

**Snowdonia Marathon 2013
Results**

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1	Rob	Samuel	M	1	MOPEN	1	02:43:50	1	02:43:50	1	Eryri Harriers
253	Robert	Bridges	M	2	MOPEN	2	02:46:06	2	02:46:05	2	Manchester TC
73	Rob	Atkin	M	3	MOPEN	3	02:47:44	3	02:47:43	3	Bridgend AC
164	Matthew	Battensby	M	4	MOPEN	4	02:49:32	4	02:49:31	4	
2	Gwyn	Owen	M	5	MOPEN	5	02:50:17	5	02:50:17	5	
1056	Keith	Macintosh	M	6	MOPEN	6	02:50:33	6	02:50:30	6	Wimbledon Windmilers
6	John A	Hunt	M	7	M45+	1	02:51:22	7	02:51:21	7	Wirral AC
127	Nathan	Aspinall	M	8	M40+	1	02:51:32	8	02:51:30	8	Aldershot and Farnham District
970	Darren	King	M	9	M40+	2	02:51:38	9	02:51:37	9	CLOWNE ROAD RUNNERS
1362	Andrew	Reynolds	M	10	MOPEN	7	02:51:53	10	02:51:49	10	NEATH HARRIERS
1344	Robert	Reason	M	11	MOPEN	8	02:52:32	11	02:52:32	11	Harwich Runners
1252	John	Parkinson	M	12	M40+	3	02:54:15	12	02:54:14	12	Eryri Harriers
3	Justin	Maxwell	M	13	MOPEN	9	02:54:39	13	02:54:38	13	East Coast AC
572	Mike	Evans	M	14	MOPEN	10	02:54:53	14	02:54:53	14	TROTS
1334	Dominic	Raby	M	15	M40+	4	02:54:57	15	02:54:56	15	Chorley Athletic & Tri Club
7	Richard	Wildier	M	16	M40+	5	02:55:22	16	02:55:22	16	San Domenico
929	Paul	Jones	M	17	M40+	6	02:56:17	17	02:56:16	17	Oswestry Olympians
1766	Henry	Wright	M	18	MOPEN	11	02:57:01	18	02:56:57	18	Virgin Active Cardiff RC
999	John W	Rowley	M	19	MOPEN	12	02:57:15	19	02:57:14	19	Eryri Harriers
624	Chris	Fulcher	M	20	M45+	2	02:57:24	20	02:57:16	20	Neath Harriers
135	Gareth	Ayres	M	21	MOPEN	13	02:59:40	21	02:59:36	21	port talbot harriers
2278	Gabriel	Lees	M	22	MOPEN	14	03:03:01	22	03:02:51	22	
1342	Jonathan	Ratcliffe	M	23	M45+	3	03:03:12	23	03:03:10	24	Herne Hill Harriers
1177	Jeremy	Mower	M	24	M45+	4	03:03:13	24	03:03:10	25	Gloucester AC
889	Connor	Johnston	M	25	MOPEN	15	03:03:21	25	03:03:06	23	Victoria Park Harriers
763	Richard	Heath	M	26	M40+	7	03:03:31	26	03:03:30	26	
1283	Mike	Pfeiffer	M	27	M45+	5	03:04:06	27	03:04:04	27	Beacon AC
587	Nick	Fearnhead	M	28	MOPEN	16	03:04:18	28	03:04:05	28	
1321	Glyn	Price	M	29	M45+	6	03:04:23	29	03:04:16	29	Sarn Helen
605	John	Ford	M	30	M40+	8	03:05:19	30	03:05:18	31	NWRRRC
1635	Paul	Veitch	M	31	M40+	9	03:05:20	31	03:05:02	30	Riverside Runners
816	Matthew	Howes	M	32	MOPEN	17	03:06:38	32	03:06:38	32	Wootton RR
1314	Paul	Powell	M	33	M40+	10	03:07:33	33	03:07:23	33	Parc Bryn Bach RC
1078	Jamie	Marlow	M	34	MOPEN	18	03:07:34	34	03:07:31	34	Dacorum and Tring AC
1023	Simon	Lewis	M	35	MOPEN	19	03:07:44	35	03:07:40	35	Parc Bryn Bach RC
348	Martin	Cliffe	M	36	M40+	11	03:08:05	36	03:08:04	36	Eryri Harriers
1667	Chris	Waygood	M	37	MOPEN	20	03:08:31	37	03:08:23	37	
1588	James	Thomas	M	38	M40+	12	03:08:35	38	03:08:28	38	
1455	Ben	Sears	M	39	MOPEN	21	03:08:41	39	03:08:37	39	Aberystwyth AC
1504	Lee	Smith	M	40	M40+	13	03:08:42	40	03:08:41	40	Gloucester AC
57	Mark	Hannah	M	41	MOPEN	22	03:09:08	41	03:08:58	41	
1129	Tobias	Mews	M	42	MOPEN	23	03:10:09	42	03:10:03	42	Clapham Chasers
1679	Stephen	Weston	M	43	MOPEN	24	03:10:16	43	03:10:14	43	DH Runners
666	Tom	Grady	M	44	MOPEN	25	03:10:27	44	03:10:18	44	
523	Philip	Eccleston	M	45	MOPEN	26	03:10:28	45	03:10:25	45	Burnden Road Runners
1022	Simon	Lewis	M	46	M45+	7	03:10:43	46	03:10:38	46	Parc Bryn Bach RC
543	Chris	Elliott	M	47	MOPEN	27	03:10:53	47	03:10:50	48	
75	Roger	Millen	M	48	M50+	1	03:11:23	48	03:11:22	50	FSSAA
968	Ady	King	M	49	M40+	14	03:11:29	49	03:10:47	47	Harbourough AC
677	Steve	Green	M	50	M40+	15	03:11:53	50	03:11:11	49	Kettering Town Harriers
944	John	Kay	M	51	M50+	2	03:11:56	51	03:11:52	51	Fife AC
198	Dave	Betteley	M	52	M40+	16	03:12:06	52	03:12:04	52	South Cheshire Harriers
2061	Sarah	Caskey	F	1	FOPEN	1	03:12:07	53	03:12:06	53	Bangor University AC
2413	Melanie	Staley	F	2	FOPEN	2	03:12:18	54	03:12:12	54	Cambridge and Coleridge
676	Sam	Green	M	53	MOPEN	28	03:12:18	55	03:12:15	55	Bangor University AC
163	Charlie	Batho	M	54	M45+	8	03:12:21	56	03:12:16	56	Stockport Harriers
389	Nico	Couckuyt	M	55	M45+	9	03:12:24	57	03:12:22	57	
1312	David	Powell	M	56	M50+	3	03:12:36	58	03:12:28	58	Aberystwyth AC
1674	Richard	Webster	M	57	M45+	10	03:12:52	59	03:12:52	59	
104	Steve	Angus	M	58	M40+	17	03:13:23	60	03:13:21	60	Border Harriers
1420	Irfon	Rowlands	M	59	M45+	11	03:13:52	61	03:13:48	61	Cybi Striders
614	Craig	Fowler	M	60	M45+	12	03:14:11	62	03:13:59	63	Bridgend AC
78	Dean	Johnston	M	61	MOPEN	29	03:14:14	63	03:14:12	65	Neath Harriers
424	Gareth	Davey	M	62	MOPEN	30	03:14:14	64	03:14:08	64	neath harriers
209	Darren	Bishop	M	63	MOPEN	31	03:14:52	65	03:13:55	62	Pontypridd Roadents AC
1013	Arwel	Lewis	M	64	M55+	1	03:15:03	66	03:15:01	67	Eryri Harriers
1276	Ben	Pegler	M	65	MOPEN	32	03:15:24	67	03:15:16	69	
68	Todd	Gouin	M	66	M40+	18	03:15:27	68	03:15:16	68	
196	Ian J	Berry	M	67	M40+	19	03:15:44	69	03:15:43	71	Winchester & District AC
2383	Andrea	Rowlands	F	3	F35+	1	03:15:44	70	03:15:42	70	Eryri Harriers
747	Haydn	Hartnell	M	68	M50+	4	03:16:23	71	03:14:51	66	Islwyn RC
1224	Peter	Osborne	M	69	M50+	5	03:16:28	72	03:16:22	72	Llanelli A.C.
724	Oliver	Hansen	M	70	MOPEN	33	03:16:44	73	03:16:36	73	Sparta
1781	Stuart	Blofeld	M	71	MOPEN	34	03:16:47	74	03:16:43	74	Team Banff
11	Emily	Gelder	F	4	F35+	2	03:16:57	75	03:16:55	76	
5	Jason	Scanlon	M	72	M40+	20	03:16:57	76	03:16:56	77	Aberdare AAC
8	Rhys	Ab Elwyn	M	73	M45+	13	03:17:04	77	03:17:01	78	Eryri Harriers
651	Richard	Ginn	M	74	M40+	21	03:17:25	78	03:16:53	75	Pocklington Runners
1230	Darren	Owen	M	75	MOPEN	35	03:17:41	79	03:17:03	79	Islwyn RC
700	Daniel	Gurmin	M	76	MOPEN	36	03:18:08	80	03:18:04	81	Swansea Harriers
103	John	Angell	M	77	MOPEN	37	03:18:14	81	03:18:03	80	
271	Ben	Broyd	M	78	MOPEN	38	03:18:16	82	03:18:13	82	Orcombe Trotters
760	David	Headon	M	79	M50+	6	03:18:24	83	03:18:19	83	Les Croupiers RC
1232	Dewi	Owen	M	80	MOPEN	39	03:18:45	84	03:18:29	84	Eryri Harriers
738	Ian	Harris	M	81	MOPEN	40	03:19:14	85	03:19:04	85	3M Gorseinon RR
752	Dan	Hasted	M	82	MOPEN	41	03:19:38	86	03:19:33	86	
691	Paul	Griffiths	M	83	M40+	22	03:19:38	87	03:19:15	88	Chorlton Runners
285	Anthony	Burke	M	84	M40+	23	03:19:42	88	03:19:39	89	Lymm Runners
1341	Thomas	Randles	M	85	MOPEN	42	03:19:49	89	03:19:47	90	Gloucester AC
2411	Mary Grace	Spalton	F	5	F35+	3	03:19:52	90	03:19:47	91	Belgrave Harriers
1653	Mark	Walker	M	86	MOPEN	43	03:19:59	91	03:19:48	92	Macclesfield Harriers
49	John	Bigg	M	87	M45+	14	03:20:26	92	03:20:08	93	
266	Julian	Brown	M	88	M45+	15	03:20:36	93	03:20:31	94	Macclesfield Harriers
612	Tom	Foster	M	89	M40+	24	03:20:58	94	03:20:57	97	MERCIA FELL RUNNERS
1076	Paul	Manning	M	90	M40+	25	03:21:01	95	03:20:56	96	Ripley RC
1474	Patrick	Shortell	M	91	M55+	2	03:21:16	96	03:21:14	101	
663	Karl	Gordon	M	92	MOPEN	44	03:21:17	97	03:20:58	99	Chepstow Harriers

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1269	Nicholas	Pearce	M	93	M60+	1	03:21:22	98	03:21:01	100	Ikley Harriers
1234	Huw	Owen	M	94	MOPEN	45	03:21:38	99	03:21:22	102	Eryri Harriers
107	Trystan	Ap Hywel	M	95	MOPEN	46	03:21:42	100	03:20:33	95	
126	Karl	Ashworth	M	96	MOPEN	47	03:21:44	101	03:19:30	87	
364	Jerry	Coll	M	97	MOPEN	48	03:21:47	102	03:20:58	98	
411	Leslie	Cupis	M	98	M50+	7	03:22:19	103	03:22:01	103	Ryde Harriers
498	Julian	Doyle	M	99	M45+	16	03:22:31	104	03:22:21	104	
1217	David	Oliver	M	100	MOPEN	49	03:22:33	105	03:22:26	105	
1203	Jerome	Nogues	M	101	MOPEN	50	03:22:48	106	03:22:32	107	SYTRI
1353	Robert	Rees	M	102	M40+	26	03:22:55	107	03:22:26	106	
1510	Steve	Smith	M	103	M40+	27	03:23:09	108	03:22:54	109	Wallasey AC
1250	Andy	Parkin	M	104	M40+	28	03:23:09	109	03:23:05	110	Ripley RC
331	Shelley	Childs	M	105	M40+	29	03:23:19	110	03:23:12	111	Aberystwyth AC
1375	Stephen	Rivers	M	106	MOPEN	51	03:23:31	111	03:22:37	108	Lichfield RC
1519	Adrian	Spencer	M	107	M40+	30	03:23:50	112	03:23:32	113	Barrow Runners
1350	Gareth	Rees	M	108	MOPEN	52	03:23:55	113	03:23:44	115	Tata Steel Multisports
556	Gary	English	M	109	M50+	8	03:23:58	114	03:23:49	116	Liverpool RC
1725	Neil	Williams	M	110	M50+	9	03:24:01	115	03:23:34	114	Aberdare AAC
291	David	Burton	M	111	M50+	10	03:24:23	116	03:23:54	117	Keswick Athletic Club
1080	Andy	Marshall	M	112	M40+	31	03:24:29	117	03:24:05	118	
1112	John	Mckeon	M	113	MOPEN	53	03:24:30	118	03:24:17	119	Bournville harriers
996	Nigel	Lawrence	M	114	M45+	17	03:24:49	119	03:24:44	121	Parc Bryn Bach RC
1038	Chris	Lloyd	M	115	MOPEN	54	03:24:55	120	03:24:17	120	Islwyn RC
1251	Thomas	Parkin	M	116	MOPEN	55	03:25:11	121	03:24:53	122	
2176	Nicola	Gething	F	6	F40+	1	03:25:28	122	03:25:23	124	Parc Bryn Bach RC
167	Chris	Bayes	M	117	MOPEN	56	03:25:31	123	03:25:05	123	
578	Robert	Evans	M	118	M50+	11	03:25:39	124	03:25:26	125	Ebbw Vale RC
733	Colin	Harper	M	119	M40+	32	03:25:47	125	03:23:30	112	
1200	Andy	Nice	M	120	MOPEN	57	03:26:02	126	03:25:43	126	
417	Tony	Daglish	M	121	M45+	18	03:26:04	127	03:25:49	127	David Lloyd Redway Runners
597	Chris	Fitzpatrick	M	122	MOPEN	58	03:26:05	128	03:25:52	129	
689	Nick	Griffiths	M	123	M40+	33	03:26:08	129	03:26:06	131	AMMAN VALLEY HARRIERS
1239	Rhys	Owen	M	124	MOPEN	59	03:26:29	130	03:26:28	134	Cybi Striders
648	Lee	Giles	M	125	MOPEN	60	03:26:33	131	03:25:52	128	
1554	Tim	Swan Smith	M	126	MOPEN	61	03:26:33	132	03:26:26	132	
16	Gwilym	Jones	M	127	M55+	3	03:26:36	133	03:26:30	135	
1406	Richard	Rollins	M	128	MOPEN	62	03:26:39	134	03:26:28	133	Bournville Harriers
2304	Zoe	Mclennan	F	7	FOPEN	3	03:26:52	135	03:26:37	137	SYTRI
1625	Jack	Tremlett	M	129	MOPEN	63	03:26:55	136	03:26:37	136	TROTS
1150	Edward	Molyneaux	M	130	MOPEN	64	03:26:59	137	03:26:46	138	
531	Gareth	Edwards	M	131	MOPEN	65	03:27:04	138	03:26:55	139	
1614	Andy	Titley	M	132	M50+	12	03:27:07	139	03:26:56	140	Stockport Harriers
568	Ian	Evans	M	133	MOPEN	66	03:27:20	140	03:27:14	141	Aberystwyth AC
1270	William	Pearce	M	134	MOPEN	67	03:27:50	141	03:27:29	143	East London Runners
1685	Anthony	White	M	135	M40+	34	03:27:51	142	03:27:37	144	
2188	Amy	Green	F	8	FOPEN	4	03:28:00	143	03:27:54	145	Keighley & Craven AC
785	Michael	Hodgkinson	M	136	MOPEN	68	03:28:00	144	03:25:54	130	Abc runners
1494	Daniel	Smith	M	137	MOPEN	69	03:28:02	145	03:27:59	147	Team derby runner
2366	Caitlin	Rice	F	9	FOPEN	5	03:28:03	146	03:27:29	142	Glossopdale Harriers
1549	Neil	Summerside	M	138	M40+	35	03:28:16	147	03:28:08	148	
1264	Tony	Paul	M	139	M40+	36	03:28:29	148	03:28:15	150	
1255	John	Parry	M	140	M55+	4	03:28:37	149	03:28:09	149	Builth wells and district RC
1597	Simon	Thomas	M	141	M40+	37	03:28:55	150	03:28:26	151	Fetch Everyone
693	Timothy	Griffiths	M	142	MOPEN	70	03:29:09	151	03:28:34	152	Pembrokeshire Harriers
1449	Leo	Scheltinga	M	143	MOPEN	71	03:29:11	152	03:28:58	156	
1501	Iwan	Smith	M	144	MOPEN	72	03:29:26	153	03:28:36	154	
189	David	Beresford	M	145	MOPEN	73	03:29:32	154	03:29:29	162	Orcombe Trotters
1409	Louis	Rose	M	146	MOPEN	74	03:29:34	155	03:29:17	160	
1256	Neil	Parry	M	147	MOPEN	75	03:29:40	156	03:29:28	161	Port Talbot Harriers
2071	Susan	Clapham	F	10	F45+	1	03:29:42	157	03:29:07	157	Glossopdale Harriers
778	Charlie	Hill-Venning	M	148	MOPEN	76	03:29:50	158	03:28:36	153	Farnham Runners
1727	Owain	Williams	M	149	MOPEN	77	03:29:53	159	03:29:44	163	
695	Warren	Griffiths	M	150	MOPEN	78	03:29:55	160	03:29:49	165	
675	Paul	Green	M	151	M45+	19	03:30:01	161	03:29:49	164	
1280	Chris	Penny	M	152	M40+	38	03:30:04	162	03:29:07	158	Forest of Dean AC
180	Michael	Belshaw	M	153	M50+	13	03:30:07	163	03:29:58	166	Eryri Harriers
2415	Annabelle	Stearns	F	11	F40+	2	03:30:32	164	03:30:27	167	Gravesend RR & AC
2013	Louise	Barker	F	12	F35+	4	03:30:45	165	03:30:33	168	Aberystwyth AC
1061	Christian	Maggs	M	154	MOPEN	79	03:30:53	166	03:30:34	169	
207	Jamie	Bird	M	155	M45+	20	03:30:58	167	03:28:39	155	Wolverhampton & Bilston A.C
379	Richard	Cook	M	156	MOPEN	80	03:31:11	168	03:29:11	159	
525	Iwan	Edgar	M	157	M55+	5	03:31:21	169	03:31:18	172	Eryri Harriers
327	Lawrence	Chen	M	158	MOPEN	81	03:31:30	170	03:30:49	171	Lordshill Road Runners
1175	Stephen	Moss	M	159	MOPEN	82	03:31:37	171	03:30:45	170	
1027	Paul	Lidgett	M	160	M45+	21	03:31:54	172	03:31:49	175	Chepstow Harriers
819	Phil	Hoy	M	161	M50+	14	03:31:55	173	03:27:58	146	Portsmouth Joggers
1600	David	Thompson	M	162	M45+	22	03:31:59	174	03:31:54	177	Arbroath Footers
336	Simon	Clark	M	163	M45+	23	03:32:16	175	03:32:16	180	BRAT
1456	Alex	Sebury	M	164	MOPEN	83	03:32:37	176	03:31:40	174	Pontypridd Roadents AC
591	David	Field	M	165	MOPEN	84	03:32:37	177	03:32:02	178	
779	John	Hill-Venning	M	166	M40+	39	03:32:39	178	03:31:40	173	Farnham Runners
30	Richard	Harrington	M	167	MOPEN	85	03:33:15	179	03:31:54	176	
1180	David	Murphy	M	168	MOPEN	86	03:33:18	180	03:33:01	183	Vale Royal AC
1164	Garth	Morris	M	169	M50+	15	03:33:23	181	03:33:15	184	Ware Joggers
29	Mark Lewis	Jones	M	170	M45+	24	03:33:25	182	03:32:04	179	
43	Gary	Fisher	M	171	MOPEN	87	03:33:25	183	03:32:58	182	
1551	Richard	Suttle	M	172	M45+	25	03:33:33	184	03:33:22	185	stockport harriers
1638	Calum	Vennard	M	173	MOPEN	88	03:33:34	185	03:33:24	187	Les Croupiers RC
1002	Martin	Lea	M	174	M45+	26	03:33:39	186	03:33:24	188	Matlock ac
2248	Helen	Jones	F	13	F40+	3	03:33:40	187	03:33:23	186	
1587	Guy	Thomas	M	175	M50+	16	03:33:47	188	03:33:34	189	
761	Leo M	Healy	M	176	M45+	27	03:33:51	189	03:32:40	181	
1188	Adam	Neale	M	177	M40+	40	03:34:02	190	03:33:37	190	Wilmslow RC
1286	Neil	Phillips	M	178	M50+	17	03:34:08	191	03:33:49	194	
1179	Damian	Murphy	M	179	M50+	18	03:34:10	192	03:33:49	195	Wootton RR
567	Heddwyn	Evans	M	180	MOPEN	89	03:34:23	193	03:34:04	197	
33	Phil	Adams	M	181	M50+	19	03:34:30	194	03:33:38	191	100km Association
877	Peter	Jennings	M	182	M40+	41	03:34:46	195	03:34:41	199	
1071	Justin	Mallard	M	183	M40+	42	03:34:57	196	03:33:48	193	Spa Striders
1502	Jake	Smith	M	184	MOPEN	90	03:35:04	197	03:33:59	196	Charnwood AC

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
860	Adrian	Jacobs	M	185	MOPEN	91	03:35:14	198	03:33:45	192	
