:41
466	0:45:47	1741	Rhodri Harris	M			433	0:44:43
467	0:45:48	4368	Lyn Thomas	M			474	0:45:14
468	0:45:49	1206	Gethin Lynch	M			482	0:45:20
469	0:45:49	1502	Dean Birt	M		Pontypridd Roadents	524	0:45:42
470	0:45:50	1715	Michael Flynn	M	65		527	0:45:42
471	0:45:50	498	Llewellyn Rhys	M			492	0:45:27
472	0:45:50	3701	Jonathan Evans	M			465	0:45:12
473	0:45:50	1003	Tom Hockey	M			491	0:45:26
474	0:45:51	1922	Antony Metcalfe	M	40		437	0:44:47
475	0:45:51	3901	Ian Lewis	M		Islwyn	512	0:45:37
476	0:45:52	2143	Colin Ward	M	55		520	0:45:41
477	0:45:52	1078	Charro Wood	M			531	0:45:44
478	0:45:52	3004	Lucy Boucher	F			442	0:44:52
479	0:45:53	3528	Ifor Owen	M	40		478	0:45:16
480	0:45:54	3853	George Froggatt	M			436	0:44:46
481	0:45:55	4178	Stacy Botwood	M			530	0:45:43
482	0:45:55	1808	Martin Keen	M			429	0:44:42
483	0:45:56	4206	Mark Edwards	M	40		522	0:45:41
484	0:45:56	1648	Angela Champion	F	35	Les Croupiers	517	0:45:40
485	0:45:57	2087	Shaun Davies	M			525	0:45:42
486	0:45:58	384	Michael Elliston	M	40	Les Croupiers	545	0:45:51
487	0:45:58	2158	Leigh Adams	M			534	0:45:45
488	0:46:00	3653	Gerwyn Taylor	M			484	0:45:21
489	0:46:00	4186		M			538	0:45:47
490	0:46:01	250	Christian Bold	M			456	0:45:01
491	0:46:02	3155	Darren Thomas	M			493	0:45:27
492	0:46:03	1104	Nick Payne	M			487	0:45:24
493	0:46:04	911	Paul Thomas	M			539	0:45:48
494	0:46:04	1004	Daniel Morrirt	M			529	0:45:43
495	0:46:05	3730	Jamie Smith	M	40		553	0:45:55
496	0:46:06	2159	Heledd Jones	F	40		554	0:45:56
497	0:46:07	1606	Tim Beswick	M	40	Penarth & Dinas Runners	541	0:45:49
498	0:46:07	2749	Lawrence Egan	M			300	0:42:40
499	0:46:08	448	Janette Morgan	F			544	0:45:51
500	0:46:08	747	Dave Timson	M	45		551	0:45:53
501	0:46:09	327	Matt Norman	M	45		559	0:45:59
502	0:46:09	312	Steffan Thomas	M			546	0:45:51
503	0:46:10	3466	David Burston	M			464	0:45:09
504	0:46:10	2318	Lucie Osborne	F	35		532	0:45:44
505	0:46:10	386	Gary Paul Bodman	M	50	Les Croupiers	514	0:45:38
506	0:46:10	2784	Rhys Knight	M			427	0:44:41
507	0:46:11	894	Lucy Greedy	F			537	0:45:47
508	0:46:11	1747	Jose Felix	M	45		550	0:45:53
509	0:46:14	3020	Allen Fitzpatrick	M	40		511	0:45:36
510	0:46:14	1720	Sara Direen	F	35		461	0:45:06
511	0:46:14	1851	Alan Rockliffe	M	50		561	0:46:00
512	0:46:14	3716	Kevin Goodwin	M			552	0:45:54
513	0:46:15	993	Dan Mines	M			542	0:45:50
514	0:46:15	1059	Martin Demmer	M			573	0:46:08
515	0:46:15	183	Simon Dark	M			386	0:44:06
516	0:46:16	892	Chris Morgan	M	45		547	0:45:52
517	0:46:16	1831	Helge Schoenfeld	M			558	0:45:58
518	0:46:18	748	Joe Mulcahy	M	50		568	0:46:05
519	0:46:18	2608	Dave Holloway	M			449	0:44:57
520	0:46:19	1894	James Pearce	M			457	0:45:02
521	0:46:19	1618	Darien Jay	M		Westbury Harriers	443	0:44:53
522	0:46:20	4185	Adrian Lee	M			574	0:46:08
523	0:46:21	3731	George Eadon	M			548	0:45:52
524	0:46:23	311	Paul Mansi	M			501	0:45:32
525	0:46:25	916	Jeremy Creasey	M			536	0:45:47

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
526	0:46:26	2877	Michael Slee	M	50		528	0:45:43
527	0:46:26	3928	David Webb	M			575	0:46:09
528	0:46:27	2521	Chris Rayner	M			562	0:46:01
529	0:46:28	3378	David Wilmot	M			515	0:45:40
530	0:46:28	3967	Christopher Rollock	M	45		576	0:46:10
531	0:46:28	1153	MJMichael Davies	M	45		591	0:46:19
532	0:46:29	4007	Lee Griffiths	M	40		540	0:45:48
533	0:46:29	3399	Rachel Walsh	F	35	South Wales Police	572	0:46:07
534	0:46:29	2961	Joe Gallafant	M			495	0:45:29
535	0:46:29	3323	Tim Clarke	M	50	NEWT	535	0:45:45
536	0:46:30	3520	Lee Grant	M	40		581	0:46:11
537	0:46:30	1777	Mark Hennesey	M	45		594	0:46:20
538	0:46:30	2610	Robert Lacey	M			496	0:45:30
539	0:46:31	1535	Caryl Davies	F		Sarn Helen	593	0:46:19
540	0:46:31	3383	Ruth Owens	F		Penarth & Dinas Runners	565	0:46:04
541	0:46:31	3556	Gareth Mabey	M			467	0:45:12
542	0:46:32	2036	Chris Williamson	M	55		589	0:46:19
543	0:46:33	997	Pat Ward	M			599	0:46:25
544	0:46:33	3095	Ryan Price	M			571	0:46:07
545	0:46:33	1695	Elaine Willis	F			588	0:46:18
546	0:46:33	2663	Shaun Wiltshire	M			560	0:45:59
547	0:46:36	133	Charlie Morgan	M			502	0:45:33
548	0:46:36	982	Mark Nichols	M			604	0:46:27
549	0:46:37	1712	Rhodri Williams	M			488	0:45:25
550	0:46:38	3845	Stuart Ingram	M			563	0:46:01
551	0:46:38	2854	Justin Taylor	M	40		569	0:46:05
552	0:46:39	3360	Neil Thomas	M	60		603	0:46:27
553	0:46:40	2936	Tony Smith	M	50		602	0:46:27
554	0:46:40	979	Michael Arnold	M			490	0:45:25
555	0:46:40	3963	Matthew Kennedy	M			567	0:46:04
556	0:46:41	1656	Nicholas Harris	M		Cwm Ogwr	519	0:45:40
557	0:46:42	2702	Benjamin Morris	M			481	0:45:20
558	0:46:42	4196	Elin Morgan	F			598	0:46:24
559	0:46:42	3924	Mark East	M			377	0:44:01
560	0:46:43	2978	Sheung Yin Au Yeung	M			631	0:46:43
561	0:46:43	2570	Rich Mansell	M			578	0:46:11
562	0:46:43	2719	Victoria Holloway	F	40		605	0:46:28
563	0:46:44	1838	Chad Carr	M			526	0:45:42
564	0:46:44	662	Shaun Prichard	M	40		452	0:45:00
565	0:46:45	2855	Stephen Lewis	M			503	0:45:33
566	0:46:46	2120	Dafydd Rhys Thomas	M			601	0:46:26
567	0:46:46	181	Jonathon Akrill	M			622	0:46:35
568	0:46:47	4195	Clive Denton	M	45		615	0:46:30
569	0:46:50	4378	Ben O Callaghan	M			587	0:46:17
570	0:46:51	98	Katie Daw	F			577	0:46:10
571	0:46:51	2551	Stuart Williams	M			585	0:46:16
572	0:46:53	2782	Christopher Rothwell	M	40		555	0:45:56
573	0:46:53	3665	James Morgans	M			645	0:46:49
574	0:46:55	190	Clare Hardwood	F			557	0:45:57
575	0:46:56	3970	Andrew Irish	M			533	0:45:45
576	0:46:56	3750	Ben Rees	M			415	0:44:29
577	0:46:57	620	Andrew Reed	M			621	0:46:34
578	0:46:57	2226	Nigel Taylor	M			523	0:45:42
579	0:46:59	207	Brenda Avery	F	60	Chepstow Harriers	655	0:46:52
580	0:47:00	2023	Dorothy Morris	F	40		611	0:46:29
581	0:47:01	3488	Iwan Doull	M	45		629	0:46:40
582	0:47:01	1160	Jenny Sleath	F			579	0:46:11
583	0:47:02	3617	Greg Richards	M			613	0:46:29
584	0:47:02	3816	Louise Hunt	F			582	0:46:12
585	0:47:02	2913	Emma Lane	F	35		489	0:45:25
586	0:47:04	659	Lloyd Thomas	M	40		623	0:46:36
587	0:47:05	3791	Richard Tidy	M			649	0:46:50
588	0:47:06	3956	Carwyn Griffiths	M			516	0:45:40
589	0:47:06	191	Alun Wood	M			394	0:44:13
590	0:47:07	2795	Alison Banfield	F	35		609	0:46:28
591	0:47:08	3887	Fiona Davies	F	55	Pontypridd Roadents	626	0:46:38
592	0:47:09	1111	Geraint Hobbs	M			614	0:46:30
593	0:47:09	2903	Michelle Church	F	35		634	0:46:45
594	0:47:09	532	Ryan Solis	M			480	0:45:18
595	0:47:09	2026	David Hebbes	M	60		648	0:46:50
596	0:47:10	2700	Cory Flynn	M			402	0:44:19
597	0:47:11	2424	Waseem Chaudhry	M	45		597	0:46:21
598	0:47:12	227	Louise Andrews	F	35		686	0:47:09
599	0:47:13	3945	Simon Brushett	M	40		619	0:46:32
600	0:47:13	3113	Brian Cotton	M			642	0:46:48

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
601	0:47:13	3609	Jason Howells	M			592	0:46:19
602	0:47:14	459	Rhys Morton	M			504	0:45:33
603	0:47:14	2449	David Parker	M	40		687	0:47:10
604	0:47:14	3419	Neil Rowlands	M			630	0:46:41
605	0:47:15	236	Brian Paynter	M	40		479	0:45:18
606	0:47:15	612	Zoe Morris	F	35		635	0:46:45
607	0:47:16	303	Abigail Griffey	F			650	0:46:50
608	0:47:16	585	Eryl Williams	M			455	0:45:01
609	0:47:16	2003	Alexander Weeks	M			682	0:47:07
610	0:47:17	3386	Carol Rees	F	40	Les Croupiers	667	0:46:56
611	0:47:17	380	Donna Thomas	F	35	Les Croupiers	668	0:46:57
612	0:47:17	824	Annabel Avis	W			666	0:46:56
613	0:47:18	3736	Chris Strong	M			422	0:44:35
614	0:47:18	1541	Stuart Kramer	M	45	Spirit of Monmouth	657	0:46:53
615	0:47:18	821	Gronw Percy	M			618	0:46:32
616	0:47:19	1987	Alex Grove	M			661	0:46:54
617	0:47:20	601	Gareth Farr	M	40		549	0:45:53
618	0:47:21	561	Gary Davidson	M			685	0:47:09
619	0:47:21	324	Jonathan Morrell	M			610	0:46:29
620	0:47:22	2236	Mark Lewis	M	40		600	0:46:26
621	0:47:22	3506	Steven Liles	M	40		627	0:46:39
622	0:47:23	3299	Stephen Hughes	M			590	0:46:19
623	0:47:24	2352	Matthew Hunt	M			446	0:44:54
624	0:47:24	1990	Tom Phillpot	M			638	0:46:46
625	0:47:25	3584	Sello Rakodi	M			617	0:46:31
626	0:47:25	3935	Morwenna Herdman	F			632	0:46:44
627	0:47:26	835	Pierre-Michael Delamotte	M			683	0:47:08
628	0:47:27	3387	Catrin Davies	F		Pontypridd Roadents	677	0:47:05
629	0:47:27	563	Jordan Roberts	M			596	0:46:20
630	0:47:28	3468	Jordan Kibble	M			660	0:46:54
631	0:47:28	3391	Stuart Ropke	M		Mornington Chasers	643	0:46:48
632	0:47:29	531	Paul Nowaczek	M			513	0:45:38
633	0:47:31	114	Lee Owen	M			606	0:46:28
634	0:47:31	1927	Richard Thomas	M	40		652	0:46:51
635	0:47:32	2991	Graham Webster	M	55		644	0:46:49
636	0:47:33	3574	Nicola Terentis	F			678	0:47:05
637	0:47:33	3169	Matt Cooper	M			670	0:47:03
638	0:47:34	3365	Will Barrett	M			607	0:46:28
639	0:47:34	200	Jeremy Lewis	M	45		625	0:46:37
640	0:47:36	3632	Brian Jones	M	50	Usk Runners	680	0:47:06
641	0:47:37	1139	Andy Davis	M			556	0:45:57
642	0:47:37	1994	David James	M	55		595	0:46:20
643	0:47:38	3369	Joanne Griffiths	F	40		664	0:46:56
644	0:47:40	405	Klara Andersson	F			694	0:47:16
645	0:47:40	645	Steven James	M			612	0:46:29
646	0:47:43	3592	Carys Davies	F			675	0:47:04
647	0:47:44	1793	Nicolas Orum	M			674	0:47:04
648	0:47:45	3259	Adrian Hayward	M	40		669	0:46:57
649	0:47:45	461	Mark Hutchings	M	45		708	0:47:27
650	0:47:45	3680	Craig Bibey	M			705	0:47:25
651	0:47:46	4366	Sally Owen	F	40		689	0:47:12
652	0:47:47	3337	Samuel Vaughan	M			624	0:46:36
653	0:47:48	1839	Will Davies	M			639	0:46:46
654	0:47:49	278	Wolfgang Luecke	M			608	0:46:28
655	0:47:50	2161	Nick Meek	M	45		741	0:47:42
656	0:47:50	3823	Robert Powell	M	45		586	0:46:17
657	0:47:51	1583	Joanne Skilton	F	50	San Domenico	723	0:47:32
658	0:47:52	369	Dan Jones	M			584	0:46:16
659	0:47:52	3232	Robert Batchelor	M			463	0:45:09
660	0:47:52	3832	Stephen Bellamy	M	55		640	0:46:47
661	0:47:52	1037	Geraint Evans	M			688	0:47:11
662	0:47:53	3839	Kate Russell	F	35		695	0:47:17
663	0:47:53	978	Greg Davies	M			718	0:47:31
664	0:47:53	864	Steve Taylor	M			739	0:47:41
665	0:47:53	3193	Paul Chamberlain	M			641	0:46:48
666	0:47:53	3856	Christopher Williams	M	40		654	0:46:52
667	0:47:53	2067	Laura Thomas	F			721	0:47:32
668	0:47:54	1649	Hannah Hillman	F		Outdoor Fitness	653	0:46:51
669	0:47:54	2032	Rebecca Emmerson	F			663	0:46:56
670	0:47:54	2648	Mike Norman	M			646	0:46:50
671	0:47:55	338	Ian Tarr	M	45		726	0:47:34
672	0:47:56	769	Simon Hodges	M			720	0:47:32
673	0:47:56	3152	Mark Arnold	M	40		746	0:47:47
674	0:47:56	686	Matthew Sherman	M			564	0:46:03
675	0:47:57	996	Mathew Bolton	M			754	0:47:49

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
676	0:47:58	3485	Richard Alun Williams	M			701	0:47:23
677	0:47:58	3370	Peter Sangster	M			684	0:47:09
678	0:48:01	2691	Paul Bowen	M	40		672	0:47:04
679	0:48:02	2083	John Stone	M	55		679	0:47:05
680	0:48:02	1565	Kellinu Portelli	M	45	Les Croupiers	747	0:47:47
681	0:48:02	3683	John Poyner	M	50		703	0:47:25
682	0:48:02	3491	Simon Parton	M	40		711	0:47:27
683	0:48:02	475	Simon Millichap	M	40		699	0:47:22
684	0:48:02	2451	Oliver Morris	M			628	0:46:40
685	0:48:02	3482	Paul Dibble	M	55		736	0:47:39
686	0:48:03	2733	Matthew Evans	M			724	0:47:33
687	0:48:05	2139	Emma Davies	F	40		706	0:47:26
688	0:48:06	684	Simon Robinson	M			583	0:46:13
689	0:48:07	2113	Daniel Hurford	M			673	0:47:04
690	0:48:08	2597	Dylan Williams	M			749	0:47:48
691	0:48:09	2825	Ian Cope	M	50		729	0:47:34
692	0:48:10	1130	Gree Churcher	M			764	0:47:59
693	0:48:10	2990	Andrea Webster	F	55		714	0:47:30
694	0:48:10	1038	Hywel Thomas	M			656	0:46:52
695	0:48:10	2798	Anthony Davies	M			713	0:47:28
696	0:48:11	3749	Alistair Thomson	M			671	0:47:03
697	0:48:12	914	Barri Hamer	M			759	0:47:53
698	0:48:13	1687	Jonathon Pritchard	M	40		716	0:47:30
699	0:48:13	1972	Andrew Croll	M	40		737	0:47:41
700	0:48:13	3548	Tony Witchell	M	55		676	0:47:04
701	0:48:14	786	Mike Terry	M			755	0:47:50
702	0:48:14	2538	Adrian Williams	M			662	0:46:55
703	0:48:15	3067	Guy Taylor	M			580	0:46:11
704	0:48:15	1703	Jeff Deere	M	60		758	0:47:53
705	0:48:16	3216	Scott Twiddy	M			719	0:47:31
706	0:48:16	762	Mrgot Cooper	F	50		773	0:48:04
707	0:48:16	3504	Richard Harris	M			691	0:47:14
708	0:48:16	1012	Dan Tyte	M			744	0:47:44
709	0:48:18	2205	Dafydd Middleton	M			633	0:46:44
710	0:48:19	239	Lisa Close	F			740	0:47:42
711	0:48:20	3629	Chris Holloway	M			769	0:48:03
712	0:48:20	3217	Gareth Lewis	M			731	0:47:35
713	0:48:21	535	Rob Davies	M			734	0:47:37
714	0:48:22	2289	Owen Pearse	M			748	0:47:48
715	0:48:23	3464	Anthony Mackay	M	45		733	0:47:37
716	0:48:23	2944	Peter Llewelyn	M			771	0:48:03
717	0:48:24	1070	James Christopher	M			798	0:48:16
718	0:48:24	3250	Billy Tilley	M			659	0:46:54
719	0:48:25	3855	Curt Price	M	40		760	0:47:55
720	0:48:25	955	Steve Halford	M			797	0:48:16
721	0:48:27	3795	Magdalena Idza	F	35		782	0:48:11
722	0:48:27	1811	Lee Berry	M			804	0:48:20
723	0:48:28	3071	Sinead Mckeown	F			786	0:48:11
724	0:48:28	749	Ricci Watts	M			794	0:48:13
725	0:48:28	909	David Holland	M			792	0:48:12
726	0:48:28	2267	Jason Morris	M	40		665	0:46:56
727	0:48:29	2130	Kevin Dutton	M	40		725	0:47:33
728	0:48:31	869	Caroline Spanton	F			781	0:48:10
729	0:48:32	2970	Michael James	M	55		715	0:47:30
730	0:48:32	336	Kim Provis	M	50		785	0:48:11
731	0:48:32	3734	Anthony Omar	M			543	0:45:51
732	0:48:33	1161	Gustav Patrick	M			770	0:48:03
733	0:48:34	2405	Nicholas Hunt	M	40		728	0:47:34
734	0:48:34	2406	John Evans	M	45		730	0:47:34
735	0:48:34	2516	Chilcott Jonathan	M			763	0:47:55
736	0:48:34	1154	Adam Hole	M			636	0:46:45
737	0:48:35	1523	Yvonne Bullen	F	45	Les Croupiers	796	0:48:14
738	0:48:40	3782	Jack Hannigan Popp	M			570	0:46:06
739	0:48:40	3566	James Protheroe	M			791	0:48:12
740	0:48:41	3828	Ellis Green	M			509	0:45:35
741	0:48:42	3138	Hywel Williams	M			692	0:47:14
742	0:48:43	566	Anthony Tutton	M			727	0:47:34
743	0:48:44	2072	Mark Morgan	M	40		765	0:47:59
744	0:48:45	2852	Mark Payne	M	45		732	0:47:36
745	0:48:47	221	Ceri Morris	M		Aberdare VAAC	702	0:47:25
746	0:48:48	2601	Leigh Pember	M	40		712	0:47:28
747	0:48:48	2090	Gareth Phillips	M	50		717	0:47:30
748	0:48:48	3961	Abbie Crocker	F			822	0:48:30
749	0:48:49	3350	Matthew Greenaway	M			698	0:47:20
750	0:48:49	2254	Ed Kent	M			756	0:47:50

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
751	0:48:49	1685	Matt Grovell	M			697	0:47:20
752	0:48:49	2322	Jon Remeika	M			776	0:48:05
753	0:48:49	1662	Jeffrey Aston	M	65	Les Croupiers	801	0:48:18
754	0:48:51	772	Johanna King	F			821	0:48:29
755	0:48:52	1162	Alex Leverett	M			806	0:48:22
756	0:48:53	297	Riley Richardson	M			681	0:47:06
757	0:48:53	339	Ian Thorne	M	45		780	0:48:10
758	0:48:54	3974	Nick Butler	M			710	0:47:27
759	0:48:54	3367	Ian Thomas	M	50		768	0:48:02
760	0:48:55	4166	Colin John	M	40		845	0:48:41
761	0:48:56	2222	Chris Darby	M			787	0:48:11
762	0:48:56	3551	Anthony Brockway	M			518	0:45:40
763	0:48:57	4165	Rebecca Joyce	F	35		802	0:48:20
764	0:48:57	3433	Judith Vandervoort	F	50		752	0:47:49
765	0:48:57	2136	Matt Bajowski	M			777	0:48:06
766	0:48:58	1025	Chris Alison	M			757	0:47:51
767	0:49:00	1781	Mark Janas	M	45		839	0:48:40
768	0:49:00	856	Chris Sweetman	M			799	0:48:16
769	0:49:00	710	Marc Williams	M			862	0:48:47
770	0:49:01	861	Alex Ahmed	M			690	0:47:12
771	0:49:01	1621	Mark Farrar	M		Les Croupiers	833	0:48:37
772	0:49:02	1024	Alex Deem	M			762	0:47:55
773	0:49:04	325	Ian Rothwell	M	50		848	0:48:42
774	0:49:04	1011	Anna Milewski	F			825	0:48:32
775	0:49:04	2776	Stephen Katchi	M	40		742	0:47:43
776	0:49:04	1032	Luke Zaikowski	M			866	0:48:51
777	0:49:05	2191	Matthew Rees	M			812	0:48:26
778	0:49:06	2175	Nick Hayward	M			783	0:48:11
779	0:49:06	1178	Andrew Dodd	M			620	0:46:33
780	0:49:07	2345	Gary Kirrane	M			883	0:49:01
781	0:49:08	3068	Janine Roberts	F	35		870	0:48:52
782	0:49:08	3760	Nick Hurley	M	45		779	0:48:09
783	0:49:08	192	Matthew Summers	M		Whizz Kids	872	0:48:54
784	0:49:08	804	Rob Williams	M			807	0:48:23
785	0:49:09	3934	Andrew Canham	M			800	0:48:18
786	0:49:09	1942	Philip Johnson	M	45		784	0:48:11
787	0:49:09	1744	Geoff Smith	M			814	0:48:26
788	0:49:09	999	Alex Sharifi	M			854	0:48:44
789	0:49:10	2647	Lisa Cousins	F	40		846	0:48:41
790	0:49:10	2669	Timothy Phillips	M	55		745	0:47:46
791	0:49:11	1731	Beverley Warburton	F	50		852	0:48:44
792	0:49:12	634	Anthony Williams	M	40		775	0:48:05
793	0:49:13	3443	Jordan Owen	M			873	0:48:55
794	0:49:14	3929	Matthew Gray	M			704	0:47:25
795	0:49:15	603	Sue Bland	W			707	0:47:26
796	0:49:15	1760	Dr Vladimir Buchman	M	55		834	0:48:38
797	0:49:17	1875	Christopher Bloodworth	M	50		868	0:48:52
798	0:49:17	3427	Alex Rivett	M			803	0:48:20
799	0:49:17	2847	Charlotte Khalil	F			826	0:48:33
800	0:49:19	3849	Kamil Tomaszewski	M			835	0:48:38
801	0:49:19	3954	Rafal Mazurek	M			844	0:48:41
802	0:49:20	3553	Jamie Grainger	M			566	0:46:04
803	0:49:21	912	Sharon Palmer	F			890	0:49:04
804	0:49:21	3228	Paul Groves	M			637	0:46:46
805	0:49:21	706	Phillipa Margaret Lovering	M			898	0:49:09
806	0:49:22	3209	Daniel Presley	M			828	0:48:35
807	0:49:23	1709	Michael Griffiths	M	55		816	0:48:27
808	0:49:23	1704	Brindley Ahearne	M	65		832	0:48:37
809	0:49:23	4380	Max John	M			863	0:48:49
810	0:49:25	3612	Ben Rabey	M			892	0:49:04
811	0:49:26	2498	Richard Price	M			840	0:48:40
812	0:49:26	605	Andrew Gray	M			735	0:47:38
813	0:49:27	3475	Ian Evans	M	40		774	0:48:04
814	0:49:27	3146	Victoria Webb	F	40		830	0:48:36
815	0:49:28	2412	Sam Evans	M			880	0:48:59
816	0:49:28	2299	Kate Griffiths	F	40		820	0:48:29
817	0:49:29	898	Gregg Howe	M			885	0:49:01
818	0:49:29	1063	Scott Morgan	M			921	0:49:21
819	0:49:30	2537	Matthew Hardy	M			788	0:48:11
820	0:49:33	3711	Ceri Jones	M			795	0:48:14
821	0:49:33	3951	Fiona Rutherford	F	45		886	0:49:02
822	0:49:35	3324	Sophie Hedges	F		Pontypridd Roadents	903	0:49:12
823	0:49:35	382	Ian Mackenzie	M	50	Les Croupiers	876	0:48:56
824	0:49:36	1568	Romana. Maine	F	50	Porthcawl Runners	860	0:48:46
825	0:49:36	2553	Richard Taylor	M			616	0:46:30

