



## Mayor of Merthyr Appeals Fund

### 2014 Roman Run 16M

Saturday 6 September 2014. 12:00 pm

#### Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	1:43:24	REYNOLDS, Andrew	Neath Harriers	Senior Men	06:30.1	162	1
2	1:47:35	THOMAS, Stephen	Aberdare Valley A.A.C.	Male Vet 40	06:45.8	37	2
3	1:50:40	BULL, Adam	Aberdare Valley A.A.C.	Senior Men	06:57.5	140	3
4	1:50:55	JACKLIN, Matthew	Aberdare Valley A.A.C.	Senior Men	06:58.4	151	4
5	1:51:45	BODMAN, Daniel	Aberdare Valley A.A.C.	Senior Men	07:01.6	156	5
6	1:52:34	OWEN, Ian	Unaffiliated	Senior Men	07:04.6	34	6
7	1:53:34	FULCHER, Chris	Neath Harriers	Male Vet 40	07:08.4	106	7
8	1:53:52	PARKER, Chris	Port Talbot Harriers	Male Vet 40	07:09.5	146	8
9	1:54:00	CROALL, Peter	San Domenico R.C.	Senior Men	07:10.0	131	9
10	1:58:38	RYALL, Sam	Pontypridd Roadents	Male Vet 40	07:27.5	116	10
11	2:00:00	JONES, Michael	Unaffiliated	Male Vet 40	07:32.7	147	11
12	2:00:14	HUMPHRIES, Afan	Swansea Harriers	Senior Men	07:33.6	124	12
13	2:01:10	JONES, Ian	Unaffiliated	Male Vet 40	07:37.1	148	13
14	2:01:20	JUKES, Daman	Parc Bryn Bach R.C.	Male Vet 40	07:37.7	68	14
15	2:01:55	THOMAS, Steve	3M Road Runners	Senior Men	07:39.9	117	15
16	2:02:22	WILLIAMS, Julian	Unaffiliated	Senior Men	07:41.6	94	16
17	2:02:32	MISKELL, Peter	Reading Road Runners	Male Vet 40	07:42.2	64	17
18	2:02:35	CULLINANE, Anthony	Unaffiliated	Male Vet 40	07:42.4	57	18
19	2:03:18	LEWIS, Chris	Neath Harriers	Senior Men	07:45.1	137	19
20	2:03:55	BAGGULEY, Simon	Unaffiliated	Senior Men	07:47.5	27	20
21	2:04:13	DAVIES, Steve	Pontypool Runners	Male Vet 40	07:48.6	122	21
22	2:04:30	EVANS, Robert	Ebbw Vale R.C.	Male Vet 40	07:49.7	58	22
23	2:05:22	KNOTT, Oliver	Unaffiliated	Senior Men	07:52.9	111	23
24	2:05:39	LEWIS, Alex	Neath Harriers	Senior Men	07:54.0	138	24
25	2:05:56	VORRES, Dimitri	Pontypool Runners	Male Vet 40	07:55.1	143	25
26	2:06:22	COLLINS, Paul	Unaffiliated	Senior Men	07:56.7	136	26
27	2:08:20	PRICE, Julian	Parc Bryn Bach R.C.	Male Vet 40	08:04.1	95	27
28	2:08:44	BOXHALL, Andrew	Unaffiliated	Male Vet 40	08:05.6	18	28
29	2:09:04	STEVENS, Darren	Merthyr Running Club	Male Vet 40	08:06.9	112	29
30	2:09:18	WILLIAMS, Alex	Port Talbot Harriers	Male Vet 40	08:07.8	9	30
31	2:09:48	GETHING, Nicola	Parc Bryn Bach R.C.	Female Vet 35	08:09.7	67	31
32	2:10:04	REISMANN, Raul	Swansea Harriers	Male Vet 40	08:10.7	153	32
33	2:10:47	PIZEY, Matthew	Unaffiliated	Senior Men	08:13.4	56	33
34	2:10:58	GWILLYM, Lyndon	Unaffiliated	Male Vet 40	08:14.1	81	34
35	2:11:19	LEWIS, Geraint	Porthcawl RunnersLife	Senior Men	08:15.4	159	35
36	2:11:26	WILKINS, Simon	Unaffiliated	Senior Men	08:15.8	15	36
37	2:11:29	TABOR, Mick	Les Croupiers R.C.	Male Vet 40	08:16.0	62	37
38	2:11:33	RUSSELL, Tom	Unaffiliated	Senior Men	08:16.3	98	38
39	2:11:59	DAVIES, Stuart	Unaffiliated	Senior Men	08:17.9	157	39
40	2:12:14	ENGLISH, Mark	Llisbury Runners	Male Vet 40	08:18.8	73	40
41	2:12:30	NELLINS, Christopher	Penarth and Dinas Runners	Male Vet 40	08:19.8	72	41
42	2:13:19	POWELL, Paul	Unaffiliated	Male Vet 40	08:22.9	161	42
43	2:13:44	WILLIAMS, Ian	Ebbw Vale R.C.	Male Vet 40	08:24.5	65	43
44	2:14:15	EVANS, Timothy	Unaffiliated	Male Vet 40	08:26.4	88	44
45	2:14:30	LLOYD, Clare	Unaffiliated	Female Vet 35	08:27.4	172	45
46	2:15:05	JONES, Ceri	Aberdare Valley A.A.C.	Female Vet 35	08:29.6	107	46
47	2:15:06	TYPE, Robert	Unaffiliated	Male Vet 40	08:29.6	25	47
48	2:16:01	MCBROWN, Hannah	Outdoor Fitness	Senior Ladies	08:33.1	133	48
49	2:16:09	SAUNDERS, Alun	Merthyr Running Club	Male Vet 40	08:33.6	175	49
50	2:19:38	REES, Andrew	Amman Valley Harriers	Male Vet 40	08:46.8	75	50
51	2:19:56	CABLE, Paul	Taff Ely Tri	Male Vet 40	08:47.9	168	51
52	2:20:12	CHAMMINGS, Martin	Parc Bryn Bach R.C.	Senior Men	08:48.9	142	52