12	Sally	Wilder	F	14	FOPEN	6	03:35:34	199	03:35:32	202	San Domenico
359	Robert	Coates	M	186	MOPEN	92	03:35:48	200	03:35:32	201	
17	Jonathan	Bateman	M	187	M65+	1	03:35:53	201	03:35:47	204	Road Runners Club
2416	Emma	Steel	F	15	FOPEN	7	03:35:53	202	03:35:41	203	
93	Guy	Aitchison	M	188	MOPEN	93	03:35:55	203	03:34:24	198	
1392	Simon	Roberts	M	189	M45+	28	03:36:00	204	03:34:50	200	Barnsley AC
14	Catherine	Hewitt	F	16	F50+	1	03:36:15	205	03:36:10	210	Wrexham AC
89	Simon	Adney	M	190	MOPEN	94	03:36:22	206	03:36:16	213	
1676	Kim	Wehden	M	191	M50+	20	03:36:26	207	03:35:48	205	Islwyn RC
1545	Paul	Stuart	M	192	M45+	29	03:36:27	208	03:35:50	206	Steel City Striders
1288	Richard	Phillis	M	193	M40+	43	03:36:28	209	03:35:58	208	Ripley RC
449	John	Davies	M	194	MOPEN	95	03:36:30	210	03:36:27	218	Wrexham AC
1158	Lloyd	Morgan	M	195	MOPEN	96	03:36:34	211	03:36:27	217	
452	Matthew	Davies	M	196	MOPEN	97	03:36:39	212	03:36:29	219	
2447	Elizabeth	Tremlett	F	17	F35+	5	03:36:44	213	03:36:26	216	TROTS
673	Andrew E	Green	M	197	M60+	2	03:36:50	214	03:36:44	223	Keighley & Craven AC
1303	Gary	Porter-Jones	M	198	M45+	30	03:36:53	215	03:36:32	220	Eryri Harriers
755	Richard	Hayes	M	199	M40+	44	03:36:53	216	03:36:10	211	Wrecsam Tri
1601	Ian	Thompson	M	200	MOPEN	98	03:37:01	217	03:36:39	222	Chineham Park RC
2434	Sara	Thomas	F	18	FOPEN	8	03:37:13	218	03:35:53	207	
1619	Matthew	Tonks	M	201	MOPEN	99	03:37:16	219	03:36:09	209	nuneaton harriers
483	Mark	Dibb	M	202	M40+	45	03:37:25	220	03:37:16	229	
805	Mark	Horsman	M	203	MOPEN	100	03:37:26	221	03:36:39	221	Outdoor Fitness RC
1654	Pete	Walker	M	204	M45+	31	03:37:26	222	03:37:07	225	Burnham Joggers
979	Hans-Peter	Kubis	M	205	M50+	21	03:37:29	223	03:37:15	228	
319	Rohan	Chaffey	M	206	MOPEN	101	03:37:29	224	03:37:08	226	Chineham Park RC
2161	Claudette	Fleming	F	19	FOPEN	9	03:37:33	225	03:37:10	227	
1161	Chris	Morris	M	207	MOPEN	102	03:37:34	226	03:36:25	215	Llswerry Runners
807	John	Houghton	M	208	MOPEN	103	03:37:35	227	03:37:19	232	SYTRI
1589	Jason	Thomas	M	209	M40+	46	03:37:35	228	03:37:18	231	Cybi Striders
1426	Bob	Russell	M	210	M50+	22	03:37:37	229	03:36:14	212	
367	Richard	Collins	M	211	M40+	47	03:37:37	230	03:37:06	224	The Endurance Store
128	Chris	Atherton	M	212	MOPEN	104	03:38:01	231	03:37:53	237	Maldwyn Harriers
1258	Jason	Parry Jones	M	213	MOPEN	105	03:38:14	232	03:37:57	238	
941	Daman	Jukes	M	214	M40+	48	03:38:16	233	03:38:11	239	Parc Bryn Bach RC
1620	Shane	Toogood	M	215	MOPEN	106	03:38:18	234	03:37:26	234	Hogweed Trotters
371	Kristof	Conan	M	216	MOPEN	107	03:38:19	235	03:38:18	242	Redeg e Plougastel Daoulas
282	Piers	Burford	M	217	MOPEN	108	03:38:23	236	03:38:15	240	
2224	Louise	Howells	F	20	F35+	6	03:38:30	237	03:37:17	230	Llswerry Runners
942	David	Jury	M	218	MOPEN	109	03:38:30	238	03:38:20	243	
1432	Antony	Sadler	M	219	M40+	49	03:38:37	239	03:37:25	233	
1235	Ian	Owen	M	220	MOPEN	110	03:38:46	240	03:38:16	241	
1579	Carwyn	Thomas	M	221	M45+	32	03:38:53	241	03:38:48	248	
911	Glyn	Jones	M	222	M50+	23	03:39:02	242	03:37:33	235	
600	Glyn	Fletcher	M	223	M50+	24	03:39:02	243	03:38:53	251	Maldwyn Harriers
366	Malcolm	Collins	M	224	M40+	50	03:39:02	244	03:36:23	214	Astley & Tyldesley Road Runner
1163	Edward	Morris	M	225	M40+	51	03:39:06	245	03:38:44	246	Cirencester AC
1583	David	Thomas	M	226	M45+	33	03:39:08	246	03:38:21	244	Outdoor Fitness RC
1201	George	Nicholls	M	227	M40+	52	03:39:15	247	03:39:10	254	Prestatyn RC
430	Carwyn	Davies	M	228	MOPEN	111	03:39:16	248	03:38:45	247	
421	Pedro	Das Gupta	M	229	M45+	34	03:39:17	249	03:38:23	245	The Stragglers
1435	James	Salt	M	230	MOPEN	112	03:39:19	250	03:38:53	250	Mysteruns of Abergele
85	Keith Lewis	James	M	231	M40+	53	03:39:30	251	03:39:05	253	Llswerry Runners
647	Antony	Giles	M	232	MOPEN	113	03:39:34	252	03:39:12	255	Witney Road Runners
1437	John	Sammot	M	233	MOPEN	114	03:39:34	253	03:39:13	256	
770	Christopher	Hibbert	M	234	M45+	35	03:39:47	254	03:39:38	260	Manchester Harriers
868	Bernard	Jarvis	M	235	M65+	2	03:39:49	255	03:39:39	261	Holme Pierrepont RC
165	James	Baulch	M	236	M40+	54	03:39:50	256	03:39:30	257	Chineham Park RC
2286	Jessica	Lovell	F	21	F35+	7	03:39:56	257	03:39:41	262	Wallasey AC
351	Doug	Cload	M	237	MOPEN	115	03:40:01	258	03:39:30	258	
782	Charlie	Hocking	M	238	MOPEN	116	03:40:02	259	03:39:04	252	
1563	Stuart	Tautz	M	239	MOPEN	117	03:40:25	260	03:38:49	249	
1644	Gary	Wade	M	240	M55+	6	03:40:27	261	03:40:02	266	100 Marathon Club
1675	Richard	Webster	M	241	M55+	7	03:40:42	262	03:40:35	275	3M Gorseinon RR
1706	Alex	Williams	M	242	M45+	36	03:40:43	263	03:37:50	236	Port Talbot Harriers
1257	Neil	Parry	M	243	MOPEN	118	03:40:49	264	03:40:45	277	Clwydian Range Runners
1365	Gareth	Rice	M	244	MOPEN	119	03:40:50	265	03:40:36	276	
1316	Dave	Pratten	M	245	M60+	3	03:40:55	266	03:39:49	263	Purbeck Runners
611	Richard	Foster	M	246	MOPEN	120	03:41:01	267	03:40:53	279	Abbey Runners
935	Shane	Jones	M	247	MOPEN	121	03:41:03	268	03:41:00	284	
863	Huw	James	M	248	M40+	55	03:41:07	269	03:40:15	268	
1152	David	Moore	M	249	M50+	25	03:41:08	270	03:40:30	272	
2297	Hannah	Mcbrown	F	22	FOPEN	10	03:41:09	271	03:40:22	269	Outdoor Fitness RC
2492	Kate	Worthington	F	23	F35+	8	03:41:12	272	03:40:54	280	Eryri Harriers
1775	Paul	Young	M	250	M45+	37	03:41:14	273	03:40:24	270	Lothian RC
1560	Phil	Targett	M	251	M45+	38	03:41:16	274	03:40:56	281	
190	Luke	Beresford	M	252	MOPEN	122	03:41:17	275	03:39:57	265	Ripley RC
2499	Shona	Young	F	24	F45+	2	03:41:18	276	03:40:28	271	Lothian RC
231	Gregg	Boughey	M	253	MOPEN	123	03:41:19	277	03:40:58	282	
1181	Frank	Murphy	M	254	MOPEN	124	03:41:19	278	03:40:59	283	Trentham RC
1558	Mick	Tabor	M	255	M60+	4	03:41:21	279	03:40:52	278	Les Croupiers RC
396	Barry	Crawshaw	M	256	MOPEN	125	03:41:25	280	03:39:33	259	Pennine Fell Runners
1096	Steve	May	M	257	M45+	39	03:41:25	281	03:41:00	285	
653	Dylan	Glover	M	258	MOPEN	126	03:41:30	282	03:39:54	264	
2099	Zayne	Crow	F	25	F35+	9	03:41:30	283	03:40:04	267	
2250	Llinos	Jones	F	26	FOPEN	11	03:41:33	284	03:41:22	290	Amman Valley Harriers
1755	Chris	Wood	M	259	MOPEN	127	03:41:34	285	03:41:17	286	Virgin Active Cardiff RC
519	David	East	M	260	MOPEN	128	03:41:40	286	03:41:18	289	
1115	Richard	Mclernon	M	261	MOPEN	129	03:41:44	287	03:40:30	273	North Coast Runners
1382	Emlyn	Roberts	M	262	M45+	40	03:41:46	288	03:41:25	291	Eryri Harriers
959	Michael	Kendall	M	263	M55+	8	03:41:48	289	03:41:41	293	Wootton RR
86	Bleddyn	Jones	M	264	MOPEN	130	03:41:56	290	03:41:39	292	Llswerry Runners
1602	Martin	Thompson	M	265	M45+	41	03:42:20	291	03:41:49	294	
1371	Jonathan	Richardson	M	266	MOPEN	131	03:42:23	292	03:41:58	295	
1452	Richard	Scoppie	M	267	MOPEN	132	03:42:25	293	03:42:00	296	
1210	Daniel	Oakenfull	M	268	MOPEN	133	03:42:36	294	03:42:26	300	
963	Les	Kennedy	M	269	M45+	42	03:42:38	295	03:40:32	274	
1702	Andrew	Wilkin	M	270	M40+	56	03:42:39	296	03:42:35	304	
812	Christopher	Howell	M	271	M50+	26	03:42:59	297	03:42:51	308	Hay Hotfooters

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1162	David	Morris	M	272	MOPEN	134	03:43:03	298	03:42:29	302	
330	Steve	Childerley	M	273	M40+	57	03:43:06	299	03:42:47	306	Riverside Runners
1746	Trevor	Wilson	M	274	M45+	43	03:43:13	300	03:42:58	311	Belper Harriers
407	Gary	Cullen	M	275	MOPEN	135	03:43:14	301	03:42:33	303	Phoenix striders
847	Osimon	Illingworth	M	276	M50+	27	03:43:19	302	03:41:17	288	
162	Ben	Bates	M	277	MOPEN	136	03:43:25	303	03:41:17	287	
1761	David	Woodfield	M	278	MOPEN	137	03:43:27	304	03:42:19	298	
1580	Carwyn	Thomas	M	279	MOPEN	138	03:43:30	305	03:42:26	301	Sarn Helen
726	Peter	Hansen	M	280	M55+	9	03:43:36	306	03:42:55	310	Windle Valley
454	Nigel	Davies	M	281	M40+	58	03:43:40	307	03:43:00	312	Sarn Helen
139	Karl	Ball	M	282	M40+	59	03:43:42	308	03:42:21	299	Portsmouth Joggers
1020	Julian	Lewis	M	283	MOPEN	139	03:43:43	309	03:42:15	297	
796	Philip	Honeywood	M	284	M45+	44	03:43:46	310	03:42:54	309	
377	Jerry	Cook	M	285	M45+	45	03:43:49	311	03:42:45	305	Shepshed RC
473	Gareth	Denham	M	286	MOPEN	140	03:43:49	312	03:43:42	319	
352	Phil	Cloete	M	287	M40+	60	03:43:55	313	03:42:47	307	
69	Tom	Williams	M	288	MOPEN	141	03:43:56	314	03:43:05	313	
1331	Stephen	Purcell	M	289	MOPEN	142	03:44:06	315	03:43:52	321	
154	Simon	Barnes	M	290	M40+	61	03:44:08	316	03:43:30	316	Gloucester AC
82	Clare	Page	F	27	F35+	10	03:44:10	317	03:43:58	322	
1166	Jason	Morris	M	291	M40+	62	03:44:10	318	03:44:05	323	
829	Peter	Hughes	M	292	M45+	46	03:44:18	319	03:43:29	315	Wrexham AC
293	Luke	Bussey	M	293	MOPEN	143	03:44:23	320	03:43:43	320	
856	Llion	Iwan	M	294	M40+	63	03:44:29	321	03:43:26	314	Eryri Harriers
1760	Christopher	Woodfield	M	295	MOPEN	144	03:44:41	322	03:43:33	318	Aberystwyth University Harrier
1719	Gwion	Williams	M	296	MOPEN	145	03:44:44	323	03:44:23	325	Eryri Harriers
1684	Mark	Whitby	M	297	M40+	64	03:44:52	324	03:44:18	324	Pembrokeshire Harriers
50	Joshua	Harris	M	298	MOPEN	146	03:44:59	325	03:44:48	333	
252	Mike	Bridges	M	299	M50+	28	03:44:59	326	03:44:53	336	Leeds & Bradford Triathlon Clu
2122	Karen	Doak	F	28	F35+	11	03:45:04	327	03:43:31	317	Tri-Anglia
1629	Andrew	Truswell	M	300	MOPEN	147	03:45:05	328	03:44:35	329	Sparkhill Harriers
832	Chris	Hulse	M	301	M50+	29	03:45:07	329	03:44:25	326	Chester Tri
1333	David	Purdy	M	302	M55+	10	03:45:11	330	03:44:39	331	Highworth RC
151	Gary	Barnes	M	303	M45+	47	03:45:13	331	03:44:52	335	Riverside Runners
467	Andrew	Dawe	M	304	M45+	48	03:45:32	332	03:45:13	338	Llswery Runners
756	Richard	Hayes	M	305	MOPEN	148	03:45:37	333	03:45:08	337	
263	Alex	Brough	M	306	MOPEN	149	03:45:40	334	03:45:28	341	
289	Billy	Burns	M	307	M40+	65	03:45:41	335	03:44:36	330	
1169	Lee	Morris	M	308	MOPEN	150	03:45:45	336	03:45:37	344	3M Gorseinon RR
1430	Tom	Russell	M	309	MOPEN	151	03:45:56	337	03:45:43	346	Ebbw Vale RC
1320	Glen	Price	M	310	M40+	66	03:46:02	338	03:45:29	342	
1398	Mark	Robinson	M	311	MOPEN	152	03:46:03	339	03:45:34	343	
476	Nick	Denny	M	312	MOPEN	153	03:46:15	340	03:45:18	339	Pontypridd Roadents AC
1417	Kevin	Rowland	M	313	M45+	49	03:46:19	341	03:45:55	348	
1021	Seth	Lewis	M	314	M40+	67	03:46:20	342	03:46:09	351	Hinckley RC
538	Vince	Edwards	M	315	M40+	68	03:46:24	343	03:44:46	332	
1419	Dilwyn	Rowlands	M	316	M40+	69	03:46:35	344	03:46:22	356	Eryri Harriers
363	Neil	Coleman	M	317	MOPEN	154	03:46:36	345	03:46:14	352	Dover Road Runners AC
1518	Peter	Sowerby	M	318	M50+	30	03:46:37	346	03:44:32	328	Brecon AC
1782	Simon Lee	Evans	M	319	MOPEN	155	03:46:49	347	03:46:03	349	
512	Stewart	Dunigan	M	320	MOPEN	156	03:46:52	348	03:45:45	347	
2464	Julie	Webb	F	29	F45+	3	03:46:52	349	03:46:09	350	Chester Tri
1012	James	Lewes	M	321	M45+	50	03:46:55	350	03:44:50	334	
284	James	Burgess	M	322	MOPEN	157	03:46:56	351	03:44:27	327	
1612	David Craig	Tipton	M	323	M40+	70	03:46:59	352	03:46:24	357	Ackworth Road Runners
526	Ross	Edgar	M	324	MOPEN	158	03:47:02	353	03:46:20	355	
256	Matthew	Bridgwater	M	325	MOPEN	159	03:47:09	354	03:45:38	345	
1183	Andy	Murray	M	326	M60+	5	03:47:10	355	03:46:41	360	Dulwich Runners
1293	Jason	Pierce	M	327	MOPEN	160	03:47:13	356	03:47:00	364	
477	William	Denny	M	328	MOPEN	161	03:47:16	357	03:46:20	354	
1296	Tom	Pike	M	329	MOPEN	162	03:47:21	358	03:46:26	358	
557	Simon	English	M	330	MOPEN	163	03:47:22	359	03:46:53	363	Ripley RC
1220	Alistair	Orr	M	331	M40+	71	03:47:25	360	03:47:03	365	Chineham Park RC
1348	Alun	Rees	M	332	MOPEN	164	03:47:26	361	03:47:13	367	
2167	Miranda	Foster	F	30	F45+	4	03:47:33	362	03:45:20	340	almost athletes
321	Ali	Chant	M	333	M40+	72	03:47:50	363	03:47:46	373	Eryri Harriers
211	Oskar	Bisinski	M	334	MOPEN	165	03:48:03	364	03:47:26	369	Hallamshire Harriers
137	Neal	Bailey	M	335	M40+	73	03:48:04	365	03:46:31	359	
361	Nicholas	Cockburn	M	336	MOPEN	166	03:48:19	366	03:47:45	372	
150	James	Barkworth	M	337	MOPEN	167	03:48:20	367	03:47:40	371	
626	Adrian	Gale	M	338	M50+	31	03:48:28	368	03:46:19	353	Peel Road Runners
1715	David	Williams	M	339	M40+	74	03:48:32	369	03:48:07	380	
257	Dave	Bright	M	340	M45+	51	03:48:38	370	03:48:06	379	Tata Steel Multisports
2352	Rhian	Probert	F	31	F40+	4	03:48:38	371	03:48:29	385	
1389	Joseph	Roberts	M	341	MOPEN	168	03:48:40	372	03:48:16	381	
1703	John	Willacy	M	342	M45+	52	03:48:43	373	03:47:17	368	
2406	Stacey	Smith	F	32	FOPEN	12	03:48:45	374	03:48:02	377	Ripley RC
188	Tim	Bent	M	343	M45+	53	03:48:46	375	03:48:43	390	Wrexham AC
280	Richard	Bunn	M	344	M40+	75	03:48:47	376	03:47:34	370	Peel Road Runners
1741	Brian	Wills	M	345	M40+	76	03:48:47	377	03:48:18	382	Eryri Harriers
2451	Cheryl	Valentine	F	33	F35+	12	03:48:47	378	03:48:31	386	Weston ac
954	Andrew	Kelsey	M	346	MOPEN	169	03:48:47	379	03:48:32	387	weston ac
790	Noel	Hollingsworth	M	347	M50+	32	03:49:00	380	03:48:06	378	Stragglers
2359	Kirsty	Reade	F	34	F40+	5	03:49:01	381	03:48:26	384	Didcot Runners
518	Timothy	Earl	M	348	MOPEN	170	03:49:04	382	03:48:47	391	Waveney Valley AC
645	Michael	Gibson	M	349	M45+	54	03:49:13	383	03:46:45	361	
1091	Llewellyn	Matthews	M	350	MOPEN	171	03:49:21	384	03:48:37	389	
392	Lee	Cousins	M	351	M40+	77	03:49:25	385	03:46:52	362	Braintree AC
2438	Rachael	Thompson	F	35	FOPEN	13	03:49:36	386	03:48:22	383	Peel Road Runners
64	Phillip	Box	M	352	MOPEN	172	03:49:42	387	03:48:37	388	
147	Stu	Barfoot	M	353	MOPEN	173	03:49:54	388	03:48:01	376	Eye Community Runners
1516	Craig	South	M	354	M40+	78	03:49:54	389	03:49:32	395	
1190	Russell	Neath	M	355	MOPEN	174	03:49:56	390	03:47:55	375	
1633	Alistair	Turnham	M	356	M40+	79	03:49:57	391	03:47:11	366	
964	Jonathan	Kettle	M	357	MOPEN	175	03:49:57	392	03:49:38	397	
1528	Dane	Stanley	M	358	MOPEN	176	03:49:59	393	03:47:52	374	
1099	Allan	Mccall	M	359	M45+	55	03:50:13	394	03:50:02	401	CHEPSTOW HARRIERS
79	Ronald	Edwards	M	360	MOPEN	177	03:50:19	395	03:49:34	396	
1704	Mike	Willcox	M	361	MOPEN	178	03:50:42	396	03:49:45	399	
2272	Sarah	Lauder	F	36	FOPEN	14	03:50:46	397	03:48:52	392	Llswery Runners