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
826	0:49:37	132	Stanislas De Monclin	M			709	0:47:27
827	0:49:37	1660	Ifan Jones	M	45	Maldwyn Harriers	945	0:49:36
828	0:49:37	3550	Paul F Davies	M	55		819	0:48:29
829	0:49:38	4249	Philippe Roberts	M	40		925	0:49:23
830	0:49:39	1846	Steve Tucker	M	45		829	0:48:35
831	0:49:40	628	Helen Davies	F	50		824	0:48:31
832	0:49:40	206	Lisa Mair Griffiths	F		Outdoor Fitness	841	0:48:40
833	0:49:41	2656	Will Mclain	M			743	0:47:43
834	0:49:42	927	Darran Porter	M			850	0:48:43
835	0:49:43	2811	Robert Tully	M			813	0:48:26
836	0:49:44	2383	John Corellis	F			767	0:48:02
837	0:49:44	156	Paul James	M			647	0:46:50
838	0:49:44	2395	Mackenzie Nordal	F			913	0:49:16
839	0:49:45	775	Tom Lea	M			917	0:49:19
840	0:49:45	1748	Gianpiero Caramella	M			931	0:49:27
841	0:49:46	2281	David Gilhooley	M			817	0:48:27
842	0:49:46	4000	Peter Hunt	M	40		895	0:49:07
843	0:49:47	364	Iwan Griffiths	M			793	0:48:12
844	0:49:47	3303	Lloyd Gibbs	M			818	0:48:28
845	0:49:48	2998	Thomas Leach	M			919	0:49:20
846	0:49:48	3502	Hannah Murch	F			915	0:49:17
847	0:49:49	3055	Laura Beddard	F			823	0:48:31
848	0:49:49	1590	Ruth Treharne	F	45	Islwyn	859	0:48:46
849	0:49:49	3613	Gareth Davies	M			891	0:49:04
850	0:49:51	2351	Simon Jolliffe	M			700	0:47:22
851	0:49:52	776	Mark Lewis	M			932	0:49:28
852	0:49:52	889	Stuart Davies	M			651	0:46:50
853	0:49:52	1862	John Hyde	M	45		853	0:48:44
854	0:49:53	832	Carly Reagon	M			940	0:49:32
855	0:49:53	4005	Martin Ridley	M			789	0:48:12
856	0:49:54	2865	Alwyn Thomas	M			951	0:49:38
857	0:49:54	2242	Matthew Hambrook	M			658	0:46:54
858	0:49:55	537	Hywel Jones	M			901	0:49:12
859	0:49:56	1514	Mike Watkins	M	45	Muller Running Club	924	0:49:23
860	0:49:56	1136	Gemma Thomas	F			918	0:49:19
861	0:49:58	2799	Ross Matthews	M			914	0:49:16
862	0:49:58	1867	David Hutchinson	M	45		937	0:49:31
863	0:49:58	1864	David Griffin	M	45		877	0:48:57
864	0:49:59	4353	John Barr	M			953	0:49:39
865	0:49:59	4354	Adam Westwood	M			954	0:49:40
866	0:49:59	286	Thomas Peacock	M			838	0:48:39
867	0:50:00	3955	Gareth Taylor	M			827	0:48:34
868	0:50:00	3041	Dafydd Williams	M			926	0:49:24
869	0:50:00	3841	Rafal Rozniakowski	M			875	0:48:56
870	0:50:00	1611	Charlotte Smith	F	35	Pontypridd Roadents	949	0:49:37
871	0:50:00	2381	Matthew Xerri	M			923	0:49:22
872	0:50:01	2308	Matthew Watts	M	40		882	0:49:00
873	0:50:01	3516	Daniel Fudge	M			874	0:48:55
874	0:50:02	707	Gwion Rees	M			974	0:49:49
875	0:50:03	3158	Toby Bradshaw	M	40		869	0:48:52
876	0:50:05	973	Nathan Morgan	M			864	0:48:50
877	0:50:05	3908	Steve Goodfellow	M	50	Penarth & Dinas Runners	881	0:49:00
878	0:50:06	3156	Paul Pugh	M	40		887	0:49:03
879	0:50:06	3790	Delfi Rees	M	40		766	0:48:02
880	0:50:06	631	Kelly Owen	F			878	0:48:58
881	0:50:07	3679	Chris Jevons	M			805	0:48:21
882	0:50:07	3207	Dafydd Jones	M	40		851	0:48:43
883	0:50:07	3447	Eleri Rogers	F	35		738	0:47:41
884	0:50:07	3813	Mark Galeozzie	M			751	0:47:48
885	0:50:08	1107	David Kempton	M	55		896	0:49:08
886	0:50:08	2558	John Thomson	M			879	0:48:59
887	0:50:09	657	Bruce Massie	M	40		810	0:48:25
888	0:50:09	343	Gareth Lynch	M			865	0:48:51
889	0:50:11	465	Adam Hedges	M			900	0:49:10
890	0:50:12	478	Mark Hamer	M	45		958	0:49:42
891	0:50:12	2596	Daniel Richards	M	40		836	0:48:38
892	0:50:13	3410	Angus Thomson	M	55		980	0:49:52
893	0:50:13	3965	Matthew Mazzitelli	M			961	0:49:43
894	0:50:13	2827	Ian Jones	M			905	0:49:13
895	0:50:14	2699	Lewis Stephens	M			831	0:48:36
896	0:50:16	1240	Blessom Thomas	F	35		928	0:49:25
897	0:50:16	2536	Mark Trew	M	45		911	0:49:16
898	0:50:16	929	Nick Jacques	M			990	0:50:00
899	0:50:16	3469	Idris Thomas	M	40		964	0:49:44
900	0:50:17	175	Jess Ellis	F			952	0:49:38

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
901	0:50:17	3199	Mark Conlin	M	40		947	0:49:37
902	0:50:17	1879	James Francis	M			929	0:49:25
903	0:50:19	1174	Ashley Ridler	M			847	0:48:42
904	0:50:20	1613	Kenneth Oliver	M	50	Islwyn	987	0:49:58
905	0:50:21	709	Thomas Andrew Watkins	M			1007	0:50:08
906	0:50:21	2546	Simon James	M	45		959	0:49:43
907	0:50:21	1196	Pete Lewis	M			920	0:49:21
908	0:50:23	113	Runner 113	M			790	0:48:12
909	0:50:24	3618	Martin Weller	M	45		963	0:49:43
910	0:50:24	3233	Heather Bovill	F			966	0:49:44
911	0:50:25	3440	Lee Hapgood	M	45		975	0:49:50
912	0:50:25	433	David Mallin	M	40		906	0:49:13
913	0:50:26	2307	Toby Love	M			693	0:47:16
914	0:50:27	1576	Andrew Sangster	M	40	David Lloyd Redway Runners	950	0:49:37
915	0:50:31	240	James Thomas	M			912	0:49:16
916	0:50:32	379	Simon David Jones	M	45	Aberdare VAAC	897	0:49:09
917	0:50:32	2937	Joseff Smith	M			1025	0:50:20
918	0:50:33	150	Andrew Bishop	M	50		955	0:49:41
919	0:50:33	454	Huw Evans	M			808	0:48:24
920	0:50:34	2621	Michael Crocker	M			855	0:48:44
921	0:50:34	2387	Liz Brookes	F	35		942	0:49:32
922	0:50:35	3015	Sai Gopal	M	40		977	0:49:51
923	0:50:35	2958	Jonathan Clarke	M			962	0:49:43
924	0:50:35	2680	Rhys Smith	M			1012	0:50:12
925	0:50:37	3003	David Boucher	M	60		944	0:49:36
926	0:50:37	3452	Jeremy Ashdown	M			1038	0:50:24
927	0:50:37	1694	Andrew Beacon	M	45		930	0:49:26
928	0:50:37	2986	David Leonard	M			967	0:49:45
929	0:50:37	2980	Ashley Anthony	M			772	0:48:04
930	0:50:37	2984	Paul Carter	M			968	0:49:45
931	0:50:38	1168	Mike Southall	M			979	0:49:52
932	0:50:38	809	Nick Barford	M			939	0:49:32
933	0:50:39	419	Kenneth Curry	M			969	0:49:46
934	0:50:40	4371	Anthony Howells	M	45		1000	0:50:06
935	0:50:40	209	Andrew Ralph	M	50	Lliswerry Runners	922	0:49:21
936	0:50:41	2078	Tom Bennett	M	40		1026	0:50:20
937	0:50:42	1900	Rhydian Hooper	M			993	0:50:01
938	0:50:42	257	Mathew Bevan	M			902	0:49:12
939	0:50:42	2916	Sean Jenkins	M			894	0:49:07
940	0:50:43	2033	Jonathan Murray	M	55		941	0:49:32
941	0:50:43	1944	Andrea Lewis	F	35		996	0:50:02
942	0:50:44	862	Brian Kelly	M			843	0:48:41
943	0:50:45	3860	Kirsty Redmond	F			1003	0:50:07
944	0:50:45	2940	Tomos Morgan	M			837	0:48:39
945	0:50:45	3059	Ross Evans	M			842	0:48:40
946	0:50:46	2583	Martyn Rogers	M			1021	0:50:18
947	0:50:46	3013	Stephen Jenkins	M	45		857	0:48:45
948	0:50:47	3001	Hannah Cronin	F			904	0:49:12
949	0:50:47	1933	Mike Pritchard	M	55		960	0:49:43
950	0:50:48	3906	Amanda Lynch	F	40	Penarth & Dinas Runners	1016	0:50:14
951	0:50:49	890	Dean Evans	M			750	0:47:48
952	0:50:51	3789	Mrs Chrissie	F	40		861	0:48:47
953	0:50:51	1629	Michelle Amblin	F	35	Les Croupiers	1018	0:50:15
954	0:50:52	2422	Darryn Hill	M	40		927	0:49:24
955	0:50:52	3942	Steve Twigg	M	40		994	0:50:02
956	0:50:53	2425	Meilyr Morgan	M	40		856	0:48:45
957	0:50:53	2476	Rhodri Thomas	M			972	0:49:49
958	0:50:54	2823	Paul Davies	M			778	0:48:08
959	0:50:55	310	Charlotte Thomas	F			989	0:49:59
960	0:50:55	1939	David Williams	M			948	0:49:37
961	0:50:56	307	Claire Phillips	F			1004	0:50:08
962	0:50:59	186	William Thomas	M			893	0:49:06
963	0:50:59	553	Allen Bevan	M			1019	0:50:15
964	0:51:00	3724	Felice Cirino	M			973	0:49:49
965	0:51:01	2027	Eirian Heslop	F	50		1017	0:50:14
966	0:51:01	2738	Matt O'Brien	M			988	0:49:58
967	0:51:02	2277	Wendy Wylie	F	45		933	0:49:28
968	0:51:02	3957	Adam Sabri	M			946	0:49:36
969	0:51:03	2293	Alun Jeremiah	M			1006	0:50:08
970	0:51:03	3605	Gareth Davies	M			722	0:47:32
971	0:51:03	2630	Joseph Hill	M			909	0:49:15
972	0:51:04	4203	Daniel Briley	M			696	0:47:19
973	0:51:05	913	Stuart Taylor	M			1080	0:50:49
974	0:51:06	3414	Michael O'driscoll	M			1060	0:50:39
975	0:51:06	4161	Luthfur Rahman	M			1056	0:50:37

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
976	0:51:07	3321	Mark Keats	M		Pegasus RC	1052	0:50:33
977	0:51:07	3729	Arkadiusz Mazurek	M			1024	0:50:20
978	0:51:07	2019	Richard Crook	M			871	0:48:54
979	0:51:07	1917	Daniel Biscombe	M			761	0:47:55
980	0:51:08	2613	Mark Howells	M			815	0:48:27
981	0:51:11	1089	Anthony Pickles	M			982	0:49:55
982	0:51:11	2134	Julian Wooster	M	45		1059	0:50:38
983	0:51:12	840	Jo Underwood	F			1081	0:50:50
984	0:51:13	1543	Helen Scott	F		Porthcawl Runners	1030	0:50:22
985	0:51:13	756	Aoife Corbett	F			1117	0:51:08
986	0:51:14	3054	Sue Stennett-Jones	F	40		1022	0:50:18
987	0:51:14	3052	Gary Coburn	M			983	0:49:55
988	0:51:14	3064	Matthew Jones	M			910	0:49:16
989	0:51:15	2237	Matthew Hole	M			1099	0:50:57
990	0:51:16	268	Slava Wheel Blue	M			1042	0:50:26
991	0:51:17	467	Alun Curnow	M			999	0:50:05
992	0:51:17	3042	Mark Tregilgas	M			849	0:48:42
993	0:51:18	967	Philip Straw	M			1032	0:50:23
994	0:51:18	3614	Janet Bassett	F			1053	0:50:34
995	0:51:20	1960	Tomos Grove	M			935	0:49:30
996	0:51:22	1940	Colin Whitbread	M			998	0:50:03
997	0:51:22	185	Tom Low	M			936	0:49:30
998	0:51:23	2361	Tom Mills-Mock	M			943	0:49:34
999	0:51:24	724	Habib Al-Sudani	M			1043	0:50:27
1000	0:51:24	2560	Alex James	M			1070	0:50:45
1001	0:51:25	3670	Ryan Smith	M			1065	0:50:42
1002	0:51:26	2171	Ian Harding	M	40		753	0:47:49
1003	0:51:26	3076	Alex Adwick	M			997	0:50:03
1004	0:51:27	816	Suzanne Twamley	F	35		867	0:48:51
1005	0:51:27	1587	Andrew Mcgrath	M		Maindy Harriers	991	0:50:01
1006	0:51:27	3190	Alex Gray	M			809	0:48:25
1007	0:51:29	2076	Matthew Hanson	M			1044	0:50:29
1008	0:51:29	225	Andrew Way	M	40		1005	0:50:08
1009	0:51:29	2925	Andrew Freedman	M	55		1028	0:50:21
1010	0:51:29	3769	Evan Richardson	M			965	0:49:44
1011	0:51:30	3519	Christopher Troake	M			858	0:48:45
1012	0:51:30	778		M			1033	0:50:23
1013	0:51:32	2252	Annabel Dallen	F			1082	0:50:51
1014	0:51:32	1643	Annette Davies	F	50	FERC	1071	0:50:45
1015	0:51:32	426	Christopher Frowen	M			985	0:49:56
1016	0:51:35	321	Ben Porte	M			1112	0:51:04
1017	0:51:36	1562	Julie Evans	F	40	LC Cobras	938	0:49:31
1018	0:51:36	3344	Iwan Gethin Jones	M			1027	0:50:20
1019	0:51:37	2821	Geraint Treharne	M			1105	0:50:59
1020	0:51:38	494	Lee Griffiths	M			995	0:50:02
1021	0:51:38	3508	Julie Broughton	F	45		1061	0:50:39
1022	0:51:38	4164	Gavin Perkins	M			978	0:49:51
1023	0:51:39	3188	Mark Way	M	40		1151	0:51:23
1024	0:51:40	290	Mike Cuddy	M	65		1111	0:51:03
1025	0:51:41	1728	Rob Brown	M			1010	0:50:11
1026	0:51:41	2057	Rob Cawley	M	40		1107	0:51:01
1027	0:51:41	1727	Jon Roberts	M			1011	0:50:12
1028	0:51:41	117	Rhys Williams	M			1130	0:51:15
1029	0:51:41	3411	Lucy Morgan	F	35		1058	0:50:38
1030	0:51:42	957	Antony Harris	M			1083	0:50:51
1031	0:51:42	2099	Eric Evans	M	65		1148	0:51:22
1032	0:51:43	2564	Stephanie Parry	F			1079	0:50:49
1033	0:51:43	4003	Matthew Ferris	M	40		1091	0:50:55
1034	0:51:43	2478	Naomi Gadd	F			1041	0:50:25
1035	0:51:43	3390	Oliver Tutas	M	45	Les Croupiers	1087	0:50:53
1036	0:51:45	2234	Dave Roylance	M	40		1088	0:50:53
1037	0:51:45	360	Paul Jones	M			811	0:48:25
1038	0:51:47	1792	Nicholas Hancock	M			1048	0:50:32
1039	0:51:48	2894	Karl James	M			1146	0:51:22
1040	0:51:49	3746	Paul Kinnersley	M	55		1037	0:50:24
1041	0:51:50	760	John Cooper	M	50		1173	0:51:37
1042	0:51:50	992	Ashley Charles	M			1182	0:51:45
1043	0:51:50	2276	Hannah Watson	F			1054	0:50:37
1044	0:51:50	807		M			976	0:49:51
1045	0:51:52	1006	Ben Conick	M			1153	0:51:24
1046	0:51:52	1878	David Lloyd-Jones	M	40		1108	0:51:01
1047	0:51:52	359	Daniel Mais	M			1036	0:50:24
1048	0:51:53	1552	Andy Cockeram	M	45	Lliswerry Runners	1109	0:51:02
1049	0:51:53	584	Julian Heathfield	M	40		1013	0:50:13
1050	0:51:53	1833	Thorsten Grigo	M			1165	0:51:34

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1051	0:51:53	2948	Charlotte Vaux	F			1047	0:50:31
1052	0:51:54	3878	Mikhael Puar	M			1034	0:50:24
1053	0:51:54	2088	Mark Mattingley	M			907	0:49:14
1054	0:51:55	3576	Emily Reed	F			1068	0:50:43
1055	0:51:55	3085	Matthew Cuyes	M			1031	0:50:22
1056	0:51:56	3846	Gareth Harfoot	M			1155	0:51:25
1057	0:51:56	735	Rob Stephens	M			1029	0:50:21
1058	0:51:57	496	Tom Entwistle	M	45		1134	0:51:17
1059	0:51:57	266	Michael Green	M	40		1208	0:51:52
1060	0:51:58	3733	Nicholas Impey	M			908	0:49:15
1061	0:51:58	708	Chris O'Shea	M			1190	0:51:47
1062	0:51:59	2763	Alun James	M			1020	0:50:16
1063	0:51:59	3775	Chee S Koh	M			934	0:49:29
1064	0:51:59	3837	Andrew Davies	M			1015	0:50:14
1065	0:52:01	765	James Ravenhill	M			1167	0:51:34
1066	0:52:02	2926	David Reid	M			971	0:49:49
1067	0:52:03	1129	Andrew Bayton	M			1008	0:50:09
1068	0:52:03	3561	Philip Mckechnie	M			1002	0:50:06
1069	0:52:03	177	Wayne Edmond	M	60		1078	0:50:49
1070	0:52:04	627	Ross Jones	M			1092	0:50:56
1071	0:52:04	888	Matthew Bunce	M	40		888	0:49:03
1072	0:52:05	886	Iain Hendry	M	40		889	0:49:03
1073	0:52:05	4352	Alice Johnson	F			1183	0:51:46
1074	0:52:05	752	Richard Handley	M			1201	0:51:50
1075	0:52:06	2504	Sam Larkins	M			1055	0:50:37
1076	0:52:06	1678	Amanda Tyre	F	40	Maindy Harriers	1125	0:51:11
1077	0:52:07	1542	Jon James	M	40	Pontypridd Roadents	1121	0:51:09
1078	0:52:07	3094	Bronwen Boyce	F	35		1126	0:51:11
1079	0:52:07	1023	A Warner	M			1214	0:51:55
1080	0:52:08	1615	Lyn Evans	M	50	Penarth & Dinas Runners	1170	0:51:35
1081	0:52:08	2963	Phillip Parry	M	55		1129	0:51:14
1082	0:52:08	361	Edward John	M			1076	0:50:49
1083	0:52:08	922	David Phillips	M			1204	0:51:51
1084	0:52:09	323	Kate Francis	F			1095	0:50:57
1085	0:52:09	3931	Jill Morgan	F			1131	0:51:15
1086	0:52:10	1081	Richard Watson	M			1207	0:51:52
1087	0:52:10	1560	Luke Heslop	M		Les Croupiers	1116	0:51:07
1088	0:52:11	940	Alys Carlisle	F			1213	0:51:54
1089	0:52:11	2666	Nathan Bartlett	M			1067	0:50:43
1090	0:52:11	476	Neil Roberts	M	45		1144	0:51:21
1091	0:52:12	873	John Martin	M	55		916	0:49:19
1092	0:52:13	937	Richard Edwards	M			1097	0:50:57
1093	0:52:13	800	David Hosgood	M			1149	0:51:23
1094	0:52:13	3416	Carol Jones-Mathias	F	45		1141	0:51:20
1095	0:52:13	128	Tristan Griffin	M	45	Action Heart	1014	0:50:14
1096	0:52:14	3417	Nigel Oswell	M	60		1142	0:51:20
1097	0:52:15	1893	Geraint Evans	M	50		1199	0:51:50
1098	0:52:15	254	Christopher Griffiths	M	40		956	0:49:42
1099	0:52:16	528	Matthew De Freitas	M			1040	0:50:25
1100	0:52:17	474	Jason Perkins	M			1135	0:51:18
1101	0:52:18	2565	Derek James	M			1177	0:51:39
1102	0:52:18	3864	Megan Poulson	F			1187	0:51:46
1103	0:52:18	3766	David Lewis	M			1046	0:50:30
1104	0:52:18	2186	Glyn Morgan	M	40		1103	0:50:59
1105	0:52:20	3825	David Halford	M			1156	0:51:26
1106	0:52:21	2801	Anna Te Water Naud-	F			1127	0:51:12
1107	0:52:22	3124	Anthony Morris	M			1160	0:51:30
1108	0:52:23	3870	David Foster	M	50		1210	0:51:52
1109	0:52:25	2517	Tyrone Pope	M			1174	0:51:37
1110	0:52:25	981	Christian Fletcher	M			1258	0:52:20
1111	0:52:26	2416	Marco Menegazzi	M			1184	0:51:46
1112	0:52:26	3851	David Hughes	M	50		1057	0:50:38
1113	0:52:27	3268	Kelvin Owen	M			970	0:49:46
1114	0:52:28	3425	Harriet Webb	F			1188	0:51:46
1115	0:52:29	3664	David Rowlands	M	45		981	0:49:52
1116	0:52:29	437	L Jones	F			1154	0:51:25
1117	0:52:30	409	James Williams	M			1069	0:50:43
1118	0:52:30	2049	Catherine Salen	F	40		1114	0:51:05
1119	0:52:31	3036	Robert Pennell	M			884	0:49:01
1120	0:52:31	3066	Rhys Barnaby	M			1051	0:50:33
1121	0:52:31	818	Ben Longman	M			1232	0:52:06
1122	0:52:31	3294	Guto Howells	M			1106	0:51:00
1123	0:52:32	2082	Jo Rudling	F	40		1261	0:52:21
1124	0:52:32	3937	Rachel Morse	F			1162	0:51:32
1125	0:52:32	1758	Gareth John McMullen	M	50		1100	0:50:57

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1126	0:52:32	3340	Edward Shaw	M			899	0:49:10
1127	0:52:33	4357	Joanna Raper	F			1115	0:51:05
1128	0:52:33	2360	Victoria Coekin	F	40		1062	0:50:40
1129	0:52:34	991	William Griffiths	M			1270	0:52:25
1130	0:52:34	271	Helen Griffiths	F			1137	0:51:18
1131	0:52:34	529	Daniel Parry	M			1073	0:50:46
1132	0:52:35	3088	Jennie Tunley	F	35		1094	0:50:56
1133	0:52:35	729	Justin Reed	M			1237	0:52:09
1134	0:52:36	3213	Michael Henderson	M	50		1193	0:51:49
1135	0:52:37	3014	Ricky Mattioli	M	45		1063	0:50:40
1136	0:52:38	854	Marc Yeoman	M			1253	0:52:16
1137	0:52:38	3266	Joel Armitt	M	40		1169	0:51:35
1138	0:52:38	4329	Steven Head	M			986	0:49:57
1139	0:52:39	3065	Alan Jones	M	60		1163	0:51:32
1140	0:52:40	184	Joshua Baysey	M			1074	0:50:47
1141	0:52:40	2206	Gareth Evans	M			1133	0:51:17
1142	0:52:41	1911	Laura Parsons	F			1102	0:50:59
1143	0:52:41	2246	Anthony Parsons	M	50		1104	0:50:59
1144	0:52:41	527	Alan Hopes	M			1090	0:50:55
1145	0:52:41	1131	Lewis Hurrell	M			1084	0:50:51
1146	0:52:42	3948	Hannah-Jane Davies	F			1254	0:52:17
1147	0:52:42	3098	Tom Holder	M			1096	0:50:57
1148	0:52:42	318	Carl Phillips	M			1192	0:51:48
1149	0:52:42	2269	Jane Thompson	F			1221	0:52:00
1150	0:52:42	3868	Christopher Bishop	M			1039	0:50:25
1151	0:52:43	1521	Tatiana Armas	F		Running Forever RC	1244	0:52:12
1152	0:52:43	3777	Beth Ayerst	F			1023	0:50:19
1153	0:52:43	1121	Jeff Green	M			1086	0:50:52
1154	0:52:47	863	Robert Pickles	M			1098	0:50:57
1155	0:52:48	3787	Morgan Humphreys	M			1175	0:51:37
1156	0:52:48	615	Chris Price	M			1064	0:50:41
1157	0:52:49	980	Jonathan Field	M			1166	0:51:34
1158	0:52:50	1528	Colin Crooks	M	55	Pegasus RC	1176	0:51:38
1159	0:52:51	1971	Evan Jones	M			1216	0:51:57
1160	0:52:51	3260	Martin Levoir	M	45		1246	0:52:13
1161	0:52:53	3162	Andrew Webb	M			1138	0:51:18
1162	0:52:53	3524	Tom Whittal-Williams	M	45		1049	0:50:32
1163	0:52:56	3104	Iwan Griffiths	M			1227	0:52:04
1164	0:52:57	3994	Daniel Rogers	M			992	0:50:01
1165	0:52:58	182	Peter Gully	M			1272	0:52:27
1166	0:52:59	100	Alex Criddle	M			1140	0:51:20
1167	0:53:00	877	Usman Khalid	M			1001	0:50:06
1168	0:53:00	3704	Geoff Brier	M	60		1220	0:51:59
1169	0:53:01	3117	Steve Young	M	45		1279	0:52:32
1170	0:53:01	201	Andy Rowlands	M	50	Wye Valley Runners	1291	0:52:40
1171	0:53:01	3838	Sarah Lee	F	35		1157	0:51:26
1172	0:53:02	2567	Lisa Psaila	F			1250	0:52:15
1173	0:53:03	3135	Edward Peacock	M			1164	0:51:32
1174	0:53:04	639	Kim Horton	W			1278	0:52:31
1175	0:53:05	2550	James Mizon	M			1113	0:51:05
1176	0:53:05	1501	Rose Thomas	F	60	Rhayader	1256	0:52:18
1177	0:53:06	3474	Jim Sullivan	M	50		1280	0:52:32
1178	0:53:06	3345	Keith Davies	M	50		1310	0:52:51
1179	0:53:07	3397	Martyn Jones	M	45	Lliswerry Runners	1196	0:51:50
1180	0:53:07	1898	Mathew James	M			1139	0:51:18
1181	0:53:08	1571	Bernadette Wilkinson	F	45	San Domenico	1274	0:52:28
1182	0:53:09	1963	Stephen Murphy	M	55		1066	0:50:43
1183	0:53:10	3738	Michael Kitchen	M			1229	0:52:05
1184	0:53:10	2649	Steffan Morris	M			1206	0:51:51
1185	0:53:10	4214	Henry Forrest	M			1045	0:50:30
1186	0:53:11	2212	Tanner Rhys	M			1265	0:52:24
1187	0:53:11	568	Ian Williams	M			1230	0:52:05
1188	0:53:11	3793	Simon Williams	F	45		1118	0:51:09
1189	0:53:12	1140	Ryan McGunk	M			1132	0:51:17
1190	0:53:13	3854	Kieran Booth	M			984	0:49:55
1191	0:53:13	3598	Andrea Entwistle	F	35		1050	0:50:32
1192	0:53:13	347	Simon Oakes	M			1093	0:50:56
1193	0:53:13	3740	Helen Williams	F	35		1239	0:52:09
1194	0:53:14	1122	Rhianne Bilsby	F			1252	0:52:15
1195	0:53:14	3438	John Karseras	M	40		1089	0:50:54
1196	0:53:15	3249	Peter Harding	M			1195	0:51:50
1197	0:53:15	1205	Claire Lynch	F			1124	0:51:11
1198	0:53:16	119	Hannah Pole	F			1180	0:51:43
1199	0:53:17	491	Gareth Withers	M			1292	0:52:40
1200	0:53:18	3624	Eleanor Johnson	F			1293	0:52:42