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\* RaceMaster98 from Sport Systems +44(0)870 5123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) Webresults on [www.runnerswebuk.com](http://www.runnerswebuk.com) \*

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
53	2:20:20	GARDINER, Dave	Unaffiliated	Senior Men	08:49.4	164	53
54	2:20:30	MARSON, John	Sospan Road Runners	Male Vet 40	08:50.0	97	54
55	2:21:18	ADDIS, Richard	Unaffiliated	Senior Men	08:53.0	109	55
56	2:21:45	VAUGHAN, Richard	Unaffiliated	Male Vet 40	08:54.7	83	56
57	2:21:52	CHALLENGER, Emma	Merthyr Running Club	Female Vet 35	08:55.2	160	57
58	2:22:13	SHIRAZIAN, Edwina	Chippenham Harriers	Female Vet 35	08:56.5	49	58
59	2:22:52	TURNER, Jason	Swansea Harriers	Male Vet 40	08:59.0	145	59
60	2:24:15	BRUFORD, Ian	Unaffiliated	Male Vet 40	09:04.2	91	60
61	2:24:34	THOMAS, Carolyn	Dragons Running Club	Female Vet 35	09:05.4	173	61
62	2:24:47	GRIFFITHS, Barry	Brecon A.C.	Male Vet 40	09:06.2	167	62
63	2:25:26	OWEN, Mark	Unaffiliated	Male Vet 40	09:08.6	2	63
64	2:25:35	DAVIES, Jeff	Unaffiliated	Male Vet 40	09:09.2	16	64
65	2:25:59	HAZEL, Simon	Les Croupiers R.C.	Male Vet 40	09:10.7	101	65
66	2:26:04	THOMAS, Michael	Unaffiliated	Male Vet 40	09:11.0	165	66
67	2:26:14	PAYNE, Matthew	Unaffiliated	Senior Men	09:11.7	85	67
68	2:26:26	GWYNNE-HAMER, Darren	Unaffiliated	Male Vet 40	09:12.4	177	68
69	2:26:40	BESSELL, Mike	White Rock Runners	Senior Men	09:13.3	99	69
70	2:27:40	LEWIS, Beth	Les Croupiers R.C.	Female Vet 35	09:17.1	78	70
71	2:28:10	LANGLEY, Keith	Pontypool Runners	Male Vet 40	09:18.9	171	71
72	2:28:50	REED, Emma	Aberdare Valley A.A.C.	Female Vet 35	09:21.5	92	72
73	2:29:00	POLLARTRONE, Nicolas	Chippenham Harriers	Male Vet 40	09:22.1	70	73
74	2:29:55	JONES, Wayne	Brecon A.C.	Male Vet 40	09:25.5	169	74
75	2:30:05	CRISPIE, Gerard	Les Croupiers R.C.	Male Vet 40	09:26.2	84	75
76	2:31:10	BOUNDS, Kevin	Unaffiliated	Senior Men	09:30.3	166	76
77	2:31:23	MOFFETT, Brian	Parc Bryn Bach R.C.	Male Vet 40	09:31.1	76	77
78	2:31:50	LLOYD JONES, Richard	Unaffiliated	Male Vet 40	09:32.8	121	78