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1568	Ian D	Taylor	M	362	M40+	80	03:50:51	398	03:49:45	398	
161	Jeremy	Bateman	M	363	M55+	11	03:50:55	399	03:50:42	406	Ripley RC
1340	Mike	Randall	M	364	M45+	56	03:51:00	400	03:50:54	411	
781	Roger	Hobbs	M	365	M50+	33	03:51:05	401	03:50:42	407	
1439	Paul	Samuels	M	366	MOPEN	179	03:51:09	402	03:50:20	403	Wrexham AC
712	Martin	Hallworth	M	367	M55+	12	03:51:12	403	03:50:41	405	
808	Tom	Houghton	M	368	MOPEN	180	03:51:12	404	03:49:49	400	
1109	John	Mcelroy	M	369	M50+	34	03:51:16	405	03:50:56	412	Chineham Park RC
947	Steven	Kelliher	M	370	MOPEN	181	03:51:32	406	03:49:31	394	
739	John	Harris	M	371	M40+	81	03:51:32	407	03:50:50	409	
563	Chris	Evans	M	372	M40+	82	03:51:35	408	03:51:32	419	Wrexham AC
149	Simon	Barkley	M	373	M40+	83	03:51:43	409	03:51:29	417	Oswestry Olympians
119	Kerrith	Ashby	M	374	M40+	84	03:51:45	410	03:51:34	421	
457	Phil	Davies	M	375	M55+	13	03:51:46	411	03:50:52	410	The Stragglers
485	Jason	Dickinson	M	376	M45+	57	03:51:50	412	03:51:45	424	TROTS
287	Robert	Burke	M	377	M45+	58	03:51:57	413	03:50:31	404	Liverpool RC
916	Iorwerth	Jones	M	378	MOPEN	182	03:51:58	414	03:49:28	393	
1780	Jonathan	Tyler	M	379	MOPEN	183	03:52:00	415	03:51:31	418	
1345	Phil	Redden	M	380	M60+	6	03:52:08	416	03:50:18	402	Riverside Runners
1357	Douglas	Reid	M	381	MOPEN	184	03:52:08	417	03:51:09	414	Pontypridd Roadents AC
841	Dennis	Hussey	M	382	MOPEN	185	03:52:26	418	03:50:58	413	
129	Paul	Atkinson	M	383	M40+	85	03:52:33	419	03:51:33	420	
2221	Sallie	Holt	F	37	F35+	13	03:52:38	420	03:51:19	416	Wallasey AC
2428	Beth	Taylor-Jones	F	38	F45+	5	03:52:39	421	03:52:24	433	
818	William	Howes	M	384	M60+	7	03:52:39	422	03:52:13	428	100 Marathon Club
913	Hywel	Jones	M	385	MOPEN	186	03:52:40	423	03:51:42	422	Pontypridd Roadents AC
2402	Catherine	Slater	F	39	FOPEN	15	03:52:46	424	03:51:45	423	
1405	Graeme	Rolfe	M	386	M45+	59	03:52:48	425	03:52:38	436	Harbourough AC
1627	Tim	Trew	M	387	MOPEN	187	03:52:54	426	03:52:17	429	
2490	Theresa	Woolley	F	40	F50+	2	03:52:57	427	03:52:30	434	Centurion RC
1739	Luke	Willis	M	388	MOPEN	188	03:52:59	428	03:52:21	432	gospot road runners
2381	Jan	Rogers	F	41	F45+	6	03:53:02	429	03:52:20	430	Chester Tri
176	Kenny	Begley	M	389	M50+	35	03:53:02	430	03:52:20	431	Chester Tri
2429	Helen	Teasdale	F	42	F40+	6	03:53:07	431	03:52:49	440	
1343	Nick	Read	M	390	M40+	86	03:53:11	432	03:52:06	427	
444	Ieuan	Davies	M	391	M40+	87	03:53:14	433	03:52:42	437	Les Croupiers RC
838	Paul	Hunt	M	392	M45+	60	03:53:14	434	03:51:13	415	Goyt Valley Striders
2239	Kirsty	Johnson	F	43	FOPEN	16	03:53:15	435	03:52:45	439	Glossopdale Harriers
2027	Melanie	Blackhurst	F	44	F45+	7	03:53:18	436	03:53:05	444	Todmorden Harriers
789	Wayne	Holland	M	393	M40+	88	03:53:21	437	03:51:57	425	STOCKPORT HARRIERS
1222	Christian	Osbaldeston	M	394	MOPEN	189	03:53:23	438	03:53:02	443	
1493	Adrian	Smith	M	395	M40+	89	03:53:24	439	03:53:18	448	
310	Chris	Carter	M	396	M45+	61	03:53:40	440	03:53:07	445	Highworth RC
325	Paul	Charles	M	397	M55+	14	03:53:44	441	03:53:18	447	Pegasus RC
638	Neil	George	M	398	M40+	90	03:53:53	442	03:53:35	456	
896	Christopher	Jones	M	399	MOPEN	190	03:53:55	443	03:53:23	451	WELLINGBOROUGH & DISTRICT AC
1241	Robert	Owens	M	400	M40+	91	03:53:57	444	03:53:30	452	
109	Russ	Appleton	M	401	MOPEN	191	03:54:04	445	03:53:33	453	
2319	Nivette	Mullan	F	45	F40+	7	03:54:04	446	03:52:57	441	Hinckley RC
269	Phil	Brown	M	402	M40+	92	03:54:10	447	03:53:20	449	
1586	Gari	Thomas	M	403	M45+	62	03:54:12	448	03:53:50	461	Emlyn Runners
281	Allen	Bunney	M	404	M45+	63	03:54:15	449	03:53:49	459	Aberdare AAC
2363	Joanne	Rees	F	46	F35+	14	03:54:21	450	03:54:15	468	Rhayader RC
415	Michal	Cwiekala	M	405	MOPEN	192	03:54:22	451	03:52:03	426	
953	Stephen	Kelly	M	406	M40+	93	03:54:22	452	03:53:50	460	
764	Kenny	Heaton	M	407	MOPEN	193	03:54:24	453	03:50:43	408	Reading Roadrunners
1461	Ian	Sewell	M	408	M40+	94	03:54:25	454	03:53:21	450	
1148	Robert	Mole	M	409	M40+	95	03:54:28	455	03:53:34	455	Bromsgrove and Redditch AC
320	Richard	Chandler	M	410	MOPEN	194	03:54:33	456	03:53:00	442	Cobra RC
294	Philip	Bussy	M	411	MOPEN	195	03:54:36	457	03:52:37	435	
617	Mark	Franey	M	412	M40+	96	03:54:38	458	03:53:53	462	
171	Arfon	Bebb	M	413	MOPEN	196	03:54:38	459	03:53:09	446	
2485	Emily	Wood	F	47	FOPEN	17	03:54:41	460	03:54:25	471	
1156	Floss	Morgan	M	414	M40+	97	03:54:41	461	03:52:42	438	
562	Andy	Evans	M	415	M60+	8	03:54:45	462	03:54:06	466	
1328	Andrew	Procter	M	416	MOPEN	197	03:54:47	463	03:54:16	469	
2474	Emma	Williams	F	48	FOPEN	18	03:54:51	464	03:53:59	465	Outdoor Fitness RC
413	Neil	Curry	M	417	MOPEN	198	03:54:53	465	03:53:33	454	Stockport Harriers
63	Paul	Burke	M	418	M40+	98	03:55:01	466	03:53:56	463	
630	Ben	Gardiner	M	419	MOPEN	199	03:55:04	467	03:53:41	457	Gloucester AC
731	Chris	Hardy	M	420	MOPEN	200	03:55:07	468	03:54:34	475	
2338	Keziah	Paxton	F	49	FOPEN	19	03:55:08	469	03:54:51	480	Bangor University AC
1339	Timothy	Rainey	M	421	M45+	64	03:55:08	470	03:54:42	479	Sale Harriers Manchester
418	Andy	Dalton	M	422	M50+	36	03:55:08	471	03:55:01	484	Skelmersdale Boundary Harriers
2249	Linda	Jones	F	50	F45+	8	03:55:14	472	03:54:23	470	Wrexham AC
973	David	Kingdon	M	423	MOPEN	201	03:55:16	473	03:54:07	467	
338	Rich	Clarke	M	424	M40+	99	03:55:25	474	03:54:30	473	
40	Chris	Hughes	M	425	MOPEN	202	03:55:31	475	03:55:05	485	
705	James	Haikney	M	426	MOPEN	203	03:55:31	476	03:55:19	494	
1008	Paul	Leonard	M	427	M40+	100	03:55:32	477	03:55:14	491	West Midlands Police
1488	Kevin	Slattery	M	428	M55+	15	03:55:33	478	03:55:23	497	NWRRRC
1571	Marcus	Taylor	M	429	M40+	101	03:55:33	479	03:55:26	499	Burnden Road Runners
843	Darren	Hutchings	M	430	MOPEN	204	03:55:33	480	03:55:28	500	Parc Bryn Bach RC
772	Kevin	Hickling	M	431	M40+	102	03:55:36	481	03:53:49	458	Riverside Runners
2118	Caroline	Devine	F	51	F50+	3	03:55:37	482	03:53:58	464	Bedford Harriers
1523	Paul	Spriggs	M	432	M45+	65	03:55:37	483	03:55:12	489	Wrekin Road Runners
907	Gareth	Jones	M	433	MOPEN	205	03:55:48	484	03:55:33	501	
90	Bill	Adsett	M	434	M45+	66	03:55:48	485	03:54:53	483	
2105	Rebecca	Darby	F	52	FOPEN	20	03:55:58	486	03:54:32	474	Emlyn Runners
368	Sam	Collins	M	435	MOPEN	206	03:55:58	487	03:54:28	472	
1642	John	Volanthen	M	436	M40+	103	03:56:03	488	03:55:44	504	
1566	Edward	Taylor	M	437	M50+	37	03:56:07	489	03:54:37	477	
1543	Steve	Stretton	M	438	MOPEN	207	03:56:08	490	03:55:16	493	Hogweed Trotters
1459	David	Sells	M	439	MOPEN	208	03:56:12	491	03:56:04	507	
220	Nigel	Bolton	M	440	MOPEN	209	03:56:17	492	03:54:51	481	Black country triathletes
524	David	Edgar	M	441	M40+	104	03:56:17	493	03:54:51	482	
1616	David	Tomlinson	M	442	MOPEN	210	03:56:20	494	03:55:56	506	Colwyn Bay AAC
1609	Dave	Timson	M	443	M45+	67	03:56:20	495	03:55:23	496	Pontypool & District Runners
2439	Teri	Thompson	F	53	F45+	9	03:56:25	496	03:55:07	488	Black pear joggers
2395	Susan	Shacklock	F	54	F45+	10	03:56:25	497	03:55:06	487	Black pear joggers

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
278	Richard	Bulmer	M	444	M45+	68	03:56:30	498	03:55:14	492	Billing ham Marsh House Harrie
735	Mark	Harriott	M	445	M40+	105	03:56:36	499	03:55:23	495	Peel Road Runners
876	Peter	Jennings	M	446	M40+	106	03:56:40	500	03:55:52	505	
2262	Val	Kerr	F	55	F50+	4	03:56:53	501	03:55:13	490	Ilkley Harriers
2006	Samya	Armoush	F	56	FOPEN	21	03:56:54	502	03:56:17	513	Hallamshire Harriers
1035	Dave	Little	M	447	M50+	38	03:56:56	503	03:54:36	476	Gosport Road Runners
831	Paul	Hulland	M	448	MOPEN	211	03:56:57	504	03:55:25	498	
408	Ian	Cummins	M	449	M45+	69	03:57:01	505	03:55:36	502	Dagenham 88 Runners
173	Scott	Beddows	M	450	MOPEN	212	03:57:09	506	03:56:41	519	
1026	David	Liddall	M	451	MOPEN	213	03:57:16	507	03:54:40	478	rscac
1738	Mark	Willicott	M	452	M45+	70	03:57:18	508	03:55:05	486	Almost Athletes
844	Paul	Hyde	M	453	M40+	107	03:57:26	509	03:56:59	523	Uknetrunner
2016	Teresa	Baverstock	F	57	F35+	15	03:57:27	510	03:56:06	508	Portsmouth Joggers
274	Michael	Bryant	M	454	M50+	39	03:57:29	511	03:55:37	503	Highworth RC
1299	Andrew	Plummer	M	455	M40+	108	03:57:35	512	03:57:02	526	Team Derby Runner
87	John Gwynn	Evans	M	456	M65+	3	03:57:36	513	03:56:06	509	Aberystwyth AC
2092	Gillian	Cordner	F	58	F35+	16	03:57:36	514	03:56:48	520	seapark AC
1698	Andrew	Wildye	M	457	MOPEN	214	03:57:37	515	03:56:37	517	
2097	Emma	Croft	F	59	FOPEN	22	03:57:37	516	03:56:38	518	Headington road runners
2171	Sally	Gamston	F	60	F35+	17	03:57:38	517	03:56:07	510	
615	Nick	Fowler	M	458	M50+	40	03:57:39	518	03:57:33	531	
1332	Christopher	Purdon	M	459	M50+	41	03:57:47	519	03:57:39	534	
904	Gareth	Jones	M	460	MOPEN	215	03:57:51	520	03:57:19	528	
1108	Darren	Mcdowell	M	461	M40+	109	03:58:01	521	03:56:21	515	
1219	Alastair	Orencas	M	462	M40+	110	03:58:04	522	03:56:56	522	Huncote Harriers
295	Rob	Butler	M	463	MOPEN	216	03:58:15	523	03:57:49	536	
547	Colin	Ellis	M	464	M50+	42	03:58:24	524	03:56:14	512	
1024	Stephen	Lewis	M	465	MOPEN	217	03:58:26	525	03:56:28	516	CELTIC TRI
160	James	Bassil	M	466	MOPEN	218	03:58:33	526	03:56:14	511	
1165	Henry	Morris	M	467	MOPEN	219	03:58:36	527	03:58:13	541	Nidd Valley Road Runners
349	Shane	Cliffe	M	468	M45+	71	03:58:39	528	03:58:35	547	Red Rose Road Runners
296	Vincenzo	Byatt	M	469	M40+	111	03:58:42	529	03:56:56	521	
514	Paul	Dursley	M	470	M60+	9	03:58:45	530	03:58:20	544	Lliswery Runners
471	Paul	Day	M	471	M60+	10	03:58:46	531	03:56:21	514	Lliswery Runners
227	Simon	Boothby	M	472	M45+	72	03:58:46	532	03:56:59	524	Riverside Runners
1695	Nicholas	Whittaker	M	473	M45+	73	03:58:48	533	03:57:16	527	
1513	Wayne	Smithurst	M	474	MOPEN	220	03:58:54	534	03:58:24	545	
1696	Andrew	Wicks	M	475	M45+	74	03:58:56	535	03:57:39	533	Abbey Runners
1048	Peter	Lowe-Werrell	M	476	MOPEN	221	03:58:59	536	03:58:42	551	Black Country Triathletes
908	Gareth	Jones	M	477	M65+	4	03:59:02	537	03:58:51	557	Chepstow Harriers
1762	Jamie	Woods	M	478	MOPEN	222	03:59:10	538	03:58:46	554	Calne RC
2294	Karen	Massey	F	61	F40+	8	03:59:11	539	03:57:34	532	
1087	Jefferson	Mason	M	479	M45+	75	03:59:11	540	03:58:25	546	Rugby & Northampton AC
793	David	Hollyoak	M	480	M45+	76	03:59:13	541	03:57:00	525	Stafford triathlon club
920	Martin	Jones	M	481	MOPEN	223	03:59:16	542	03:58:38	550	Islwyn RC
1783	Georgie	Gair	F	62	FOPEN	23	03:59:17	543	03:58:48	555	
757	Mark	Hayman	M	482	M40+	112	03:59:21	544	03:57:57	537	RAF Athletics
2209	Caroline	Hemming	F	63	F45+	11	03:59:24	545	03:58:04	538	Spectrum Striders
144	Laurie	Bantlin	M	483	MOPEN	224	03:59:24	546	03:58:45	553	
924	Nathan	Jones	M	484	MOPEN	225	03:59:35	547	03:57:42	535	Bournville Harriers
2103	Loretta	Daley	F	64	F45+	12	03:59:39	548	03:58:35	548	Les Croupiers RC
1159	Rob	Morgan	M	485	M45+	77	03:59:45	549	03:58:12	540	
1172	Richard	Morris-Jones	M	486	M40+	113	03:59:47	550	03:58:50	556	Reepham Runners
1482	Geraint	Simpson	M	487	M40+	114	04:00:04	551	03:58:43	552	
1664	Tim	Watson	M	488	M45+	78	04:00:10	552	04:00:07	572	Eryri Harriers
1662	Matthew	Warlow	M	489	MOPEN	226	04:00:16	553	03:59:24	561	
258	Paul	Broadhurst	M	490	M45+	79	04:00:29	554	03:59:33	564	sneyd striders
509	Gurinder	Dulai	M	491	MOPEN	227	04:00:32	555	03:57:24	529	Fetch Everyone
510	Gurj	Dulai	M	492	MOPEN	228	04:00:32	556	03:57:24	530	Fetch Everyone
2337	Paula	Parsons	F	65	FOPEN	24	04:00:32	557	03:59:30	563	Chineham Park RC
1266	Steve	Payne	M	493	M50+	43	04:00:34	558	04:00:11	573	Didcot Runners
1640	Christ	Vererfven	M	494	M45+	80	04:00:36	559	04:00:01	569	
450	Mark	Davies	M	495	M45+	81	04:00:37	560	03:59:20	560	Southport Waterloo AC
634	Crispian	Garth	M	496	M50+	44	04:00:41	561	03:59:27	562	Swindon Harriers
1743	Paul Andrew	Wilson	M	497	MOPEN	229	04:00:42	562	03:58:11	539	wigston phoenix
395	Craig	Craven	M	498	MOPEN	230	04:00:46	563	03:58:15	542	
1460	Adam	Sewell	M	499	M40+	115	04:00:48	564	03:58:16	543	Braintree AC
1573	Peter	Taylor	M	500	MOPEN	231	04:00:48	565	03:59:42	566	
1050	Phil	Lynes	M	501	MOPEN	232	04:00:52	566	04:00:37	578	
169	John	Beatty	M	502	M40+	116	04:00:54	567	03:59:38	565	Wootton RR
2040	Tania	Brandon	F	66	F45+	13	04:00:55	568	03:59:51	568	Oswestry Olympians
1699	Barry	Wilding	M	503	MOPEN	233	04:00:58	569	04:00:05	570	
117	Gareth	Ash	M	504	M45+	82	04:00:59	570	04:00:12	574	Road Runners Club
744	Daniel	Hart	M	505	MOPEN	234	04:01:22	571	03:58:38	549	Helensburgh Amateur Athletic C
1381	Duane	Roberts	M	506	M50+	45	04:01:23	572	03:59:11	558	
1310	Nicholas	Pounder	M	507	MOPEN	235	04:01:26	573	04:00:29	576	Pontypridd Roadents AC
1656	Nigel	Walls	M	508	M45+	83	04:01:38	574	03:59:44	567	Eye Community Runners
1577	Michael	Thelwell	M	509	MOPEN	236	04:01:41	575	04:01:12	583	NWRRRC
2368	Elizabeth	Richards	F	67	F45+	14	04:01:43	576	03:59:17	559	Caerleon RC
862	Aneurin	James	M	510	M45+	84	04:01:54	577	04:00:50	579	Sarn Helen
465	Nick	Davis	M	511	MOPEN	237	04:01:58	578	04:01:37	588	
97	Steve	Allenby	M	512	M40+	117	04:01:58	579	04:00:51	580	City of Hull AC
461	Tom	Davies	M	513	MOPEN	238	04:02:01	580	04:00:05	571	
1457	John	Seddon	M	514	M60+	11	04:02:20	581	04:01:47	593	
2360	Alison	Reed	F	68	FOPEN	25	04:02:20	582	04:01:37	589	
584	Steve	Farnell	M	515	MOPEN	239	04:02:25	583	04:01:44	592	
374	Gary	Connolly	M	516	M50+	46	04:02:27	584	04:01:37	591	Seapark AC
687	Aled	Griffiths	M	517	MOPEN	240	04:02:31	585	04:02:25	603	
1714	Dave Fnrc	Williams	M	518	M45+	85	04:02:31	586	04:01:15	584	
1281	Martin	Penny	M	519	M45+	86	04:02:34	587	04:02:03	596	Ripley RC
435	Eric	Davies	M	520	M55+	16	04:02:34	588	04:01:26	585	
1574	Richard	Taylor	M	521	M40+	118	04:02:39	589	04:00:22	575	
2143	Sian	Ellis	F	69	FOPEN	26	04:02:44	590	04:01:33	587	cybi striders
901	Dean	Jones	M	522	MOPEN	241	04:02:49	591	04:02:04	598	Lordshill Road Runners
932	Rhydian	Jones	M	523	MOPEN	242	04:02:52	592	04:01:27	586	
1336	Martin	Radford	M	524	M50+	47	04:02:56	593	04:02:10	601	
1590	Joseph	Thomas	M	525	MOPEN	243	04:02:58	594	04:02:01	594	