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1201	0:53:19	4097	Karen Vickers-Hulse	F			1186	0:51:46
1202	0:53:19	3833	Ian Greenway	M	50		1035	0:50:24
1203	0:53:19	773	Leanne Moore	F			1315	0:52:53
1204	0:53:19	787	Steve Terry	M			1311	0:52:52
1205	0:53:20	685	Peter Wilks	M	40		1159	0:51:28
1206	0:53:20	3453	Gavin Davies	M			1152	0:51:24
1207	0:53:21	2223	Donna Laister	F	35		1296	0:52:46
1208	0:53:21	3654	Hayley Brain	F	40		1266	0:52:24
1209	0:53:22	4374	Steve Airey	M			1297	0:52:47
1210	0:53:22	545	Stewart Harding	M			1287	0:52:37
1211	0:53:23	1845	Hayden Williams	M	70		1281	0:52:33
1212	0:53:24	1193	Carol Heard	F			1203	0:51:51
1213	0:53:24	1005		M			1329	0:53:00
1214	0:53:25	3603	Matthew Harris	M			1333	0:53:04
1215	0:53:25	3451	Ben Harling	M			1247	0:52:14
1216	0:53:26	2084	Geoff Ogden	M	40		1077	0:50:49
1217	0:53:27	326	Valerie Rothwell	F	50		1336	0:53:04
1218	0:53:28	1043	Darren Bradbury	M			1344	0:53:10
1219	0:53:28	1076	Sheridan Jones	M			1211	0:51:52
1220	0:53:29	915	Holly North	F			1347	0:53:12
1221	0:53:29	2850	Jayne Roy	F	40		1181	0:51:44
1222	0:53:30	1683	Nigel Davies	M	50		957	0:49:42
1223	0:53:30	1859	Imran Baloch	M			1150	0:51:23
1224	0:53:30	1050	Carl Sealy	M			1346	0:53:11
1225	0:53:32	1591	Kim Wehden	M	50	Islwyn	1277	0:52:29
1226	0:53:32	413	Michael Drage	M			1222	0:52:01
1227	0:53:33	3029	Gabrielle Spicer	F			1242	0:52:10
1228	0:53:33	2041	Adrian Evans	M	40		1301	0:52:49
1229	0:53:34	1066	James Harris	M			1209	0:51:52
1230	0:53:34	908	Sian Hartstil	W			1332	0:53:03
1231	0:53:34	4220	Stuart Hardisty	M			1267	0:52:25
1232	0:53:34	3607	Russell Lewis	M	45		1009	0:50:10
1233	0:53:35	1526	Kim Rockcliffe	F	50		1305	0:52:50
1234	0:53:36	3204	Rachel Wrathall	F			1243	0:52:10
1235	0:53:37	2170	Marie Price	F			1352	0:53:14
1236	0:53:37	3874	Glyn Robinson-Byrne	M	40		1383	0:53:25
1237	0:53:38	2169	Claire Fisher	F	35		1356	0:53:15
1238	0:53:38	3705	Nathan Ford	M			1238	0:52:09
1239	0:53:38	3706	Rhonda Pyle	F			1241	0:52:10
1240	0:53:38	1978	Fiona Reid	F	50		1161	0:51:30
1241	0:53:39	3985	Kate Mackenzie	F	35		1269	0:52:25
1242	0:53:39	3577	John Light	M			1215	0:51:57
1243	0:53:40	1000	Chris Smith	M			1354	0:53:15
1244	0:53:40	990	Tom Dixon	M			1399	0:53:33
1245	0:53:40	3161	Richard Franklin	M			1286	0:52:36
1246	0:53:40	3353	Neil Holbrook	M			1257	0:52:19
1247	0:53:40	1128	Lloyd Gingell	M			1120	0:51:09
1248	0:53:41	2319	Peter Smeeth	M			1263	0:52:22
1249	0:53:41	1779	Catrin Williams	F			1367	0:53:20
1250	0:53:41	3500	James Chaffe	M			1136	0:51:18
1251	0:53:42	172	Natasha Davies	F	45		1343	0:53:08
1252	0:53:43	2457	Naomi Bunker	F	35		1236	0:52:08
1253	0:53:43	1585	Sarah Roberts	F	35	Knowle and Dorrridge RC	1235	0:52:08
1254	0:53:43	1962	David Thomas	M	45		1368	0:53:20
1255	0:53:45	1787	Nigel Derbyshire	M	60		1341	0:53:07
1256	0:53:45	874	Jose Manuel Ruiz-Serrano	M			1101	0:50:57
1257	0:53:46	1616	Sara Morgan	F	35	Pontypridd Roadents	1299	0:52:48
1258	0:53:47	1201	Richard Hodges	M			1320	0:52:56
1259	0:53:48	3379	Karl Lewis	M			1294	0:52:43
1260	0:53:48	793	Chris Williams	M			1326	0:52:59
1261	0:53:48	1225	Rohan Hemmadi	M			1330	0:53:02
1262	0:53:50	3150	Evans Sian	F	40		1223	0:52:02
1263	0:53:51	333	Amy Holloway	F			1393	0:53:30
1264	0:53:51	3897	Richard Street	M	55	Pegasus RC	1245	0:52:12
1265	0:53:52	3913	Sara Arnold	F	40		1358	0:53:16
1266	0:53:52	2427	Steven Stennett	M			1282	0:52:33
1267	0:53:53	2290	Hannah Gittings	F			1349	0:53:13
1268	0:53:54	3372	Steve Martin	M			1119	0:51:09
1269	0:53:54	4217	Mark Combella	M	40		1110	0:51:02
1270	0:53:55	2373	Louise Allison	F	45		1171	0:51:36
1271	0:53:55	4170	Catherine Campbell	M			1400	0:53:33
1272	0:53:55	4167	Matthew Reese	M			1331	0:53:03
1273	0:53:56	4370	Sian Brown	F	40		1380	0:53:24
1274	0:53:56	2325	Vicki Roylance	F	40		1350	0:53:13
1275	0:53:57	3773	Ben Jones	M			1202	0:51:51

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1276	0:53:57	485	David Fairclough	M	50		1283	0:52:34
1277	0:53:58	3628	James Wallace	M			1158	0:51:27
1278	0:53:59	3241	Elis Rhys-Jones	M			1363	0:53:19
1279	0:54:00	907	Lynsey Holley-Matthews	F	35		1390	0:53:29
1280	0:54:00	204	Oona Crawford	F	60	Trots	1234	0:52:07
1281	0:54:00	2532	Phil Reardon Smith	M	40		1198	0:51:50
1282	0:54:01	3805	Steven Sullivan	M	40		1217	0:51:57
1283	0:54:01	663	Martyn Hurley	M			1397	0:53:32
1284	0:54:01	1537	Judith Wilkinson	F	55	Tamar Trotters	1366	0:53:20
1285	0:54:01	1166	Paul Joseph	M			1394	0:53:31
1286	0:54:01	2921	Leighton Stephens	M			1200	0:51:50
1287	0:54:02	2435	Deiniol Glyn	M			1194	0:51:49
1288	0:54:02	1207	Lyndon Meehan	M			1403	0:53:34
1289	0:54:02	2618	Dylan Quinn	M			1172	0:51:36
1290	0:54:03	3364	Jessica Element	F			1273	0:52:27
1291	0:54:04	3048	Natasha Greenway	F			1268	0:52:25
1292	0:54:04	2080	Nigel Price	M	55		1218	0:51:59
1293	0:54:05	1937	Christopher Carter	M			1317	0:52:54
1294	0:54:06	3240	Jonaliza Aroma	F			1359	0:53:17
1295	0:54:06	570	Adrian Bytheway	M			1325	0:52:58
1296	0:54:06	238	Maria Patricia Guerra-Escobar	F	35		1276	0:52:28
1297	0:54:06	3395	Nick Jackson	M	45	Lliswerry Runners	1300	0:52:49
1298	0:54:07	2470	Sarah Iles	F	40		1219	0:51:59
1299	0:54:07	1762	Carl Lewis	M			1406	0:53:36
1300	0:54:07	1750	David Rhys Morgan	M	50		1445	0:53:57
1301	0:54:08	2689	Heli Leppala	F	35		1303	0:52:49
1302	0:54:09	2074	Tim Barker	M	40		1228	0:52:04
1303	0:54:09	3669	Mark Painter	M	50		1123	0:51:10
1304	0:54:09	3875	Antony Mccarthy	M			1378	0:53:24
1305	0:54:10	3339	Mei Ping Dallyn Shaw	F			1075	0:50:48
1306	0:54:10	3770	Kate Williams	F			1364	0:53:20
1307	0:54:11	618	Maria Mallon	F			1224	0:52:03
1308	0:54:11	802	Natalie Cartlidge	F			1373	0:53:21
1309	0:54:11	3090	David Taylor	M			1408	0:53:36
1310	0:54:11	4318	Paul Roberts	M			1147	0:51:22
1311	0:54:11	3429	David Bees	M	40		1308	0:52:51
1312	0:54:13	2316	Samuel Trask	M			1145	0:51:21
1313	0:54:13	926	Pamela Bland	W			1450	0:53:58
1314	0:54:14	924	Pete Bland	M			1447	0:53:58
1315	0:54:14	346	Bethan Roberts	F			1385	0:53:26
1316	0:54:15	2794	Steven Gatenby	M	50		1178	0:51:41
1317	0:54:16	515	Samantha Webb	W			1128	0:51:13
1318	0:54:17	3330	Paul Overfield	M			1348	0:53:12
1319	0:54:17	2787	Chris Ashton	M	45		1271	0:52:26
1320	0:54:17	1738	Jan Pigott	F	50		1298	0:52:48
1321	0:54:17	904	Emma Chivers	F	40		1423	0:53:43
1322	0:54:18	2018	Christian Aldridge	M	40		1345	0:53:10
1323	0:54:18	1857	Tudur Davies	M	50		1264	0:52:23
1324	0:54:19	3210	Timothy Llywelyn Stedman	M			1231	0:52:06
1325	0:54:20	1753	Lance Edwards	M	50		1337	0:53:05
1326	0:54:20	451	Matt Ellis	M			1351	0:53:13
1327	0:54:21	1210	David Pemberton	M			1434	0:53:51
1328	0:54:23	2810	Harriet Naughton	F	35		1285	0:52:36
1329	0:54:23	4381	Sarah Kernan	F			1428	0:53:47
1330	0:54:24	2533	Elin Reardon Smith	F	40		1251	0:52:15
1331	0:54:24	3218	Tom Stack	M			1143	0:51:20
1332	0:54:25	4163	James Patching	M			1376	0:53:22
1333	0:54:25	905	Kate Owen	F			1439	0:53:54
1334	0:54:26	3123	Sophie Dymont	F			1384	0:53:26
1335	0:54:26	4365	Runner 4365	M			1327	0:52:59
1336	0:54:27	3347	Phill Lewis	M			1323	0:52:58
1337	0:54:27	4192	Ceri Blackmore	M			1085	0:50:51
1338	0:54:27	4202	Richard Godfrey	M			1334	0:53:04
1339	0:54:28	1860	Freddy Naseriyan	M			1122	0:51:10
1340	0:54:28	560	Angelique Owen	F			1262	0:52:22
1341	0:54:30	4210	Chris Gimber	F			1072	0:50:45
1342	0:54:30	810	Steph Peek	F			1381	0:53:25
1343	0:54:30	3692	Vanessa Maidment	F			1372	0:53:21
1344	0:54:31	1858	Danielle Gough	F			1233	0:52:07
1345	0:54:32	2882	Trevor John	M	40		1411	0:53:38
1346	0:54:33	2868	Jonathan Hann	M	40		1240	0:52:10
1347	0:54:34	202	Diane Rowlands	F	50	Wye Valley Runners	1470	0:54:13
1348	0:54:36	1177	Travis Whittaker	M			1324	0:52:58
1349	0:54:37	470	Angie Chettleburgh	F	45		1396	0:53:32
1350	0:54:37	350	Laura Whitelegg	F			1226	0:52:04

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1351	0:54:38	1686	Mark Griffiths	M			1179	0:51:41
1352	0:54:38	1640	Sian Griffith	F	35	Chepstow Harriers	1322	0:52:57
1353	0:54:39	3824	Jeffrey Mark	M	40		1375	0:53:22
1354	0:54:39	1040	Tomos Griffiths	M			1416	0:53:40
1355	0:54:39	3032	Kate Thomas	F			1342	0:53:07
1356	0:54:40	2654	Sophie Mclain	F			1288	0:52:39
1357	0:54:40	713	Jay Diaz	M			1489	0:54:24
1358	0:54:40	1197	Sophie Barber	W			1284	0:52:35
1359	0:54:40	320	Janet Ebenezer	F	35		1425	0:53:44
1360	0:54:40	2585	Sally Esp	F			1357	0:53:15
1361	0:54:41	480	Richard Davies	M	45		1379	0:53:24
1362	0:54:41	3881	James Gardiner	M			1295	0:52:43
1363	0:54:42	375	Liz Morgan	F	35	San Domenico	1454	0:54:02
1364	0:54:42	1761	Paul Gander	M			1417	0:53:40
1365	0:54:42	2670	Emily Phillips	F			1362	0:53:18
1366	0:54:42	2967	Atul Kalhan	M	40		1365	0:53:20
1367	0:54:42	259	Joanne Robinson	F	35		1458	0:54:07
1368	0:54:43	1220	Anita Aggarwal	F			1444	0:53:57
1369	0:54:44	3316	Mark Jones	M			1191	0:51:48
1370	0:54:44	3458	Kirstie Jenkins	F			1505	0:54:31
1371	0:54:45	2686	Joseph Feal	M			1212	0:51:53
1372	0:54:45	3682	Nanette John	F	50		1413	0:53:39
1373	0:54:45	3977	Arend Slagter	M			1318	0:52:54
1374	0:54:45	2602	Christopher Gowen	M			1197	0:51:50
1375	0:54:45	2866	David Goode	M			1260	0:52:21
1376	0:54:46	2779	Sarah Jeremiah	F	35		1361	0:53:18
1377	0:54:46	429	Gareth Denton	M			1401	0:53:34
1378	0:54:46	134	Micheal Walter	M			1289	0:52:40
1379	0:54:47	3667	Katherine Smith	F			1429	0:53:48
1380	0:54:49	2227	Danielle Wilson	F			1402	0:53:34
1381	0:54:50	3691	Steven Salamon	M	50		1441	0:53:55
1382	0:54:50	3016	Daffydd Weetman	M			1255	0:52:18
1383	0:54:52	388	Samantha Haines	F		Les Croupiers	1473	0:54:14
1384	0:54:53	4246	David Wilson	M			1225	0:52:03
1385	0:54:54	3588	Signe Denyer	F	35		1205	0:51:51
1386	0:54:54	3857	Christopher Davies	M			1328	0:53:00
1387	0:54:56	961	Steve Gummer	M			1248	0:52:15
1388	0:54:56	2203	Julie Harvey	F	55		1377	0:53:23
1389	0:54:57	1874	Andrew Jones	M			1534	0:54:44
1390	0:54:57	790	Andrew Hopkins	M			1321	0:52:57
1391	0:54:59	452	Lisa Williams	F	35		1456	0:54:03
1392	0:55:00	1908	Simon Stokes	M			1442	0:53:56
1393	0:55:00	2296	Rhys Doolan	M			1335	0:53:04
1394	0:55:01	2201	Aled Ap Iwan	M			1386	0:53:26
1395	0:55:01	2710	Anna Bellamy	F	35		1453	0:54:01
1396	0:55:02	2862	Dwynwen Rowlands	F	35		1407	0:53:36
1397	0:55:02	2819	Gavin Lundrigan	M			1457	0:54:05
1398	0:55:02	187	Clara Jones	F		Usk Runners	1506	0:54:31
1399	0:55:02	3890	Claire Lewis	F	45	San Domenico	1486	0:54:22
1400	0:55:05	315	Nikki Guyer	F	35		1460	0:54:08
1401	0:55:06	509	Chris Watkins	M			1448	0:53:58
1402	0:55:06	3472	Ceri Frayne	F			1185	0:51:46
1403	0:55:06	3473	Ben Frayne	M			1189	0:51:47
1404	0:55:07	4009	Huw Rumble	M			1309	0:52:51
1405	0:55:07	4008	Aled Rumble	M			1307	0:52:51
1406	0:55:08	2722	Jennifer Jones	F	40		1419	0:53:42
1407	0:55:08	3454	Kathryn Petersen	F	40		1420	0:53:42
1408	0:55:08	4194	Antonio Canales Rivas	M	40		1547	0:54:49
1409	0:55:09	923	Matt Sumpter	M			1555	0:54:54
1410	0:55:09	4010	Marc Rumble	M			1313	0:52:52
1411	0:55:09	255	Ffion Strong	F			1414	0:53:39
1412	0:55:09	2262	Stephen Lakey	M			1435	0:53:51
1413	0:55:10	2272	Ifan Gwilym	M			1391	0:53:29
1414	0:55:10	692	Liam Nash	M			1433	0:53:51
1415	0:55:12	3941	Kiel Lillie	M			1405	0:53:35
1416	0:55:12	368	David Seward	M			1409	0:53:36
1417	0:55:13	3762	Iwan Jones	M	45		1387	0:53:27
1418	0:55:13	3771	Sum Mistry	M			1496	0:54:26
1419	0:55:15	2867	Gareth Stevens	M			1306	0:52:50
1420	0:55:15	2279	Diarmuid O'Gorman	M			1443	0:53:56
1421	0:55:15	140	Kristian Phillips	M			1424	0:53:43
1422	0:55:16	876	Susan Martin	F			1422	0:53:43
1423	0:55:16	3521	William Guy	M			1319	0:52:54
1424	0:55:16	3726	Nick Bourne	M	50		1290	0:52:40
1425	0:55:16	1242	Sanjeev Agarwal	M	40		1495	0:54:25

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1426	0:55:16	1219	Atul Gaitonde	M	45		1509	0:54:32
1427	0:55:17	2147	Rob Jenkins	M			1431	0:53:49
1428	0:55:19	1065	Matthew Harris	M			1410	0:53:37
1429	0:55:19	1064	Chris Gibbon	M			1415	0:53:40
1430	0:55:19	174	Alun Thomas	M	45		1360	0:53:18
1431	0:55:20	1909	Claire Curtin	F			1475	0:54:15
1432	0:55:20	3401	James Dean	M	45	Les Croupiers	1466	0:54:12
1433	0:55:20	2834	Richard Sugarman	M	40		1302	0:52:49
1434	0:55:21	875	Robert Jenkins	M			1275	0:52:28
1435	0:55:21	2932	Rafael De Souza	M			1438	0:53:54
1436	0:55:21	1734	Gabriel Cronin	M			1249	0:52:15
1437	0:55:21	3412	Dafydd Parry	M			1338	0:53:05
1438	0:55:21	243	Suheil Ahmed	M	40		1476	0:54:16
1439	0:55:22	3526	Stuart Dent	M	45		1340	0:53:06
1440	0:55:22	3886	Sue Charles	F	35	Greyfriars Harriers	1502	0:54:28
1441	0:55:23	1796	Tommy Smith	M			1314	0:52:53
1442	0:55:23	4358	Helen Yard	F			1436	0:53:52
1443	0:55:25	2756	Nia Tudur	F	35		1575	0:55:01
1444	0:55:25	2379	Rose Brown	F			1395	0:53:31
1445	0:55:26	1194	Carys Joshua	F			1426	0:53:44
1446	0:55:27	791	Carly Allchurch	F			1485	0:54:22
1447	0:55:28	401	Tracey Newman	F	40	Les Croupiers	1551	0:54:52
1448	0:55:29	3717	Elizabeth Sim	F	35		1437	0:53:52
1449	0:55:30	2064	Andrew Lustig	M			1371	0:53:21
1450	0:55:31	4052	Emma Cummins	F	35		1589	0:55:08
1451	0:55:32	3145	Laura Pike	F			1259	0:52:21
1452	0:55:33	3814	Leona Hopkins	F	35		1491	0:54:24
1453	0:55:34	3331	Mathew West	M			1312	0:52:52
1454	0:55:34	3796	Mark Denton	M	40		1398	0:53:32
1455	0:55:34	3306	Malcolm Boyles	M	50		1552	0:54:52
1456	0:55:35	1039	Sally Jones	M			1374	0:53:21
1457	0:55:35	1916	Joy Ollerton	F			1532	0:54:43
1458	0:55:35	1913	Richard Saunders	M			1533	0:54:43
1459	0:55:36	1625	Samantha Perrott	F	40	Run4All	1497	0:54:26
1460	0:55:36	4379	Sarah Morton	F			1578	0:55:02
1461	0:55:38	3958	Arfon Pierce	M	45		1455	0:54:03
1462	0:55:39	1013	Eoghan Mortell	M			1584	0:55:05
1463	0:55:39	2771	Tony Jay	M	50		1467	0:54:12
1464	0:55:41	4124	Scott Humphreys	M			1168	0:51:35
1465	0:55:42	2523	Mathew Lloyd-Jones	M			1382	0:53:25
1466	0:55:42	3709	Andrew McMullen	M	40		1541	0:54:47
1467	0:55:42	1009	Leanne Squires	F			1501	0:54:27
1468	0:55:43	131	Mark Harper	M	40		1369	0:53:21
1469	0:55:44	547	Michael Flynn	M	45		1562	0:54:56
1470	0:55:44	1204	Dafydd Jones	M			1446	0:53:58
1471	0:55:44	3960	Kevin Wilson	M			1316	0:52:53
1472	0:55:49	2166	Dan Abraham	M			1579	0:55:02
1473	0:55:50	2204	Dave Middleton	M	55		1478	0:54:17
1474	0:55:51	550	Mark Williams	M	50		1582	0:55:03
1475	0:55:51	287	Carey Young	F			1483	0:54:21
1476	0:55:51	3450	Tom Williams	M			1370	0:53:21
1477	0:55:51	510	Elizabeth Watkins	F			1535	0:54:44
1478	0:55:51	3676	Matthew Brown	M			1477	0:54:16
1479	0:55:52	180	Leon Hughes	M	40		1527	0:54:40
1480	0:55:55	2971	Christopher James	M	40		1553	0:54:53
1481	0:55:56	3237	Wayne Bowden	M	50		1339	0:53:06
1482	0:55:56	2535	Suzy Lloyd	F	35		1465	0:54:11
1483	0:55:56	410	David Richardson	M	55		1355	0:53:15
1484	0:55:57	2346	Derek Nixon	M			1482	0:54:19
1485	0:55:57	407	Kate Rimmer	F	45		1353	0:53:15
1486	0:55:58	3971	Jen Irish	F			1516	0:54:36
1487	0:55:59	4081	Victoria Mullins	F			1494	0:54:25
1488	0:55:59	3534	Sandra Woods	F	40		1519	0:54:37
1489	0:55:59	2755	Alan Mothersole	M			1499	0:54:26
1490	0:56:00	3694	Ceril Rhys-Dillon	F	40		1427	0:53:45
1491	0:56:01	552	Martin Jones	M			1644	0:55:34
1492	0:56:01	920	Steve Mcdonald	M			1585	0:55:05
1493	0:56:01	1103	Jack Davies	M			1481	0:54:19
1494	0:56:01	1212	Tom Lynn	M			1472	0:54:14
1495	0:56:02	3049	Gemma Dummett	F			1492	0:54:25
1496	0:56:03	3754	Jeff Edwards	M			1538	0:54:46
1497	0:56:05	2598	Robert Tomlins	M			1500	0:54:27
1498	0:56:05	357	Jamie Williams	M			1599	0:55:14
1499	0:56:05	3503	Clare Overton	F	40		1544	0:54:48
1500	0:56:06	985	Sophie Harris	F			1690	0:55:56