79	2:32:15	KING, Robert	Parc Bryn Bach R.C.	Senior Men	09:34.4	149	79
80	2:32:30	BAGSHAW, Richard	Chippenham Harriers	Male Vet 40	09:35.3	12	80
81	2:32:31	PERKS, Steve	Run4All	Male Vet 40	09:35.4	125	81
82	2:32:45	WILLIAMS, Robin	Unaffiliated	Male Vet 40	09:36.2	59	82
83	2:32:53	CHARLES, Paul	Pegasus R.R.C.	Male Vet 40	09:36.7	60	83
84	2:32:57	GRIFFITHS, Gethin	Unaffiliated	Male Vet 40	09:37.0	113	84
85	2:33:40	MORGAN, David	Unaffiliated	Male Vet 40	09:39.7	79	85
86	2:33:56	PIGOTT, Aisling	Outdoor Fitness	Senior Ladies	09:40.7	35	86
87	2:34:02	BRADFIELD, Kevin	Unaffiliated	Male Vet 40	09:41.1	129	87
88	2:34:15	BASETT, Jeremy	Unaffiliated	Male Vet 40	09:41.9	139	88
89	2:34:15	PINCH, Christopher	Unaffiliated	Male Vet 40	09:41.9	130	89
90	2:34:37	DAVIES, Dafydd Trystan	Outdoor Fitness	Male Vet 40	09:43.3	23	90
91	2:34:55	THOMAS, Dean	Merthyr Running Club	Male Vet 40	09:44.4	150	91
92	2:35:07	NASH, Mike	3M Road Runners	Male Vet 40	09:45.2	105	92
93	2:35:07	MISKELL, Louise	3M Road Runners	Female Vet 35	09:45.2	104	93
94	2:35:18	DIPLOCK, Hywel	Unaffiliated	Senior Men	09:45.9	176	94
95	2:35:25	SCANLON, Jason	Unaffiliated	Senior Men	09:46.3	36	95
96	2:35:33	WILLIAMS, Rhydian	Unaffiliated	Male Vet 40	09:46.8	69	96
97	2:36:25	JAMES, Steven	Unaffiliated	Senior Men	09:50.1	170	97
98	2:36:48	MUDRAK, Sergio	Chippenham Harriers	Male Vet 40	09:51.5	44	98
99	2:37:30	PAYNE, Ian	Unaffiliated	Male Vet 40	09:54.2	144	99
100	2:38:00	KWOK, Lee	Run4All	Male Vet 40	09:56.0	102	100
101	2:38:15	GAHAN, Lucinda	Outdoor Fitness	Senior Ladies	09:57.0	30	101
102	2:38:56	AMBLIN, Michelle	Les Croupiers R.C.	Female Vet 35	09:59.6	134	102
103	2:39:11	COLLINS, Kelly	Unaffiliated	Senior Ladies	10:00.5	86	103
104	2:39:11	COLLINS, Katharine	Parc Bryn Bach R.C.	Senior Ladies	10:00.5	43	104
105	2:40:07	WILLIAMS, Alun	Outdoor Fitness	Senior Men	10:04.0	38	105
106	2:40:40	HADDON, Jo	Outdoor Fitness	Senior Ladies	10:06.1	48	106
107	2:41:50	AFFLECK, Michael	Swindon Harriers	Male Vet 40	10:10.5	47	107
108	2:42:20	ADDIS, David	Unaffiliated	Senior Men	10:12.4	110	108