1089	James	Matthews	M	526	M60+	12	04:03:01	595	04:02:29	604	
1503	Jamie	Smith	M	527	MOPEN	244	04:03:09	596	04:00:33	577	
758	Simon	Hazel	M	528	M40+	119	04:03:14	597	04:01:37	590	Les Croupiers RC

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
301	Eddie	Caldow	M	529	MOPEN	245	04:03:15	598	04:01:00	582	
503	Warren	Drozario	M	530	M55+	17	04:03:20	599	04:00:52	581	Sandwell Valley RC
576	Richard	Evans	M	531	MOPEN	246	04:03:22	600	04:02:37	605	
2050	Esther	Broughton	F	70	F35+	18	04:03:23	601	04:02:06	599	Ripley RC
2170	Ayshea	Furlong	F	71	F35+	19	04:03:28	602	04:02:53	608	
873	Andrew	Jenkins	M	532	MOPEN	247	04:03:31	603	04:03:07	613	
874	Chris	Jenkins	M	533	MOPEN	248	04:03:31	604	04:03:06	612	
619	Alan	French	M	534	M60+	13	04:03:34	605	04:02:44	607	Wrexham AC
2282	Tracey	Llewellyn	F	72	F35+	20	04:03:35	606	04:03:15	615	Cybi Striders
2473	Delyth	Williams	F	73	FOPEN	27	04:03:38	607	04:02:07	600	
1248	Ian	Pammenter	M	535	M45+	87	04:03:47	608	04:02:55	609	
1347	Nick	Reed	M	536	M50+	48	04:03:57	609	04:02:37	606	
710	Daniel	Hall	M	537	MOPEN	249	04:04:05	610	04:02:02	595	
828	Marc	Hughes	M	538	MOPEN	250	04:04:06	611	04:02:03	597	
240	Kevin	Bradfield	M	539	M45+	88	04:04:19	612	04:03:36	619	
835	Peter	Humphries	M	540	M40+	120	04:04:23	613	04:03:53	624	Olney Runners
2491	Anita	Worthing	F	74	F55+	1	04:04:26	614	04:02:58	610	Aberystwyth AC
1025	Ben	Lewsey	M	541	MOPEN	251	04:04:29	615	04:03:27	617	
2312	Joanne	Moore	F	75	F40+	9	04:04:30	616	04:04:16	628	Eryri Harriers
1292	Neil	Pickles	M	542	MOPEN	252	04:04:32	617	04:02:17	602	
2095	Catherine	Cresswell	F	76	F40+	10	04:04:33	618	04:03:51	623	Ripley RC
1349	Eric	Rees	M	543	M40+	121	04:04:49	619	04:03:47	620	Sarn Helen
682	Michael	Grehan	M	544	M45+	89	04:04:50	620	04:03:25	616	Dunstable Road Runners
1661	Malcolm	Ward	M	545	M45+	90	04:04:53	621	04:04:13	626	White horse harriers
2431	Carolyn	Thomas	F	77	F45+	15	04:04:59	622	04:03:49	622	
47	Jeremy	Wright	M	546	M45+	91	04:05:03	623	04:02:59	611	
515	Ian	Duxbury	M	547	MOPEN	253	04:05:07	624	04:03:31	618	
1151	Kevin	Monaghan	M	548	M45+	92	04:05:09	625	04:04:52	632	
650	Matthew	Gill	M	549	MOPEN	254	04:05:11	626	04:04:03	625	Fairlands Valley Spartans
2295	Diane	Mattingly	F	78	F45+	16	04:05:12	627	04:04:29	629	Lordshill Road Runners
768	Alex	Heude	M	550	MOPEN	255	04:05:15	628	04:04:41	630	
1581	Chris	Thomas	M	551	MOPEN	256	04:05:26	629	04:03:48	621	
850	Graham	Irons	M	552	MOPEN	257	04:05:30	630	04:03:15	614	
1526	Richard	Staley	M	553	MOPEN	258	04:05:50	631	04:05:21	638	Cambridge and Coleridge
2252	Nicola	Jones	F	79	F40+	11	04:06:06	632	04:04:16	627	Riverside Runners
378	Oliver	Cook	M	554	M45+	93	04:06:26	633	04:05:21	637	Long Eaton RC
96	Jeremy	Allard	M	555	M50+	49	04:06:26	634	04:05:21	636	shephed RC
1090	Jonathan	Matthews	M	556	M40+	122	04:06:28	635	04:05:27	639	Chineham Park RC
696	Warren	Grigg	M	557	MOPEN	259	04:06:31	636	04:05:10	634	
434	Dafydd	Davies	M	558	MOPEN	260	04:06:40	637	04:05:52	645	Outdoor Fitness RC
2005	Ceris	Ap Gwilym	F	80	FOPEN	28	04:06:45	638	04:06:21	653	
484	Andrew	Dickens	M	559	M40+	123	04:06:48	639	04:06:36	657	Pontypool & District Runners
548	Dave	Ellis	M	560	MOPEN	261	04:06:52	640	04:06:14	651	Cybi Striders
1081	Dale	Marshall	M	561	M40+	124	04:06:58	641	04:05:47	643	
1451	Ian	Scogings	M	562	M45+	94	04:06:58	642	04:06:02	649	Portsmouth Joggers
2055	Tricia	Bunn	F	81	F35+	21	04:07:06	643	04:05:54	646	Peel Road Runners
984	Carlos	Land	M	563	M40+	125	04:07:07	644	04:06:03	650	
1533	Wayne	Stevenson	M	564	M45+	95	04:07:09	645	04:05:47	644	Shelton Striders
470	Kevin	Day	M	565	M45+	96	04:07:11	646	04:04:43	631	Goyt Valley Striders
927	Nick	Jones	M	566	MOPEN	262	04:07:16	647	04:06:35	655	
1322	Paul	Price	M	567	M45+	97	04:07:23	648	04:06:01	647	
34	Robert	Adams	M	568	M55+	18	04:07:24	649	04:06:01	648	YEOVIL TOWN ROAD RC
786	Roy	Hodgkiss	M	569	M50+	50	04:07:26	650	04:04:53	633	
613	John	Foulds	M	570	M50+	51	04:07:27	651	04:07:15	667	Northern vets
2059	Jennie	Caple	F	82	F40+	12	04:07:34	652	04:06:43	659	
116	Paul	Arnold	M	571	M45+	98	04:07:36	653	04:05:37	640	Celtic Tri
2007	Jayne	Arnold	F	83	F40+	13	04:07:36	654	04:05:37	641	Celtic Tri
825	Geoffrey	Hughes	M	572	M50+	52	04:07:40	655	04:07:02	662	
2392	Nikki	Savings	F	84	FOPEN	29	04:07:40	656	04:06:39	658	Chineham Park RC
1168	Kevin	Morris	M	573	M50+	53	04:07:45	657	04:06:16	652	
2185	Rachel	Gorajala	F	85	F40+	14	04:07:55	658	04:06:53	661	
365	Jer Bach	Collins	M	574	M45+	99	04:07:56	659	04:05:21	635	team jenics
714	Nick	Ham	M	575	M50+	54	04:08:00	660	04:07:56	677	Stockport Harriers
678	Stephen	Greenhalgh	M	576	M40+	126	04:08:02	661	04:07:07	664	Didcot runners
1197	David	Newman	M	577	M55+	19	04:08:03	662	04:06:51	660	
1352	Philip	Rees	M	578	M50+	55	04:08:07	663	04:05:38	642	
1244	David	Palmer	M	579	M50+	56	04:08:10	664	04:07:51	676	Vegetarian cycling &athletic c
1509	Steve	Smith	M	580	M45+	100	04:08:13	665	04:06:35	656	Vale Royal AC
2331	Michaela	Owen	F	86	FOPEN	30	04:08:17	666	04:08:09	685	Cybi Striders
839	Mike	Hurley	M	581	MOPEN	263	04:08:25	667	04:07:47	675	
2479	Sian	Williams	F	87	FOPEN	31	04:08:26	668	04:06:29	654	
168	Gareth	Beachus	M	582	MOPEN	264	04:08:27	669	04:08:17	689	
1634	Pieter	Van Olst	M	583	M50+	57	04:08:34	670	04:07:19	669	Highworth RC
236	Christopher	Bowes	M	584	M55+	20	04:08:37	671	04:08:14	688	
300	Ian	Bytheway	M	585	M40+	127	04:08:38	672	04:08:03	683	
1289	Mark	Philo	M	586	M45+	101	04:08:45	673	04:07:12	665	Tri-Anglia
339	Russell	Clarke	M	587	M55+	21	04:08:45	674	04:07:13	666	Wymondham AC
794	Dennis	Holmes	M	588	M45+	102	04:08:45	675	04:07:44	674	Ripley RC
577	Rob	Evans	M	589	M50+	58	04:08:51	676	04:08:11	687	
1773	Adrian	Young	M	590	MOPEN	265	04:08:53	677	04:07:39	672	
1608	James	Timmins	M	591	M40+	128	04:08:55	678	04:08:17	690	
983	David	Lambert	M	592	MOPEN	266	04:08:58	679	04:07:04	663	quantock harriers
19	Richard	Abbotts	M	593	M45+	103	04:08:59	680	04:08:02	682	
112	Richard	Argyle	M	594	MOPEN	267	04:09:11	681	04:08:35	697	
479	Joe	Derrett	M	595	MOPEN	268	04:09:12	682	04:07:23	670	
1110	Richard	Mcgrath	M	596	MOPEN	269	04:09:23	683	04:09:01	703	
646	John	Gilbert	M	597	MOPEN	270	04:09:25	684	04:08:19	691	
787	Dave	Hogg	M	598	M40+	129	04:09:27	685	04:08:10	686	
522	Darren	Eccles	M	599	M40+	130	04:09:28	686	04:08:30	696	
2129	Charlotte	Durand	F	88	F35+	22	04:09:32	687	04:07:57	681	
302	Gavin	Cameron	M	600	MOPEN	271	04:09:32	688	04:07:57	679	Chorlton Runners
865	Mark	James	M	601	M40+	131	04:09:37	689	04:07:41	673	
930	Peter	Jones	M	602	M55+	22	04:09:41	690	04:09:10	705	Langport Runners
1240	Stephen	Owen	M	603	M55+	23	04:09:45	691	04:08:07	684	Les Croupiers RC
506	Simon	Duffy	M	604	MOPEN	272	04:09:48	692	04:07:33	671	
2496	Veritie	Yates	F	89	F45+	17	04:09:48	693	04:09:01	702	David Lloyd Redway Runners
2347	Helen	Pollitt	F	90	FOPEN	32	04:09:51	694	04:08:28	694	
1754	Andy	Wood	M	605	M45+	104	04:09:52	695	04:07:15	668	Belle Vue Racers
401	Darren	Crombie	M	606	MOPEN	273	04:09:54	696	04:08:29	695	
1380	Brynmor	Roberts	M	607	MOPEN	274	04:10:05	697	04:09:06	704	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1304	Gary	Postins	M	608	M40+	132	04:10:07	698	04:09:11	706	Sneyd Striders
1278	David	Penney	M	609	MOPEN	275	04:10:08	699	04:09:21	708	
809	Dan	Howard	M	610	MOPEN	276	04:10:09	700	04:09:23	710	
2139	Siwan	Elenid	F	91	F35+	23	04:10:10	701	04:09:16	707	
2344	Aisling	Pigott	F	92	FOPEN	33	04:10:14	702	04:09:26	711	Outdoor Fitness RC
1599	Bill	Thompson	M	611	M60+	14	04:10:16	703	04:09:21	709	
989	Max	Larcombe	M	612	MOPEN	277	04:10:22	704	04:07:57	678	
1247	Tom	Palmer	M	613	MOPEN	278	04:10:22	705	04:07:57	680	
2410	Katherine	Southorn	F	93	F35+	24	04:10:40	706	04:08:23	692	Harbourough AC
324	Gavin	Chappelle	M	614	MOPEN	279	04:10:42	707	04:10:14	721	
2017	Nicola	Beck	F	94	F40+	15	04:10:46	708	04:08:48	698	Llisbury Runners
406	Peter	Crump	M	615	M45+	105	04:10:55	709	04:08:27	693	
659	Paul	Goodlass	M	616	M40+	133	04:11:01	710	04:09:00	701	driffield striders
2482	Helen	Willoughby	F	95	F45+	18	04:11:02	711	04:10:29	724	Sarn Helen
238	Steve	Bowman	M	617	M40+	134	04:11:06	712	04:08:54	700	Chase Harriers
469	Adam	Day	M	618	MOPEN	280	04:11:09	713	04:09:46	717	
208	Jamie	Birkett	M	619	MOPEN	281	04:11:19	714	04:09:28	714	
1463	Richard	Sewell	M	620	M55+	24	04:11:20	715	04:09:42	716	Les Croupiers RC
558	Michael	Escolme	M	621	M40+	135	04:11:20	716	04:10:39	728	Sandbach Striders
837	Kurt	Hunt	M	622	M40+	136	04:11:20	717	04:10:49	730	
225	Howard	Booth	M	623	MOPEN	282	04:11:22	718	04:09:57	718	Hayward's Heath Harriers
1717	David John	Williams	M	624	M50+	59	04:11:22	719	04:10:08	719	
2104	Lisa	Dallisson	F	96	F40+	16	04:11:22	720	04:10:36	725	Stratford-upon-Avon AC
451	Mark	Davies	M	625	M40+	137	04:11:23	721	04:10:56	731	
2329	Sarah	Odell	F	97	F40+	17	04:11:25	722	04:10:39	727	Stratford-upon-Avon AC
2391	Caroline	Sandles	F	98	F45+	19	04:11:26	723	04:09:28	713	3M Gorseinon RR
1446	Robert	Sandles	M	626	M45+	106	04:11:27	724	04:09:27	712	3M Gorseinon RR
480	Paul	Dewar	M	627	M45+	107	04:11:30	725	04:08:50	699	
972	Joseph	King	M	628	MOPEN	283	04:11:36	726	04:10:23	723	
1001	Ian	Laydon	M	629	M40+	138	04:11:38	727	04:10:10	720	Malvern Joggers
1540	Paul	Stout	M	630	MOPEN	284	04:11:41	728	04:09:32	715	
1146	Brian	Moffett	M	631	M60+	15	04:11:58	729	04:11:27	733	Road Runners Club
1377	Alec	Roberts	M	632	MOPEN	285	04:12:00	730	04:10:37	726	Middleton Harriers
912	Gwyn	Jones	M	633	M55+	25	04:12:07	731	04:11:16	732	
1098	William	Mcaleer	M	634	MOPEN	286	04:12:20	732	04:10:15	722	
1402	Bruno	Roegiers	M	635	M55+	26	04:12:21	733	04:12:14	744	
657	Jon	Goodall	M	636	MOPEN	287	04:12:34	734	04:11:38	735	
420	Mark	Dartnell	M	637	M45+	108	04:12:45	735	04:12:03	741	
1740	Chris	Willman	M	638	MOPEN	288	04:12:47	736	04:12:33	748	Buckley Runners
1643	Graham	Vyner	M	639	M45+	109	04:12:58	737	04:12:21	745	Run4All
1346	Anbjørn	Ree	M	640	MOPEN	289	04:13:00	738	04:10:39	729	
1057	Gordon	Mackay	M	641	M45+	110	04:13:06	739	04:12:10	742	Witney Road Runners
672	Richard	Gray	M	642	MOPEN	290	04:13:14	740	04:12:22	746	Stilton Striders
977	Andy	Knight	M	643	MOPEN	291	04:13:16	741	04:12:44	750	
1111	Brian	Mcilroy	M	644	M45+	111	04:13:17	742	04:11:51	737	
206	James	Birchall	M	645	MOPEN	292	04:13:25	743	04:11:57	739	
955	Juha	Kemiläinen	M	646	M55+	27	04:13:38	744	04:12:11	743	
505	Matthew	Duffy	M	647	MOPEN	293	04:14:02	745	04:11:46	736	
802	Carl	Hopkinson	M	648	M45+	112	04:14:07	746	04:13:24	761	Ripley RC
2497	Fredelina	Yong	F	99	F35+	25	04:14:08	747	04:11:54	738	Reading Roadrunners
1747	Lewis	Wiltshire	M	649	M45+	113	04:14:11	748	04:12:32	747	
707	Richard	Haine	M	650	M55+	28	04:14:15	749	04:13:22	758	
1176	David	Mould	M	651	M45+	114	04:14:20	750	04:11:29	734	Ely Runners
858	Paul	Jackson	M	652	M45+	115	04:14:29	751	04:13:07	756	Chorley Athletic & Tri Club
241	Andrew	Bradley	M	653	M55+	29	04:14:39	752	04:13:05	755	
595	Paul	Fishwick	M	654	M45+	116	04:14:44	753	04:11:57	740	Highworth RC
2140	Helen	Elliott	F	100	F35+	26	04:14:47	754	04:14:02	765	
1677	Phillippe	Werey	M	655	M45+	117	04:14:48	755	04:12:34	749	southville RC
1447	Ralph	Saunders	M	656	MOPEN	294	04:14:48	756	04:14:08	766	
262	Matthew	Brookwell	M	657	MOPEN	295	04:15:01	757	04:12:55	752	
1742	Craig	Wilson	M	658	M40+	139	04:15:01	758	04:12:56	753	
1018	Elyfn	Lewis	M	659	M40+	140	04:15:05	759	04:13:24	760	
146	Matthew	Barden	M	660	MOPEN	296	04:15:06	760	04:13:22	759	
607	Richard	Forrest	M	661	M40+	141	04:15:08	761	04:14:00	764	
2436	Tasmin	Thomas	F	101	FOPEN	34	04:15:10	762	04:13:49	763	
1539	Andy	Stoten	M	662	M40+	142	04:15:12	763	04:14:46	771	Walden Tri
140	Lance	Ball	M	663	M45+	118	04:15:18	764	04:13:27	762	Wreccsam Tri
1750	Glenn	Winter	M	664	MOPEN	297	04:15:20	765	04:13:04	754	
2214	Jane	Hindle	F	102	F45+	20	04:15:23	766	04:14:38	770	
2263	Rachael	Kimber	F	103	F40+	18	04:15:23	767	04:12:54	751	
857	Colin	Jackson	M	665	M65+	5	04:15:27	768	04:15:20	785	aldrige RC
138	Kieron	Bales	M	666	MOPEN	298	04:15:31	769	04:13:12	757	Ipswich Triathlon Club
1671	Steve	Webb	M	667	MOPEN	299	04:15:33	770	04:14:59	778	Belle Vue Racers
2288	Claire	Mackellar	F	104	F45+	21	04:15:36	771	04:15:02	780	stone master marathoners
1469	Dean	Shears	M	668	MOPEN	300	04:15:37	772	04:14:47	772	Rugby & Northampton AC
1030	Steven	Liles	M	669	M40+	143	04:15:43	773	04:15:28	787	
122	Charles	Ashley	M	670	M55+	30	04:15:46	774	04:14:56	775	Wrexham AC
1678	Lloyd	West	M	671	M50+	60	04:16:02	775	04:14:56	774	
303	Ian	Cameron	M	672	M50+	61	04:16:05	776	04:14:18	767	Riverside Runners
2038	Nicola	Bramley	F	105	F50+	5	04:16:08	777	04:14:28	769	Ely Runners
1372	Lee	Rickards	M	673	MOPEN	301	04:16:17	778	04:15:05	783	Peel Road Runners
1570	Marcus	Taylor	M	674	MOPEN	302	04:16:19	779	04:15:06	784	Tamar Trotters
38	Catrin	Devonald	F	106	F35+	27	04:16:25	780	04:15:03	782	
56	Mark	Drew	M	675	MOPEN	303	04:16:25	781	04:15:03	781	
511	Rob	Duncalf	M	676	M45+	119	04:16:29	782	04:14:58	776	
1032	Rob	Lines	M	677	M45+	120	04:16:29	783	04:14:55	773	Tri-Anglia
759	Tim	Hazeltine	M	678	M45+	121	04:16:33	784	04:14:58	777	
1092	Michael	Mattingly	M	679	M55+	31	04:16:33	785	04:15:49	792	Lordshill Road Runners
551	Simon	Ellis	M	680	M50+	62	04:16:37	786	04:15:25	786	
919	Mark	Jones	M	681	M40+	144	04:16:38	787	04:15:38	789	
260	Anthony	Brockway	M	682	M50+	63	04:16:42	788	04:16:16	799	Wirral AC
1085	Matthew	Martin	M	683	MOPEN	304	04:16:49	789	04:16:09	798	
226	Pete	Booth	M	684	MOPEN	305	04:16:54	790	04:14:24	768	
1323	Ross	Price	M	685	MOPEN	306	04:16:54	791	04:15:46	790	
2154	Debbie	Fielding	F	107	FOPEN	35	04:16:57	792	04:16:01	794	
991	Kevin	Last	M	686	MOPEN	307	04:17:00	793	04:15:53	793	
1254	Dylan	Parry	M	687	MOPEN	308	04:17:10	794	04:16:53	805	
728	John	Harbour	M	688	M55+	32	04:17:11	795	04:15:33	788	
664	Nick	Gosling	M	689	M45+	122	04:17:14	796	04:16:46	802	