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1501	0:56:08	3086	Jane Petterson	F	45		1650	0:55:35
1502	0:56:08	3699	Richard Harris	M	45		1577	0:55:02
1503	0:56:08	4250	Adam Carbis	M			1389	0:53:28
1504	0:56:10	3571	Christopher Marshall	M	40		1471	0:54:13
1505	0:56:10	176	Harvey Reader	M			1469	0:54:12
1506	0:56:11	837	Claire Coakley	F			1668	0:55:45
1507	0:56:11	3690	Kristian Gilling	M			1569	0:54:58
1508	0:56:12	3246	Kelly Way	F			1464	0:54:09
1509	0:56:12	3245	Jamie Way	M			1461	0:54:08
1510	0:56:13	1790	Leach Samantha	F	40		1404	0:53:35
1511	0:56:15	1886	Edward Timson	M	50		1548	0:54:50
1512	0:56:15	2891	Peter Vidler	M	40		1304	0:52:50
1513	0:56:16	245	Martin Dobbing	M			1641	0:55:32
1514	0:56:17	2883	Nic Edwards	F	35		1631	0:55:29
1515	0:56:17	582	Andy Bibey	M			1515	0:54:36
1516	0:56:17	121	Giles Parker	M			1412	0:53:39
1517	0:56:18	3056	Ruth Thomas	F			1638	0:55:32
1518	0:56:18	4012	Chris Manley	M	50		1600	0:55:14
1519	0:56:18	2791	Jen Boyne	F	45		1556	0:54:54
1520	0:56:19	1536	Katherine Winterborne	F	40	Spirit of Monmouth	1573	0:55:00
1521	0:56:19	2739	Julia Grimstead	F	40		1557	0:54:55
1522	0:56:19	607	Elizabeth Bray	F	35		1504	0:54:30
1523	0:56:19	2103	Rupert Taylor	M			1545	0:54:48
1524	0:56:20	415	Alan Wells	M			1719	0:56:08
1525	0:56:20	536	Chris Markell	M			1624	0:55:26
1526	0:56:20	3631	Hywel Edwards	M			1596	0:55:10
1527	0:56:21	4245	Daniel Carter	M			1421	0:53:43
1528	0:56:21	1507	Nick Mitchell	M	60	Rygate Prior	1662	0:55:43
1529	0:56:21	1561	Elin Pugh	F	35		1560	0:54:56
1530	0:56:22	3338	Rajath Sathyaprakash	M			1537	0:54:45
1531	0:56:22	2954	Richard Knowles	M	60		1539	0:54:46
1532	0:56:22	1582	Helen Marriner	F		Usk Runners	1588	0:55:06
1533	0:56:24	609	Ceri Field	W			1669	0:55:45
1534	0:56:24	564	David Sloots	M			1603	0:55:15
1535	0:56:24	2144	Roderick Landymore	M	65		1616	0:55:25
1536	0:56:26	812	Sophie Mitchell	W			1651	0:55:36
1537	0:56:27	3684	Claire Dutton	F	35		1520	0:54:37
1538	0:56:27	2268	Charlie Ogden-Metherell	F	35		1653	0:55:38
1539	0:56:28	903	Charly Wathan	F			1686	0:55:54
1540	0:56:28	3619	Michael Lewis	M	45		1484	0:54:21
1541	0:56:28	1737	Mark Rivett	M	55		1570	0:54:58
1542	0:56:29	3290	Louise Stark	F			1688	0:55:55
1543	0:56:29	2688	Claire Masters	F			1487	0:54:23
1544	0:56:30	2256	Harriet Ward	F	35		1657	0:55:41
1545	0:56:30	1042	Adam Christian	M			1459	0:54:08
1546	0:56:30	440	Moawia Bin-Sufyan	M			1736	0:56:21
1547	0:56:31	2104	Huw Carpenter	M			1572	0:54:59
1548	0:56:31	3877	Jo Williams	F	35		1672	0:55:46
1549	0:56:31	741	Desmond Jones	M	40		1711	0:56:05
1550	0:56:31	733	Gareth Smith	M			1710	0:56:04
1551	0:56:32	4174		M			1536	0:54:45
1552	0:56:32	2561	Sian Griffin	F	45		1614	0:55:25
1553	0:56:33	3408	Haley Howell	F	45		1639	0:55:32
1554	0:56:33	1904	Cecilia Fritz	F			1742	0:56:25
1555	0:56:34	2875	Kelly Davies	F	35		1479	0:54:19
1556	0:56:34	3511	Andrew Davies	M			1480	0:54:19
1557	0:56:35	2202	Rachel Davies	F	35		1708	0:56:03
1558	0:56:35	3809	Rhys Griffiths	M			1612	0:55:23
1559	0:56:35	2490	Ryan Salter	M			1388	0:53:27
1560	0:56:36	799	Kelvin Spear	M			1674	0:55:47
1561	0:56:36	3593	Joshua Davies	M			1518	0:54:37
1562	0:56:36	2112	Nerys Hurford	F	35		1645	0:55:34
1563	0:56:37	3147	Alan Cromack	M	45		1581	0:55:03
1564	0:56:37	2644	Laura Dacey	F			1521	0:54:37
1565	0:56:37	4084	Jane Prentice-Jenkins	F			1583	0:55:04
1566	0:56:38	3486	Alex Woodland	M			1626	0:55:26
1567	0:56:38	3078	Therese Holmes	F	45		1720	0:56:09
1568	0:56:38	3087	Malcolm Dixon	M	55		1718	0:56:08
1569	0:56:38	2584	Ted Powell	M			1664	0:55:43
1570	0:56:39	1943	Chris Browne	M	45		1640	0:55:32
1571	0:56:39	3533	Marianne Jenkins	F	40		1620	0:55:25
1572	0:56:39	3289	Colin Mountjoy	M			1665	0:55:44
1573	0:56:39	796	Hannah Stokes	F			1677	0:55:49
1574	0:56:40	3471	Joe Butler	M			1418	0:53:41
1575	0:56:40	3708	Owen Jones	M			1670	0:55:46

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1576	0:56:41	1889	Tim Murphy	M	45		1646	0:55:34
1577	0:56:41	269	Andrew Mcmillen	M			1452	0:54:01
1578	0:56:41	2693	James Lundie	M			1586	0:55:06
1579	0:56:41	2154	Ashley Hayward	M	60		1605	0:55:17
1580	0:56:41	3314	Gary Hogg	M			1449	0:53:58
1581	0:56:41	3978	Alan Bretos	M	45		1647	0:55:35
1582	0:56:42	3229	Andrew Herbert	M			1613	0:55:24
1583	0:56:42	2393	Catrin Stewart	F			1568	0:54:57
1584	0:56:43	2638	Jane Dorrian	F	40		1565	0:54:57
1585	0:56:43	3763	Mirain Jones	F			1563	0:54:56
1586	0:56:43	3806	Sam Sullivan	F			1717	0:56:07
1587	0:56:43	1120	Justin Bryan	M			1693	0:55:58
1588	0:56:44	2966	Owen Evans	M			1530	0:54:42
1589	0:56:45	1041	Philip Cook	M	55		1468	0:54:12
1590	0:56:45	4219	Jo Hutchings	F	45		1678	0:55:49
1591	0:56:46	2955	Robin Jeffreys	M	55		1526	0:54:40
1592	0:56:46	2294	Wayne Miles	M	45		1691	0:55:57
1593	0:56:48	4181	Andrew Hamblin	M			1732	0:56:19
1594	0:56:49	416	Gareth Palmer	M	40		1666	0:55:44
1595	0:56:50	4085	Bethan Pryor	F			1463	0:54:09
1596	0:56:50	891	Alan Evans	M	70		1587	0:55:06
1597	0:56:51	589	Arwyn Thomas	M			1514	0:54:36
1598	0:56:52	233	Anne Watkins	F			1728	0:56:15
1599	0:56:52	3666	Kerstie Blatchly	F	35		1654	0:55:39
1600	0:56:52	3358	Glyn Salter	M	40		1619	0:55:25
1601	0:56:52	147	Stephen Hardacre	M	55		1430	0:53:48
1602	0:56:52	2114	Laura Mackey	F			1513	0:54:36
1603	0:56:53	3102	Nikita Pavlov	M			1451	0:54:00
1604	0:56:54	1159	Steve Ford	M			1490	0:54:24
1605	0:56:54	2870	Julian Mcfarlane	M			1503	0:54:30
1606	0:56:54	2086	Craig Watkins	M			1511	0:54:34
1607	0:56:55	2772	Marc Fox	M			1392	0:53:30
1608	0:56:55	580	James Harding	M			1602	0:55:14
1609	0:56:55	3483	Emily Harris	F			1474	0:54:15
1610	0:56:57	1218	Satish Gokhale	M	50		1764	0:56:42
1611	0:56:58	1116	Morgan Smith	M			1576	0:55:01
1612	0:56:58	1074	Donna Davies	F			1610	0:55:20
1613	0:56:58	3981	Megan Colley	F	35		1550	0:54:52
1614	0:56:59	3288	Maria Barton	F			1709	0:56:03
1615	0:56:59	2495	Nicky Moore	F	40		1673	0:55:47
1616	0:57:01	2306	Sarah Love	F	35		1432	0:53:50
1617	0:57:01	460	Heather Thomas	F			1680	0:55:51
1618	0:57:02	1700	Jake Hancox	M			1696	0:55:59
1619	0:57:02	342	Ben Lee	M			1659	0:55:43
1620	0:57:02	354	Glenda George	F	40		1716	0:56:06
1621	0:57:03	4244	Sam Shiells	M			1498	0:54:26
1622	0:57:04	3973	Carlos Feoli	M	40		1715	0:56:06
1623	0:57:04	3096	Ian Williams	M			1566	0:54:57
1624	0:57:04	805	Shelly Davies	F			1661	0:55:43
1625	0:57:04	428	Sarra Beach	F			1682	0:55:53
1626	0:57:05	2634	Kathryn Clague	F			1564	0:54:57
1627	0:57:05	434	Helen Wallace	F			1683	0:55:53
1628	0:57:05	322	Liam Oates	M			1749	0:56:31
1629	0:57:05	1765	Christine White	F	60		1694	0:55:59
1630	0:57:05	1073	Delwyn Eatwell	M			1630	0:55:29
1631	0:57:05	1812	Ali Demir	M			1510	0:54:32
1632	0:57:05	252	Anthony Broome	M			1656	0:55:40
1633	0:57:06	3720	Julian Straker-Jones	M	50		1542	0:54:48
1634	0:57:06	1511	Rhian Llewellyn	F	45	Les Croupiers	1713	0:56:06
1635	0:57:07	3478	Jonathan Simcock	M	45		1493	0:54:25
1636	0:57:07	1071	Julie Ellis	W			1632	0:55:30
1637	0:57:07	1072	Chris Ellis	M			1628	0:55:29
1638	0:57:09	2887	Elin Jones	F			1531	0:54:42
1639	0:57:10	2974	James Lea	M	40		1615	0:55:25
1640	0:57:11	839	Dave Reeves	M			1769	0:56:45
1641	0:57:11	489	Ashley Pridgeon	M			1702	0:56:01
1642	0:57:11	488	Mark Pridgeon	M			1700	0:56:00
1643	0:57:12	1701	Paul Hancox	M	50		1724	0:56:10
1644	0:57:12	2767	Robert Larkins	M	55		1660	0:55:43
1645	0:57:13	1096	Steve Sage	M	45		1636	0:55:31
1646	0:57:13	2052	Ronald Davies	M	40		1488	0:54:23
1647	0:57:13	1134	James Leadbeater	M			1637	0:55:31
1648	0:57:13	3269	Andrew Martin	M			1462	0:54:08
1649	0:57:13	3783	Mark Coleman	M	40		1611	0:55:22
1650	0:57:13	699	Tim Mugeridge	M	40		1779	0:56:50

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1651	0:57:14	1800	Justin O'Sullivan	M			1751	0:56:32
1652	0:57:14	2987	Trevor Pickersgill	M	45		1540	0:54:47
1653	0:57:14	1125	Jonathan Hayward	M			1601	0:55:14
1654	0:57:14	3040	Michael Betty	M			1747	0:56:29
1655	0:57:14	2581	Liang Wang	M			1507	0:54:31
1656	0:57:15	457	Laura Whittington	F			1681	0:55:52
1657	0:57:16	977	Gavin Puckett	M			1704	0:56:01
1658	0:57:16	3039	Joanne Gamba	F			1748	0:56:31
1659	0:57:17	3463	Rachel Horwood	F			1543	0:54:48
1660	0:57:17	3695	Karl Jones	M	40		1571	0:54:59
1661	0:57:19	2063	Julia Bramble	F	35		1813	0:57:03
1662	0:57:20	152	Simon Jones	M			1574	0:55:00
1663	0:57:20	2977	Helen Passant	F	40		1440	0:53:55
1664	0:57:20	2753	Sean Jones	M			1595	0:55:10
1665	0:57:22	2897	Sarah Morgan	F	35		1559	0:54:55
1666	0:57:22	2364	Nick Bennett	M	40		1658	0:55:42
1667	0:57:23	3627	Mike Mccullagh	M	45		1594	0:55:09
1668	0:57:23	3625	Hayley Rogers	F	45		1593	0:55:09
1669	0:57:24	3047	Michelle Rowlands	F			1761	0:56:39
1670	0:57:26	1529	Gwenan Thomas	M			1712	0:56:05
1671	0:57:26	3329	Rachel Evans	F	40		1689	0:55:55
1672	0:57:27	1902	Martyn Price	M	40		1648	0:55:35
1673	0:57:28	3198	Peter Heckles	M			1558	0:54:55
1674	0:57:29	2062	Susan Cowan	F	35		1738	0:56:22
1675	0:57:30	1126	Cathryn Chubb	F			1623	0:55:26
1676	0:57:30	687	Dane Mcdonagh	M			1607	0:55:19
1677	0:57:30	500	Martin Myers	M	50		1592	0:55:09
1678	0:57:31	882	Melissa Lopez-Anton	F			1528	0:54:40
1679	0:57:31	2880	Emma-Kate Francis	F	35		1591	0:55:08
1680	0:57:31	3547	Manisankar Pappa Krishnamoorth	M			1622	0:55:26
1681	0:57:33	3302	Clare Rowntree	F	45		1741	0:56:25
1682	0:57:33	964	Ellie Martin	F			1546	0:54:49
1683	0:57:34	3074	Bethan Jenkins	F			1722	0:56:09
1684	0:57:34	3075	Andrew Lever	M	45		1714	0:56:06
1685	0:57:34	4312	Amy Pike	F			1774	0:56:48
1686	0:57:34	3346	Peter Stone	M			1752	0:56:32
1687	0:57:36	3658	Raj Krishnan	M	40		1675	0:55:49
1688	0:57:36	803	Rob Lewis	M			1776	0:56:49
1689	0:57:37	1109	William Lewis	M			1777	0:56:49
1690	0:57:37	2815	Janine Lewis	F			1633	0:55:30
1691	0:57:38	3925	Sarah East	F			1561	0:54:56
1692	0:57:39	2264	James Bayliss	M	40		1621	0:55:25
1693	0:57:39	3242	David Evans	M	45		1567	0:54:57
1694	0:57:39	3253	Tanya Williams	F			1746	0:56:27
1695	0:57:41	274	Emily Deaney	F			1692	0:55:57
1696	0:57:42	2881	Towner Stephen	M			1529	0:54:42
1697	0:57:42	2995	Richard Pitt	M			1523	0:54:39
1698	0:57:42	2694	Daniel Owens	M			1729	0:56:17
1699	0:57:42	267	Mark Todd Blue	M	40		1508	0:54:32
1700	0:57:43	3083	Hannah Brown	F			1816	0:57:05
1701	0:57:43	2696	Amy Harris	F			1625	0:55:26
1702	0:57:44	3481	Emma Court	F			1580	0:55:03
1703	0:57:44	458	Mark Whittington	M	50		1734	0:56:20
1704	0:57:45	1144	Jade Phelps	F			1703	0:56:01
1705	0:57:45	3298	Jill Hancock	F	45		1832	0:57:14
1706	0:57:45	3696	Rene Amaro	M	55		1522	0:54:38
1707	0:57:45	247	Michael Fitzgerald	M			1655	0:55:40
1708	0:57:45	1237	Vivek Goel	M	40		1795	0:56:55
1709	0:57:48	3120	Alex Hearnden	M	45		1598	0:55:11
1710	0:57:48	2664	Matt Thomas	M			1750	0:56:31
1711	0:57:53	3936	Miles Hooper	M			1606	0:55:18
1712	0:57:54	3672	Sarah Lane	F	35		1841	0:57:22
1713	0:57:56	831	Aled Williams	M			1873	0:57:39
1714	0:57:56	3714	Rachael Medland	F			1730	0:56:17
1715	0:57:57	650	Andrew Swan	M			1765	0:56:42
1716	0:57:57	792	Carrie Bonser	F			1782	0:56:51
1717	0:57:57	902	Gavin Jones	M			1597	0:55:10
1718	0:57:57	2857	Michelle Johnson	F			1512	0:54:35
1719	0:57:58	587	Alun Williams	M			1652	0:55:36
1720	0:57:59	2777	Jeffrey Baxter	M	40		1604	0:55:16
1721	0:57:59	2683	Nina Brown	F			1802	0:57:00
1722	0:57:59	2679	Ann Marie Daly	F			1801	0:56:59
1723	0:58:00	3219	Jeremy Hall	M	40		1679	0:55:51
1724	0:58:01	3606	Mike Jones	M			1517	0:54:37
1725	0:58:01	881	Donald Fraser	M	40		1590	0:55:08

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1726	0:58:02	3728	Steve Ballett	M	55		1727	0:56:13
1727	0:58:03	3163	Gwynfor Davies	M	55		1899	0:57:53
1728	0:58:03	3082	Ben Martin	M			1846	0:57:24
1729	0:58:04	1062	Matthew Gibson	M			1549	0:54:50
1730	0:58:04	3206	Amanda Richmond	F	40		1643	0:55:33
1731	0:58:05	1742	Rhinnon Harris	M			1811	0:57:02
1732	0:58:05	275	Charlotte Ralph	F			1772	0:56:47
1733	0:58:05	1091	Laura Pike	F			1743	0:56:25
1734	0:58:06	3398	Allan Smith	M	80	3M Gorseinon RR	1796	0:56:56
1735	0:58:07	3164	Sarah Chorlton	F			1781	0:56:51
1736	0:58:07	2605	Mark Brown	M	45		1699	0:56:00
1737	0:58:07	2675	Sophie Queffeleant	F	40		1763	0:56:41
1738	0:58:08	2291	Meinir Morgan-Thomas	F	55		1847	0:57:24
1739	0:58:10	3581	Lesley Weston	F	45		1627	0:55:27
1740	0:58:12	3858	Su Chung	F	35		1525	0:54:40
1741	0:58:12	3599	Jason Griffiths	M			1684	0:55:53
1742	0:58:12	3859	David Jones	M			1524	0:54:39
1743	0:58:14	3922	Sarah Williams	F	35		1821	0:57:08
1744	0:58:15	717	Hannah Jones	W			1740	0:56:23
1745	0:58:15	1623	Claudia Marquez	F		Brighton and Hove AC	1785	0:56:52
1746	0:58:16	3023	Emma Jay Moorcroft	F			1758	0:56:37
1747	0:58:16	1033	Richard Miller-Williams	M			1912	0:58:04
1748	0:58:17	4001	Vanessa Russell	F	40		1618	0:55:25
1749	0:58:19	883	Tanya Bodenham	F			1629	0:55:29
1750	0:58:19	1766	Candida Ashdown-Saunders	F	35		1771	0:56:47
1751	0:58:19	2632	Patrick Mccarthy	M			1800	0:56:59
1752	0:58:20	655	Shelia Powell	F	50		1723	0:56:10
1753	0:58:22	2591	Natalie Meyrick	F			1826	0:57:11
1754	0:58:22	3202	Chris Saunders	M			1760	0:56:39
1755	0:58:23	3836	Ray Beckett	M			1649	0:55:35
1756	0:58:27	3940	Adam Green	M			1756	0:56:36
1757	0:58:27	3122	Chun Cho	M			1698	0:56:00
1758	0:58:27	4327	John Potter	M			1671	0:55:46
1759	0:58:28	921	Andrew Reid	M			1766	0:56:43
1760	0:58:29	3195	Rebecca Fitzpatrick	F			1634	0:55:30
1761	0:58:29	3840	Jennifer Park	F			1787	0:56:52
1762	0:58:29	3154	Laura Hughes	F			1853	0:57:27
1763	0:58:30	771	Colin Wood	M			1910	0:58:03
1764	0:58:30	363	Martin Bowen Jones	M	50		1695	0:55:59
1765	0:58:31	3555	Karin Wahl-Jorgensen	F	35		1809	0:57:01
1766	0:58:33	643	Tom Robinson	M			1814	0:57:04
1767	0:58:33	2446	Garry Morgan	M	40		1701	0:56:01
1768	0:58:34	3865	Karen Hewitt	F			1663	0:55:43
1769	0:58:35	1067	Liam Rohan	M			1789	0:56:53
1770	0:58:35	3862	Victoria Ford	F	40		1667	0:55:44
1771	0:58:35	396	Gill Murphy	F	55	Les Croupiers	1831	0:57:14
1772	0:58:36	2173	Dawn Dingle	F	40		1697	0:56:00
1773	0:58:37	1099	Richards Jordon	M			1759	0:56:39
1774	0:58:38	2720	John Huwv Jones	M			1773	0:56:47
1775	0:58:39	3758	Basia Kwasnicka	F			1608	0:55:19
1776	0:58:39	2845	Maad Khalil	M	50		1731	0:56:17
1777	0:58:39	641	Mark Hicks	M			1828	0:57:12
1778	0:58:39	3435	Caitrin Butler	F			1859	0:57:29
1779	0:58:42	3185	Liz Steed	F	50		1938	0:58:15
1780	0:58:43	2055	Wendy Tromans	F	45		1778	0:56:50
1781	0:58:44	3489	Emily Bettles	F			1617	0:55:25
1782	0:58:44	2773	Claire Turner	F	35		1609	0:55:19
1783	0:58:45	2024	Kath Rogers	F			1834	0:57:19
1784	0:58:46	2706	Gareth Helson	M			1794	0:56:55
1785	0:58:46	4240	Sam Harris	M			1721	0:56:09
1786	0:58:46	649	Ffion Jones	F			1869	0:57:35
1787	0:58:47	302	Andrew Beacon	M	45		1866	0:57:34
1788	0:58:47	3721	Joshua Thomas	M			1642	0:55:33
1789	0:58:47	658	Peter Huzzey	M	40		1805	0:57:00
1790	0:58:48	4233	Andrew Edwards	M			1725	0:56:10
1791	0:58:48	123	Matthew Swindell	M	40		1953	0:58:23
1792	0:58:48	600	Dewi Harries	M			1835	0:57:20
1793	0:58:48	2258	Mike Johnson	M	40		1744	0:56:25
1794	0:58:49	3815	Keith Harper	M	50		1928	0:58:13
1795	0:58:49	231	Aled Evans	M	40		1991	0:58:44
1796	0:58:51	153	Daniel Mills	M			1798	0:56:56
1797	0:58:52	3031	Andrew Mackenzie	M			1844	0:57:24
1798	0:58:53	3434	Chris Butler	M	50		1858	0:57:29
1799	0:58:54	2177	John Cronin	M	55		1737	0:56:21
1800	0:58:54	2876	Clare Lane	F	35		1687	0:55:54

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1801	0:58:54	3105	Leah Bryant	F			1767	0:56:45
1802	0:58:55	1115	CJ Adams	M			1808	0:57:01
1803	0:58:55	1112	Kate Davies	F			1783	0:56:51
1804	0:58:55	1118	Russell Adams	M			1815	0:57:04
1805	0:58:56	4187	Gethin Roberts	M			1757	0:56:37
1806	0:59:00	2010	Bethan Ford	F			1817	0:57:06
1807	0:59:01	2428	Sean Thomas	M	40		1775	0:56:48
1808	0:59:01	228	Jennifer Evans	F	35		1676	0:55:49
1809	0:59:03	3046	Mark Barry	M	50		1790	0:56:53
1810	0:59:03	2021	Heather Higgins	F			1780	0:56:50
1811	0:59:04	4099	Judith Wall	F	40		1754	0:56:35
1812	0:59:05	4188	Huw Rees	M			1635	0:55:31
1813	0:59:06	2280	Martijn Renooij	M			1890	0:57:48
1814	0:59:08	3804	Dom Tyler	M			1970	0:58:33
1815	0:59:09	2259	Clare Johnson	F	40		1770	0:56:46
1816	0:59:10	2380	Geraint Criddle	M			1911	0:58:03
1817	0:59:10	954	Max Woolf	M			1916	0:58:05
1818	0:59:10	2840	Thomas Jarman	M			1838	0:57:20
1819	0:59:12	671	Emma Meyrick	F			1851	0:57:25
1820	0:59:13	2522	Angharad Rayner	F			1685	0:55:53
1821	0:59:14	2780	Peter Hawkins	M	40		1733	0:56:19
1822	0:59:15	3659	Tim Haughton	M			1987	0:58:40
1823	0:59:15	4006	Leon Hughes	M			1739	0:56:22
1824	0:59:15	2093	Catherine Hortop	F			1820	0:57:08
1825	0:59:15	2249	Richard Jones	M			1804	0:57:00
1826	0:59:16	3907	Andrea Goodfellow	F	45	Penarth & Dinas Runners	1823	0:57:09
1827	0:59:16	2919	Charles Dolan	M			1706	0:56:01
1828	0:59:17	2525	Sue Cottrell	F	45		1978	0:58:36
1829	0:59:17	2429	Amy Reynolds	F			1810	0:57:02
1830	0:59:17	2343	Phillip Lewis	M			1707	0:56:02
1831	0:59:17	3170	Rhiannon Richards	F	35		1898	0:57:53
1832	0:59:17	329	Ann Jones	F	50		1921	0:58:07
1833	0:59:18	2527	Rachel Walpole	F	45		1981	0:58:37
1834	0:59:19	3423	Pugazh Kandaswamy M&s	M			1855	0:57:28
1835	0:59:19	2590	David Jones	M	60		1891	0:57:48
1836	0:59:19	2589	Irene Cooper	F	55		1892	0:57:49
1837	0:59:20	3792	Lisa Williams	F	40		1840	0:57:21
1838	0:59:20	3914	Andrew Hill	M	40		1878	0:57:42
1839	0:59:20	2189	Richard Murray	M			1726	0:56:12
1840	0:59:22	1044	Louise King	F			1825	0:57:11
1841	0:59:24	1215	Ashok Aggarwal	M	55		1979	0:58:37
1842	0:59:25	4315	Paul Brown	M			1735	0:56:20
1843	0:59:26	3084	Julian Richards	M			1900	0:57:54
1844	0:59:26	2260	Robert Gann	M			1822	0:57:08
1845	0:59:26	2988	John Dyson	M	45		1803	0:57:00
1846	0:59:28	2377	Jonathan Evans	M			2035	0:59:08
1847	0:59:28	4296	Carly Jones	F			1984	0:58:37
1848	0:59:28	3264	Rebecca Jenkins	F	35		1908	0:58:00
1849	0:59:28	893	Liz Knowles	F	55		2031	0:59:04
1850	0:59:29	3847	Rachel Owen	F	45		1883	0:57:47
1851	0:59:29	3265	Hugo Jenkins	M			1907	0:57:59
1852	0:59:29	3494	Jon Lewis	M			1901	0:57:55
1853	0:59:29	1817	Joss Peacock	M			1885	0:57:47
1854	0:59:29	1149	Ricci Harrison	M			1863	0:57:31
1855	0:59:29	2796	Rachael Sendell	F			1919	0:58:06
1856	0:59:30	3918	Gareth Hill	M	40		1894	0:57:51
1857	0:59:30	3497	Lee Kendall	M	40		1791	0:56:53
1858	0:59:31	3611	Damian Owen	M			1896	0:57:52
1859	0:59:33	2214	Lauren Civill-Holt	F			1957	0:58:25
1860	0:59:35	2109	James Beynon	M	40		1872	0:57:38
1861	0:59:35	2108	Sarah Gatley	F			1871	0:57:38
1862	0:59:35	3196	Huw Phillips	M	40		1977	0:58:36
1863	0:59:36	3545	Tim Forde	M	45		1959	0:58:27
1864	0:59:37	3373	Clare Baldwin	F			1788	0:56:53
1865	0:59:38	2039	Paul Sullivan	M			1923	0:58:10
1866	0:59:38	4238	Stephen Davies	M	45		1990	0:58:42
1867	0:59:39	2357	Mark Gains	M	50		1762	0:56:39
1868	0:59:40	1674	Sue Lee	F	40	Aberystwyth AC	1918	0:58:06
1869	0:59:41	4314	Gareth Somerford	M			1786	0:56:52
1870	0:59:41	672	Lianne Rees	F			1903	0:57:56
1871	0:59:41	2651	Richard Price	M			1842	0:57:23
1872	0:59:44	334	Lisa Davies	F	40		1963	0:58:29
1873	0:59:45	1828	Luke Gregory	M			1849	0:57:25
1874	0:59:45	1670	Michelle Ward	F	40	Forest of Dean AC	2030	0:59:03
1875	0:59:45	1973	Darrell Walkley	M	40		1924	0:58:12