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109	2:42:40	BAYLISS, Ian	Unaffiliated	Male Vet 40	10:13.6	77	109
110	2:43:08	TAYLOR, Adrian	Merthyr Running Club	Male Vet 40	10:15.4	103	110
111	2:43:30	CLARKE, Debra	Run4All	Senior Ladies	10:16.8	31	111
112	2:43:30	MAINWARING, Leslie	Run4All	Female Vet 35	10:16.8	26	112
113	2:44:24	WILLIAMS, Lisa	3M Road Runners	Female Vet 35	10:20.2	53	113
114	2:44:32	REES, Elaine	Outdoor Fitness	Female Vet 35	10:20.7	11	114
115	2:44:32	CORBETT, Adrian	Outdoor Fitness	Male Vet 40	10:20.7	29	115
116	2:45:45	RUGGIERO, Clare	Outdoor Fitness	Female Vet 35	10:25.3	20	116
117	2:46:00	MACKAY, Marcelle	Unaffiliated	Male Vet 40	10:26.2	32	117
118	2:46:05	THOMAS, Rose	Rhayader R.C.	Female Vet 35	10:26.5	82	118
119	2:46:36	BOWEN-THOMSON, Gary	Outdoor Fitness	Male Vet 40	10:28.5	66	119
120	2:46:40	WILLIAMS, Yvonne	Penarth and Dinas Runners	Female Vet 35	10:28.7	45	120
121	2:47:02	JONES, Debbie	Unaffiliated	Female Vet 35	10:30.1	178	121
122	2:47:20	WHITNEY, Royston	Unaffiliated	Senior Men	10:31.3	90	122
123	2:47:47	WILLIAMS, Yvonne	Outdoor Fitness	Female Vet 35	10:33.0	10	123
124	2:47:53	THOMAS, Ruth	Outdoor Fitness	Female Vet 35	10:33.3	132	124
125	2:48:20	DAVID, Colin	Unaffiliated	Male Vet 40	10:35.0	174	125
126	2:48:28	GILLARD, Paul	Unaffiliated	Male Vet 40	10:35.5	39	126
127	2:48:58	SPEARING, Peter	Unaffiliated	Senior Men	10:37.4	127	127
128	2:49:07	LEWIS, Julie	Islwyn Running Club	Female Vet 35	10:38.0	87	128
129	2:49:22	WHEELER, Neil	Run4All	Male Vet 40	10:38.9	55	129
130	2:49:22	VYNER, Graham	Run4All	Male Vet 40	10:38.9	154	130
131	2:49:22	CLARK-REID, Megan	Run4All	Senior Ladies	10:38.9	155	131
132	2:50:10	JARVIS, Helen	Unaffiliated	Senior Ladies	10:41.9	114	132
133	2:50:56	GORE, David	Unaffiliated	Male Vet 40	10:44.8	128	133
134	2:51:16	JONES, Mark	Run4All	Male Vet 40	10:46.1	141	134
135	2:51:17	EGAN, Alyson	Run4All	Female Vet 35	10:46.2	126	135
136	2:52:48	THOMAS, Heidi	Unaffiliated	Senior Ladies	10:51.9	28	136
137	2:54:00	GRIFFITHS, Lee	Aberdare Valley A.A.C.	Male Vet 40	10:56.4	100	137
138	2:54:06	O'BRIEN, Gemma	Unaffiliated	Senior Ladies	10:56.8	135	138
139	2:55:56	FRAYNE, Ceri	Unaffiliated	Senior Ladies	11:03.7	3	139
140	2:56:07	ELIAS-JONES, Mari-Wyn	Unaffiliated	Female Vet 35	11:04.4	6	140
141	2:56:11	JONES, Sian	Unaffiliated	Male Vet 40	11:04.6	120	141
142	2:56:28	JONES, Neil	Unaffiliated	Senior Men	11:05.7	158	142
143	2:56:31	HALSEY, Graham	Unaffiliated	Senior Men	11:05.9	152	143
144	2:59:11	BEST, Nigel	Unaffiliated	Male Vet 40	11:16.0	163	144
145	3:02:37	HALL, Angela	Outdoor Fitness	Female Vet 35	11:28.9	19	145
146	3:03:18	GILBERT, Amanda	Run4All	Female Vet 35	11:31.5	118	146
147	3:03:18	WADHAM, Sam	Run4All	Senior Men	11:31.5	119	147
148	3:04:16	KNIGHT, Roland	Unaffiliated	Male Vet 40	11:35.1	80	148
149	3:04:41	JAYNE, Michelle	Parc Bryn Bach R.C.	Female Vet 35	11:36.7	42	149
150	3:09:07	WHITMARSH, Paul	Penarth and Dinas Runners	Senior Men	11:53.4	61	150
151	3:09:12	IOANNOU, Maria	Pontypridd Roadents	Senior Ladies	11:53.8	41	151
152	3:09:16	PATNETT, Leon	Unaffiliated	Senior Men	11:54.0	4	152
153	3:11:11	WILCOX, Nathan	Unaffiliated	Senior Men	12:01.2	89	153
154	3:11:40	STOCKHAM, Rebecca	Unaffiliated	Senior Ladies	12:03.1	5	154
155	3:15:43	JAMES, Paul	Unaffiliated	Senior Men	12:18.3	33	155
156	3:15:48	BOAKES, Angela	Unaffiliated	Female Vet 35	12:18.7	96	156
157	3:16:30	BOYCE, Raymond	Cornelly Striders	Male Vet 40	12:21.3	123	157
158	3:17:01	GRANDON, Tony	Outdoor Fitness	Male Vet 40	12:23.2	24	158
159	3:17:11	DAVIES, Cheryl Rebecca	Sospan Road Runners	Female Vet 35	12:23.9	13	159
160	3:17:11	STAMATAKIS, Rebeca	Unaffiliated	Senior Ladies	12:23.9	63	160
161	3:24:43	LLEWELLYN, Catherine	Merthyr Running Club	Female Vet 35	12:52.3	115	161
162	3:26:55	COCHRAN, Ruth	Pontypridd Roadents	Female Vet 35	13:00.6	40	162
163	3:33:50	STEVENS, Alun	Merthyr Running Club	Senior Men	13:26.7	14	163

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**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
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There were 163 finishers in the All Competitors category.