2465	Rebecca	Weston	F	108	F35+	28	04:17:15	797	04:16:02	795	Tri Lakeland

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
2098	Tanya	Crofts	F	109	F35+	29	04:17:17	798	04:16:04	797	Worcester Triathlon Club
1647	Roger	Wadon	M	690	M40+	145	04:17:24	799	04:15:00	779	Prestatyn RC
464	Iain	Davies-Moore	M	691	M40+	146	04:17:27	800	04:16:51	804	Wrecsam Tri
297	David	Byrne	M	692	M55+	3	04:17:28	801	04:16:03	796	
2174	Jenny	Garth	F	110	F55+	23	04:17:40	802	04:16:25	800	Swindon Harriers
2004	Rachel	Angell	F	111	FOPEN	36	04:17:57	803	04:17:15	808	
692	Sion	Griffiths	M	693	M45+	123	04:18:01	804	04:16:50	803	Cybi Striders
1454	Andrew	Sears	M	694	M45+	124	04:18:11	805	04:17:39	812	Highworth RC
25	Hedd	Jones	M	695	MOPEN	309	04:18:12	806	04:16:45	801	Wye Valley RC
337	Graham	Clarke	M	696	M40+	147	04:18:13	807	04:17:29	810	
1004	Tim	Leary	M	697	M50+	64	04:18:17	808	04:15:47	791	
2435	Sue	Thomas	F	112	F45+	22	04:18:22	809	04:16:55	806	Emlyn Runners
204	Mark	Bilsborough	M	698	M50+	65	04:18:29	810	04:18:06	817	
1605	Karl	Tietz	M	699	M55+	34	04:18:32	811	04:17:49	814	Ripley RC
354	Paul	Clutterbuck	M	700	M45+	125	04:18:44	812	04:17:08	807	Vale Royal AC
1246	Richard	Palmer	M	701	M45+	126	04:18:46	813	04:17:53	815	
2192	Edith	Gruber	F	113	FOPEN	37	04:18:51	814	04:17:37	811	Cybi Striders
1000	Matthew	Laws	M	702	MOPEN	310	04:18:58	815	04:17:46	813	West End Runners
1557	Tristan	Swindells	M	703	MOPEN	311	04:18:58	816	04:17:27	809	
1428	Matthew	Russell	M	704	MOPEN	312	04:19:01	817	04:18:13	819	Menai Track & Field
725	Paul	Hansen	M	705	M55+	35	04:19:03	818	04:18:48	824	
777	Christopher	Hillier	M	706	MOPEN	313	04:19:12	819	04:18:43	823	
1492	Michael	Smallwood	M	707	M45+	127	04:19:14	820	04:17:57	816	
795	Nick	Holt	M	708	MOPEN	314	04:19:23	821	04:18:06	818	Wallasey AC
1330	John	Pryer	M	709	M45+	128	04:19:36	822	04:19:01	830	
62	Paul	Lucas	M	710	M45+	129	04:19:43	823	04:18:38	822	
1305	Kevin	Postins	M	711	M50+	66	04:19:59	824	04:19:03	831	Sneyd Striders
1215	Geoff	O'grady	M	712	M45+	130	04:20:01	825	04:18:36	821	Runnymede Runners
2023	Amanda	Binks	F	114	F35+	30	04:20:10	826	04:18:48	825	
1585	Dylan	Thomas	M	713	M40+	148	04:20:14	827	04:18:52	826	
550	Gareth Rees	Ellis	M	714	M40+	149	04:20:21	828	04:20:13	840	Menai Track & Field
2419	Gemma	Stevens	F	115	FOPEN	38	04:20:27	829	04:19:08	832	
552	Michael	Elliston	M	715	M40+	150	04:20:39	830	04:18:59	829	Les Croupiers RC
601	Richard	Fletcher	M	716	M45+	131	04:20:49	831	04:19:35	836	Wootton RR
872	Alun	Jenkins	M	717	M50+	67	04:20:52	832	04:19:29	834	Rhayader RC
237	Neil	Bowler	M	718	M45+	132	04:20:53	833	04:18:18	820	team jenics
2070	Nicola	Chrascina	F	116	F45+	23	04:20:55	834	04:19:22	833	
1086	Steve	Martin	M	719	M50+	68	04:20:57	835	04:19:54	838	Stubbington Green Runners
776	Simon	Hill	M	720	MOPEN	315	04:21:04	836	04:18:53	828	
530	Eurwyn	Edwards	M	721	M55+	36	04:21:05	837	04:20:45	845	Eryri Harriers
1384	Gareth	Roberts	M	722	M40+	151	04:21:06	838	04:18:53	827	
1610	Andy	Tink	M	723	M40+	152	04:21:09	839	04:20:55	847	
2301	Tina	Mcdonnell	F	117	F45+	24	04:21:09	840	04:20:33	842	Eryri Harriers
2035	Amy	Bradley	F	118	FOPEN	39	04:21:12	841	04:20:29	841	Ripley RC
2472	Caren	Williams	F	119	F40+	19	04:21:41	842	04:21:17	852	
660	Edward	Goodwin	M	724	M40+	153	04:21:41	843	04:21:33	857	
2166	Karen	Foster	F	120	F50+	6	04:21:43	844	04:20:56	848	
2142	Laura	Ellis	F	121	F40+	20	04:21:45	845	04:19:34	835	
1194	Keith	Newhouse	M	725	MOPEN	316	04:21:49	846	04:21:13	851	
72	Iwan	Adams-Lewis	M	726	M40+	154	04:21:55	847	04:20:47	846	
1737	Jonathan	Willianson	M	727	M40+	155	04:21:56	848	04:20:03	839	Highworth RC
716	Alexander	Hamilton	M	728	M40+	156	04:22:04	849	04:21:22	853	
1049	Ashley	Lucas	M	729	MOPEN	317	04:22:05	850	04:21:23	854	
685	David	Griffith	M	730	M40+	157	04:22:07	851	04:21:09	849	Colwyn Bay AAC
1524	Matthew	Spruce	M	731	MOPEN	318	04:22:23	852	04:21:43	860	
1525	Paul	Spruce	M	732	MOPEN	319	04:22:23	853	04:21:43	861	
1191	Alun	Nelson	M	733	M40+	158	04:22:24	854	04:19:52	837	
1645	Matt	Wade	M	734	M40+	159	04:22:37	855	04:20:37	844	
1262	Harshad	Patel	M	735	MOPEN	320	04:22:39	856	04:21:11	850	
586	David	Feakes	M	736	M50+	69	04:22:45	857	04:21:24	855	Helsby
2153	Lesley	Feakes	F	122	F45+	25	04:22:45	858	04:21:26	856	Helsby
824	Edward	Hughes	M	737	M45+	133	04:22:49	859	04:22:08	865	
2478	Sandra	Williams	F	123	F45+	26	04:22:54	860	04:20:34	843	Meirionnydd RC
472	Joe	Delaney	M	738	M45+	134	04:22:57	861	04:21:37	858	Gallery run and tri
311	Daniel	Carter-Bishop	M	739	MOPEN	321	04:22:57	862	04:22:25	868	
915	Ian	Jones	M	740	M40+	160	04:23:12	863	04:22:00	864	West End Runners
1051	Phil	Lynn	M	741	MOPEN	322	04:23:19	864	04:22:26	869	
183	Adrian	Bennett	M	742	M40+	161	04:23:20	865	04:22:47	873	
988	Kevin	Lane	M	743	M45+	135	04:23:26	866	04:22:49	875	
917	Marc	Jones	M	744	MOPEN	323	04:23:30	867	04:22:47	874	
1617	Trevor	Tommy	M	745	M50+	70	04:23:36	868	04:21:58	862	
312	James	Cartwright	M	746	MOPEN	324	04:23:40	869	04:23:24	884	
1355	Gavin	Reeves	M	747	MOPEN	325	04:23:49	870	04:22:58	876	Wrexham AC
345	Gary	Clayton	M	748	M45+	136	04:23:57	871	04:23:34	887	
219	James	Boim	M	749	M45+	137	04:24:02	872	04:22:16	866	Riverside Runners
419	James	Danaher	M	750	MOPEN	326	04:24:02	873	04:22:32	870	SERPENTINE RC
1689	Paul	White	M	751	M50+	71	04:24:02	874	04:23:52	896	Sospan Road Runners
1531	Thomas	Stephens	M	752	MOPEN	327	04:24:03	875	04:23:13	880	
833	Neil	Humpage	M	753	M45+	138	04:24:04	876	04:23:50	894	Malvern Joggers
123	John	Ashley	M	754	M45+	139	04:24:08	877	04:21:59	863	
2452	Kerry	Venn	F	124	F40+	21	04:24:11	878	04:22:39	872	
620	Rob	French	M	755	MOPEN	328	04:24:13	879	04:22:59	877	
1751	Eugene	Winters	M	756	M55+	37	04:24:14	880	04:21:38	859	
549	Gareth	Ellis	M	757	M45+	140	04:24:23	881	04:23:52	897	
1324	Stephen	Price	M	758	M50+	72	04:24:29	882	04:23:04	879	Liverpool RC
544	Dave	Elliott	M	759	M55+	38	04:24:30	883	04:22:17	867	Almost Athletes
460	Teifion	Davies	M	760	MOPEN	329	04:24:30	884	04:23:26	885	Sarn Helen
2362	Isabelle	Rees	F	125	FOPEN	40	04:24:32	885	04:23:17	881	
1297	Nick	Plant	M	761	M40+	162	04:24:45	886	04:23:38	889	
775	Richard	Hill	M	762	M45+	141	04:24:52	887	04:23:33	886	Ripley RC
1227	Simon	Oswald	M	763	MOPEN	330	04:24:53	888	04:23:40	892	
239	Russell	Bown	M	764	M55+	39	04:24:58	889	04:23:58	900	Pontypridd Roadents AC
1066	Ray	Majer	M	765	M60+	16	04:25:00	890	04:24:21	905	Sospan Road Runners
155	Robert	Barnett	M	766	M50+	73	04:25:06	891	04:23:51	895	
1329	Russell	Procter	M	767	M50+	74	04:25:12	892	04:22:32	871	South West Veterans
545	Stuart	Elliott	M	768	MOPEN	331	04:25:13	893	04:24:27	907	
191	Jose	Bernardino	M	769	M40+	163	04:25:18	894	04:24:42	912	
2021	Kim	Bennett	F	126	F50+	7	04:25:19	895	04:24:24	906	Wrekin Road Runners
975	John	Kirwan	M	770	M50+	75	04:25:20	896	04:24:32	908	Leighton Funrunners
798	Lon	Hooson	M	771	M40+	164	04:25:20	897	04:24:33	909	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1688	Kevin	White	M	772	MOPEN	332	04:25:21	898	04:22:59	878	gospport road runners
1724	Matthew	Williams	M	773	MOPEN	333	04:25:24	899	04:23:23	883	Sospan Road Runners
2267	Jane	Knight	F	127	F45+	27	04:25:29	900	04:23:55	899	
1084	Gary	Martin	M	774	M45+	142	04:25:31	901	04:23:54	898	
70	Tony	Grimley	M	775	M40+	165	04:25:35	902	04:23:22	882	
447	James	Davies	M	776	M45+	143	04:25:37	903	04:23:39	890	3M Gorseinon RR
894	Anthony	Jones	M	777	MOPEN	334	04:25:41	904	04:23:48	893	
1734	Tim	Williams	M	778	M40+	166	04:25:53	905	04:25:20	922	
2484	Charlotte	Wood	F	128	F40+	22	04:25:53	906	04:24:01	901	Roadhogs
1673	Jeremy	Webster	M	779	M50+	76	04:25:54	907	04:24:55	913	SYTRI
1142	Robin	Milstead	M	780	M55+	40	04:25:54	908	04:24:02	903	Roadhogs
42	Gareth	Dunseath	M	781	MOPEN	335	04:25:54	909	04:23:40	891	
1118	Andrew	Mcpherson	M	782	MOPEN	336	04:25:58	910	04:25:25	928	
201	Michael	Beynon	M	783	M45+	144	04:25:59	911	04:25:04	916	
466	Simon	Davis	M	784	MOPEN	337	04:26:04	912	04:25:05	917	
2003	Joanna	Amor	F	129	F35+	31	04:26:10	913	04:24:02	902	
2498	Elinor	Young	F	130	FOPEN	41	04:26:11	914	04:25:15	919	
218	Gary	Bodman	M	785	M50+	77	04:26:13	915	04:24:35	910	Les Croupiers RC
166	Nadhim	Bayatti	M	786	MOPEN	338	04:26:18	916	04:23:36	888	
1730	Russell	Williams	M	787	M40+	167	04:26:20	917	04:25:15	920	Cybi Striders
560	Alun Wyn	Evans	M	788	M40+	168	04:26:21	918	04:25:16	921	
248	Alun	Brain	M	789	MOPEN	339	04:26:23	919	04:25:22	925	
216	Steve	Blythe	M	790	M50+	78	04:26:29	920	04:25:21	923	
1058	James	Mackey	M	791	MOPEN	340	04:26:30	921	04:25:31	929	
84	Michelle	Fildes	F	131	FOPEN	42	04:26:30	922	04:25:55	936	Enyri Harriers
853	David	Irwin	M	792	M50+	79	04:26:32	923	04:24:41	911	Riverside Runners
715	Szymon	Hambicki	M	793	MOPEN	341	04:26:35	924	04:25:23	926	
1360	Lubos	Repa	M	794	MOPEN	342	04:26:35	925	04:25:24	927	
200	Gareth	Beynon	M	795	MOPEN	343	04:26:36	926	04:25:57	937	
405	Mark	Crowsley	M	796	M45+	145	04:26:37	927	04:25:34	931	North Devon Road Runners
2486	Jane	Woodburn	F	132	F45+	28	04:26:38	928	04:25:46	934	Skelmersdale Boundary Harriers
992	Tim	Latchford	M	797	MOPEN	344	04:26:48	929	04:24:12	904	
488	Pete	Dixon	M	798	M40+	169	04:26:51	930	04:24:59	914	Highworth RC
283	Henry	Burgess	M	799	M40+	170	04:26:58	931	04:25:34	932	
1414	Kenny	Rowe	M	800	M60+	17	04:27:02	932	04:26:41	950	Fell Runners Association
945	Rhys	Kearney	M	801	MOPEN	345	04:27:05	933	04:25:54	935	
1721	Huw	Williams	M	802	M40+	171	04:27:06	934	04:25:41	933	
575	Richard	Evans	M	803	M40+	172	04:27:12	935	04:25:34	930	
767	David	Hetherington	M	804	M40+	173	04:27:13	936	04:25:02	915	Chase Harriers
1415	Martyn	Rowell	M	805	M40+	174	04:27:28	937	04:25:06	918	Gospport Road Runners
610	Aaron	Fortt	M	806	MOPEN	346	04:27:29	938	04:26:06	938	
1205	David	Norrie	M	807	M55+	41	04:27:30	939	04:27:03	960	Perth Road Runners
386	Michael	Corrigan	M	808	M50+	80	04:27:32	940	04:26:14	940	Ripley RC
2367	Deborah	Richards	F	133	F55+	3	04:27:45	941	04:26:44	952	
875	Kevin	Jenkins	M	809	M50+	81	04:27:47	942	04:26:18	941	TROTS
2043	Sue	Brewer	F	134	F40+	23	04:27:50	943	04:26:53	955	Swindon Harriers
590	Peter	Ferris Mbe	M	810	M55+	42	04:27:50	944	04:26:29	946	100 Marathon Club
608	Andy	Forster	M	811	M45+	146	04:27:54	945	04:27:23	964	
2293	Terri	Mason	F	135	F40+	24	04:28:03	946	04:27:17	962	Wootton RR
1512	Jack	Smith-Keegin	M	812	MOPEN	347	04:28:05	947	04:26:19	942	
1757	Stephen	Wood	M	813	MOPEN	348	04:28:09	948	04:26:34	948	Pegasus RC
2292	Robyn	Manancourt	F	136	FOPEN	43	04:28:10	949	04:28:00	972	
2123	Ceri	Donovan	F	137	F40+	25	04:28:16	950	04:26:30	947	Lliswerry Runners
1015	David	Lewis	M	814	M55+	43	04:28:17	951	04:25:22	924	
1658	David	Walsh	M	815	MOPEN	349	04:28:19	952	04:26:49	954	
1481	Andy	Simpson	M	816	M40+	175	04:28:21	953	04:26:10	939	abergele harriers
1128	Martin	Mellor	M	817	M55+	44	04:28:28	954	04:27:30	966	Rhondda Valley Runners
1517	John	Sowerby	M	818	MOPEN	350	04:28:29	955	04:26:24	943	
1506	Robert	Smith	M	819	MOPEN	351	04:28:30	956	04:26:57	958	Cobra RC
2137	Val	Edwards	F	138	F60+	1	04:28:32	957	04:26:54	956	
2126	Marissa	Duggan	F	139	F40+	26	04:28:32	958	04:26:54	957	
1167	Karl	Morris	M	820	MOPEN	352	04:28:34	959	04:27:34	968	NWRRC
1363	Steve	Rhodes	M	821	M50+	82	04:28:37	960	04:26:44	951	Highworth RC
616	Robin	Fox	M	822	M40+	176	04:28:38	961	04:26:37	949	
871	Keith	Jeffrey	M	823	M50+	83	04:28:44	962	04:26:27	944	Egdon Heath Harriers
486	Gary	Dixon	M	824	M50+	84	04:28:46	963	04:28:10	973	
1287	Peter	Phillipson	M	825	MOPEN	353	04:28:51	964	04:26:28	945	Gospport Road Runners
1486	Joe	Skinner	M	826	MOPEN	354	04:28:51	965	04:27:29	965	
1029	Ronald	Light	M	827	M55+	45	04:28:51	966	04:28:00	970	Mole Vally Runners
1466	Robert	Shaw	M	828	M45+	147	04:28:56	967	04:27:17	963	highland hill runners
2024	Katy	Black	F	140	FOPEN	44	04:28:58	968	04:26:58	959	Witney Road Runners
2396	Louise	Shannon	F	141	FOPEN	45	04:29:12	969	04:28:00	971	
887	Rob	Johnson	M	829	M40+	177	04:29:20	970	04:27:06	961	
202	Andrew	Bickle	M	830	M55+	46	04:29:22	971	04:26:47	953	100 Marathon Club
2054	Jen	Bryant	F	142	F45+	29	04:29:23	972	04:27:34	967	Portsmouth Joggers
1376	Hugh	Rivett	M	831	MOPEN	355	04:29:28	973	04:28:58	983	
1042	David	Logan	M	832	MOPEN	356	04:29:36	974	04:28:42	977	
347	Craig	Cleaver	M	833	M40+	178	04:29:36	975	04:28:43	978	South Cheshire Harriers
902	Dei Charles	Jones	M	834	M50+	85	04:29:46	976	04:28:23	976	
1710	Andy	Williams	M	835	M45+	148	04:29:48	977	04:28:14	974	
382	Paul	Coombes	M	836	M45+	149	04:29:58	978	04:27:40	969	
1399	Nathan	Robinson	M	837	MOPEN	357	04:30:07	979	04:29:31	986	
1412	Chance	Rowan	M	838	MOPEN	358	04:30:15	980	04:29:52	988	
391	Steve	Coupe	M	839	M60+	18	04:30:18	981	04:28:15	975	
2037	Julie	Brailsford	F	143	F40+	27	04:30:26	982	04:28:55	982	
1458	Andrew	Sedgmond	M	840	M55+	47	04:30:32	983	04:28:55	981	Les Croupiers RC
409	David	Cumpstone	M	841	MOPEN	359	04:30:34	984	04:29:01	984	Lliswerry Runners
2058	Michelle	Byatt	F	144	F40+	28	04:30:42	985	04:28:51	980	Riverside Runners
2314	Lon	Morgan	F	145	F55+	4	04:30:43	986	04:29:29	985	Emlyn Runners
344	Lloyd	Clayburn	M	842	MOPEN	360	04:30:45	987	04:30:19	990	
679	John	Greenhill	M	843	M45+	150	04:30:47	988	04:28:46	979	Sospan Road Runners
513	Steve	Dunnico	M	844	M50+	86	04:30:49	989	04:30:29	995	
504	Philip	Du Plessis	M	845	M45+	151	04:31:01	990	04:29:54	989	Gloucester AC
773	John Steven	Hickton	M	846	M50+	87	04:31:17	991	04:30:45	998	
2443	Nicola	Tomlinson	F	146	FOPEN	46	04:31:27	992	04:30:29	994	Colwyn Bay AAC
1046	Matthew	Loughrey-Robinson	M	847	M45+	152	04:31:28	993	04:30:48	999	east cornwall harriers
2144	Lucia	Ellman	F	147	F50+	8	04:31:36	994	04:30:42	997	Tynedale Harriers and AC
806	Shaun	Hoskin	M	848	M40+	179	04:31:36	995	04:30:21	992	
1079	Jon	Mariott	M	849	M40+	180	04:31:37	996	04:30:20	991	Ripley RC
2193	Non	Gwynn	F	148	FOPEN	47	04:31:40	997	04:29:39	987	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1361	Sandy	Restall	M	850	MOPEN	361	04:31:55	998	04:31:36	1004	