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1876	0:59:45	3735	Rod Hill	M			1792	0:56:54
1877	0:59:45	3827	Nimit Goyal	M			1954	0:58:23
1878	0:59:46	3278	Clive Waters	M	50		2039	0:59:09
1879	0:59:46	2709	Sarah Mynott	F	40		1996	0:58:46
1880	0:59:47	3121	Mary Hare	F	45		1824	0:57:10
1881	0:59:47	2617	Angela Bamford	F	45		1839	0:57:21
1882	0:59:47	2176	Tanya Vaughan	F	35		1909	0:58:02
1883	0:59:48	2609	Alex Llewellyn	F			1956	0:58:25
1884	0:59:48	742	Rhian Rogers	F			2058	0:59:21
1885	0:59:48	3655	Andrew Westwell	M	40		2002	0:58:49
1886	0:59:48	1705	Sam Morgan	M			1865	0:57:33
1887	0:59:49	2117	Owain Jones	M			2055	0:59:18
1888	0:59:50	1223	Dhruv Mehta	M			2029	0:59:03
1889	0:59:50	632	Jonathan Edwards	M	50		1989	0:58:41
1890	0:59:52	264	Ludo Leroy	M			1972	0:58:34
1891	0:59:52	2807	Fiona Reid	F			1867	0:57:34
1892	0:59:53	2628	Stephen Dickinson	M			1874	0:57:40
1893	0:59:53	263	Sarah Harris	F			1974	0:58:35
1894	0:59:53	3722	Patrick Allinson	M			1768	0:56:45
1895	0:59:54	4218	Gary Smith	M	50		1833	0:57:18
1896	0:59:54	2759	Selina Scotford	F			1784	0:56:52
1897	0:59:55	2594	Qjufeng Chen	M			1830	0:57:13
1898	0:59:56	3732	Emma Slocombe	F			1922	0:58:08
1899	0:59:56	1547	Lydia Smith	F	45	LC Cobras	1895	0:57:51
1900	0:59:56	3880	Catherine Smith	F	35		1904	0:57:56
1901	0:59:57	2155	Bethan Waters	F	35		1807	0:57:01
1902	0:59:58	3558	Ffion Tomos	F			1879	0:57:42
1903	0:59:58	2754	Erika Thomas	F			1905	0:57:56
1904	0:59:58	583	Clare Heathfield	F	35		1945	0:58:19
1905	0:59:58	1669	Sharon Gittins	M	50	Caerleon RC	2104	0:59:47
1906	0:59:59	3986	Jeremy Cryer	M	40		1857	0:57:29
1907	0:59:59	2146	Richard Evans	M	40		2012	0:58:55
1908	0:59:59	3470	James Asher	M			1806	0:57:01
1909	1:00:00	1692	Paul Sydenham	M	55		1933	0:58:14
1910	1:00:00	1082	Simon Maddocks	M			1755	0:56:36
1911	1:00:01	1876	Maxine January	F	45		1964	0:58:29
1912	1:00:01	581	Tony Bibey	M	55		1950	0:58:21
1913	1:00:01	2148	Liam Ryan	M	45		1976	0:58:36
1914	1:00:02	3671	Jason Barnett	M	45		1915	0:58:05
1915	1:00:02	1901	Nicola Davies	F	40		1843	0:57:23
1916	1:00:02	1163	Clare Griffiths	F			2080	0:59:33
1917	1:00:03	1534	Steve Marsh	M	55	Lliswerry Runners	1931	0:58:13
1918	1:00:04	815	Phil Baker	M	60		1854	0:57:28
1919	1:00:04	3993	Laura Weston	F			1818	0:57:07
1920	1:00:04	2430	Paul Stewart	M			2018	0:58:57
1921	1:00:05	2690	Hayley Jeavons	F			1753	0:56:35
1922	1:00:05	3802	Lauren Jones	F			1797	0:56:56
1923	1:00:05	606	Iwan Davies	M			1949	0:58:21
1924	1:00:05	608	Ainsley Gray	F			1951	0:58:22
1925	1:00:05	3952	Georgina Voogd	F			1793	0:56:55
1926	1:00:06	588	Steffan Phillips	M			1882	0:57:46
1927	1:00:06	2899	Mike Crippen	M			1881	0:57:46
1928	1:00:07	1819	Lloyd Dicks	M			1705	0:56:01
1929	1:00:07	3063	William Lee	M			1937	0:58:15
1930	1:00:07	3608	Angharad-Elin Triggs	F			1799	0:56:58
1931	1:00:08	305	Sarah Parry	F	35		2016	0:58:56
1932	1:00:09	157	Jane Pollitt	F	35		1827	0:57:11
1933	1:00:10	3852	Cat Wray	F			1848	0:57:25
1934	1:00:10	2028	Rebecca Anderson	F			2047	0:59:14
1935	1:00:11	1036	George Exarchos	M			1888	0:57:47
1936	1:00:11	1217	Sandeep Hemmadi	F	45		2060	0:59:23
1937	1:00:12	3106	Amy James	F	35		1939	0:58:16
1938	1:00:12	2196	Jason Chapman	M			1897	0:57:53
1939	1:00:12	3100	Rachel A'Herne-Gould	F			1940	0:58:16
1940	1:00:13	4321	Joshua Reynolds	M			1837	0:57:20
1941	1:00:13	4301	Will Barker	M			1836	0:57:20
1942	1:00:13	1684	Elizabeth Boucher	F	35		1745	0:56:26
1943	1:00:14	3685	Sadie Walters	F			1884	0:57:47
1944	1:00:14	3327	Gordi Garridge	M			1880	0:57:44
1945	1:00:16	1088	Susan Slocome	M			2005	0:58:51
1946	1:00:16	2687	Justine Wilcox	F	45		1850	0:57:25
1947	1:00:16	3741	Danielle Angell	F			2009	0:58:52
1948	1:00:16	530	Andy Mudie	M			1962	0:58:29
1949	1:00:17	1061	Andrew Jones	M			1812	0:57:03
1950	1:00:17	3932	Craig Phillips	M			1966	0:58:30

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1951	1:00:17	2893	Andrew Bartley	M			2006	0:58:52
1952	1:00:20	3776	James Griffiths	M			1829	0:57:12
1953	1:00:20	4182	Glynis Scarico	M			1876	0:57:41
1954	1:00:20	4041	Bethan Amos	F			1877	0:57:41
1955	1:00:20	3821	Karl Jeffreys	M			1852	0:57:26
1956	1:00:20	2768	Emma Darling	F	35		1936	0:58:15
1957	1:00:20	2200	Daniel Davies	M			1958	0:58:26
1958	1:00:20	3000	Andrea Dams	F	40		2001	0:58:49
1959	1:00:20	3058	Sian Thomas	F	40		1980	0:58:37
1960	1:00:20	3097	Rhian Taylor	F	35		1985	0:58:38
1961	1:00:21	3810	David Rees	M	45		1960	0:58:27
1962	1:00:21	145	Rob Day	M			1856	0:57:28
1963	1:00:21	1870	Marc Gray	M			1860	0:57:29
1964	1:00:22	3557	Bethan Emanuel	F	40		1982	0:58:37
1965	1:00:23	136	Kate Allport	F			1864	0:57:33
1966	1:00:23	1505	Ieuan Bennett	M	50	Barry and Vale Harriers	1992	0:58:45
1967	1:00:24	3622	Laura Cozens	F			1906	0:57:59
1968	1:00:25	1525	Anthony Hall	M	65		2028	0:59:02
1969	1:00:25	1133	Kirsty Fitzgerald	F			2103	0:59:45
1970	1:00:26	4382	Keith Watson	M			2114	0:59:53
1971	1:00:26	3991	Alan Jones L	M			2020	0:58:57
1972	1:00:28	3002	David Swallow	M	60		1920	0:58:07
1973	1:00:30	3688	Mary Anderson	F	40		2048	0:59:16
1974	1:00:31	3689	Mark Cox	M	40		2052	0:59:17
1975	1:00:31	3737	Simon Morgan	M	45		1875	0:57:40
1976	1:00:32	1079	Jonathan Jones	M			1819	0:57:07
1977	1:00:32	1729	Carys Williams	F			2026	0:59:02
1978	1:00:32	2682	Owen Davies	M			1870	0:57:37
1979	1:00:32	2165	Kristina Collins	F	35		2017	0:58:56
1980	1:00:34	4313	Gary Parsons	M			1862	0:57:30
1981	1:00:35	797	Jo Moore	F			2044	0:59:12
1982	1:00:38	2996	Lowri Roberts	F	35		1868	0:57:34
1983	1:00:38	3601	Damian Jones	M			2024	0:59:01
1984	1:00:38	2640	Angela Allport	F	55		1889	0:57:48
1985	1:00:40	2210	Paul Knight	M	50		2116	0:59:54
1986	1:00:41	3959	Karen De La Cadena	F			2036	0:59:08
1987	1:00:42	4373	Lucy Thomas	F	40		2140	1:00:04
1988	1:00:43	3116	James Rees	M			1961	0:58:28
1989	1:00:44	2568	Nathan Moore	M			1926	0:58:13
1990	1:00:45	2042	Katie Gallimore	F			1948	0:58:21
1991	1:00:46	1707	Manohar Singh	M	45		1943	0:58:18
1992	1:00:47	512	Andy Williams	M			2077	0:59:32
1993	1:00:47	1928	Angela Manning	F	45		2145	1:00:06
1994	1:00:47	262	Cerydd Rowlands	M			1927	0:58:13
1995	1:00:47	1732	Kevin Lane	M	55		1955	0:58:25
1996	1:00:47	2255	Matthew Hill	M			1942	0:58:18
1997	1:00:47	2295	Rachel Mcaleer	F			2038	0:59:09
1998	1:00:49	544	Cath David	F			2127	0:59:56
1999	1:00:49	513	Richard Griffiths	M			2085	0:59:35
2000	1:00:50	1022	Jen Edwards	F			1929	0:58:13
2001	1:00:50	830	Joanna Allen	W			1932	0:58:14
2002	1:00:51	3236	Huw Williams	M	45		1913	0:58:04
2003	1:00:51	2095	Ross Newman	M	40		2003	0:58:50
2004	1:00:51	295	Jason Wilcox	M			2147	1:00:07
2005	1:00:51	2752	Louise Davies	F			1893	0:57:50
2006	1:00:51	2858	Simon Johnson	M			1861	0:57:29
2007	1:00:54	759	Anne Cleworth	F	40		2210	1:00:42
2008	1:00:54	2946	Emma Samways	F			2054	0:59:18
2009	1:00:54	2878	Beverley Robinson	F			2053	0:59:17
2010	1:00:56	3421	Rebecca Lawson	F			1845	0:57:24
2011	1:00:56	1119	Anthony Savva	M			2019	0:58:57
2012	1:00:57	2132	Sarah Mogford	F			2045	0:59:13
2013	1:00:57	381	Sheree Mann	F			2079	0:59:33
2014	1:00:58	2047	Sue Stokes	F	45		2081	0:59:33
2015	1:00:58	3950	Ed Peerless	M			2013	0:58:55
2016	1:01:00	1087	Nick Lloyd	M			1917	0:58:05
2017	1:01:00	2278	Tracey Rankine	F	40		2094	0:59:39
2018	1:01:00	1084	Jamie Evans	M			1914	0:58:05
2019	1:01:00	2301	Manon Williams	F	45		2162	1:00:17
2020	1:01:01	4359	Bethan Watkins	F			2074	0:59:29
2021	1:01:01	3822	Clare Crole-Rees	F	35		1935	0:58:14
2022	1:01:01	962	Rebecca Jones	W			1947	0:58:20
2023	1:01:01	2851	Denise Allen	F	40		1993	0:58:45
2024	1:01:01	2292	Michelle Froom	F	35		1998	0:58:46
2025	1:01:02	3700	David Heald	M	40		2049	0:59:17

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2026	1:01:02	1924	Claire Thomas	F	40		1941	0:58:17
2027	1:01:02	2871	Ian Watts	M			2042	0:59:11
2028	1:01:03	499	Sharon Phillips	F			2059	0:59:23
2029	1:01:03	1137	Loyd Griffiths	M			2032	0:59:06
2030	1:01:03	712	Gareth Hopkins	M			2216	1:00:47
2031	1:01:04	3549	Kelvin Richards	M	45		1988	0:58:41
2032	1:01:04	2081	Lorraine Andrews	F	45		1934	0:58:14
2033	1:01:06	3011	Beth Griffiths	F	50		2182	1:00:30
2034	1:01:06	2410	Sarah-Jane Maples	F	35		2154	1:00:15
2035	1:01:07	281	Danielle Eckley	F			2040	0:59:10
2036	1:01:07	2736	Clare Anderson	F	45		2169	1:00:23
2037	1:01:09	1984	Kevin Protheroe	M	55		1971	0:58:34
2038	1:01:09	3396	Bethan Jackson	F		Newport Harriers AC	2109	0:59:51
2039	1:01:10	118	Lynne Sellers	F	50		2170	1:00:23
2040	1:01:11	2886	Dan Chapple	M			2148	1:00:10
2041	1:01:11	507	Rhian Brown	W			2129	0:59:57
2042	1:01:11	3578	Matt Wallace	M			2099	0:59:43
2043	1:01:13	501	James West	M			2152	1:00:14
2044	1:01:13	2981	Simon Hanna	M	50		1925	0:58:13
2045	1:01:14	2423	Sheena Carlisle	F	40		1952	0:58:23
2046	1:01:14	3514	Mark Davies	M	45		2021	0:58:59
2047	1:01:14	3917	Sioned Williams	F	40		2069	0:59:27
2048	1:01:14	3761	Manon Jones	F	45		2070	0:59:27
2049	1:01:14	1533	Celia Randerson	F	35	Llisbury Runners	2200	1:00:39
2050	1:01:15	2303	Marc Donovan	M			2056	0:59:20
2051	1:01:15	2812	Judith Phillips	F	40		2123	0:59:55
2052	1:01:17	1880	Victoria Shingler	F			2083	0:59:35
2053	1:01:18	1135	Alun Toms	M			2084	0:59:35
2054	1:01:20	2730	Julie Thomas	F	40		2095	0:59:40
2055	1:01:20	4064	Gemma Francis	F			1975	0:58:36
2056	1:01:21	3715	Sarah Abraham	F	35		2192	1:00:34
2057	1:01:21	2543	Maria Ioannou	F			2015	0:58:55
2058	1:01:21	1951	Emma Millington	F	35		1969	0:58:33
2059	1:01:22	2459	Craig Jones	M			2238	1:01:01
2060	1:01:22	2085	Jason Watkins	M	55		2027	0:59:02
2061	1:01:23	2384	Adam Frost	M			2078	0:59:32
2062	1:01:24	472	Tristan Greenslade	M			1887	0:57:47
2063	1:01:24	3220	Anthony Hicks	M	50		1886	0:57:47
2064	1:01:24	1083	Natalie Lewis	W			2071	0:59:27
2065	1:01:25	3876	Sharleen Mccarthy	F			2202	1:00:39
2066	1:01:25	3033	Laura Henderson	F			2113	0:59:53
2067	1:01:26	414	Laura Drage	F			2122	0:59:55
2068	1:01:26	3781	Anthony Hale	M	40		2108	0:59:51
2069	1:01:26	3455	Clara Mccool	F			2076	0:59:30
2070	1:01:26	3779	Joanna Hale	F	40		2111	0:59:52
2071	1:01:26	616	Susie Ventris-Field	F			2187	1:00:32
2072	1:01:27	4089	Lisa Richards	F			2004	0:58:51
2073	1:01:28	3028	Donna Davies	F	40		1973	0:58:35
2074	1:01:29	2512	Mary Gent	F	55		2173	1:00:24
2075	1:01:29	2408	David Bailey	M	40		1946	0:58:19
2076	1:01:29	288	Lynne Crabtree	F	40		2022	0:59:00
2077	1:01:30	2588	Jordan Young	M			2087	0:59:35
2078	1:01:30	2239	Mark Pickering	M			2061	0:59:24
2079	1:01:31	1985	Andrew Fry	M	45		2063	0:59:24
2080	1:01:31	2207	Susan Hayes	F	45		1967	0:58:30
2081	1:01:32	3818	James Thorpe	M			1930	0:58:13
2082	1:01:32	2789	Andrew Davies	M	40		2212	1:00:43
2083	1:01:32	2790	Alysia Davies	F			2213	1:00:43
2084	1:01:32	2230	Richard Hale	M	45		1944	0:58:18
2085	1:01:32	2703	Doyle Catherine	M	40		2102	0:59:45
2086	1:01:33	2385	Clare Heysham	F	35		2092	0:59:38
2087	1:01:33	2593	David Harries	M			2205	1:00:39
2088	1:01:34	2409	Christine Faulkner	F	45		2097	0:59:40
2089	1:01:35	358	Christian James	M			1902	0:57:56
2090	1:01:35	3546	Lucy Finney	F	35		2043	0:59:12
2091	1:01:37	2374	Isobel Allison	F			1965	0:58:29
2092	1:01:37	2920	Bethan Wynne-Jones	F	45		2051	0:59:17
2093	1:01:38	884	Christopher Carrington	M			1994	0:58:45
2094	1:01:40	125	Jemma Thomas	F			1968	0:58:31
2095	1:01:40	3794	Amanda Potts	F	40		2088	0:59:35
2096	1:01:40	138	Cathy Gould	F	40		2086	0:59:35
2097	1:01:41	4213	Natalie Harding	F			2010	0:58:52
2098	1:01:41	4212	Stephanie Harding	F			2011	0:58:53
2099	1:01:41	3834	Harry Greenway	M			1995	0:58:45
2100	1:01:41	966	Katherine Morris	F			1999	0:58:46

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2101	1:01:42	963	Chris Hassell	M			1997	0:58:46
2102	1:01:42	2808	David Smith	M	55		2265	1:01:18
2103	1:01:42	2907	Julia Anne Macdonough	F	55		2193	1:00:34
2104	1:01:44	144	Judith Ann Maragna	F	55	Penarth & Dinas Runners	2090	0:59:37
2105	1:01:45	2965	Inderpal Singh	M			2037	0:59:08
2106	1:01:45	1243	Sridar Kamath	M	40		2033	0:59:07
2107	1:01:45	2724	Samuel Pearce	M			2100	0:59:44
2108	1:01:46	246	Katherine Fitzgerald	F			2096	0:59:40
2109	1:01:51	743	Dyfrig Rees	M			2275	1:01:23
2110	1:01:51	1743	Catrin Harris	F			2218	1:00:47
2111	1:01:51	3099	Adam Fearn	M			2175	1:00:25
2112	1:01:52	397	Cari Randall	F		Les Croupiers	2260	1:01:15
2113	1:01:53	2606	Adrian Greedy	M	45		1983	0:58:37
2114	1:01:53	2993	Neil Sykes	M			2082	0:59:34
2115	1:01:53	2859	Terry Chard	M	60		2126	0:59:55
2116	1:01:54	443	Rhys Williams	M			2007	0:58:52
2117	1:01:56	1596	Mervyn Weightman-Bent	M	55	Lliswerry Runners	2000	0:58:49
2118	1:01:56	2011	Shaun Cotter	M	45		2143	1:00:06
2119	1:01:56	3126	Martyn Coxon	M	40		2195	1:00:36
2120	1:01:57	2765	Paula Keelan	F			2014	0:58:55
2121	1:01:58	4056	Rhian Davies	F	35		2105	0:59:50
2122	1:01:58	4054	Emma David	F	35		2107	0:59:51
2123	1:01:58	3565	Paul Welsh	M			2041	0:59:10
2124	1:01:59	3687	David Hazell	M			2115	0:59:54
2125	1:02:00	3191	Tim Addy	M			2191	1:00:34
2126	1:02:00	4179	Ben Skuse	M			2163	1:00:17
2127	1:02:00	930	Peter Furness	M			2313	1:01:41
2128	1:02:00	2335	Ceri Garwood	F			2253	1:01:08
2129	1:02:00	1021	Mari Arthur	F			2068	0:59:26
2130	1:02:00	1138	Hannah Davis	F			2164	1:00:17
2131	1:02:00	827	Gwennan Thomas	F			2067	0:59:26
2132	1:02:00	4173	Chris Kent	F			2151	1:00:11
2133	1:02:01	1752	Keith Ball	M			2180	1:00:29
2134	1:02:02	2928	Russell Jones	M			2072	0:59:29
2135	1:02:02	1093		M			2214	1:00:45
2136	1:02:02	885	David Bate	M	60		2025	0:59:01
2137	1:02:02	2927	Llinos Jenkins	F			2075	0:59:29
2138	1:02:02	1726	Simon Hurford	M			2188	1:00:33
2139	1:02:03	1725	Gabrielle Hurford	F	35		2190	1:00:33
2140	1:02:03	3293	Scott Rowlands	M			2196	1:00:36
2141	1:02:03	3230	Alex Bidie	F			1986	0:58:38
2142	1:02:03	4326	Gemma Jones	F			2057	0:59:21
2143	1:02:04	3869	Lucinda Lynas	F	40		2062	0:59:24
2144	1:02:04	503	Samuel Winterbourn	M			2243	1:01:03
2145	1:02:04	4172	Barrie Thomas	M			2155	1:00:15
2146	1:02:05	2273	Samuel Newton	M			2323	1:01:48
2147	1:02:07	665	David Kinnaird	M	40		2305	1:01:37
2148	1:02:08	852	Sarah Conway	F			2319	1:01:46
2149	1:02:09	2181	Andrew Newton	M	50		2330	1:01:52
2150	1:02:10	3178	Glynne Leach	M	55		2149	1:00:10
2151	1:02:10	1850	Alistair Church	M	45		2064	0:59:25
2152	1:02:11	2397	Steven Price	M			2337	1:01:55
2153	1:02:11	642	Verity Watson	F			2161	1:00:16
2154	1:02:11	1847	Natalie Church	F	45		2066	0:59:26
2155	1:02:13	4087	Michelle Helen Pugh	F	40		2206	1:00:39
2156	1:02:13	4239	Gerwyn Miles	M	55		2034	0:59:08
2157	1:02:13	798	Judy Wong	F			2225	1:00:51
2158	1:02:14	2363	Tammy Mountain	F	35		2137	1:00:03
2159	1:02:14	2354	Vivian Evans	M	40		2138	1:00:04
2160	1:02:17	754	Marcus Twine	M			2341	1:01:59
2161	1:02:18	753	Hayley Francis	W			2357	1:02:12
2162	1:02:18	4211	Neil Douglas	M	50		2189	1:00:33
2163	1:02:19	3444	Samantha Williams	F			2201	1:00:39
2164	1:02:19	1698	Kirsty Cox	F			2203	1:00:39
2165	1:02:19	1912	Cox Rob	M	50		2199	1:00:38
2166	1:02:21	3835	Leo Greenway	M			2065	0:59:25
2167	1:02:22	2744	David Murphy	M	40		2118	0:59:54
2168	1:02:22	1068	Paul Williams	M			2130	0:59:58
2169	1:02:22	2745	Paula Murphy	F	40		2117	0:59:54
2170	1:02:22	1045	Rosie Griffiths	F			2132	0:59:58
2171	1:02:23	3012	Claire Griffiths	F			2318	1:01:45
2172	1:02:24	730	Gareth Davies	M			2023	0:59:00
2173	1:02:24	2723	Brian Jones	M			2174	1:00:24
2174	1:02:25	1919	Julia Morris	F	40		2228	1:00:52
2175	1:02:25	3949	Ryan Starr	M			2311	1:01:40

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2176	1:02:26	2792	Amanda Llewellyn	F	35		2183	1:00:31
2177	1:02:26	2436	Jayne Davies	F	40		2234	1:00:58
2178	1:02:26	1127	Kieran Gingell	M			2119	0:59:55
2179	1:02:27	2989	Justin Roberts	M	45		2141	1:00:04
2180	1:02:27	2915	Gabrielle Davies	F			2286	1:01:29
2181	1:02:28	540	Carly Podger	F			2301	1:01:34
2182	1:02:28	1981	Ana Reis-Rogers	F	35		2136	1:00:03
2183	1:02:29	3530	Marc Benger	M			2128	0:59:56
2184	1:02:29	4311	Katie Taylor	F			2089	0:59:36
2185	1:02:29	878	Adam Midgley	M			2093	0:59:39
2186	1:02:30	4356	Dale-Charlotte Moore	F			2242	1:01:03
2187	1:02:30	319	Samantha Mills	F			2304	1:01:36
2188	1:02:31	313	Amy Clayton	F			2298	1:01:34
2189	1:02:31	314	Julia Dolby	F	45		2299	1:01:34
2190	1:02:31	2106	Lisa Morgan	F	40		2267	1:01:19
2191	1:02:31	3990	Bethan Copp	F			2262	1:01:16
2192	1:02:32	3567	Paula Walters	F	40		2139	1:00:04
2193	1:02:32	2461	Michael Gawler	M			2050	0:59:17
2194	1:02:33	2192	Kevin Summerhayes	M			2227	1:00:52
2195	1:02:33	1148	Ryan Young	M			2204	1:00:39
2196	1:02:34	2089	Sue Hesketh-Jones	F	40		2101	0:59:44
2197	1:02:34	1158	Billy Su	M			2144	1:00:06
2198	1:02:34	727	Catrin Hart	F			2259	1:01:15
2199	1:02:35	1143	Sarah Wareham	W			2184	1:00:31
2200	1:02:36	3975	William Sampson	M	50		2179	1:00:29
2201	1:02:36	466	Katherine Newbrook	F			2197	1:00:37
2202	1:02:36	2849	Andrew Harris	M	45		2229	1:00:54
2203	1:02:36	1918	Ceri Phillips	F	35		2246	1:01:04
2204	1:02:36	3437	Thomas Greenslade	M			2110	0:59:52
2205	1:02:37	1052	Sasha Kozyar	F			2153	1:00:14
2206	1:02:38	3630	Sarah Berriman	F			2073	0:59:29
2207	1:02:41	2764	Mathew Willis	M			2133	1:00:00
2208	1:02:42	1941	Andrew Dimond	M	45		2165	1:00:17
2209	1:02:42	1824	Greta Davies	F			2345	1:02:04
2210	1:02:42	2804	Michael Hibberd	M			2406	1:02:42
2211	1:02:43	3205	Carson Pryce	M			2321	1:01:47
2212	1:02:43	3276	Jane Norgate	F	45		2177	1:00:28
2213	1:02:44	2433	Mark Gerrish	M			2172	1:00:24
2214	1:02:44	895	Nanette Bartram	F	50		2380	1:02:20
2215	1:02:45	3420	Katherine Jenkins	F			2046	0:59:13
2216	1:02:46	1069	Tony Rohan	M			2247	1:01:04
2217	1:02:47	3487	Patrick Connor	M	40		2303	1:01:36
2218	1:02:48	4055	Lloyd Davies	M			2135	1:00:02
2219	1:02:48	2935	Michael Shah	M			2258	1:01:12
2220	1:02:48	2873	Naomi Williams	F			2207	1:00:40
2221	1:02:48	1782	Mei Cheung	F	40		2224	1:00:50
2222	1:02:49	1892	Natasha Sterry	F			2288	1:01:29
2223	1:02:49	406	Colette Hume	F	35		2168	1:00:23
2224	1:02:50	2309	Scott Horne	M	45		2124	0:59:55
2225	1:02:50	2348	Stephen Roberts	M	45		2121	0:59:55
2226	1:02:51	2034	Laurie Keirle	F			2293	1:01:31
2227	1:02:51	3745	Fran Mullaney	F			2261	1:01:16
2228	1:02:52	340	Stephen Barlow	M			2241	1:01:03
2229	1:02:53	2378	Emma Johnson	F	45		2232	1:00:58
2230	1:02:54	2441	Kathy Sutton	F	50		2236	1:01:00
2231	1:02:54	2458	Lydia Hayes	F	40		2125	0:59:55
2232	1:02:55	2462	Alun Beynon	M	55		2120	0:59:55
2233	1:02:55	3279	Liz Waters	F	50		2379	1:02:20
2234	1:02:55	3130	Andrew Britton	M	50		2273	1:01:21
2235	1:02:55	2577	Meirion Morgan	M			2134	1:00:01
2236	1:02:56	1558	Fiona Campbell	F	35	Pontypridd Roadents	2185	1:00:31
2237	1:02:56	524	Kai Glenister	M			2112	0:59:52
2238	1:02:57	3879	Brian Hodge	M			2211	1:00:42
2239	1:02:58	2355	Sarah Thomas	F	45		2245	1:01:04
2240	1:02:58	1948	Lee Yanez	M	40		2098	0:59:41
2241	1:02:58	2622	Irene Crew	F	45		2131	0:59:58
2242	1:02:59	473	Sophie Chettleburgh	F			2333	1:01:54
2243	1:03:00	2607	Samantha Morgan	F	35		2186	1:00:31
2244	1:03:01	690	Simon Estebanez	M			2008	0:58:52
2245	1:03:01	3718	Dan Jones	M			2146	1:00:07
2246	1:03:03	317	James Currell	M	40		2178	1:00:29
2247	1:03:04	3254	Jessica Bradley	F			2383	1:02:22
2248	1:03:04	143	Derek Richardson	M	40		2181	1:00:30
2249	1:03:05	344	Alzbeta Chuda	F			2091	0:59:37
2250	1:03:05	879	Anna Rita Liuzzi	F			2156	1:00:15

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2251	1:03:06	3371	David Guinee	M			2399	1:02:33
2252	1:03:06	2874	Sarah Dolling	F			2283	1:01:27
2253	1:03:06	745	James Corbin	M			2404	1:02:39
2254	1:03:06	4094	Angharad Taylor	F	35		2176	1:00:28
2255	1:03:08	2421	Rachel Hill	F			2295	1:01:32
2256	1:03:09	1132	Torey Leighton	M			2391	1:02:29
2257	1:03:10	3300	Denise Williams	F	60		2279	1:01:26
2258	1:03:10	3947	Chris Davies	M			2374	1:02:18
2259	1:03:11	3591	Matthew Reece	M	40		2255	1:01:10
2260	1:03:13	2484	Nicky Hamlyn	M			1554	0:54:54
2261	1:03:15	2934	Edmund Heery	M	55		2274	1:01:22
2262	1:03:15	1988	Emma Griffiths	F			2266	1:01:19
2263	1:03:15	592	Llinos Davies	F	35		2157	1:00:15
2264	1:03:16	591	Megan Greatrex	W			2158	1:00:16
2265	1:03:17	442	David Eagle	M			2106	0:59:51
2266	1:03:19	2475	Kate Bishop	F	50		2226	1:00:52
2267	1:03:19	2009	Matthew Rowlands	M			2252	1:01:07
2268	1:03:19	298	Philip Thomas	M	45		2150	1:00:11
2269	1:03:20	2213	Virginia Williams	F	45		2244	1:01:04
2270	1:03:21	3432	Lois Randall	F			2352	1:02:08
2271	1:03:21	1982	Norman Lowe	M	50		2249	1:01:05
2272	1:03:22	2438	Matthew Young	M			2220	1:00:48
2273	1:03:23	3177	Angharad Jones	F	35		2342	1:02:00
2274	1:03:23	2705	Jonathan Birkbeck	M			2239	1:01:01
2275	1:03:24	296	Sarah Edwards	F	35		2411	1:02:44
2276	1:03:24	422	Haydn Jones	M			2271	1:01:21
2277	1:03:24	2729	Rachel Sykes	F			2248	1:01:05
2278	1:03:24	1697	Christopher Stanton	M	65		2290	1:01:31
2279	1:03:24	720	Lizzy Wood	F			2287	1:01:29
2280	1:03:24	299	Aimee Thomas	F			2160	1:00:16
2281	1:03:25	2480	Tracey Harmon	F			2366	1:02:14
2282	1:03:25	3214	Natalie Thomas	F			2363	1:02:14
2283	1:03:25	697	Stefan Davies	M			2257	1:01:12
2284	1:03:26	2097	Tracy Trevelyan	F	45		2347	1:02:05
2285	1:03:26	2400	Jessica Nevins	F			2314	1:01:41
2286	1:03:27	456	Tom Mccann	M			2381	1:02:21
2287	1:03:27	4248	Gary Twell	M			2198	1:00:38
2288	1:03:30	1784	Alex Gallop	F			2302	1:01:34
2289	1:03:31	723	Gwawr Davies Jones	M			2430	1:02:58
2290	1:03:31	3189	Sophie Lozano	F			2294	1:01:31
2291	1:03:32	569	Ioan Davies	M			2385	1:02:25
2292	1:03:32	2708	Stephanie Jones	F			2166	1:00:20
2293	1:03:32	3723	Ben Gollop	M			2171	1:00:24
2294	1:03:33	2311	Sam Douglas	F	40		2331	1:01:54
2295	1:03:34	3184	Aaron Hill	M			2355	1:02:12
2296	1:03:34	455	Simon Mccann	M	40		2388	1:02:28
2297	1:03:35	2885	Lois Rogers	F			2384	1:02:23
2298	1:03:35	1849	Kate Senior	F			2159	1:00:16
2299	1:03:35	1923	Ruth Cochran	F	45		2346	1:02:05
2300	1:03:36	2197	Kirsty Jeffries	F			2167	1:00:21
2301	1:03:37	2491	Dean Chapman	M	45		2250	1:01:06
2302	1:03:37	2315	Alexander Boughton	M			2269	1:01:20
2303	1:03:37	2314	Lisa Boughton	F			2270	1:01:20
2304	1:03:40	1150	Rachel Way	F			2142	1:00:05
2305	1:03:41	483	Phil Jones	F	45		2217	1:00:47
2306	1:03:42	4004	Jane Ling	F	35		2222	1:00:48
2307	1:03:43	3243	Allan Udeajah	M			2208	1:00:40
2308	1:03:43	4002	Jeni Addicott	F			2223	1:00:49
2309	1:03:43	3999	Russ Pearce	M	45		2209	1:00:41
2310	1:03:44	677	Megan Evans	F			2221	1:00:48
2311	1:03:44	3743	Claire Ingarfield	F			2354	1:02:09
2312	1:03:44	678	Carys Evans	F			2219	1:00:47
2313	1:03:45	4042	Lisa Barnett	F			2251	1:01:06
2314	1:03:47	135	Nicole Sedgley	F			2329	1:01:51
2315	1:03:47	116	Marc Davies	M			2403	1:02:38
2316	1:03:47	205	Pauline Thomas	F	70	Trots	2332	1:01:54
2317	1:03:48	3563	Eifiona Williams	F			2237	1:01:00
2318	1:03:49	154	Shirley Robert	F			2390	1:02:29
2319	1:03:49	1085	Janet Hopkins	F			2240	1:01:02
2320	1:03:49	3341	Karen Burge	F			2278	1:01:26
2321	1:03:49	3541	Andy Beazley	M	45		2351	1:02:07
2322	1:03:51	2040	Mike Friel	M	55		2353	1:02:08
2323	1:03:51	3768	Angela Lewis	F	40		2348	1:02:05
2324	1:03:52	2619	Timothy Dykes	M			2215	1:00:46
2325	1:03:53	2145	Mark Wagner	M			2447	1:03:11

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2326	1:03:54	3070	Owen Smith	M			2277	1:01:25
2327	1:03:54	244	Gareth Sharp	M			2450	1:03:12
2328	1:03:55	3944	Missy Manley	F			2427	1:02:53
2329	1:03:55	4355	Philip Buck	M			2484	1:03:36
2330	1:03:55	1047	Teresa Russell	W			2285	1:01:28
2331	1:03:55	604	Clare Roberts	F	35		2326	1:01:49
2332	1:03:56	774	Nichola Bell	F			2469	1:03:28
2333	1:03:56	3053	Rachel Clemo	F			2235	1:00:58
2334	1:03:57	4083	Richard Park	M			2280	1:01:26
2335	1:03:59	178	Graham Bateman	M	45		2371	1:02:16
2336	1:03:59	1142	Ellie Davis	F			2370	1:02:16
2337	1:04:00	4325	Rachel Ryan	F			2340	1:01:58
2338	1:04:01	4362	Charlotte Williams	F			2393	1:02:30
2339	1:04:02	933	Christopher Brandon	M			2417	1:02:47
2340	1:04:03	3915	Carina Phillips	F	35		2194	1:00:35
2341	1:04:04	3159	Hawys Williams	F			2424	1:02:51
2342	1:04:05	3247	Gabrielle Jones	F			2428	1:02:56
2343	1:04:05	2802	Adam Caswell	M			2231	1:00:57
2344	1:04:05	3418	Sarah Thomas	F	40		2254	1:01:09
2345	1:04:05	4328	Gareth James	M			2282	1:01:27
2346	1:04:06	2524	Duncan Evans	M			2325	1:01:49
2347	1:04:06	575	Andrew Lewis	M	45		2289	1:01:30
2348	1:04:06	3898	Angela Walsh	F		Porthcawl Runners	2343	1:02:01
2349	1:04:06	3962	Joanna King	F	35		2455	1:03:16
2350	1:04:07	2636	Sarah Kelly	F			2308	1:01:39
2351	1:04:08	291	Sali Curtis	F	35		2376	1:02:18
2352	1:04:08	4072	Sarah Lewis-Simms	F	35		2272	1:01:21
2353	1:04:09	2419	David Politi	M	40		2281	1:01:27
2354	1:04:10	785	Adam Cooper	M			2493	1:03:41
2355	1:04:11	3568	Jael Hill	F	40		2407	1:02:43
2356	1:04:12	2195	Kirsty Lewis	F			2233	1:00:58
2357	1:04:13	3010	Mark Griffiths	M	50		2481	1:03:34
2358	1:04:16	1540	Lee Durkee	M		Pontypool Runners	2517	1:04:02
2359	1:04:16	751	Eve Jones	M			2518	1:04:03
2360	1:04:16	2492	Abigail Trask	F	35		2276	1:01:25
2361	1:04:16	716	Trevor Flint	M			2519	1:04:03
2362	1:04:17	644	Becki Ayoubkhani	F			2382	1:02:21
2363	1:04:18	3493	Stephen Graham	M			2306	1:01:37
2364	1:04:18	222	Katie Adams	F			2474	1:03:31
2365	1:04:19	1934	Julie Mein	F	40		2441	1:03:07
2366	1:04:19	1997	Gafyn Poulton	M			2316	1:01:41
2367	1:04:19	1998	Zoe Williams	F			2315	1:01:41
2368	1:04:19	2133	Stephanie Francis	F			2401	1:02:35
2369	1:04:21	613	Joanne Roche	F	35		2499	1:03:44
2370	1:04:21	1007	Greg North	M			2516	1:03:59
2371	1:04:22	149	Runner 149	M			2264	1:01:17
2372	1:04:22	2841	David Jarman	M			2459	1:03:19
2373	1:04:23	2056	Hayley Edwards	F			2292	1:01:31
2374	1:04:23	2477	Sophie Young	F			2317	1:01:44
2375	1:04:23	3026	Angela Cox	F			2256	1:01:11
2376	1:04:24	300	Jade Cove	F			2444	1:03:09
2377	1:04:26	129	Nerys Pennell	F			2230	1:00:56
2378	1:04:26	2179	Matthew Jones	M			2344	1:02:03
2379	1:04:26	3226	Owain Roberts	M			2413	1:02:45
2380	1:04:28	3021	Iestyn Lewis	M			2324	1:01:48
2381	1:04:29	1950	Gordon Willimas	M	60		2312	1:01:40
2382	1:04:30	586	Carl Roberts	M			2368	1:02:15
2383	1:04:30	2121	Hannah Thomas	F			2263	1:01:17
2384	1:04:30	3673	David Court	M	65		2425	1:02:52
2385	1:04:31	670	Jemma Paynter	F			2412	1:02:45
2386	1:04:32	897	Alison Herring	F	35		2322	1:01:47
2387	1:04:33	306	Sharon Williams	F	50		2297	1:01:33
2388	1:04:33	1842	Rhian Shooter	F			2296	1:01:32
2389	1:04:34	896	Jeremy Jones	M	50		2524	1:04:10
2390	1:04:35	2575	Llyr Griffiths-Davies	M			2310	1:01:40
2391	1:04:35	1145	Gareth Giles	M			2400	1:02:33
2392	1:04:35	226	Rachel Lester	F	35		2429	1:02:57
2393	1:04:35	2726	Cal Marshman	F	40		2375	1:02:18
2394	1:04:35	412	Roger Mcpherson	M			2284	1:01:28
2395	1:04:38	3515	Matthew Mathias	M	40		2335	1:01:55
2396	1:04:38	3976	Nina Anthony	F	45		2438	1:03:06
2397	1:04:39	3187	Alice Talbert	F			2307	1:01:38
2398	1:04:39	151	Diane Fisher	F			2528	1:04:12
2399	1:04:41	1010	Steve Haeney	M			2532	1:04:15
2400	1:04:42	3271	Kathryn Davies	F			2512	1:03:55

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2401	1:04:42	3919	Bethan Rogers	F			2414	1:02:45
2402	1:04:43	2274	Colleen Bowen	F			2415	1:02:46
2403	1:04:43	2479	Donna Mason	F			2476	1:03:31
2404	1:04:44	2102	Lianne Dallimore	F	35		2336	1:01:55
2405	1:04:44	2939	Sandra Brown	F	50		2334	1:01:55
2406	1:04:47	3366	Vickie Nixon	F	50		2555	1:04:38
2407	1:04:47	417	Jason Harding	M			2309	1:01:39
2408	1:04:49	2770	Nikki Hancox	F	40		2500	1:03:46
2409	1:04:49	1017	Becca Milton	F			2362	1:02:13
2410	1:04:49	1020	Zalehka Price-Davies	F			2364	1:02:14
2411	1:04:50	829	Rhiannon Edwards	F			2361	1:02:13
2412	1:04:50	836	Sophie Bennett	W			2367	1:02:14
2413	1:04:50	3157	Rebecca Horder	F			2397	1:02:32
2414	1:04:50	1659	Chris Horder	M	65	Nailsea Running Club	2398	1:02:32
2415	1:04:50	2911	Abigail Gibson	F			2508	1:03:52
2416	1:04:51	2846	Sian Khalil	F	45		2392	1:02:30
2417	1:04:52	887	Mark Jones	M	50		2328	1:01:51
2418	1:04:52	3179	Terri Kitson	F			2468	1:03:26
2419	1:04:53	2157	Rebecca Hughes	F	35		2405	1:02:42
2420	1:04:53	3953	Aled Samuel	M	55		2291	1:01:31
2421	1:04:55	2824	Mandie Adams	F	40		2470	1:03:29
2422	1:04:56	3093	Hollie Jones	F			2432	1:03:00
2423	1:04:56	3812	Catherine Jones	F	40		2448	1:03:11
2424	1:04:57	2401	David Collier	M	45		2542	1:04:25
2425	1:04:57	3436	Mary Wilkes	F	40		2473	1:03:30
2426	1:04:57	3997	Jos Andrews	F			2394	1:02:31
2427	1:04:57	3181	Dilys Morris-Jones	F	50		2395	1:02:31
2428	1:04:57	711	Andrew Jones	M			2564	1:04:43
2429	1:04:57	4076	Davina Marsland	F	35		2369	1:02:16
2430	1:04:59	2714	Jim Osman	M	40		2464	1:03:22
2431	1:04:59	3422	Lauren Williams	F			2442	1:03:08
2432	1:05:01	2382	Katherine Corellis	F			2458	1:03:19
2433	1:05:01	1888	Natasha Piper	F			2454	1:03:16
2434	1:05:01	1887	John-Paul Piper	M			2456	1:03:17
2435	1:05:01	1955	Rhys Morgan	M			2320	1:01:46
2436	1:05:03	1769	Gwen Moore	F	50		2300	1:01:34
2437	1:05:03	248	Robert Gatheridge	M	55		2449	1:03:12
2438	1:05:04	2837	Ginetta Kent	F	40		2408	1:02:43
2439	1:05:04	2757	Kathryn Bates	F	40		2492	1:03:41
2440	1:05:05	2620	Manon Jones	F			2372	1:02:16
2441	1:05:05	2178	Sarah Jones	F			2410	1:02:43
2442	1:05:06	2833	James Oflaherty	M			2503	1:03:49
2443	1:05:06	2835	Bethan O'Flaherty	F			2504	1:03:50
2444	1:05:06	4241	Richard Tingay	M			2327	1:01:50
2445	1:05:07	2542	Amanda Racz	F	40		2436	1:03:04
2446	1:05:09	2515	Rebecca Chilcott	F	35		2526	1:04:12
2447	1:05:11	1719	Kay Jenkins	F	55		2440	1:03:07
2448	1:05:13	2595	Keri Lewis	M			2338	1:01:57
2449	1:05:13	251	Hayley Eustice	F			2387	1:02:27
2450	1:05:14	1228	Anamika Kumar	F			2358	1:02:12
2451	1:05:14	866	Judith Baydoun	W			2467	1:03:26
2452	1:05:15	675	Alwyn Evans	M	55		2373	1:02:17
2453	1:05:16	1229	Vikram Kumar	M			2360	1:02:13
2454	1:05:16	2548	Kelly Pedley	F	40		2561	1:04:41
2455	1:05:16	959	Irfan Ahmed	M			2537	1:04:21
2456	1:05:16	2151	James Tyler	M			2435	1:03:03
2457	1:05:16	1230	Vinod Kumar	M	40		2365	1:02:14
2458	1:05:17	4171	Nicole Davies	M			2471	1:03:29
2459	1:05:18	1890	Samantha Rosie	F	45		2350	1:02:06
2460	1:05:19	3583	Andrew Evans	M	60		2591	1:05:07
2461	1:05:20	3712	Claire Swallow	F	50		2431	1:02:59
2462	1:05:20	1028	Jade Rundle	M			2589	1:05:07
2463	1:05:21	2662	Sarah Jones	F			2495	1:03:42
2464	1:05:21	2941	Rhodri Jones	M			2497	1:03:43
2465	1:05:21	2599	Teresa Bowen	F	35		2534	1:04:19
2466	1:05:22	3273	Rhiannon Williams	F	35		2480	1:03:33
2467	1:05:22	3225	Lesley Parratt	F	50		2423	1:02:51
2468	1:05:22	2110	Katherine Quant	F	35		2396	1:02:31
2469	1:05:23	1881	Niall Hughes	M			2356	1:02:12
2470	1:05:23	439	Stephen Southam	M			2501	1:03:48
2471	1:05:24	1794	Catherine Naseriyan	F			2349	1:02:06
2472	1:05:24	1651	Bea Lovegrove	F	35	Pontypridd Roadents	2359	1:02:12
2473	1:05:24	427	Rachel Loosemore	F			2502	1:03:48
2474	1:05:26	3992	Claire Hooper	F	40		2386	1:02:26
2475	1:05:26	3035	Aileen Wilson	F			2339	1:01:57

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2476	1:05:26	936	Michael Williamson	M			2529	1:04:12
2477	1:05:27	3989	Sian Kelly	F	40		2389	1:02:28
2478	1:05:28	3107	Jaime Page	F	35		2496	1:03:43
2479	1:05:28	2286	Christine Selby	F			2531	1:04:14
2480	1:05:29	404	Kerry Long	F	35		2533	1:04:18
2481	1:05:30	2929	Simon Cottrell	M			2510	1:03:54
2482	1:05:30	2118	Cheryl Roberts	F	35		2433	1:03:02
2483	1:05:31	1706	Richard Simpson	M	45		2491	1:03:39
2484	1:05:33	3285	Pat Davies	F	45		2453	1:03:15
2485	1:05:34	728	Vicky Reed	F			2585	1:05:02
2486	1:05:35	2317	Roger Derbyshire	M	65		2426	1:02:52
2487	1:05:36	2704	Lisa Birkbeck	F			2451	1:03:14
2488	1:05:36	594	Catherine Morgan- Locke	F			2402	1:02:37
2489	1:05:37	1110	Daniel Kempton	M			2553	1:04:35
2490	1:05:37	2566	Jane Holland-Lloyd	F	40		2539	1:04:23
2491	1:05:38	4237	Denise Davies	F	40		2562	1:04:42
2492	1:05:38	1749	Christine Conner	F	45		2439	1:03:06
2493	1:05:40	3446	Triona Fahey	F			2419	1:02:49
2494	1:05:41	1693	Chris Turner	M			2443	1:03:08
2495	1:05:41	1588	Salome Quao	F	35	Sweatshop - North Finchley	2586	1:05:04
2496	1:05:41	2156	Jamee Davies	M			2377	1:02:19
2497	1:05:42	2786	Rhian Yates	F			2570	1:04:50
2498	1:05:42	2431	Michael Evans	M			2378	1:02:19
2499	1:05:43	3144	Danielle Eddy	F			2409	1:02:43
2500	1:05:49	3258	Sharon Bradley	F	45		2463	1:03:22
2501	1:05:51	520	Brett Franklin	M			2418	1:02:47
2502	1:05:51	517	Emma Latham	F			2420	1:02:49
2503	1:05:51	285	Nia Erain	F			2457	1:03:18
2504	1:05:51	2853	Mary-Ellen Parry	F			2472	1:03:30
2505	1:05:52	3767	Caroline Lewis	F	35		2523	1:04:07
2506	1:05:53	1051	David Griffiths	M			2466	1:03:25
2507	1:05:54	2048	Johanna Macpherson	F	40		2515	1:03:58
2508	1:05:57	2803	Nicola Rodgers	F			2268	1:01:19
2509	1:05:58	341	Andrew Powles	M			2461	1:03:21
2510	1:05:58	198	Zoe Boulton	F			2511	1:03:54
2511	1:05:58	2842	Milwyn Jarman	M	55		2522	1:04:06
2512	1:06:00	3430	David Randall	M	45		2565	1:04:47
2513	1:06:00	4069	Kelly Jarman	F			2460	1:03:21
2514	1:06:01	115	Elinor Marsh	F			2572	1:04:52
2515	1:06:01	2576	Spencer Jones	M			2437	1:03:06
2516	1:06:01	2193	Lara Bragger	F			2416	1:02:47
2517	1:06:02	4222	Isobel Gilbertson	F			2465	1:03:24
2518	1:06:06	1108	Rachel Kempton	F			2587	1:05:04
2519	1:06:07	2909	Rachel Knight	F	35		2594	1:05:09
2520	1:06:08	2016	Emma Thomas	F	35		2574	1:04:53
2521	1:06:09	348	John Whitelegg	M	50		2482	1:03:35
2522	1:06:09	3678	Hannah Hocking	F			2514	1:03:57
2523	1:06:11	3663	Arthur Thomas	M	50		2549	1:04:31
2524	1:06:11	3662	Jayne Thomas	F	45		2550	1:04:31
2525	1:06:11	3374	Matthew Norman	M			2434	1:03:03
2526	1:06:11	2728	Kate Davies	F			2475	1:03:31
2527	1:06:12	3368	Joanna Davies	F			2479	1:03:32
2528	1:06:12	2695	Max Bergmanskik	M	50		2577	1:04:56
2529	1:06:13	294	Jude Penny	F	45		2552	1:04:35
2530	1:06:13	2657	Jennifer Wade	F	35		2477	1:03:31
2531	1:06:13	3492	Nia Ramage	F	35		2452	1:03:15
2532	1:06:13	2358	Vikki Ingram	F	40		2536	1:04:21
2533	1:06:14	444	Amy Williams	F			2446	1:03:11
2534	1:06:14	850	Liane Page	F			2647	1:05:52
2535	1:06:15	4309	Gemma Johnson	F			2421	1:02:50
2536	1:06:15	1856	Steven Harris	M	50		2498	1:03:43
2537	1:06:15	3703	Hanan Jamil	M			2593	1:05:09
2538	1:06:16	1179	James Rance	M			2489	1:03:37
2539	1:06:16	858	Mercedes Benjamin	F			2509	1:03:53
2540	1:06:17	425	Sonja Watkins	F			2538	1:04:23
2541	1:06:18	2910	Victoria Orme	F			2422	1:02:50
2542	1:06:18	3602	Emma John	F			2445	1:03:10
2543	1:06:19	3871	Sarah Rajoo	F	35		2560	1:04:40
2544	1:06:21	487	Mark Lidbury	M			2483	1:03:35
2545	1:06:22	4073	Holly-Marie Lidbury	F			2487	1:03:36
2546	1:06:27	3413	Sarah Murphy	F			2588	1:05:04
2547	1:06:27	4231	Rodney Davis	M	45		2462	1:03:22
2548	1:06:27	2473	Donna Boston	F	40		2520	1:04:04
2549	1:06:28	3626	Michelle Dacey	F	45		2547	1:04:29
2550	1:06:29	4215	Judy Davies	F	45		2506	1:03:50