1117	Jack	Mcneil	M	851	MOPEN	362	04:32:27	999	04:31:50	1009	Steel City Striders
1763	Darren	Woodward	M	852	M40+	181	04:32:28	1000	04:30:39	996	
1758	Christopher	Woodard	M	853	M40+	182	04:32:36	1001	04:30:52	1001	
286	Jason	Burke	M	854	M40+	183	04:32:38	1002	04:31:36	1005	Chineham Park RC
1173	James	Morrison	M	855	M60+	19	04:32:49	1003	04:32:32	1012	Charnwood AC
1122	Jason	Mee	M	856	MOPEN	363	04:33:01	1004	04:30:49	1000	Run England
145	Rob	Barber	M	857	M40+	184	04:33:04	1005	04:30:28	993	Eryri Harriers
1700	Jonathan	Wiles	M	858	MOPEN	364	04:33:06	1006	04:31:00	1002	Dover Road Runners AC
2330	Leela	Osborne	F	149	F35+	32	04:33:16	1007	04:31:12	1003	Dover Road Runners AC
397	Duncan	Cresswell	M	859	MOPEN	365	04:33:17	1008	04:33:03	1017	Ledbury & District Harriers
235	Chris	Bowers	M	860	MOPEN	366	04:33:17	1009	04:32:54	1015	
2390	Carolyn	Sanders	F	150	F45+	30	04:33:17	1010	04:33:03	1019	Malvern Joggers
2132	Dominique	Edwards	F	151	FOPEN	48	04:33:18	1011	04:33:03	1018	Malvern Joggers
333	Kim	Christensen	M	861	M40+	185	04:33:23	1012	04:32:22	1011	Slinn Allstars
2241	Alaw Rees	Jones	F	152	FOPEN	49	04:33:25	1013	04:32:14	1010	
2291	Delyth	Mainwaring	F	153	F35+	33	04:33:26	1014	04:31:38	1007	
436	Eurwyn	Davies	M	862	M45+	153	04:33:39	1015	04:33:15	1021	Cardigan RC
897	Craig	Jones	M	863	M40+	186	04:33:41	1016	04:33:23	1024	
751	Raymond	Hasler	M	864	M60+	20	04:33:43	1017	04:32:35	1013	
1045	Colin	Longworth	M	865	M60+	21	04:33:59	1018	04:33:54	1031	100 Marathon Club
1752	Michael	Wise	M	866	MOPEN	367	04:34:12	1019	04:33:51	1029	Witney Road Runners
205	Adrian	Binding	M	867	M40+	187	04:34:16	1020	04:31:37	1006	Portsmouth Joggers
193	Robert	Bernat	M	868	MOPEN	368	04:34:29	1021	04:31:49	1008	
2399	Pauline	Shipway	F	154	F45+	31	04:34:54	1022	04:33:00	1016	Highworth RC
980	Simon	Lacey	M	869	MOPEN	369	04:34:57	1023	04:34:21	1037	
859	Richard	Jackson	M	870	MOPEN	370	04:35:08	1024	04:33:17	1023	Highworth RC
233	Tony	Bowe	M	871	M50+	88	04:35:12	1025	04:34:23	1038	Northbrook AC
1034	Jamie	Lister	M	872	MOPEN	371	04:35:14	1026	04:34:47	1041	
1686	Christopher	White	M	873	MOPEN	372	04:35:18	1027	04:33:31	1027	
830	Thomas	Hughes	M	874	M45+	154	04:35:18	1028	04:32:42	1014	
2423	Claire	Swann	F	155	F40+	29	04:35:20	1029	04:33:56	1033	
61	Neil	Davies	M	875	MOPEN	373	04:35:27	1030	04:33:14	1020	
2227	Susan	Hunt	F	156	F45+	32	04:35:29	1031	04:33:15	1022	Bourton Roadrunners
2322	Becky	Newman	F	157	F45+	33	04:35:30	1032	04:34:00	1034	
1606	Warren	Tilke	M	876	M40+	188	04:35:40	1033	04:34:39	1039	Pontypridd Roadents AC
1189	Alun	Neale	M	877	MOPEN	374	04:35:56	1034	04:33:39	1028	
2345	Beth	Pirie	F	158	F40+	30	04:36:08	1035	04:33:29	1025	Victory AC
521	Kiernan	Easton	M	878	MOPEN	375	04:36:09	1036	04:33:30	1026	Portsmouth Joggers
2116	Andrea	Dermott	F	159	F45+	34	04:36:09	1037	04:34:09	1035	
2302	Andrea	Mcewan	F	160	F40+	31	04:36:10	1038	04:33:55	1032	
1615	Andrew	Toft	M	879	M45+	155	04:36:10	1039	04:35:47	1049	
111	Robbie	Appleyard	M	880	MOPEN	376	04:36:11	1040	04:33:51	1030	
1530	Rhys	Steel	M	881	MOPEN	377	04:36:14	1041	04:35:13	1045	Pontypridd Roadents AC
582	Thomas	Fallon	M	882	M40+	189	04:36:17	1042	04:35:45	1047	
1453	Nick	Scotcher	M	883	M45+	156	04:36:19	1043	04:35:10	1043	Riverside Runners
120	Damian	Ashcroft	M	884	M45+	157	04:36:36	1044	04:34:17	1036	
866	Richard	James	M	885	MOPEN	378	04:36:42	1045	04:35:51	1050	Wrexham AC
817	Stuart	Howes	M	886	MOPEN	379	04:36:43	1046	04:35:59	1052	Didcot Runners
95	Lloyd	Alexander	M	887	M50+	89	04:36:46	1047	04:35:13	1046	
2433	Helen	Thomas	F	161	F45+	35	04:36:49	1048	04:34:40	1040	
1630	Roy	Tubman	M	888	MOPEN	380	04:36:58	1049	04:35:04	1042	Littledown Harriers
864	Leigh	James	M	889	M45+	158	04:37:01	1050	04:36:20	1055	
2493	Delyth	Wright	F	162	FOPEN	50	04:37:05	1051	04:36:07	1053	
736	David	Harris	M	890	M55+	48	04:37:10	1052	04:35:47	1048	
2385	Sioned E	Rowlands	F	163	F35+	34	04:37:11	1053	04:36:36	1059	Eryri Harriers
299	David	Bytheway	M	891	MOPEN	381	04:37:18	1054	04:36:43	1061	
329	Fu-Lok	Cheung	M	892	M40+	190	04:37:19	1055	04:36:31	1056	Sandwell Valley RC
1393	Simon	Roberts	M	893	MOPEN	382	04:37:19	1056	04:36:43	1060	
2113	Elaine	Dean	F	164	F50+	9	04:37:30	1057	04:35:12	1044	
938	Terry	Jones	M	894	M60+	22	04:37:53	1058	04:35:54	1051	Celtic Tri
1536	Paul	Stocks	M	895	M45+	159	04:38:01	1059	04:36:13	1054	
1307	Benjamin	Potts	M	896	MOPEN	383	04:38:12	1060	04:36:36	1058	
661	Andrew	Gordon	M	897	MOPEN	384	04:38:26	1061	04:36:31	1057	
178	Austin	Bell	M	898	M60+	23	04:38:29	1062	04:37:16	1063	Mysteruns of Abergele
918	Mark	Jones	M	899	MOPEN	385	04:38:41	1063	04:37:11	1062	
1309	Jamie	Pounder	M	900	MOPEN	386	04:39:00	1064	04:38:29	1071	Ripley RC
1596	Pete	Thomas	M	901	M60+	24	04:39:09	1065	04:38:04	1068	
152	James	Barnes	M	902	M50+	90	04:39:13	1066	04:38:27	1070	
1632	Phillip	Turner	M	903	M45+	160	04:39:30	1067	04:39:19	1078	Sospan Road Runners
2462	Jane	Warner	F	165	F45+	36	04:39:31	1068	04:38:38	1073	Skelmersdale Boundary Harriers
2112	Sue	Davies	F	166	F45+	37	04:39:36	1069	04:37:39	1064	South Cheshire harriers
2469	Susie	Whittington	F	167	F40+	32	04:39:42	1070	04:37:48	1065	Highworth RC
709	Alan	Hall	M	904	M50+	91	04:39:43	1071	04:38:03	1067	
2220	Ann	Holmes	F	168	F45+	38	04:39:55	1072	04:38:45	1074	West Hull Ladies
1498	David R	Smith	M	905	M50+	92	04:40:01	1073	04:38:55	1076	
22	David	Adams	M	906	M40+	191	04:40:10	1074	04:38:32	1072	
535	Matthew	Edwards	M	907	MOPEN	387	04:40:14	1075	04:39:22	1079	
1041	Jim	Lloyd	M	908	M50+	93	04:40:16	1076	04:38:02	1066	
2449	Sara	Turnbull	F	169	FOPEN	51	04:40:21	1077	04:39:31	1081	MK Lakeside Runners
2335	Sara	Parry	F	170	FOPEN	52	04:40:28	1078	04:38:14	1069	
1006	Tom	Lee	M	909	MOPEN	388	04:40:35	1079	04:40:12	1093	
1007	Tim	Legge	M	910	MOPEN	389	04:40:36	1080	04:40:17	1096	
2460	Sarah	Walters	F	171	FOPEN	53	04:40:40	1081	04:39:23	1080	Cambridge Triathlon Club
981	Ray	Lainsbury	M	911	M55+	49	04:40:44	1082	04:39:56	1087	Road Runners Club
142	Dale	Ballard	M	912	M40+	192	04:40:49	1083	04:40:19	1097	
468	Chris	Dawes	M	913	MOPEN	390	04:40:59	1084	04:39:54	1085	
792	John	Holloway	M	914	MOPEN	391	04:41:00	1085	04:40:02	1091	
1465	Carl	Shackleton	M	915	MOPEN	392	04:41:04	1086	04:39:04	1077	
2298	Robina	Mccann	F	172	F45+	39	04:41:14	1087	04:38:54	1075	
2456	Frances	Waite	F	173	F40+	33	04:41:16	1088	04:40:13	1094	
1650	Simon	Waite	M	916	M45+	161	04:41:16	1089	04:40:14	1095	
870	Olumide	Jatto	M	917	M40+	193	04:41:18	1090	04:39:57	1088	york knavesmire harriers
2089	Alison	Cooper	F	174	F50+	10	04:41:37	1091	04:39:47	1083	Riverside Runners
822	Bob	Hughes	M	918	M50+	94	04:41:37	1092	04:41:09	1105	
181	James	Belton	M	919	MOPEN	393	04:41:37	1093	04:40:10	1092	
1068	Firouz	Mal	M	920	M55+	50	04:41:40	1094	04:40:01	1090	Les Croupiers RC
1374	Peter	Ritchie	M	921	M50+	95	04:41:41	1095	04:41:13	1106	Perth Road Runners
2151	Kate	Fargus	F	175	F35+	35	04:41:43	1096	04:41:25	1111	Waverley Harriers
1646	Rex Anthony	Wade	M	922	M70+	1	04:41:45	1097	04:40:59	1103	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
292	David	Buse	M	923	MOPEN	394	04:41:50	1098	04:39:58	1089	Eryri Harriers
159	Lee	Basford	M	924	MOPEN	395	04:42:06	1099	04:41:18	1108	
1425	Rafal	Rozniakowski	M	925	MOPEN	396	04:42:12	1100	04:39:55	1086	
2207	Victoria	Healey	F	176	F35+	36	04:42:13	1101	04:40:21	1098	Stockport Harriers
2273	Helen	Lawrence	F	177	F45+	40	04:42:15	1102	04:41:09	1104	Bournville Harriers
956	Ian	Kemp	M	926	M55+	51	04:42:16	1103	04:39:52	1084	
1537	Ian	Stokes	M	927	M45+	162	04:42:17	1104	04:39:42	1082	Sandwell Valley RC
2481	Julie	Williamson	F	178	F40+	34	04:42:17	1105	04:41:16	1107	Horwich RMI Harriers
2235	Tina	Jeffery	F	179	F40+	35	04:42:21	1106	04:40:31	1099	
2339	Samantha	Perrot	F	180	F40+	36	04:42:21	1107	04:40:57	1102	Run4all Neath
536	Robert	Edwards	M	928	MOPEN	397	04:42:29	1108	04:42:26	1117	
2427	Kes	Taylor	F	181	F35+	37	04:42:34	1109	04:41:46	1112	
1147	Rob	Moir	M	929	M45+	163	04:42:40	1110	04:40:50	1101	Riverside Runners
234	Austin	Bowers	M	930	MOPEN	398	04:42:56	1111	04:40:44	1100	Colwyn Bay AAC
826	Goronwy	Hughes	M	931	M40+	194	04:43:02	1112	04:42:26	1116	Hebog
909	Geraint	Jones	M	932	M45+	164	04:43:25	1113	04:41:21	1109	Eryri Harriers
2307	Sarah	Merrifield	F	182	F35+	38	04:43:49	1114	04:41:25	1110	
387	Danny	Cottle	M	933	MOPEN	399	04:44:01	1115	04:42:49	1119	
1214	Sean	O'farrell	M	934	M45+	165	04:44:02	1116	04:42:09	1113	
2162	Alexandra	Fletcher	F	183	FOPEN	54	04:44:08	1117	04:42:16	1115	Eryri Harriers
410	John	Cunnane	M	935	M65+	6	04:44:11	1118	04:43:38	1122	Islwyn RC
1245	Jeff	Palmer	M	936	M65+	7	04:44:31	1119	04:43:18	1121	
355	Andy	Clutton	M	937	M45+	166	04:44:34	1120	04:42:11	1114	Gosport Road Runners
1427	Ian	Russell	M	938	M45+	167	04:44:35	1121	04:43:45	1125	
2238	Lisa	Jenkins	F	184	FOPEN	55	04:44:40	1122	04:42:53	1120	
2310	Jayne	Mitchell	F	185	FOPEN	56	04:44:40	1123	04:44:15	1132	
414	Michael	Curtis	M	939	M45+	168	04:44:51	1124	04:42:44	1118	
1479	Lee	Simmons	M	940	MOPEN	400	04:45:00	1125	04:43:54	1129	
1485	Nik	Skidmore	M	941	M40+	195	04:45:05	1126	04:44:28	1135	
136	Kevin	Bailey	M	942	M40+	196	04:45:25	1127	04:43:50	1127	
867	Rhisiart	Jarman-Harris	M	943	M40+	197	04:45:28	1128	04:44:09	1131	
723	Michael	Hannan	M	944	MOPEN	401	04:45:34	1129	04:44:15	1133	
2084	Vinny	Colley	F	186	F45+	41	04:45:42	1130	04:43:48	1126	Highworth RC
2155	Jenny	Fifield	F	187	F50+	11	04:45:51	1131	04:44:19	1134	
1143	Stephen	Mitchell	M	945	M40+	198	04:45:57	1132	04:45:11	1144	
1593	Michael	Thomas	M	946	M50+	96	04:45:57	1133	04:44:32	1136	
654	Steve	Golding	M	947	MOPEN	402	04:45:59	1134	04:43:43	1124	
633	Mark	Garstang	M	948	M50+	97	04:46:02	1135	04:43:38	1123	Deeside AC
1072	Paddy	Maloney	M	949	M50+	98	04:46:05	1136	04:45:44	1147	
2343	Lowri	Phillips	F	188	FOPEN	57	04:46:07	1137	04:44:47	1138	San Domenico
2186	Jan	Gould	F	189	F45+	42	04:46:11	1138	04:45:08	1142	North Devon Road Runners
2271	Vicky	Lambert	F	190	F45+	43	04:46:13	1139	04:43:53	1128	Thames Valkey Harriers
175	Roger	Beech	M	950	M40+	199	04:46:16	1140	04:45:40	1146	
1114	Jocky	McClelland	M	951	M45+	169	04:46:39	1141	04:44:58	1139	Army
2001	Paula	Ace	F	191	F40+	37	04:46:41	1142	04:44:46	1137	
2251	Lorraine	Jones	F	192	F50+	12	04:46:44	1143	04:45:48	1148	Cybi Striders
2177	Carolyn	Gibson	F	193	F45+	44	04:46:54	1144	04:44:58	1141	Wallasey RC
2076	Sharon	Clayton	F	194	F40+	38	04:46:54	1145	04:44:58	1140	
1231	David	Owen	M	952	M60+	25	04:47:04	1146	04:46:49	1159	Prestatyn RC
2377	Teresa	Roberts	F	195	F45+	45	04:47:07	1147	04:45:10	1143	Tewkesbury AC
1578	Andrew	Thomas	M	953	M45+	170	04:47:12	1148	04:46:33	1155	Sospan Road Runners
402	Daniel	Crookes	M	954	M45+	171	04:47:26	1149	04:47:10	1162	
2316	Shan	Morris	F	196	F45+	46	04:47:29	1150	04:45:37	1145	
2274	Val	Lawson	F	197	F50+	13	04:47:34	1151	04:45:58	1151	Peel Road Runners
2409	Alice	Snow	F	198	F45+	47	04:47:43	1152	04:46:05	1152	highland hill runners
1711	Arwyn	Williams	M	955	M40+	200	04:47:54	1153	04:45:54	1150	
125	Lee	Ashton	M	956	MOPEN	403	04:47:59	1154	04:45:52	1149	
416	Phil	Dabner	M	957	M45+	172	04:48:07	1155	04:46:23	1154	
1311	Barry	Powell	M	958	M50+	99	04:48:20	1156	04:46:51	1160	waa
2146	Zoe	Elver	F	199	F40+	39	04:48:32	1157	04:47:42	1169	
1436	James	Samkin	M	959	M45+	173	04:48:35	1158	04:46:34	1156	
2254	Rosie	Jones	F	200	FOPEN	58	04:48:37	1159	04:47:04	1161	
1093	Trevor	Matty	M	960	M45+	174	04:48:42	1160	04:47:33	1167	Malvern Joggers
1207	Richard	Norris	M	961	M40+	201	04:48:42	1161	04:47:51	1171	
228	Matthew	Borders	M	962	MOPEN	404	04:48:45	1162	04:47:12	1163	
879	Stephen	Job	M	963	M45+	175	04:48:45	1163	04:47:13	1164	
1569	Ian-Keith	Taylor	M	964	M45+	176	04:48:45	1164	04:46:09	1153	100 Marathon Club
442	Howard	Davies	M	965	M60+	26	04:48:49	1165	04:48:31	1181	
632	Shane	Garrett	M	966	M40+	202	04:48:58	1166	04:48:02	1157	
2046	Lynda	Broadway	F	201	F45+	48	04:49:11	1167	04:46:45	1174	Malvern Joggers
2461	Charlotte	Ward	F	202	F40+	40	04:49:13	1168	04:48:54	1184	
978	Paul	Knight	M	967	M50+	100	04:49:15	1169	04:48:08	1177	
1102	Stephen	Mccarthy	M	968	MOPEN	405	04:49:20	1170	04:48:06	1175	
1759	Andrew	Woodcock	M	969	M40+	203	04:49:24	1171	04:46:49	1158	
1464	Andy	Shackleton	M	970	M65+	8	04:49:29	1172	04:47:20	1165	
1274	Daniel	Pedley	M	971	MOPEN	406	04:49:40	1173	04:47:56	1172	Wrexham AC
2048	Tracy	Bromley	F	203	F40+	41	04:49:50	1174	04:47:39	1168	Run And Ide
2326	Annette	Nixon	F	204	F40+	42	04:49:50	1175	04:47:46	1170	Dover Road Runners AC
810	Dave	Howard	M	972	MOPEN	407	04:49:52	1176	04:44:07	1130	
2494	Lisa	Wright	F	205	F40+	43	04:49:56	1177	04:48:06	1176	
446	Iwan	Davies	M	973	M40+	204	04:50:00	1178	04:48:53	1183	
2350	Louise	Price	F	206	F40+	44	04:50:07	1179	04:48:22	1179	
1468	Carl	Shawcross	M	974	M40+	205	04:50:14	1180	04:50:00	1197	
749	Matthew	Harvey	M	975	MOPEN	408	04:50:16	1181	04:47:59	1173	
1005	Jeffrey	Lee	M	976	M40+	206	04:50:27	1182	04:49:27	1191	
721	Brendan	Handrick	M	977	MOPEN	409	04:50:31	1183	04:48:24	1180	
934	Russell	Jones	M	978	MOPEN	410	04:50:46	1184	04:47:28	1166	
537	Stephen	Edwards	M	979	MOPEN	411	04:50:46	1185	04:48:20	1178	
566	Goronwy	Evans	M	980	M55+	52	04:50:49	1186	04:49:20	1189	Aberystwyth AC
24	Hambly	Paul	M	981	M40+	207	04:50:51	1187	04:49:26	1190	Port Talbot Harriers
2348	Susan	Powell	F	207	F55+	5	04:50:53	1188	04:49:32	1192	Clwydian Range Runners
2047	Maxine	Brockley	F	208	F45+	49	04:50:53	1189	04:49:32	1193	
683	Paul	Gresty	M	982	M40+	208	04:50:53	1190	04:48:44	1182	
1040	Haydn	Lloyd	M	983	M40+	209	04:51:07	1191	04:49:36	1194	Sarn Helen
2072	Deborah	Clarke	F	209	F40+	45	04:51:13	1192	04:49:06	1187	
1441	Peter	Samuelson	M	984	M65+	9	04:51:26	1193	04:49:01	1186	Spectrum Striders
1053	Nick	Macbeath	M	985	M40+	210	04:51:36	1194	04:49:12	1188	gosport road runners
699	James	Gunn	M	986	MOPEN	412	04:51:39	1195	04:48:59	1185	