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2551	1:06:30	2250	Kirsty Johnson	F			2607	1:05:19
2552	1:06:30	2805	Stephanie Evans	F			2521	1:04:04
2553	1:06:31	481	Gemma Jones	F			2558	1:04:39
2554	1:06:31	362	Victoria Massocchi	F			2559	1:04:39
2555	1:06:31	482	Elliott Hooper-Nash	M			2556	1:04:39
2556	1:06:35	2518	Sarah Warrilow	F	35		2490	1:03:38
2557	1:06:40	703	Carl Hawkes	M			2545	1:04:28
2558	1:06:40	693	Chris Adams	M			2544	1:04:27
2559	1:06:42	2241	Richard Browning	M			2494	1:03:42
2560	1:06:44	3686	Jonathan Haines	M	45		2525	1:04:12
2561	1:06:45	3995	Sin Yen Ng	M			2615	1:05:27
2562	1:06:45	3441	Erna Davidson	F			2535	1:04:20
2563	1:06:46	4169	Lee Clarke	M			2696	1:06:32
2564	1:06:47	2502	Vala Graham	F			2478	1:03:32
2565	1:06:50	700	Mark Hamlin	M	50		2691	1:06:27
2566	1:06:50	3431	Naomi Randall	F			2624	1:05:37
2567	1:06:51	1929	Lindsay Cross	F	35		2571	1:04:50
2568	1:06:51	1180	Maryani Ahmad-Husiri	F			2530	1:04:13
2569	1:06:52	2152	Richard Williams	M	55		2595	1:05:09
2570	1:06:53	193	Anthony Fry	M	40		2540	1:04:25
2571	1:06:53	571	Laura Upson	F			2632	1:05:44
2572	1:06:54	276	Natasha Rac	F			2527	1:04:12
2573	1:06:54	3562	Zoe Noakes	F			2513	1:03:56
2574	1:06:56	3165	Stephen Beattie	M			2548	1:04:30
2575	1:06:57	1155	Ryan Mootoo	M			2543	1:04:26
2576	1:06:57	2600	Gwyneth Evans	F	40		2651	1:05:54
2577	1:06:58	1735	Felicity Cronin	F			2507	1:03:51
2578	1:06:59	2187	Daniel Griffiths	M			2505	1:03:50
2579	1:07:01	3811	Deborah Penhallurick	F	40		2602	1:05:16
2580	1:07:03	3153	Katy Gray	F			2609	1:05:22
2581	1:07:03	4086	Angharad Prys-Evans	F			2620	1:05:31
2582	1:07:04	3315	Kevin Reaney	M	40		2488	1:03:37
2583	1:07:05	130	Daniel Parry	M			2546	1:04:28
2584	1:07:06	788	Bren Moore	M			2703	1:06:39
2585	1:07:06	2676	Cheryl Powell	F	45		2648	1:05:52
2586	1:07:06	2578	Annette Morris	F	35		2622	1:05:34
2587	1:07:06	2587	Claire Higginson	F	35		2623	1:05:34
2588	1:07:07	2079	Noel Powell	M	45		2650	1:05:53
2589	1:07:08	3831	Jenny Tran	F			2590	1:05:07
2590	1:07:08	691	Stuart Bater	M	50		2614	1:05:26
2591	1:07:08	2329	Sarah Bryan	F			2563	1:04:43
2592	1:07:09	2465	Simone Joyce	F	40		2599	1:05:15
2593	1:07:11	4191	Stuart Williams	M	45		2485	1:03:36
2594	1:07:11	4189	Thomas Connolly	M			2486	1:03:36
2595	1:07:12	3027	Carys Roberts-Amos	F	40		2551	1:04:35
2596	1:07:13	1999	Robyn Fisher	F			2637	1:05:46
2597	1:07:15	2138	Eleanor Preece	F			2635	1:05:44
2598	1:07:18	142	Ravindra Lanke	M			2584	1:05:02
2599	1:07:18	505	Paul Rees	M	50		2683	1:06:20
2600	1:07:18	506	Sorcha Rees	F			2681	1:06:20
2601	1:07:21	2943	Karen Price	F			2667	1:06:07
2602	1:07:23	2075	Liz Saunders	F			2557	1:04:39
2603	1:07:23	651	Angela Lewis	W			2597	1:05:12
2604	1:07:24	2284	Helen Williams	F	35		2619	1:05:30
2605	1:07:26	3168	Cerys Rees	F			2645	1:05:52
2606	1:07:26	3484	Natasha Morgan	F			2576	1:04:55
2607	1:07:28	2715	Claire Osman	F			2643	1:05:51
2608	1:07:28	2888	Iain Cleaton	M			2688	1:06:24
2609	1:07:31	3313	Jackie Jones	F	45		2603	1:05:17
2610	1:07:32	3283	Sally Anderton	F	40		2604	1:05:17
2611	1:07:32	1688	Simon Hudd	M	45		2573	1:04:53
2612	1:07:35	2721	Emma Roberts	F	35		2649	1:05:53
2613	1:07:38	3212	Hollie Richardson	F			2580	1:05:00
2614	1:07:39	3211	Jen Richardson	F			2581	1:05:00
2615	1:07:39	2007	Alison Markey	F	35		2661	1:06:01
2616	1:07:40	3215	Carla Rogers	F			2668	1:06:08
2617	1:07:40	2006	Rebecca James	F			2676	1:06:13
2618	1:07:41	146	Jodie Hardacre	F			2554	1:04:37
2619	1:07:41	3328	Neil Price	M	60		2598	1:05:13
2620	1:07:41	2668	Sian Jones	F			2601	1:05:15
2621	1:07:41	2667	Rhian Thomas	F			2600	1:05:15
2622	1:07:41	260	Delyth Evans	F	45		2541	1:04:25
2623	1:07:43	3167	Claire Leaves	F			2672	1:06:09
2624	1:07:44	330	Alice Hunt	F			2675	1:06:13
2625	1:07:44	1515	Mike James	M	75	Les Croupiers	2723	1:07:06

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2626	1:07:45	331	Gary Hunt	M			2677	1:06:13
2627	1:07:47	2454	Natalia Stevens	F			2610	1:05:23
2628	1:07:49	3118	Rachel Moyle	F			2662	1:06:02
2629	1:07:49	3119	Liam Norris	M			2664	1:06:03
2630	1:07:53	3537	Mary Northcott	F	40		2705	1:06:40
2631	1:07:54	289	Jocelle Lovell	F	40		2566	1:04:48
2632	1:07:54	235	Kate Owen	F	40		2568	1:04:48
2633	1:07:54	814	Michelle Di Palma	F			2606	1:05:18
2634	1:07:56	349	Jack Patient	M			2759	1:07:56
2635	1:07:56	2631	Paul Mccarthy	M	50		2698	1:06:35
2636	1:07:56	758	Chris Stanlake	M			2744	1:07:38
2637	1:07:56	2418	Lisa Jane Lovett	F	45		2699	1:06:36
2638	1:07:57	3800	Briony Fortt	F	35		2655	1:05:57
2639	1:07:57	3799	Stephanie Jones	F	40		2656	1:05:57
2640	1:07:57	3274	Lindsey Vanstone	F	35		2652	1:05:56
2641	1:07:57	3275	Jacqui Bartley	F			2653	1:05:56
2642	1:08:00	3277	Sana Hau	F			2612	1:05:25
2643	1:08:00	3223	Gwydion Gruffudd	M			2611	1:05:24
2644	1:08:00	3270	Emily Hobbs	F			2613	1:05:25
2645	1:08:00	3180	Heledd Davies-Jones	F			2702	1:06:38
2646	1:08:02	1060	Adrian Thomas	M			2567	1:04:48
2647	1:08:02	519	Clive Webb	M			2578	1:04:57
2648	1:08:04	2115	Alan Mackey	M	45		2639	1:05:47
2649	1:08:05	2116	Kate Mackey	F			2642	1:05:48
2650	1:08:05	4011	Jill Manley	F	45		2721	1:07:04
2651	1:08:05	525	Ryan Hopkins	M			2579	1:05:00
2652	1:08:05	508	Kelly Lee	F			2713	1:06:56
2653	1:08:06	2045	Olivia Don	F			2575	1:04:54
2654	1:08:07	669	Louise Parry	W			2686	1:06:22
2655	1:08:08	3867	Stephanie Ferry	F			2569	1:04:49
2656	1:08:09	3590	Philip Caple	M	50		2634	1:05:44
2657	1:08:14	2938	Catrin Jones	F			2657	1:05:58
2658	1:08:15	3757	Elizabeth Evans	F			2750	1:07:50
2659	1:08:15	1953	Allyson Brown	F	40		2654	1:05:57
2660	1:08:15	3752	Sian Howarth	F			2707	1:06:46
2661	1:08:16	3616	Stephen Thompson	M			2629	1:05:41
2662	1:08:16	261	Rebecca Hopes	F			2640	1:05:47
2663	1:08:16	3615	James Parish	M			2630	1:05:41
2664	1:08:17	2528	Hannah Jones	F			2608	1:05:19
2665	1:08:20	351	Nick Jones	M	40		2592	1:05:09
2666	1:08:21	3930	Lauren Cook	F			2695	1:06:30
2667	1:08:21	3675	Daniel Westwood	M			2724	1:07:08
2668	1:08:21	3785	Paul Reed	M			2625	1:05:38
2669	1:08:22	3780	Laura Colebrooke	F			2627	1:05:40
2670	1:08:22	1124	Ceri Cox	F			2679	1:06:19
2671	1:08:22	1123	Kerry Creed	F			2680	1:06:19
2672	1:08:22	431	Edwina Clark	F			2717	1:07:01
2673	1:08:22	2054	Helen Gronow	F	45		2694	1:06:29
2674	1:08:24	1993	Alaw Jones	F			2646	1:05:52
2675	1:08:24	1992	Gwenllian Roberts	F			2644	1:05:51
2676	1:08:25	1967	Caroline Radcliffe-Lawrence	F	45		2596	1:05:10
2677	1:08:25	3784	Jessica Cook	F			2628	1:05:40
2678	1:08:28	4367	Ceri Mercer	F			2756	1:07:53
2679	1:08:31	652	Sue Powell	F			2682	1:06:20
2680	1:08:32	960	Laura Davies	F			2745	1:07:39
2681	1:08:33	3060	Alexandra Wojewodka-Dunn	F			2684	1:06:21
2682	1:08:34	3747	Jessica Adams	F			2685	1:06:21
2683	1:08:37	3375	Tanwen Summers	F			2605	1:05:18
2684	1:08:38	3238	Daniela Ceely	F	35		2626	1:05:39
2685	1:08:38	2742	Rhiannon Birk	F			2708	1:06:49
2686	1:08:39	370	Kevin Winterbottom	M			2621	1:05:31
2687	1:08:40	3594	Iwona Lee	F			2583	1:05:01
2688	1:08:40	2505	Lucy Bird	F			2582	1:05:01
2689	1:08:40	3873	Wayne Vincent	M	50		2618	1:05:30
2690	1:08:42	4100	Becky Wallace	F			2666	1:06:07
2691	1:08:43	534	Chris Bimson	M			2678	1:06:18
2692	1:08:43	1221	Asish Wagle	M	50		2763	1:07:58
2693	1:08:44	782	Helen Hodges	W			2781	1:08:16
2694	1:08:44	1806	Scott Herbert	M			2734	1:07:29
2695	1:08:46	4234	Ingrid Patterson	F	35		2658	1:05:59
2696	1:08:46	4223	Amy Salter	F			2660	1:06:00
2697	1:08:47	462	Mary Walters	F	40		2714	1:06:57
2698	1:08:48	2839	Rebecca Jarman	F			2715	1:06:58
2699	1:08:48	3523	Debra Guy	F	45		2692	1:06:28
2700	1:08:48	3522	Roger Guy	M	45		2689	1:06:25

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2701	1:08:49	3570	Andrew Smith	M	60		2616	1:05:29
2702	1:08:49	3525	Clare Whittal-Williams	F	45		2693	1:06:28
2703	1:08:49	2930	Joanna Hughes	F	40		2687	1:06:24
2704	1:08:49	3133	Graham Craig	M			2631	1:05:44
2705	1:08:49	3132	Mair Craig	F			2633	1:05:44
2706	1:08:51	1841	George Glyn	M	50		2663	1:06:03
2707	1:08:52	2297	Anwen Rees	F	35		2617	1:05:29
2708	1:08:53	1825	Scott Carter	M			2697	1:06:33
2709	1:08:54	1885	Donna Wynne Jones	F	35		2636	1:05:46
2710	1:08:56	2185	Steven Bateman	M	40		2641	1:05:47
2711	1:08:57	352	Gemma Leigh	F			2665	1:06:04
2712	1:09:00	2411	Mark Jeffery	M	45		2638	1:05:46
2713	1:09:04	1820	Jonathon Morgan	M			2690	1:06:27
2714	1:09:06	3697	Kathryn Amaro	F	55		2659	1:05:59
2715	1:09:09	3141	Emily Lloyd Hamilton	F			2757	1:07:53
2716	1:09:09	2420	Peter Jerome	M			2710	1:06:49
2717	1:09:11	2830	Hywel Butts	M			2727	1:07:14
2718	1:09:11	2831	Georgine Butts	F	40		2728	1:07:14
2719	1:09:11	3357	Nadia James	F			2719	1:07:03
2720	1:09:12	2793	John Louch	M			2671	1:06:09
2721	1:09:15	1809	Jeurgan Bundschuh	M			2706	1:06:44
2722	1:09:15	4251	Alastair Clarke	M	45		2700	1:06:37
2723	1:09:16	3677	Lewis Evans	M	50		2674	1:06:11
2724	1:09:20	4065	Michelle Gregory	F	35		2704	1:06:39
2725	1:09:23	2413	Edward Jeffery	M			2673	1:06:10
2726	1:09:24	3538	Joe Geere	M			2669	1:06:08
2727	1:09:24	3539	Jemma Peach	F			2670	1:06:08
2728	1:09:26	548	Hannah Mason	F			2795	1:08:38
2729	1:09:27	2066	Sorcha Egan	F			2718	1:07:02
2730	1:09:28	2509	Sian Morrissey	F			2701	1:06:37
2731	1:09:28	2002	Nikita Lewis	F			2766	1:08:02
2732	1:09:32	1086	Jivan Bhogal	M			2742	1:07:35
2733	1:09:35	3407	Cefyn Johnson	M	60		2748	1:07:47
2734	1:09:36	2233	Tina Morris	F	35		2803	1:08:58
2735	1:09:38	2282	Nick Parker	M	45		2733	1:07:29
2736	1:09:39	2501	Mark Edwards	M			2709	1:06:49
2737	1:09:40	2499	Simon Wilson	M			2711	1:06:50
2738	1:09:40	2500	Kelly Wilson	F			2712	1:06:51
2739	1:09:43	3072	Cathryn Ferris	F	45		2735	1:07:32
2740	1:09:44	989	Sebastian Leis	M			2839	1:09:38
2741	1:09:46	2735	Huw Padfield	M			2760	1:07:58
2742	1:09:46	4059	Zoe Duffy	F	35		2716	1:06:58
2743	1:09:46	3829	John Deer	M			2761	1:07:58
2744	1:09:46	2641	Rebecca Phillips	F			2762	1:07:58
2745	1:09:46	1757	Christine McMullen	F	45		2732	1:07:28
2746	1:09:47	2017	Megan Protheroe	F			2726	1:07:12
2747	1:09:51	1014	Matthew Parr	M			2823	1:09:18
2748	1:09:52	3587	Stacey Jones	F	40		2741	1:07:34
2749	1:09:53	674	Karen Hughes	F			2773	1:08:07
2750	1:09:55	3801	Amy Palin	F			2805	1:09:01
2751	1:09:55	2817	Gavin Allen	M			2731	1:07:26
2752	1:09:56	3788	Huw Palin	M	50		2806	1:09:02
2753	1:10:01	2519	Helen Finlayson	F			2746	1:07:44
2754	1:10:02	3137	Jen Morris	F			2794	1:08:35
2755	1:10:02	1797	Janine Darling	F	40		2737	1:07:33
2756	1:10:04	3292	Stef Court	F			2774	1:08:09
2757	1:10:05	2626	Emma Barrow	F			2739	1:07:34
2758	1:10:11	2098	Megan Jones	F			2738	1:07:34
2759	1:10:11	173	Sarah Bird	F			2736	1:07:33
2760	1:10:13	2261	Derek Cole	M	50		2786	1:08:20
2761	1:10:15	2933	Kimberly Lee	F			2852	1:09:58
2762	1:10:22	3943	Carl Hier	M	50		2740	1:07:34
2763	1:10:27	1964	Jennifer Murphy	F	55		2765	1:08:00
2764	1:10:30	223	Olivia Hodgson	F			2843	1:09:43
2765	1:10:30	4230	Jill Davis	F	40		2730	1:07:24
2766	1:10:31	2563	Mary Egan	F	55		2772	1:08:05
2767	1:10:32	3227	Dave Rennick	M			2828	1:09:24
2768	1:10:32	511	Kim Rennick	W			2829	1:09:24
2769	1:10:34	3589	Mike Macklin	M	60		2796	1:08:40
2770	1:10:34	2333	Timothy Edwards	M			2720	1:07:04
2771	1:10:35	2529	Ceri Hogg	F	35		2802	1:08:56
2772	1:10:35	1226	Sushama Hemmadi	F	45		2844	1:09:44
2773	1:10:35	2332	Michelle Roca-Febrer	F			2722	1:07:06
2774	1:10:37	4308	Emily Owen	F			2725	1:07:11
2775	1:10:37	4225	Clare Kingdon	F			2754	1:07:51

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2776	1:10:37	4229	Sarah Watkins	F			2755	1:07:51
2777	1:10:37	4228	Rachel Brown	F			2752	1:07:50
2778	1:10:40	4369	Bethan Summers	F	45		2860	1:10:08
2779	1:10:41	2672	Judith Boyes	F	50		2812	1:09:06
2780	1:10:41	3540	Louise Hicks	F	45		2811	1:09:05
2781	1:10:43	3171	Paul Fellows	M	40		2783	1:08:19
2782	1:10:43	1764	Roger Kendall	M	65		2819	1:09:13
2783	1:10:46	2448	Leah Huckridge	F			2782	1:08:19
2784	1:10:46	2732	Joanne Sproul	F	40		2779	1:08:14
2785	1:10:47	3872	Don Smith	M	65		2814	1:09:07
2786	1:10:47	365	Josie Mcallister	F	40		2808	1:09:03
2787	1:10:50	3580	Claire Raisin	F			2749	1:07:48
2788	1:10:51	4045	Nicola Beasley	F			2777	1:08:11
2789	1:10:51	4047	Rhian Burke	F	35		2776	1:08:11
2790	1:10:53	484	Phil Jarvis	M	40		2743	1:07:36
2791	1:10:54	4190	Gavin Roberts	M			2729	1:07:21
2792	1:10:56	3830	Lizzy Hodges	F	50		2793	1:08:29
2793	1:10:56	4088	Lisa Rees	F	40		2788	1:08:26
2794	1:10:56	2482	Gillian Cotter	F			2751	1:07:50
2795	1:10:57	3173	Catherine Fowler	F			2753	1:07:51
2796	1:10:58	1968	Karen Walsh	F	55		2768	1:08:04
2797	1:10:59	1969	Geoff Walsh	M	55		2767	1:08:04
2798	1:11:00	2149	Cat Davies	F			2837	1:09:36
2799	1:11:01	2124	David Pole	M	40		2769	1:08:04
2800	1:11:01	2125	Rhian Pole	F	35		2771	1:08:05
2801	1:11:02	1015	Sioned Horton-Evans	M			2787	1:08:23
2802	1:11:04	3043	Rebecca Winslade	F			2809	1:09:03
2803	1:11:05	2366	James Bishop	M			2827	1:09:23
2804	1:11:08	2646	Kathryn Peters	F	40		2778	1:08:13
2805	1:11:09	3759	Huw Williams	M	50		2810	1:09:05
2806	1:11:13	2912	Veronica Roberts	F	35		2790	1:08:27
2807	1:11:15	3136	Catrin Morris	F			2789	1:08:27
2808	1:11:16	3200	Lauren Connelly	F			2747	1:07:46
2809	1:11:16	3355	Julia Mulholland	F	35		2865	1:10:15
2810	1:11:19	2025	Christine Pugh	F	35		2758	1:07:56
2811	1:11:23	2962	Ann Parry	F	55		2876	1:10:30
2812	1:11:24	4319	Rachel Morgan	F			2784	1:08:20
2813	1:11:27	2442	Robert Jeffery	M	60		2780	1:08:14
2814	1:11:28	2447	Laura-Mae East	F			2792	1:08:29
2815	1:11:28	1016	Ben James	M			2897	1:10:56
2816	1:11:29	4323	Emma Vaughan	F			2770	1:08:05
2817	1:11:30	471	Rhian Atyeo	F			2764	1:08:00
2818	1:11:30	2287	Jordan Kelly	M			2853	1:10:00
2819	1:11:30	853	Wayne Millard	M			2907	1:11:09
2820	1:11:33	3988	Elisha Jones	F			2867	1:10:18
2821	1:11:37	2107	Jilly Snell	F			2800	1:08:53
2822	1:11:38	4060	Claire Dwyer	F	35		2817	1:09:09
2823	1:11:39	3621	Sarah Vining	F	40		2785	1:08:20
2824	1:11:39	4061	Cathryn Saunders Elley	F			2835	1:09:30
2825	1:11:39	4066	Kim Hallowell	F			2818	1:09:11
2826	1:11:40	4208	Alexandra Screen	F			2832	1:09:25
2827	1:11:41	3201	Kelly Sibthorpe	F			2775	1:08:10
2828	1:11:41	219	Richard Sewell	M	55	Les Croupiers	2821	1:09:16
2829	1:11:41	860	Natalie Bushell	W			2824	1:09:18
2830	1:11:41	367	Amy Rockey	F			2822	1:09:17
2831	1:11:43	637	Helen Griffiths	F	40		2881	1:10:33
2832	1:11:45	1608	Margaret Gomez	F	45		2872	1:10:23
2833	1:11:47	3424	Sue Hall Xs	F			2850	1:09:56
2834	1:11:50	2243	Gemma Hambrook	F			2798	1:08:48
2835	1:11:50	656	Amy Witherstone	F			2840	1:09:38
2836	1:11:51	2673	Laura Kate Harris	F			2864	1:10:14
2837	1:11:51	2244	Paul Browning	M	60		2799	1:08:49
2838	1:11:52	2240	Andrea May	F	35		2797	1:08:45
2839	1:11:57	2806	Rob Deane	M	40		2791	1:08:28
2840	1:11:58	3531	Ian Coleman	M	50		2908	1:11:10
2841	1:12:00	3089	Melanie Campbell	F	40		2845	1:09:47
2842	1:12:05	518	Annette Webb	F			2807	1:09:03
2843	1:12:07	2434	Charlene O'Brien	F			2890	1:10:43
2844	1:12:07	2432	Chris Leyshon	M			2891	1:10:43
2845	1:12:11	781	Sian Thomas	F			2928	1:11:45
2846	1:12:11	780	Natalie Robinson	F			2929	1:11:45
2847	1:12:12	2712	Tom Read	M			2801	1:08:54
2848	1:12:13	2635	Sophie Silver	F			2892	1:10:43
2849	1:12:14	2304	Vicky Harris	F	40		2815	1:09:07
2850	1:12:15	2586	Anthony Donaldson	M			2857	1:10:07

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2851	1:12:15	1114	Chris Adams	M			2879	1:10:32
2852	1:12:17	1872	Gareth Winmill	M			2813	1:09:06
2853	1:12:18	1871	Neil Winmill	M	55		2816	1:09:07
2854	1:12:21	3348	Anne Watkins	F	60		2820	1:09:16
2855	1:12:23	1866	Faye Harman	F	35		2804	1:09:01
2856	1:12:25	521	Renee Moore	W			2830	1:09:24
2857	1:12:25	2493	Francesca Evans	F	45		2825	1:09:21
2858	1:12:26	522	Katy Latham	F			2833	1:09:25
2859	1:12:26	3252	Samantha Froud	F	35		2838	1:09:36
2860	1:12:26	718	Kassie Williams	F			2878	1:10:32
2861	1:12:27	141	Hollie Bailey	F			2893	1:10:46
2862	1:12:27	139	Rob Bailey	M			2894	1:10:46
2863	1:12:27	679	Emily Stone	F			2834	1:09:29
2864	1:12:34	1789	Sarah Duddridge	F	40		2851	1:09:56
2865	1:12:35	4062	Helen Ellis	F	45		2847	1:09:48
2866	1:12:35	4068	Charlotte Humphrey	F	35		2846	1:09:48
2867	1:12:36	680	Gethin Evans	M			2841	1:09:39
2868	1:12:38	1837	Katy Jones	F			2859	1:10:08
2869	1:12:38	3982	Hayley Baker	F			2858	1:10:07
2870	1:12:38	1836	Hilary Jones	F	50		2862	1:10:09
2871	1:12:39	865	Tim Cook	M			2896	1:10:50
2872	1:12:41	2323	Lucy Edmund	F			2899	1:11:00
2873	1:12:41	2655	Lisa McInain	F	35		2842	1:09:42
2874	1:12:42	1098	Caey Reader	F	35		2863	1:10:10
2875	1:12:43	668	Jenni Morris	F			2898	1:10:56
2876	1:12:44	1884	Nicola Chapman	F	40		2831	1:09:25
2877	1:12:44	3176	Dale Hooper	M			2836	1:09:35
2878	1:12:46	383	Alan Mann	M	55	Les Croupiers	2868	1:10:18
2879	1:12:51	2573	Kate Wood	F			2861	1:10:08
2880	1:12:51	3710	Emma Williams	F			2921	1:11:25
2881	1:12:51	598	Mike Edwards	M			2917	1:11:23
2882	1:12:51	597	Vicky Bullimore	W			2918	1:11:24
2883	1:12:52	2004	Sian David	F			2874	1:10:26
2884	1:12:55	3980	Marcia Donovan	F	40		2826	1:09:23
2885	1:12:57	2769	Deborah Alcock	F	40		2886	1:10:38
2886	1:13:04	211	Cari Ormerod	F	35		2873	1:10:26
2887	1:13:08	3183	Amanda Tonks	F	35		2903	1:11:07
2888	1:13:10	2248	Hywel Gwyn Rogers	M	50		2972	1:13:09
2889	1:13:14	1974	Vivian Davies	M	55		2924	1:11:41
2890	1:13:14	2653	Alison McInain	F	45		2866	1:10:15
2891	1:13:15	1097	Kaylie Evans	F			2910	1:11:11
2892	1:13:15	611	Lisa Murray	F	40		2954	1:12:43
2893	1:13:17	1711	Anthony Wilby	M			2875	1:10:26
2894	1:13:19	3286	Jenny Pinkerton	F	45		2901	1:11:05
2895	1:13:20	2580	Seiriol Tomos	M	50		2883	1:10:36
2896	1:13:20	486	Stifyn Parri	M			2884	1:10:36
2897	1:13:23	2466	Angela Weeks	F	65		2931	1:11:49
2898	1:13:24	421	Laura Morgan	F			2877	1:10:30
2899	1:13:25	1152	Rachel Brown	F			2848	1:09:50
2900	1:13:26	636	Amanda Jenkins	F			2943	1:12:16
2901	1:13:26	3490	Haris Bulpin	F			2856	1:10:06
2902	1:13:28	2336	Laura Gardner	F			2916	1:11:23
2903	1:13:28	3377	Ngoc-Nga Vinh	F	35		2888	1:10:40
2904	1:13:30	4300	Gareth Roberts	M			2882	1:10:34
2905	1:13:30	4305	David Jones	M			2889	1:10:41
2906	1:13:30	234	Emmeline Thompson	F	35		2909	1:11:10
2907	1:13:30	293	Sarah Rehman	F			2849	1:09:50
2908	1:13:31	3160	Deborah Pitt	F	60		2870	1:10:22
2909	1:13:31	3597	Samantha Smith	F	40		2854	1:10:03
2910	1:13:31	2914	Steen Clarke	M	60		2871	1:10:22
2911	1:13:32	3465	Sarah Cadman	F	35		2855	1:10:04
2912	1:13:32	848	Karen Joyce	W			2959	1:12:50
2913	1:13:35	4298	Natalie Small	F			2919	1:11:25
2914	1:13:35	1815	Carly Simmonds	F			2912	1:11:17
2915	1:13:36	2818	Christine Newbury	F			2905	1:11:07
2916	1:13:37	3297	Nicola Dawkins	F			2869	1:10:22
2917	1:13:37	3239	Melissa Nicholas	F			2887	1:10:39
2918	1:13:39	719	Suzanne Morgan	F			2927	1:11:44
2919	1:13:39	3182	Sarah Roberts	F	35		2880	1:10:32
2920	1:13:42	2836	Bethan Rees	F			2950	1:12:32
2921	1:13:42	3221	Milena Todorova	F			2946	1:12:22
2922	1:13:43	2174	Robert Dingle	M	40		2906	1:11:08
2923	1:13:44	464	Michelle Jenkins	F	45		2958	1:12:49
2924	1:13:44	2950	Beth Bonnaud	F			2960	1:12:52
2925	1:13:48	4043	Sam Barry	F	35		2904	1:11:07

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
2926	1:13:53	502	Sam Rassam	M			2964	1:12:54
2927	1:13:56	3128	Mark Lewis	M			2895	1:10:49
2928	1:14:05	1733	Edward Cronin	M	50		2885	1:10:37
2929	1:14:06	1816	Giles Peacock	M			2923	1:11:39
2930	1:14:08	2945	Jo Parry	F			2920	1:11:25
2931	1:14:08	2199	Nicola Powell	F	40		2934	1:11:54
2932	1:14:09	3203	Vicky Richards	F	35		2900	1:11:02
2933	1:14:09	721	Emma Apreda Jones	F			2942	1:12:15
2934	1:14:18	3755	Rory Mckerlich	M			2982	1:13:25
2935	1:14:18	578	Suzanne Lewis	F	45		2902	1:11:06
2936	1:14:20	3921	Ruth Mullineux	F			2926	1:11:43
2937	1:14:23	4063	Andrea Evans	F	35		2944	1:12:17
2938	1:14:24	2445	Taufiqurrahman Shamsuddin	M			2955	1:12:45
2939	1:14:25	4226	Sue Bowerman	F	40		2913	1:11:17
2940	1:14:27	1716	Bhupendra Pathak	M	40		2940	1:12:11
2941	1:14:28	826	Elaina Gray	F			2936	1:11:55
2942	1:14:28	828	Naomi Martell	F			2935	1:11:55
2943	1:14:32	479	Gareth Bamsey	M	50		2947	1:12:22
2944	1:14:35	477	Dave Phelps	M	45		2948	1:12:23
2945	1:14:37	1730	Andrew Owens	M	50		2967	1:13:03
2946	1:14:37	3456	Leon Donnelly	M			2914	1:11:21
2947	1:14:38	3459	Allan Donnelly	M	55		2915	1:11:21
2948	1:14:38	4360	Sam Wilds	F			2971	1:13:07
2949	1:14:39	3817	Narawadee Choompoo	F	35		2933	1:11:52
2950	1:14:41	4221	Diana Hughes	F			2922	1:11:29
2951	1:14:44	901	Nathan McCarthy	M			2938	1:12:01
2952	1:14:45	4183	Laura Hallsmith	M			2925	1:11:43
2953	1:14:45	4184	Julie Harris	M	45		3001	1:14:08
2954	1:14:46	301	Bethan Griffiths	F			2965	1:13:03
2955	1:14:47	4103	Tracy Willan	F	40		2945	1:12:18
2956	1:14:48	965	Hywel Rees	M			2956	1:12:47
2957	1:14:52	1823	Jason Davies	M			3002	1:14:14
2958	1:14:53	2905	Elizabeth Lewis	F	35		2980	1:13:24
2959	1:14:57	292	Lubna Rehman	F			2911	1:11:16
2960	1:14:58	4304	Adrian Day	M			2952	1:12:36
2961	1:15:00	3362	Anne-Marie Mcgorrian	F	40		2941	1:12:12
2962	1:15:01	2339	Karl Thomas	M			2930	1:11:47
2963	1:15:01	328	Helen Evans	F	35		2932	1:11:50
2964	1:15:01	1181	Elinor Davies	F			2953	1:12:36
2965	1:15:04	2775	Jeff Evans	M	65		2968	1:13:04
2966	1:15:07	2326	Fiona Thorne	F			2951	1:12:34
2967	1:15:09	3109	Helen-Jayne Driscoll	F			2937	1:12:00
2968	1:15:11	666	Sarah Hurley	F			2981	1:13:25
2969	1:15:16	337	Steffan Davies	M	40		2939	1:12:05
2970	1:15:17	1048	Anurag Joshi	M			2963	1:12:54
2971	1:15:17	714	Nigel Howell	M			3022	1:15:01
2972	1:15:19	4204	Sue Gershenson	F	45		2969	1:13:04
2973	1:15:19	4205	Michelle Bennett	F			2970	1:13:05
2974	1:15:19	2658	Sarah Spencer	F			2957	1:12:49
2975	1:15:20	1146	Natasha Rideout	F			2976	1:13:18
2976	1:15:25	988	Nat Stonuary	F			3028	1:15:15
2977	1:15:32	2717	Emma Walker	F	35		3021	1:14:49
2978	1:15:33	1008	Kate Whitfield	F			3026	1:15:10
2979	1:15:35	2371	Adrian Sexton	M	40		2975	1:13:11
2980	1:15:43	2344	Tracey Gardner	F	50		2990	1:13:39
2981	1:15:53	3231	Charlotte Yarnold	F			2949	1:12:27
2982	1:15:58	1755	Jonathan Davies	M			2993	1:13:47
2983	1:16:02	842	Mathew Lewis	M			3029	1:15:19
2984	1:16:02	2402	Jane Tapsell	F	45		2977	1:13:18
2985	1:16:02	2511	Lorraine Williams	F	45		2978	1:13:19
2986	1:16:03	304	Finn Campbell	F	35		3004	1:14:19
2987	1:16:05	2896	Kim Ralph	F			3006	1:14:28
2988	1:16:06	1954	Sion Roberts	M	45		2973	1:13:09
2989	1:16:07	2001	Jane Boyd	F	50		2974	1:13:09
2990	1:16:07	2727	Tracy Thomas	F	40		3025	1:15:09
2991	1:16:11	3713	Liz Driscoll	F	35		2961	1:12:53
2992	1:16:11	353	Emma Brewerton	F			2962	1:12:53
2993	1:16:11	355	Christine Williams	F	50		2989	1:13:35
2994	1:16:12	356	Rebecca Marley	F			2988	1:13:35
2995	1:16:14	3287	Dorothy Tan	F			2986	1:13:29
2996	1:16:14	3295	Clare Beswick	F			2987	1:13:29
2997	1:16:17	3115	Lisa Gwinnell	F			2999	1:14:04
2998	1:16:20	3186	John Williams	M	75		3037	1:15:53
2999	1:16:22	614	Georgia Brown	F	35		3036	1:15:45
3000	1:16:25	1232	Sanjay Chawathe	F	45		3034	1:15:38

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
3001	1:16:26	1182	Rebecca Dodd	F			2998	1:14:01
3002	1:16:26	1958	Theo Clarke	M			3000	1:14:07
3003	1:16:27	523	Sophie Hutchings	F			2983	1:13:25
3004	1:16:28	593	Nia Williams	F	35		2984	1:13:28
3005	1:16:28	595	Heledd Symons	F	35		2985	1:13:29
3006	1:16:34	3077	Helen Swain	F	35		2966	1:13:03
3007	1:16:40	3739	Christopher Owens	M	55		3023	1:15:05
3008	1:16:43	3774	Olivia Powell	F			3003	1:14:19
3009	1:16:44	4207	Helen Devitt	F			3005	1:14:23
3010	1:16:45	2167	Dee Abraham	F			3038	1:15:56
3011	1:16:47	2743	Lee Evans	M			2979	1:13:21
3012	1:16:50	1979	Claire Price	F	40		3009	1:14:32
3013	1:16:50	1980	Owain Price	M			3008	1:14:32
3014	1:17:05	1195	Awen Iorwerth	M			2991	1:13:44
3015	1:17:05	1224	Hemang Mehta	M	45		3040	1:16:16
3016	1:17:05	2327	Hayley Bray	F	45		3024	1:15:08
3017	1:17:07	3529	Jayne Dwyer	F			2994	1:13:47
3018	1:17:08	345	David James Bishop	M			2995	1:13:47
3019	1:17:09	224	Michelle Reeves	F			2996	1:13:54
3020	1:17:13	441	Philip Williams	M			2992	1:13:47
3021	1:17:13	1938	Stephen Parker	M			3027	1:15:14
3022	1:17:15	122	Runner 122	M			3015	1:14:44
3023	1:17:27	1222	Archana Kamath	M			3018	1:14:47
3024	1:17:28	1549	David Braithwaite	M	60	Southville Running Club	2997	1:13:58
3025	1:17:34	3356	Bina Taylor	F			3014	1:14:38
3026	1:17:44	2251	Emma Evans	F			3007	1:14:32
3027	1:17:49	3698	Claire Bridgeman	F	45		3010	1:14:35
3028	1:17:50	2740	Louise Elliott	F	35		3017	1:14:45
3029	1:17:50	490	Pete Morgan	M			3016	1:14:44
3030	1:17:51	2265	Nicola Clark	F			3056	1:17:01
3031	1:17:53	4232	Russell Penman	M			3019	1:14:49
3032	1:17:53	4242	Michael Hobbs	M			3020	1:14:49
3033	1:17:58	2266	Ee Ying Ooi	F			3057	1:17:08
3034	1:17:58	2022	Sian Evans	F	45		3013	1:14:37
3035	1:17:58	1986	Joanna Hill	F	40		3011	1:14:36
3036	1:17:58	3535	Andrew Sirett	M	50		3012	1:14:37
3037	1:18:00	3442	Tony Edwards	M	45		3032	1:15:34
3038	1:18:07	2574	Eleanor Jenkins	F			3030	1:15:24
3039	1:18:15	2444	Karla Ratcliffe	F			3031	1:15:32
3040	1:18:19	1614	Sian Fudge	F		Outdoor Fitness	3033	1:15:35
3041	1:18:19	3707	Martin Davies	M	45		3062	1:17:24
3042	1:18:21	4095	Bethan Thomas	F	35		3050	1:16:47
3043	1:18:23	3636	Gemma Vincent	F		Outdoor Fitness	3035	1:15:41
3044	1:18:35	1952	Sarah Shea	F	40		3041	1:16:16
3045	1:18:37	2472	Andrea Thomas	F	40		3042	1:16:23
3046	1:18:37	2503	Nathan Wiltshire	M			3043	1:16:24
3047	1:18:48	1031	Lidia Trojanowska	F			3072	1:18:15
3048	1:19:01	1231	Leena Gokhale	F	45		3052	1:16:54
3049	1:19:04	667	Lydia Huws	F			3059	1:17:17
3050	1:19:08	2895	Leanne Crowley	F			3078	1:18:42
3051	1:19:15	504	Meghan Keay	F			3073	1:18:16
3052	1:19:15	2774	Michelle Stone	F			3047	1:16:36
3053	1:19:25	1977	Vicki Brittain	F	35		3039	1:16:02
3054	1:19:26	4078	Kate Morgan	F			3058	1:17:17
3055	1:19:26	4067	Sarah Hughes	F			3060	1:17:17
3056	1:19:27	4077	Beth Morgan	F	35		3061	1:17:17
3057	1:19:33	3725	Rachel Bourne	F			3046	1:16:26
3058	1:19:35	1235	Joshna Patel	F	50		3081	1:18:47
3059	1:19:42	2058	Jason Thomas	M			3044	1:16:24
3060	1:19:42	2783	Debbie Hocking	F			3063	1:17:29
3061	1:19:42	931	Richard Thomas	M			3079	1:18:44
3062	1:19:48	676	Jaci Evans	F	45		3051	1:16:50
3063	1:19:50	2398	Teresa Jones	F	35		3065	1:17:47
3064	1:19:52	4375	Elly Jennings	F			3085	1:19:17
3065	1:19:55	1767	Cara Moore	F	40		3045	1:16:25
3066	1:19:59	2392	Rhian Williams	F			3055	1:16:56
3067	1:19:59	1058		M			3070	1:18:10
3068	1:19:59	1055	Shaun Farr	M			3049	1:16:47
3069	1:20:00	1057		M			3071	1:18:11
3070	1:20:00	4376	Lisa Morgan	F	40		3087	1:19:28
3071	1:20:01	1702	Anne Sevenoaks	F	55		3069	1:18:03
3072	1:20:02	2652	Heather Tracey Howells	F	45		3086	1:19:19
3073	1:20:06	4307	Jessica Taylor	F			3048	1:16:45
3074	1:20:12	3361	Laura Johns	F			3080	1:18:47
3075	1:20:13	2994	Kim Evans	F	50		3066	1:17:47

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
3076	1:20:14	2375	Sally Jones	F	40		3054	1:16:55
3077	1:20:14	2391	Joanne Twynham	F	40		3053	1:16:55
3078	1:20:14	1164	Carys Murphy	F			3095	1:19:45
3079	1:20:14	1165	Abigail Rutherford	F			3094	1:19:45
3080	1:20:21	1049	Carina Miles	M			3068	1:17:58
3081	1:20:31	928	Kris Thomas	M			3091	1:19:32
3082	1:20:35	932	Sean Keane	M			3093	1:19:37
3083	1:20:39	2119	Wendy Thomas	F	45		3084	1:19:10
3084	1:20:45	647	Laura Curnow	F			3090	1:19:32
3085	1:20:46	646	Jonathan Lee	M			3092	1:19:33
3086	1:21:01	574	Bethan Lewis	F			3067	1:17:50
3087	1:21:12	1768	Kevin Moore	M	45		3064	1:17:42
3088	1:21:12	3197	Nicola Phillips	F	40		3099	1:20:12
3089	1:21:20	3641	Alex Button	F		Run4All	3082	1:18:52
3090	1:21:31	1868	Louise Hanna	F	45		3075	1:18:30
3091	1:21:32	3751	Cat Wilson	F			3076	1:18:34
3092	1:21:45	3681	Claudia Lancey	F			3103	1:20:28
3093	1:21:48	2898	Kimberley Kendall	F			3100	1:20:12
3094	1:21:48	256	Eluned Williams	F			3104	1:20:31
3095	1:21:50	3149	Mishail Farooq	F			3105	1:20:32
3096	1:21:55	935	Kate Stewart	F			3107	1:20:42
3097	1:21:55	4310	Rhiannon Johnson	F			3074	1:18:29
3098	1:22:04	4209	Rebecca Coles	F			3097	1:19:49
3099	1:22:07	1018	Maggie Thomas	F			3089	1:19:31
3100	1:22:08	1869	Natasha Llewelyn	F	35		3101	1:20:20
3101	1:22:10	1216	Mahesh Patwardhan	M	50		3088	1:19:30
3102	1:22:17	3499	Lynsey Orr	F			3077	1:18:39
3103	1:22:24	3272	Jamie Everitt	M			3083	1:18:55
3104	1:22:50	1227	Renu Aggarwal	W			3124	1:22:02
3105	1:22:54	2968	Caroline Walker	F			3098	1:19:51
3106	1:22:55	1234	Girija Wagle	F	45		3129	1:22:10
3107	1:23:04	3764	Anna Riddick	F			3096	1:19:46
3108	1:23:05	179	Laura Carberry	F			3106	1:20:40
3109	1:23:05	1147	Bethany Phelps	F			3114	1:21:04
3110	1:23:09	2127	Janine Morgan-Brownhill	F	35		3102	1:20:21
3111	1:23:10	1652	Steven De La Nougerede	M	50	Lliswerry Runners	3116	1:21:07
3112	1:23:20	1745	Alison Kitchen	F	50		3111	1:20:48
3113	1:23:28	277	Sian Luecke	F			3108	1:20:43
3114	1:23:29	2872	Wendy Jane Stamp	F	55		3110	1:20:44
3115	1:23:33	2005	Amy Cove	F			3130	1:22:17
3116	1:23:39	2216	Antony Chapman	M	50		3112	1:20:49
3117	1:23:41	2228	Jonathan Davies	M			3127	1:22:09
3118	1:23:44	3778	Gemma Ford	F			3115	1:21:04
3119	1:23:44	1826	Sophie Gregory	F			3119	1:21:25
3120	1:23:45	2547	Janey Morgan	F	55		3113	1:20:56
3121	1:23:51	4361	Kirsty Rogers	F			3131	1:22:18
3122	1:23:59	3281	Hayley Lewis	F			3123	1:21:56
3123	1:23:59	3742	Katie Williams	F			3122	1:21:50
3124	1:24:00	2982	Barbara Locke	F	55		3121	1:21:44
3125	1:24:00	2890	Kirstie Mclachlan	F	55		3140	1:22:52
3126	1:24:01	4013	David Driscoll	M	40		3109	1:20:43
3127	1:24:07	3964	Danielle Davies	F			3145	1:23:16
3128	1:24:07	3445	Casey Govier	F	40		3133	1:22:19
3129	1:24:08	3037	Rhys Dauncey	M			3118	1:21:25
3130	1:24:14	2924	Craig Sullivan	M			3125	1:22:07
3131	1:24:20	2061	Cheryle Edwards	F	55		3120	1:21:28
3132	1:24:21	526	Rosie Freeman	F			3117	1:21:20
3133	1:24:21	653	Donna Jones	F			3126	1:22:09
3134	1:24:21	654	Kelly Bromwell	F	35		3128	1:22:10
3135	1:24:26	2633	Michael Donovan	M	65		3146	1:23:36
3136	1:25:23	3552	Caitlin Johnstone	F			3147	1:23:59
3137	1:25:23	2467	Ceres Doyle	F	40		3144	1:23:12
3138	1:25:25	3461	Claire White	F			3135	1:22:39
3139	1:25:25	4106	Gar-Yee Wright	F			3134	1:22:38
3140	1:25:31	1739	Michele Jellings	F	40		3139	1:22:46
3141	1:25:35	4236	Katherine Tingay	F			3132	1:22:18
3142	1:25:54	3596	Susan Owen	F	40		3142	1:22:55
3143	1:25:54	3595	Maria Brown	F	45		3141	1:22:55
3144	1:25:56	1056	Wayne Hall	M			3137	1:22:43
3145	1:25:56	1054	Alan Foster	M			3136	1:22:43
3146	1:25:56	1053	David Foster	M			3138	1:22:44
3147	1:26:05	1241	Sudar Vetteri	F			3150	1:24:28
3148	1:26:20	968	Suzanne Letman	W			3157	1:25:25
3149	1:26:22	1233	Jyoti Bansal	W			3152	1:24:45
3150	1:26:24	449	Bethan Thomas	F			3143	1:23:06

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
3151	1:26:50	155	Ashu Aggarwal	M			3160	1:26:02
3152	1:26:50	1799	Geoffrey Brown	M	55		3159	1:25:29
3153	1:26:54	1236	Chad Patel	M	55		3162	1:26:05
3154	1:27:15	3554	David Bailey	M	75		3154	1:24:54
3155	1:27:21	1810	Gabi Moesges-Haas	F			3153	1:24:51
3156	1:27:24	1829	John Myers	M			3151	1:24:43
3157	1:27:32	4101	Helen Whitfield-Williams	F			3148	1:24:23
3158	1:27:32	4048	Ceri Jones	F	40		3149	1:24:23
3159	1:28:00	2142	Emma Davies	F			3156	1:25:19
3160	1:28:00	2141	Ian Davies	M	50		3155	1:25:18
3161	1:28:07	2750	Scott Burton	M			3158	1:25:27
3162	1:28:16	1075	Kate Pritchard	F			3168	1:26:38
3163	1:28:38	1827	Nick Mabutt	M			3161	1:26:04
3164	1:28:39	2856	Catrin Williams	F	40		3165	1:26:25
3165	1:28:49	857	Leeann Guerin	F			3166	1:26:26
3166	1:28:59	1821	Steffan Morgan	M			3164	1:26:22
3167	1:29:06	4090	Vanessa Royle	F			3172	1:27:11
3168	1:29:06	4080	Elizabeth Moynan	F			3171	1:27:11
3169	1:29:06	4104	Elizabeth Williams	F			3170	1:27:11
3170	1:29:23	3966	Jen Douey	F	40		3167	1:26:37
3171	1:29:30	2701	Louise Hartrey	F			3163	1:26:17
3172	1:29:37	689	Sophie Fussell	F			3175	1:27:27
3173	1:29:40	1834	Ceri-Anne Tucker	M			3169	1:27:01
3174	1:29:48	825	Amina Rahman	F			3173	1:27:15
3175	1:29:56	4075	Melanie Mallin	F	40		3174	1:27:25
3176	1:30:07	1239	Amruta Patwardhan	W			3186	1:29:23
3177	1:30:07	1238	Monica Chawathe	F	40		3185	1:29:21
3178	1:30:14	1818	Leigh Bull	F			3179	1:27:35
3179	1:30:20	3998	Kelly Wilkins	F			3180	1:27:35
3180	1:30:25	1754	Shannon Dwyer	F			3181	1:28:12
3181	1:30:35	1756	Mark Davies	M	40		3182	1:28:25
3182	1:30:36	725	Sian Davies	F			3184	1:29:16
3183	1:30:41	4247	Carolyn Turner	F	45		3176	1:27:28
3184	1:30:41	4227	Pamela Penman	F			3177	1:27:29
3185	1:30:42	4243	Louise Suller	F			3178	1:27:29
3186	1:30:44	726	Sarah Nicholas	F			3187	1:29:24
3187	1:31:12	740	Abhishek Srivastava	M			3194	1:30:44
3188	1:31:14	2681	Rhys Evans	M			3183	1:29:12
3189	1:31:21	1113	Rhiannon Adams	W			3188	1:29:29
3190	1:31:33	3280	Sam Harlow	F			3189	1:29:33
3191	1:31:34	3282	Katie Hawksworth	F			3190	1:29:33
3192	1:32:24	2829	Leah Mayes	F			3191	1:29:50
3193	1:32:24	3513	Danni Alcock	F			3192	1:29:50
3194	1:32:42	3044	James Mchardy	M			3193	1:30:31
3195	1:33:26	1966	Adrian Strain	M	45		3199	1:32:49
3196	1:33:49	817	Zahid Shad	M			3195	1:31:13
3197	1:34:03	2468	Nikki Walters	F			3196	1:31:15
3198	1:34:26	1722	Vicky Luffrun	F	40		3198	1:31:38
3199	1:34:26	1723	Andrea Davies	F	45		3197	1:31:38
3200	1:34:30	838	Claire Davies	F			3205	1:33:47
3201	1:34:30	851	Lindsay Donovan	F			3204	1:33:47
3202	1:35:06	3073	Lucy Harrison	F	40		3202	1:33:46
3203	1:36:06	2300	Ahmad Abdullah	M			3206	1:34:27
3204	1:36:18	232	Denise Bromfield	F	50		3201	1:33:46
3205	1:36:18	3512	Emma Alcock	F	40		3203	1:33:46
3206	1:36:18	2828	Hayley Mayes	F	35		3200	1:33:45
3207	1:36:23	3142	Sandra Franklin	F			3209	1:35:07
3208	1:36:23	3017	Liz Doig	F	40		3210	1:35:07
3209	1:38:04	438	Robert Gillett	M			3214	1:37:30
3210	1:38:23	4316	Nick Beard	M			3207	1:34:57
3211	1:38:26	4317	Lisa Olds	F			3208	1:35:00
3212	1:39:01	2797	Nicola Price	F			3213	1:36:52
3213	1:39:06	1503	Allen Watts	M	80	Sarn Helen	3219	1:39:02
3214	1:39:12	2762	Stephanie Harrhy	F			3211	1:35:54
3215	1:39:12	2761	Kirsten Daniels	F			3212	1:35:54
3216	1:39:41	447	Romi Margerison	F	35		3218	1:39:00
3217	1:40:43	849	Jayne Tucker	F			3226	1:40:01
3218	1:41:13	859	Samantha Stanley-Jones	F			3217	1:38:49
3219	1:41:21	625	Judy Leering	F			3215	1:38:38
3220	1:41:26	623	Trish Chalk	F			3216	1:38:43
3221	1:41:53	3968	Juliette Franklin	F	35		3227	1:41:24
3222	1:42:31	3656	Margaret Barrett	F	50		3225	1:39:45
3223	1:42:51	621	Jane Nyhan	W			3221	1:39:25
3224	1:42:52	626	Deborah Dennehy	F			3220	1:39:25
3225	1:42:59	624	Helen Reed	F			3222	1:39:33

2013 Cardiff 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
3226	1:43:09	273	Naseem Syed	F			3223	1:39:41
3227	1:43:09	272	Sian Williams	F			3224	1:39:41
3228	1:45:14	514	Sam Ling	M	45		3229	1:43:59
3229	1:45:14	2751	Cerys Mutton	F	40		3228	1:43:31
3230	1:47:29	1763	Gary Mascetti	M	40		3230	1:44:18