2199	Denice	Harris	F	210	F45+	50	04:51:45	1196	04:49:39	1196	SNEYD STRIDERS
1204	David	Norbury	M	987	MOPEN	413	04:51:47	1197	04:50:30	1202	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1471	Adam	Shepherd	M	988	MOPEN	414	04:51:51	1198	04:50:02	1198	
957	Richard	Kemp	M	989	M50+	101	04:51:57	1199	04:51:23	1214	Black Pear Joggers
2476	Melanie	Williams	F	211	F50+	14	04:52:02	1200	04:50:50	1205	Mysteruns of Abergele
132	David	Austin	M	990	M50+	102	04:52:14	1201	04:49:38	1195	
2075	Tammy	Clarkson	F	212	F35+	39	04:52:16	1202	04:50:59	1208	
340	Damian	Clarkson	M	991	MOPEN	415	04:52:17	1203	04:51:00	1210	
342	Jamie	Clarkson	M	992	MOPEN	416	04:52:17	1204	04:51:00	1211	
950	John	Kelly	M	993	M45+	177	04:52:20	1205	04:50:39	1203	army
1768	Jeffrey	Wright	M	994	M55+	53	04:52:21	1206	04:50:04	1199	blackpool wyre and flyde ac
2317	Mary	Morton	F	213	F35+	40	04:52:22	1207	04:50:59	1209	Rhayader RC
2361	Carole	Reed	F	214	F50+	15	04:52:26	1208	04:51:07	1212	
1226	Mark	Osullivan	M	995	M40+	211	04:52:30	1209	04:50:22	1200	
2446	Goergina	Townsend	F	215	FOPEN	59	04:52:34	1210	04:50:24	1201	
1532	Michael	Stevenson	M	996	MOPEN	417	04:52:35	1211	04:51:35	1217	
1083	Denzil	Martin	M	997	MOPEN	418	04:52:39	1212	04:50:57	1206	100 Marathon Club
1534	Finlay	Stewart	M	998	MOPEN	419	04:52:54	1213	04:52:03	1221	
2148	Janet	Evans	F	216	F45+	51	04:52:54	1214	04:50:58	1207	South Cheshire Harriers
2219	Anita	Holland	F	217	F45+	52	04:52:55	1215	04:50:48	1204	SNEYD STRIDERS
2049	Jodie	Brooks	F	218	FOPEN	60	04:52:56	1216	04:51:52	1219	Headington road runners
1137	Stuart	Miller	M	999	MOPEN	420	04:52:58	1217	04:51:32	1215	
1707	Alwyn	Williams	M	1000	MOPEN	421	04:53:31	1218	04:52:41	1224	Eryri Harriers
2270	Kelly	Lainsbury	F	219	FOPEN	61	04:53:33	1219	04:52:44	1226	Witney Road Runners
318	Stephen	Cawte	M	1001	M50+	103	04:53:37	1220	04:51:16	1213	gosport road runners
179	Richard	Bell	M	1002	M45+	178	04:53:44	1221	04:52:29	1222	
622	Jack	Frost	M	1003	M50+	104	04:53:45	1222	04:52:41	1225	Chineham Park RC
1598	Steve	Thomas	M	1004	MOPEN	422	04:53:47	1223	04:52:03	1220	Ripley RC
185	Robert	Bennett	M	1005	M55+	54	04:53:54	1224	04:51:33	1216	gosport road runners
962	John	Kennedy	M	1006	M40+	212	04:54:01	1225	04:53:17	1232	
814	Mark	Howells	M	1007	M40+	213	04:54:07	1226	04:51:38	1218	
1476	Stuart	Silk	M	1008	MOPEN	423	04:54:25	1227	04:53:08	1231	
2290	Alice	Maiden	F	220	FOPEN	62	04:54:28	1228	04:52:44	1227	
2448	Claire	Trinder	F	221	F35+	41	04:54:46	1229	04:53:03	1228	Stockport Harriers
1404	Rod	Rogers	M	1009	M50+	105	04:54:53	1230	04:54:39	1246	Eryri Harriers
1390	Mike	Roberts	M	1010	M55+	55	04:55:00	1231	04:53:04	1229	Tewkesbury AC
59	Menna	Cule	M	1011	MOPEN	424	04:55:03	1232	04:52:32	1223	
2228	Fiona	Huxtable	F	222	F35+	42	04:55:07	1233	04:53:05	1230	
799	James	Hope	M	1012	M55+	56	04:55:07	1234	04:53:34	1234	
884	Dave	Johnson	M	1013	M50+	106	04:55:07	1235	04:53:34	1236	
573	Nicholas	Evans	M	1014	MOPEN	425	04:55:17	1236	04:54:11	1241	
603	Graham	Foote	M	1015	M50+	107	04:55:39	1237	04:53:34	1235	Dover Road Runners AC
2324	Yvonne	Nicholls	F	223	F55+	6	04:55:42	1238	04:53:32	1233	Chase Harriers
326	Alan	Cheesman	M	1016	M60+	27	04:55:47	1239	04:54:02	1239	
213	Philip	Black	M	1017	MOPEN	426	04:55:57	1240	04:54:59	1251	
2240	Nicky	Johnson	F	224	F45+	53	04:56:01	1241	04:54:55	1250	Brixham Harriers
493	Simon	Doherty	M	1018	M40+	214	04:56:01	1242	04:55:29	1260	Denbigh Harries
317	David	Cave	M	1019	MOPEN	427	04:56:02	1243	04:54:40	1247	
906	Gareth	Jones	M	1020	M45+	179	04:56:03	1244	04:54:32	1245	Sarn Helen
102	Harry	Andrews	M	1021	MOPEN	428	04:56:07	1245	04:53:58	1238	
106	Michael	Anstey	M	1022	M55+	57	04:56:10	1246	04:53:44	1237	Malvern Joggers
316	Mike	Catling	M	1023	M50+	108	04:56:25	1247	04:56:13	1271	Welsh Fell Runners Association
745	Carl	Hartley	M	1024	MOPEN	429	04:56:28	1248	04:55:53	1266	
2332	Beth	Owen-Booth	F	225	F40+	46	04:56:35	1249	04:54:11	1242	
459	Russell	Davies	M	1025	M45+	180	04:56:39	1250	04:55:14	1255	swansea LC cobras
697	Darren	Grounds	M	1026	MOPEN	430	04:56:49	1251	04:55:29	1261	
1253	Neil	Parkinson	M	1027	M50+	109	04:56:53	1252	04:54:04	1240	Birstall RC
2125	Nicola	Dudds	F	226	F40+	47	04:56:59	1253	04:55:15	1256	
48	Joe	Mann	M	1028	MOPEN	431	04:57:00	1254	04:55:33	1263	
223	Dominic	Booth	M	1029	M45+	181	04:57:04	1255	04:54:32	1243	Griffithstown Harriers
2029	Iwona	Booth	F	227	F35+	43	04:57:04	1256	04:54:32	1244	Griffithstown Harriers
680	Joe	Greenshields	M	1030	MOPEN	432	04:57:05	1257	04:54:44	1248	
520	David	Easton	M	1031	MOPEN	433	04:57:05	1258	04:54:44	1249	Emlyn Runners
1358	Stuart	Reid	M	1032	M50+	110	04:57:12	1259	04:55:45	1265	
1411	Matt	Routledge	M	1033	M40+	215	04:57:14	1260	04:56:08	1268	
1170	Oliver	Morris	M	1034	MOPEN	434	04:57:17	1261	04:56:04	1267	
314	Neil	Caswell	M	1035	M40+	216	04:57:20	1262	04:55:08	1253	Chase Harriers
2062	Carolyn	Caswell	F	228	F40+	48	04:57:20	1263	04:55:09	1254	Chase Harriers
1213	James	O'connor	M	1036	MOPEN	435	04:57:21	1264	04:55:31	1262	
2372	Emma	Roberts	F	229	FOPEN	63	04:57:29	1265	04:55:23	1257	Dover Road Runners AC
2025	Louise	Black	F	230	FOPEN	64	04:57:31	1266	04:55:25	1258	
194	Nick	Berney	M	1037	M40+	217	04:57:32	1267	04:56:42	1276	
288	Jim	Burn	M	1038	M40+	218	04:57:39	1268	04:55:08	1252	TRA
2141	Sharon	Elliott	F	231	F40+	49	04:57:43	1269	04:55:26	1259	
966	John	Kew	M	1039	M55+	58	04:57:45	1270	04:55:34	1264	Bristol And District A/C
1733	Steven	Williams	M	1040	M45+	182	04:57:49	1271	04:57:14	1279	3M Gorseion RR
1356	Brett	Regulski	M	1041	M50+	111	04:57:57	1272	04:56:16	1272	Chepstow Harriers
1553	Keith	Swallow	M	1042	M50+	112	04:58:06	1273	04:56:22	1273	Hastings Runners
1033	John	Ling	M	1043	MOPEN	436	04:58:12	1274	04:56:08	1269	
1119	Samuel	Mcquigg	M	1044	M45+	183	04:58:13	1275	04:56:58	1278	
2111	Patricia	Davies	F	232	F40+	50	04:58:17	1276	04:57:15	1280	West 4 harriers
811	Stewart	Howatson	M	1045	M45+	184	04:58:18	1277	04:57:26	1281	
2389	Viv	Samuelson	F	233	F35+	44	04:58:34	1278	04:56:10	1270	Swinton RC
754	Richard	Hawksworth	M	1046	M45+	185	04:58:47	1279	04:57:59	1287	derby triathlon club
2074	Rachel	Clarke	F	234	F35+	45	04:58:59	1280	04:58:43	1292	
1010	Peter	Lester-Owen	M	1047	M50+	113	04:59:00	1281	04:56:30	1274	Mysteruns of Abergele
315	Anthony	Catlin	M	1048	M60+	28	04:59:06	1282	04:58:12	1288	
905	Gareth	Jones	M	1049	MOPEN	437	04:59:12	1283	04:57:40	1284	
2053	Rachel	Brown	F	235	F40+	51	04:59:12	1284	04:57:30	1283	
2393	Ellie	Schofield	F	236	FOPEN	65	04:59:16	1285	04:56:45	1277	
1748	Stephen	Windmill	M	1050	M55+	59	04:59:28	1286	04:59:04	1298	
2243	Brenda	Jones	F	237	F70+	1	04:59:32	1287	04:57:44	1285	Bro Dysynni AC
1722	Huw	Williams	M	1051	M45+	186	04:59:36	1288	04:58:23	1289	
2420	Rachel	Stone	F	238	F35+	46	04:59:42	1289	04:59:31	1301	
2226	Clare	Hughes	F	239	F50+	16	04:59:57	1290	04:57:27	1282	
2114	Michelle	Delafield	F	240	F40+	52	04:59:57	1291	04:58:38	1291	
1338	Bohdan	Rainczuk	M	1052	M50+	114	05:00:04	1292	04:56:40	1275	Ashford Tri Club
1594	Paul	Thomas	M	1053	M45+	187	05:00:06	1293	04:58:47	1294	Witney Road Runners
2031	Gel	Bousie	F	241	F45+	54	05:00:14	1294	04:57:44	1286	
2120	Caroline	Diggle	F	242	F40+	53	05:00:24	1295	04:58:48	1295	Bedford Harriers
2069	Dawn	Childs	F	243	F40+	54	05:00:24	1296	04:58:49	1296	Bedford Harriers
172	Richard	Beddard	M	1054	M45+	188	05:00:32	1297	04:58:43	1293	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
400	David	Croft	M	1055	M70+	2	05:00:58	1298	04:59:30	1300	Gosport Road Runners
1155	Simon	Moreton	M	1056	M40+	219	05:01:00	1299	04:58:35	1290	
1141	Mark	Milner	M	1057	M50+	115	05:01:06	1300	04:59:00	1297	
1697	Stephen	Wiggins	M	1058	MOPEN	438	05:01:07	1301	05:00:11	1308	
306	Antony	Canham	M	1059	M40+	220	05:01:11	1302	04:59:21	1299	
458	Robert	Davies	M	1060	M55+	60	05:01:28	1303	04:59:45	1304	Buckley Runners
2313	Angela	Morgan	F	244	F50+	17	05:01:29	1304	04:59:33	1302	
2305	Sabina	Meehan	F	245	F45+	55	05:01:29	1305	04:59:34	1303	
737	Guy	Harris	M	1061	M45+	189	05:01:35	1306	05:01:31	1315	WEST BROMWICH MOUNTAINEERING C
2164	Tracy	Foote	F	246	F45+	56	05:01:58	1307	04:59:47	1305	Dover Road Runners AC
1100	Gerard	Mccarthy	M	1062	M55+	61	05:02:15	1308	05:00:07	1306	
1101	Simon	Mccarthy	M	1063	MOPEN	439	05:02:15	1309	05:00:07	1307	
2217	Margaret	Hodges	F	247	F55+	7	05:02:21	1310	05:00:25	1309	
784	Michael	Hodges	M	1064	M55+	62	05:02:22	1311	05:00:25	1310	
2085	Christine	Comerford	F	248	F55+	8	05:02:30	1312	05:00:54	1313	Middleton Harriers
2213	Lynne	Higgins	F	249	FOPEN	66	05:02:31	1313	05:00:54	1312	Middleton Harriers
141	Lathan	Ball	M	1065	M50+	116	05:02:48	1314	05:01:57	1319	
1770	Philip	Wynn Jones	M	1066	M40+	221	05:02:59	1315	05:01:42	1317	
1521	Rainer	Spies	M	1067	M40+	222	05:03:00	1316	05:01:42	1316	TSV NEURIED
967	Damien	Kimber	M	1068	MOPEN	440	05:03:06	1317	05:00:38	1311	
203	Paul	Bigmore	M	1069	M55+	63	05:03:12	1318	05:01:45	1318	brackla harriers
27	Gary	Dickinson	M	1070	M45+	190	05:03:42	1319	05:01:07	1314	
1413	Jim	Rowe	M	1071	M55+	64	05:03:46	1320	05:03:01	1329	Rossendale Harriers
1271	Gordon	Pearson	M	1072	M40+	223	05:03:53	1321	05:01:58	1320	Eye Community Runners
1556	Rob	Swift	M	1073	M40+	224	05:03:57	1322	05:02:20	1323	Ripley RC
1433	Jonathan	Sadler	M	1074	MOPEN	441	05:03:59	1323	05:02:05	1322	
412	Paul	Curran	M	1075	M40+	225	05:04:14	1324	05:02:35	1325	
1507	Ryan	Smith	M	1076	MOPEN	442	05:04:24	1325	05:02:55	1328	Ripley RC
1511	Wayne	Smith	M	1077	M40+	226	05:04:24	1326	05:02:41	1326	Ripley RC
565	Dai	Evans	M	1078	MOPEN	443	05:04:37	1327	05:02:34	1324	
2320	Heather	Nelmes	F	250	FOPEN	67	05:04:38	1328	05:03:27	1332	
1187	Paul	Neal	M	1079	M45+	191	05:04:39	1329	05:02:53	1327	Fry Club Joggers
250	Martin	Brewster	M	1080	M45+	192	05:04:40	1330	05:03:50	1334	Dunstable Road Runners
156	Mark	Barnett-Ashworth	M	1081	M50+	117	05:04:44	1331	05:04:16	1336	woodbridge shufflers
1211	Richard	Oakley	M	1082	M45+	193	05:04:48	1332	05:03:40	1333	
750	James	Harwood	M	1083	MOPEN	444	05:04:52	1333	05:04:08	1335	
1462	Philip	Sewell	M	1084	MOPEN	445	05:04:56	1334	05:01:58	1321	
215	Ken	Bloor	M	1085	M50+	118	05:05:15	1335	05:04:50	1342	trentham rc
2110	Nerys	Davies	F	251	F40+	55	05:05:35	1336	05:04:59	1343	
2404	Katy	Smith	F	252	FOPEN	68	05:05:36	1337	05:04:33	1340	Chineham Park RC
2204	Caryl	Hartwright	F	253	F60+	2	05:05:36	1338	05:03:18	1331	Totley AC
791	David	Holloway	M	1086	MOPEN	446	05:05:37	1339	05:04:39	1341	
148	Michael	Barker	M	1087	M60+	29	05:05:37	1340	05:03:15	1330	Gosport Road Runners
270	Mark	Brownless	M	1088	M40+	227	05:06:01	1341	05:05:02	1345	
2157	Trudie	Finch	F	254	F40+	56	05:06:04	1342	05:04:25	1337	Bedford Harriers
602	Lawrence	Folley	M	1089	M50+	119	05:06:04	1343	05:04:25	1338	BEDFORD HARRIERS
649	Colin	Gill	M	1090	M65+	10	05:06:09	1344	05:05:25	1348	
2421	Milly	Stowell	F	255	F45+	57	05:06:11	1345	05:05:13	1346	Clevedon AC
1472	Gary	Sheppard	M	1091	M45+	194	05:06:19	1346	05:04:28	1339	Highworth RC
2351	Helen	Pringle	F	256	F40+	57	05:06:34	1347	05:05:56	1350	Ware Joggers
54	Lee	Radley	M	1092	M40+	228	05:06:46	1348	05:05:00	1344	Riverside Runners
1282	Malcolm	Perry	M	1093	M60+	30	05:07:00	1349	05:06:01	1351	Tamworth AC
174	Carl	Beech	M	1094	M40+	229	05:07:14	1350	05:06:10	1352	
66	Robert	James	M	1095	MOPEN	447	05:08:05	1351	05:05:47	1349	
1397	Ian	Robinson	M	1096	M40+	230	05:08:08	1352	05:05:21	1347	
2165	Kait	Forrest	F	257	F45+	58	05:08:13	1353	05:07:12	1356	
1490	James	Small	M	1097	MOPEN	448	05:08:24	1354	05:07:09	1355	Goyt Valley Striders
662	Daniel	Gordon	M	1098	M50+	120	05:08:34	1355	05:06:40	1353	
2321	Lisa	Nelson	F	258	F35+	47	05:09:18	1356	05:06:47	1354	AVSTRI
694	Vaughan	Griffiths	M	1099	M45+	195	05:09:22	1357	05:09:07	1365	
2358	Kellee	Read	F	259	F35+	48	05:09:40	1358	05:07:16	1357	Gosport road runners
2078	Sharon	Clutton	F	260	F50+	18	05:09:41	1359	05:07:17	1358	Gosport Road Runners
1693	Guy	Whitfield	M	1100	M40+	231	05:10:01	1360	05:07:36	1360	east cheshire harriers
540	Richard	Edwardson	M	1101	MOPEN	449	05:10:15	1361	05:07:19	1359	
2398	Mandi	Shipton	F	261	F40+	58	05:10:17	1362	05:08:43	1362	
1067	Anthony	Major	M	1102	MOPEN	450	05:10:17	1363	05:08:44	1363	Malvern Joggers
1268	James	Pearce	M	1103	M60+	31	05:10:18	1364	05:08:06	1361	Witney Road Runners
1300	David	Pollard	M	1104	MOPEN	451	05:10:27	1365	05:09:08	1366	
890	Kim	Johnston	M	1105	M50+	121	05:10:38	1366	05:09:00	1364	
636	Chris	Gentle	M	1106	M45+	196	05:11:28	1367	05:09:42	1367	Llisbury Runners
2315	Lisa	Morris	F	262	F45+	59	05:11:43	1368	05:10:40	1374	Chineham Park RC
2173	Louise	Garratt	F	263	F35+	49	05:11:43	1369	05:10:40	1373	Chineham Park RC
1185	Gavin	Naisby	M	1107	M40+	232	05:11:58	1370	05:10:07	1368	Highworth RC
1105	Danny	Mccreith	M	1108	M40+	233	05:12:02	1371	05:10:23	1370	Army
2210	Ruth	Hendon	F	264	FOPEN	69	05:12:03	1372	05:10:15	1369	
2437	Annabel	Thompson	F	265	F40+	59	05:12:13	1373	05:11:18	1378	
2234	Nova	Jefferies	F	266	FOPEN	70	05:12:53	1374	05:10:55	1376	Llisbury Runners
2128	Claire	Dunkerton	F	267	FOPEN	71	05:12:53	1375	05:10:56	1377	Llisbury Runners
2102	Zara	Cumpstone	F	268	F35+	50	05:12:53	1376	05:10:54	1375	Llisbury Runners
580	William	Evans	M	1109	M55+	65	05:13:03	1377	05:10:28	1371	
564	Cliff	Evans	M	1110	M55+	66	05:13:04	1378	05:10:29	1372	
404	Dave	Crowder	M	1111	M50+	122	05:13:15	1379	05:11:56	1383	Ripley RC
439	Gary	Davies	M	1112	MOPEN	452	05:13:38	1380	05:11:25	1379	
2205	Roberta	Havers	F	269	FOPEN	72	05:13:53	1381	05:12:52	1389	
385	Ronald	Cooper	M	1113	M45+	197	05:13:55	1382	05:12:06	1384	
21	John	Ackroyd	M	1114	M45+	198	05:14:03	1383	05:12:09	1385	Yaxley Runners
1499	Garrick	Smith	M	1115	M55+	67	05:14:05	1384	05:11:34	1380	
1438	Mark	Samuel	M	1116	M40+	234	05:14:06	1385	05:11:35	1381	
2382	Lynne	Rossiter	F	270	F55+	9	05:14:11	1386	05:12:12	1386	Llisbury Runners
58	Mark	Archer	M	1117	MOPEN	453	05:14:51	1387	05:11:51	1382	
2093	Ruth	Cornish	F	271	F45+	60	05:15:05	1388	05:12:35	1387	
2454	Marcia	Vowles	F	272	F50+	19	05:15:06	1389	05:12:35	1388	Southville RC
665	Graham	Goulbourne	M	1118	M50+	123	05:15:14	1390	05:13:13	1390	
2463	Christina	Watson	F	273	F55+	10	05:15:14	1391	05:14:20	1394	Eton Manor AC
1624	Rod	Tredgett	M	1119	MOPEN	454	05:15:40	1392	05:13:14	1391	
2158	Kim	Firstbrook	F	274	F55+	11	05:15:43	1393	05:13:28	1393	Tynedale Harriers and AC
1218	Peter	Olivier	M	1120	M45+	199	05:15:46	1394	05:13:20	1392	Caerleon RC
949	Dean	Kelly	M	1121	M45+	200	05:16:01	1395	05:15:43	1404	
2256	Terri	Jones	F	275	F50+	20	05:16:22	1396	05:16:06	1405	Mercia Fell Runners
588	Simon	Fenton	M	1122	MOPEN	455	05:16:25	1397	05:15:17	1401	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
2028	Kate	Boot	F	276	F40+	60	05:16:51	1398	05:14:39	1395	Chase Harriers
2233	Kate	Jayden	F	277	FOPEN	73	05:16:51	1399	05:15:08	1400	West Cheshire AC
1450	Paul	Scibilia	M	1123	M45+	201	05:17:00	1400	05:15:28	1402	Tri-Anglia
658	Derek	Goodchild	M	1124	M65+	11	05:17:10	1401	05:16:25	1408	Lordshill Road Runners
998	Tony	Lawrence	M	1125	M45+	202	05:17:15	1402	05:14:49	1397	TRA
1044	Justin	Long	M	1126	M40+	235	05:17:17	1403	05:16:07	1406	
2500	Lynne	Zabek	F	278	F40+	61	05:17:22	1404	05:14:54	1398	scottish athletics
1778	Leonard	Zabek	M	1127	M55+	68	05:17:22	1405	05:14:55	1399	
593	Andrew	Firth	M	1128	MOPEN	456	05:17:32	1406	05:14:45	1396	
849	Alan	Irons	M	1129	M50+	124	05:17:36	1407	05:17:15	1415	
1285	David	Phillips	M	1130	M65+	12	05:17:38	1408	05:17:09	1414	Pembrokeshire Harriers
734	Russell	Harper	M	1131	M50+	125	05:17:46	1409	05:16:48	1412	South Cheshire Harriers
1337	Tim	Radford	M	1132	M50+	126	05:17:52	1410	05:15:41	1403	
158	Jonathan	Bartlett	M	1133	M45+	203	05:18:28	1411	05:16:46	1411	
265	John	Brown	M	1134	M60+	32	05:18:29	1412	05:16:16	1407	Cheadle RC
2455	Carol	Vyner	F	279	F40+	62	05:18:34	1413	05:16:33	1410	Celtic Tri
2334	Jan	Parry	F	280	F65+	1	05:18:45	1414	05:17:51	1417	
788	Paul	Holgate	M	1135	M55+	69	05:18:48	1415	05:16:26	1409	Fairlands Valley Spartans
2459	Peta	Walsh	F	281	F50+	21	05:18:55	1416	05:18:16	1419	Stockport Harriers
39	Cerian	Phelps	M	1136	MOPEN	457	05:19:33	1417	05:17:01	1413	
212	Bradley	Black	M	1137	MOPEN	458	05:19:52	1418	05:17:52	1418	
599	David	Flatman	M	1138	M40+	236	05:19:55	1419	05:19:00	1424	MK Lakeside Runners
1403	Mathew	Rogers	M	1139	MOPEN	459	05:20:01	1420	05:18:22	1421	
36	Andrew	Goff	M	1140	MOPEN	460	05:20:02	1421	05:18:22	1422	
2466	Nicola	White	F	282	F35+	51	05:20:10	1422	05:17:48	1416	gosport road runners
1294	Sion	Pierce	M	1141	MOPEN	461	05:20:15	1423	05:19:53	1427	
2468	Emma Louise	Whittick	F	283	FOPEN	74	05:20:33	1424	05:18:19	1420	Aberystwyth AC
2012	Rebecca	Bale	F	284	F35+	52	05:20:55	1425	05:18:53	1423	
1126	Joseph	Melbourne	M	1142	M40+	237	05:21:46	1426	05:21:10	1435	team derby runner
748	Andrew	Harvey	M	1143	MOPEN	462	05:21:53	1427	05:19:37	1425	
2425	Eleanor	Tagger	F	285	FOPEN	75	05:22:10	1428	05:19:53	1426	
31	Iorwerth	Roberts	M	1144	M65+	13	05:22:21	1429	05:20:21	1430	Eryri Harriers
2119	Suzanne	Devlin	F	286	F40+	63	05:22:24	1430	05:20:08	1429	Tynedale Harriers and AC
2327	Christine	Norris	F	287	F65+	2	05:22:29	1431	05:20:54	1432	Peel Road Runners
305	Martyn	Candy	M	1145	M50+	127	05:22:29	1432	05:20:54	1433	Peel Road Runners
28	Wendy	Jones	F	288	F45+	61	05:22:31	1433	05:19:57	1428	
1520	Steven	Spice	M	1146	MOPEN	463	05:22:35	1434	05:21:24	1437	
969	Bill	King	M	1147	M50+	128	05:22:48	1435	05:22:02	1444	
771	Martin	Hick	M	1148	M50+	129	05:22:49	1436	05:22:02	1442	
2257	Vanessa	Karavasili	F	289	F40+	64	05:22:57	1437	05:21:43	1441	
1082	Christian	Martin	M	1149	MOPEN	464	05:23:04	1438	05:21:02	1434	sittingbourne striders
2403	Gail	Smith	F	290	F40+	65	05:23:05	1439	05:20:36	1431	
1212	Chris	O'connor	M	1150	M55+	70	05:23:08	1440	05:21:17	1436	
2149	Marit	Evans	F	291	F50+	22	05:23:13	1441	05:21:25	1438	Bro Dysynni AC
2015	Sylvia	Barrett	F	292	F45+	62	05:23:42	1442	05:21:32	1439	Dover Road Runners AC
2159	Allison	Fitz	F	293	F50+	23	05:23:42	1443	05:21:32	1440	Dover Road Runners AC
445	Ieuan Glyn	Davies	M	1151	M45+	204	05:23:42	1444	05:22:47	1446	Cybi Striders
1192	Chris	Nelson	M	1152	M50+	130	05:23:58	1445	05:22:02	1443	
684	Pete	Grice	M	1153	MOPEN	465	05:24:03	1446	05:23:16	1448	
2052	Emma	Brown	F	294	FOPEN	76	05:24:23	1447	05:22:41	1445	Chineham Park RC
2480	Suzanne	Williams	F	295	F45+	63	05:24:27	1448	05:22:56	1447	
2011	Rachel	Baldwin	F	296	FOPEN	77	05:25:11	1449	05:24:08	1453	Chineham Park RC
2183	Shelley	Gooch-Smith	F	297	F40+	66	05:25:11	1450	05:24:08	1454	Chineham Park RC
2065	Joanne	Chappell	F	298	F45+	64	05:25:11	1451	05:24:09	1455	Chineham Park RC
1527	Ashley	Stamford-Plows	M	1154	MOPEN	466	05:25:19	1452	05:24:23	1457	
585	Peter	Fay	M	1155	M55+	71	05:25:23	1453	05:23:18	1449	
727	Michael	Hanson	M	1156	M40+	238	05:25:38	1454	05:24:02	1452	
2259	Lesley	Keighley	F	299	F60+	3	05:25:42	1455	05:23:55	1451	massey ferguson rc
2261	Louise	Kennedy	F	300	F40+	67	05:25:47	1456	05:23:27	1450	
2432	Cecilia	Thomas	F	301	F55+	12	05:25:55	1457	05:25:02	1458	Outdoor Fitness RC
1366	Islwyn	Richards	M	1157	M45+	205	05:25:56	1458	05:24:20	1456	
360	Neil	Coathup	M	1158	M40+	239	05:26:52	1459	05:25:23	1459	wirral ac
1680	Colin	Whale	M	1159	M50+	131	05:28:00	1460	05:25:28	1460	Bungay Black Dog R/C
644	Chris	Gibson	M	1160	M45+	206	05:28:19	1461	05:25:51	1461	
1184	Edward	Murray	M	1161	M40+	240	05:28:33	1462	05:26:52	1464	
499	Michael	Doyle	M	1162	MOPEN	467	05:28:33	1463	05:26:53	1465	
2150	Abi	Everall	F	302	FOPEN	78	05:28:33	1464	05:26:54	1466	
2100	Sharon	Crowley	F	303	F55+	13	05:28:39	1465	05:26:15	1462	Fairlands Valley Spartans
951	Paul	Kelly	M	1163	MOPEN	468	05:28:41	1466	05:27:40	1469	
2067	Yin-Hai	Cheung	F	304	F40+	68	05:28:46	1467	05:28:01	1470	
2225	Pauline	Howes	F	305	F60+	4	05:28:46	1468	05:28:02	1471	100 Marathon Club
2018	Rachael	Beddard	F	306	F45+	65	05:28:52	1469	05:27:04	1467	
2388	Julia	Salt	F	307	FOPEN	79	05:29:05	1470	05:27:35	1468	
1473	Jeremy	Shields	M	1164	M65+	14	05:29:12	1471	05:26:28	1463	
1657	Chris	Walsh	M	1165	M45+	207	05:30:06	1472	05:30:05	1477	
2096	Jayne	Cresswell	F	308	F40+	69	05:30:23	1473	05:28:33	1473	Malvern Joggers
1095	Guy	Mawson	M	1166	M40+	241	05:30:25	1474	05:28:32	1472	San Domenico
895	Chris	Jones	M	1167	MOPEN	469	05:31:06	1475	05:29:22	1476	Northbrook RC
443	Hugh	Davies	M	1168	M60+	33	05:31:16	1476	05:28:42	1474	Chichester Runners and Athleti
1019	John	Lewis	M	1169	M65+	15	05:31:23	1477	05:29:01	1475	
1591	Mark	Thomas	M	1170	M45+	208	05:32:13	1478	05:31:02	1480	
2215	Sarah	Hindle	F	309	F40+	70	05:32:14	1479	05:30:12	1478	Serpentine
1198	Gareth	Newman	M	1171	MOPEN	470	05:32:29	1480	05:31:57	1483	
1319	Gary	Price	M	1172	M45+	209	05:33:01	1481	05:30:59	1479	
2397	Laura	Sheldon	F	310	FOPEN	80	05:33:14	1482	05:31:33	1482	Sudbury Joggers
1145	Thomas	Mitton	M	1173	MOPEN	471	05:33:32	1483	05:32:13	1485	
1144	Matt	Mitton	M	1174	MOPEN	472	05:33:32	1484	05:32:13	1486	
2138	Vivienne	Edwards	F	311	F55+	14	05:33:38	1485	05:31:21	1481	Menai Track & Field
1113	Gary	Mclean	M	1175	M40+	242	05:33:50	1486	05:32:06	1484	
667	Tom	Graham	M	1176	MOPEN	473	05:35:42	1487	05:35:21	1490	
1236	James	Owen	M	1177	MOPEN	474	05:35:50	1488	05:34:02	1487	
2212	Kate	Hicken	F	312	FOPEN	81	05:35:51	1489	05:34:02	1488	
1613	Robert	Tite	M	1178	MOPEN	475	05:36:55	1490	05:35:33	1491	
2068	Terry	Chigwedere	F	313	F40+	71	05:37:27	1491	05:34:49	1489	
2039	Sandrine	Bramley	F	314	F40+	72	05:38:02	1492	05:36:07	1492	Team Balanced Performance
2417	Elinor	Stephens	F	315	FOPEN	82	05:38:55	1493	05:38:42	1495	
1636	Shanker	Venkatasubramanian	M	1179	MOPEN	476	05:39:14	1494	05:38:56	1498	
53	Kirti	Tandel	M	1180	MOPEN	477	05:40:17	1495	05:38:52	1497	
1094	John	Maunder	M	1181	M45+	210	05:41:00	1496	05:39:44	1500	
2387	Clary	Saddler	F	316	FOPEN	83	05:41:05	1497	05:38:50	1496	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
2081	Patricia	Coleman	F	317	F55+	15	05:41:14	1498	05:39:02	1499	Dover Road Runners AC
1477	Richard	Slim	M	1182	M50+	132	05:41:16	1499	05:38:31	1494	
923	Michael	Jones	M	1183	MOPEN	478	05:41:53	1500	05:38:03	1493	
718	Ben	Hamley	M	1184	MOPEN	479	05:42:09	1501	05:40:14	1502	
356	Darren	Coates	M	1185	MOPEN	480	05:42:20	1502	05:40:02	1501	
1690	Andrew	Whitehead	M	1186	MOPEN	481	05:42:57	1503	05:41:55	1507	Chineham Park RC
55	Louise	Jennings	F	318	FOPEN	84	05:43:05	1504	05:41:07	1504	
1726	Ormond	Williams	M	1187	M50+	133	05:43:23	1505	05:43:20	1509	Sarn Helen
1595	Paul	Thomas	M	1188	M65+	16	05:43:24	1506	05:41:14	1505	Leighton Funrunners
596	Colin	Fitz	M	1189	M55+	72	05:43:29	1507	05:41:19	1506	Dover Road Runners AC
2450	Kathy	Tytler	F	319	F55+	16	05:44:09	1508	05:42:41	1508	Reading Roadrunners
940	Will James	Jones	M	1190	MOPEN	482	05:44:43	1509	05:40:52	1503	
2127	Linzi	Duncalf	F	320	F45+	66	05:44:56	1510	05:43:25	1510	
1260	Gordon	Parton	M	1191	MOPEN	483	05:45:46	1511	05:44:57	1512	
2323	Tracey	Newman	F	321	F40+	73	05:46:10	1512	05:44:12	1511	
2487	Julie	Woodfield	F	322	FOPEN	85	05:46:57	1513	05:45:47	1514	
2283	Victoria	Lomas	F	323	FOPEN	86	05:47:02	1514	05:46:08	1515	
2296	Catherine	Mc Nicholl	F	324	F35+	53	05:47:19	1515	05:45:01	1513	BRAT
1694	David	Whitmore	M	1192	M60+	34	05:48:37	1516	05:47:51	1516	
2318	Miss	Muggeridge	F	325	F45+	67	05:51:29	1517	05:49:19	1517	Leighton Funrunners
2266	Karen	Kirwan	F	326	F55+	17	05:51:29	1518	05:49:43	1520	Leighton Funrunners
2405	Mary	Smith	F	327	F50+	24	05:51:34	1519	05:50:34	1521	Tamworth AC
2190	Marjorie	Griffiths	F	328	F65+	3	05:51:41	1520	05:49:28	1519	Bro Dysynni AC
1127	Richard	Mellish	M	1193	M70+	3	05:51:45	1521	05:50:41	1522	Chineham Park RC
527	Davey	Edmunds	M	1194	M45+	211	05:52:07	1522	05:49:23	1518	
2384	Mari	Rowlands	F	329	F45+	68	05:54:21	1523	05:52:01	1523	
1016	David	Lewis	M	1195	MOPEN	484	05:54:23	1524	05:53:44	1524	MK Lakeside Runners
74	John	Spencer	M	1196	M55+	73	05:55:27	1525	05:55:08	1526	penistone footpath runners
631	Nicholas	Garley	M	1197	M40+	243	05:56:03	1526	05:54:56	1525	
2008	Sarah	Aubrey	F	330	F35+	54	05:56:33	1527	05:56:16	1532	
2134	Joan	Edwards	F	331	F50+	25	05:56:35	1528	05:55:58	1529	
553	Keith	Elshaw	M	1198	M45+	212	05:57:37	1529	05:55:12	1527	Gosport Road Runners
2145	Angela	Elshaw	F	332	F40+	74	05:57:37	1530	05:55:13	1528	Gosport Road Runners
1666	Paul	Watts	M	1199	M45+	213	05:57:53	1531	05:56:09	1530	Wye Valley RC
815	Phillip	Howells	M	1200	M65+	17	05:57:53	1532	05:56:09	1531	
369	David	Colman	M	1201	M55+	74	06:01:02	1533	05:58:31	1533	TRA
982	Brian	Laker	M	1202	M55+	75	06:03:20	1534	06:02:25	1534	
2268	Pippa	Knight	F	333	FOPEN	87	06:06:24	1535	06:05:59	1536	
2477	Phoebe	Williams	F	334	FOPEN	88	06:07:33	1536	06:07:08	1537	
2169	Denise	Francis	F	335	F55+	18	06:08:08	1537	06:05:46	1535	Gosport Road Runners
765	James	Hellem	M	1203	MOPEN	485	06:10:41	1538	06:09:21	1539	
108	Peter	Lewis	M	1204	M50+	134	06:11:47	1539	06:08:54	1538	Eryri Harriers
783	Michael	Hodges	M	1205	M60+	35	06:20:32	1540	06:19:17	1540	TROTS
604	Nicholas	Footer	M	1206	M40+	244	06:20:55	1541	06:20:00	1541	
245	Ted	Bradley	M	1207	M50+	135	06:23:42	1542	06:21:14	1542	
2033	Jenny	Boyle	F	336	F45+	69	06:23:48	1543	06:22:05	1543	Chineham Park RC
2280	Sian	Lewis-Evans	F	337	FOPEN	89	06:24:25	1544	06:22:39	1544	Leighton Funrunners
2394	Patricia	Seabrook	F	338	F70+	2	06:26:37	1545	06:25:09	1545	Finch Coasters
221	Mike	Bond	M	1208	M55+	76	06:29:30	1546	06:27:23	1546	
2181	Karen	Gladman	F	339	F45+	70	06:34:15	1547	06:32:32	1548	Chineham Park RC
2311	Kerry	Monaghan	F	340	F40+	75	06:34:16	1548	06:32:33	1549	
891	Peter	Johnston	M	1209	M60+	36	06:34:27	1549	06:32:08	1547	
623	Anthony	Fukes	M	1210	M60+	37	06:39:16	1550	06:37:52	1550	
71	Roland	Sherwood	M	1211	M65+	18	06:41:47	1551	06:39:35	1551	
1407	Stephen	Roper	M	1212	M70+	4	06:54:22	1552	06:54:22	1552	
2044	Ria	Bright	F	341	F45+	71	07:02:36	1553	07:02:36	1553	Winston/teamBuff uk
845	Amin	Idris	M	1213	MOPEN	486	07:41:49	1554	07:41:41	1554	
1216	Shaun	O'keefe	M	DNF	M40+	DNF	DNF	DNF	DNF	DNF	Wreccsam Tri
2168	Susan	Fourie	F	DNF	F35+	DNF	DNF	DNF	DNF	DNF	Chester Tri
1584	Dyfed	Thomas	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	Eryri Harriers
2002	Alexia	Albon	F	DNF	FOPEN	DNF	DNF	DNF	DNF	DNF	
1302	David	Poole	M	DNF	M40+	DNF	DNF	DNF	DNF	DNF	
898	Daniel	Jones	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
2066	Ken	Chard	M	DNF	M55+	DNF	DNF	DNF	DNF	DNF	Witney Road Runners
448	James	Davies	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
2083	Odette	Collard-Woolmer	F	DNF	F35+	DNF	DNF	DNF	DNF	DNF	Dover Road Runners AC
1422	Callum	Rowlinson	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
2009	Judith	Austerberry	F	DNF	F35+	DNF	DNF	DNF	DNF	DNF	CHEPSTOW HARRIERS
290	Keith	Burt	M	DNF	M45+	DNF	DNF	DNF	DNF	DNF	
381	Clive	Cooksey	M	DNF	M70+	DNF	DNF	DNF	DNF	DNF	Parc Bryn Bach RC
1572	Paul	Taylor	M	DNF	M40+	DNF	DNF	DNF	DNF	DNF	
1637	Sebastian	Venn	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
2400	Rocio	Siemens	F	DNF	F35+	DNF	DNF	DNF	DNF	DNF	
217	Daniel	Bodman	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	Aberdare AAC
1431	Mark	Rutter	M	DNF	M50+	DNF	DNF	DNF	DNF	DNF	Harwich Runners
592	Mark	Fieldsend	M	DNF	M40+	DNF	DNF	DNF	DNF	DNF	
1649	Jon	Wainwright	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
1484	Stephen	Skates	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	Eryri Harriers
1003	Chris	Leadbeater	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
2030	Lucy	Boothby	F	DNF	F45+	DNF	DNF	DNF	DNF	DNF	Riverside Runners
2285	Penelope	Lovegrove	F	DNF	F65+	DNF	DNF	DNF	DNF	DNF	
800	Steve	Hopkins	M	DNF	M55+	DNF	DNF	DNF	DNF	DNF	Witney Road Runners
1209	Andrew	Nunney	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	
370	Ali	Combes	M	DNF	MOPEN	DNF	DNF	DNF	DNF	DNF	