

RHAYADER 20 MILE ROAD RACE 2015



Pos	Time	Family	First	Num	Gen	Age	Catgy	
1	1:59:09	Collins	Latthew	311	M	35	OM	MMRT
2	2:05:25	Shaw	Martin	341	M	42	M40	Brecon A
3	2:05:33	Slavov	Gancho	284	M	39	OM	Aberystw
4	2:06:56	Davies	Tim	237	M	47	M45	Brecon A
5	2:08:40	Caulkett	Ken	324	M	34	OM	Aberystw
6	2:12:08	Land	Edward	274	M	36	OM	Aberystw
7	2:13:32	Hurford	Matthew	528	M	42	M40	Les Croup
8	2:13:55	Evans	Ian	280	M	35	OM	Aberystw
9	2:14:08	Taylor	Sean	350	M	38	OM	Pontypoc
10	2:14:13	Russell	Mark	310	M	41	M40	Kiddermi
11	2:14:41	Davies	Steve	336	M	56	M55	Pontypoc
12	2:14:56	PRICE	DAVID	155	M	28	OM	WORCES
13	2:16:25	Burn	Robert	256	M	52	M50	
14	2:17:05	MORRIS	CHRIS	185	M	33	OM	Lliswerry
15	2:17:15	Smith	Ian	330	M	54	M50	Severn A
16	2:17:21	Davies	Carwyn	551	M	37	OM	Sarn Hele
17	2:18:39	Aveyard	Carl	305	M	35	OM	Mercia
18	2:19:03	LEWIS	SIMON	183	M	49	M45	PARC BRY
19	2:19:10	FLOWERS	STEVEN	175	M	31	OM	Wye Valle
20	2:19:14	James	Ian	520	M	54	M50	Wrexham
21	2:19:26	Davies	Michael	264	M	46	M45	Sarn Hele

22	2:19:39	Jeska	Lauren	297	F	40	F40	Eryri Harri
23	2:19:56	Price	Glyn	263	M	47	M45	Sarn Hele
24	2:02:13	Lebek	Charles	568	M	52	M50	Southville
25	2:20:15	George	Martin	265	M	38	OM	Llanelli A
26	2:21:04	REYNOLDS	MATTHEW	126	M	34	OM	Celtic Tri
27	2:21:16	BROWN	GARY	174	M	34	OM	Penarth &
28	2:22:05	FRANCIS	KEVIN	216	M	49	M45	SHREWSE
29	2:22:06	Richards	Keith	277	M	42	M40	Aberystw
30	2:22:37	BURNS	MATT	197	M	34	OM	Southville
31	2:22:56	Hindle	Tim	348	M	46	M45	Brecon A
32	2:22:59	FRANCE	STEVE	218	M	35	OM	SHREWSE
33	2:23:09	Powell	Dave	299	M	54	M50	Aberystw
34	2:23:17	DEAKIN	ROB	53	M	32	OM	Birchfield
35	2:23:40	Sinclair	Ben	337	M	36	OM	
36	2:23:49	HALL	ANDY	89	M	43	M40	BOURNVI
37	2:24:03	Deaton	Paul	532	M	47	M45	Southville
38	2:24:36	TROWBRIDGE	BARRY	66	M	33	OM	Poole Run
39	2:25:11	DWYER	DAVID	217	M	37	OM	
40	2:25:29	Bishop	Darran	567	M	45	M45	Dudley &
41	2:25:43	Hooper	Nick	289	M	49	M45	Black Pea
42	2:26:48	LAWRENCE	NIGEL	160	M	47	M45	PARC BRY
43	2:26:52	Griffiths	Nick	271	M	45	M45	Amman V
44	2:27:10	Aylmore	Jim	246	M	55	M55	Poole Run
45	2:27:19	Jukes	Daman	317	M	44	M40	Parc Bryn
46	2:27:49	POWELL	MATHEW	135	M	36	OM	Celtic Tri
47	2:28:21	LAMMAS	NED	225	M	49	M45	EVESHAM
48	2:28:28	Breathnach	Roc	334	M	20	OM	
49	2:28:31	Andrews	Clive	557	M	48	M45	Black Pea
50	2:28:33	PEGLER	RICHARD	220	M	41	M40	Forest of
51	2:28:43	BRUCE	JAMES	170	M	41	M40	Les Croup
52	2:29:23	HURFORD	MARK	107	M	37	OM	Pontypoo
53	2:29:36	Bennett	Chris	240	M	37	OM	
54	2:29:41	Fowler	Craig	539	M	49	M45	Bridgend
55	2:30:01	CARTLAND	DAMIAN	172	M	40	M40	DROITWI
56	2:30:18	PAUL	TONY	121	M	41	M40	
57	2:30:22	Anthony	Richard	331	M	39	OM	Aberystw
58	2:30:23	SAMUELSON	KATIE	195	F	37	F35	CAMBRID
59	2:30:35	GETHING	NICOLA	219	F	44	F40	PARC BRY
60	2:30:55	JONES	PAUL	101	M	44	M40	Hereford
61	2:31:05	HERRON	NEIL	148	M	51	M50	Black Pea
62	2:31:11	WHIPP	DAVID	67	M	37	OM	

63	2:31:52	Walsh	Tony	272	M	52	M50	Britton R
64	2:32:37	AMOS	MARK	87	M	46	M45	
65	2:33:25	Williams	Glyn	314	M	42	M40	CroFt AM
66	2:33:40	Clarke	Sean	313	M	44	M40	Maldwyn
67	2:33:53	Attwood	Chris	335	M	40	M40	Black Pea
68	2:33:54	Baird Murray	Justim	253	M	49	M45	Rhayader
69	2:34:04	HEATLEY	SARAH	104	F	50	F50	WORCES
70	2:34:11	KING	STEVE	179	M	42	M40	Wye Valle
71	2:34:12	Harris	Chris	349	M	40	M40	Black Pea
72	2:34:20	Burch	Steven	512	M	35	OM	Stourbrid
73	2:34:27	Smith	Daren	323	M	48	M45	Forest of
74	2:34:30	Evans	Richard	278	M	36	OM	Southville
75	2:34:36	Ellis	Ian	241	M	35	OM	Mercia
76	2:34:42	Fleet	Leyton	320	M	44	M40	Forest of
77	2:35:40	Williams	Alex	356	M	47	M45	Port Talb
78	2:36:06	Gavin	Nick	295	M	34	OM	Lytchett I
79	2:36:28	COLE	JONATHAN	196	M	39	OM	ELLESMER
80	2:36:29	Judge	Megan	513	F	26	OF	Malvern J
81	2:37:00	Collinson	Libby	565	F	59	F55	Shropshir
82	2:37:16	Sandford	Dan	560	M	41	M40	Forest of
83	2:37:28	Toop	Sammi	340	F	33	OF	Pontypoc
84	2:37:32	BERRY	SCOTT	137	M	40	M40	Forest of
85	2:37:35	BELLAMY	JAMES	21	M	38	OM	Stourbrid
86	2:37:36	Beeson	Paul	283	M	49	M45	Maldwyn
87	2:37:38	Jones	Glyn	321	M	55	M55	
88	2:37:43	Taylor	Ian	542	M	42	M40	
89	2:37:48	PROCTER	ANDREW	125	M	39	OM	
90	2:37:51	Stephenson	Alex	268	M	29	OM	Cobra RC
91	2:38:26	LAUDER	SARAH	161	F	35	F35	Lliswerry
92	2:38:29	COLLINS	RICHARD	232	M	45	M45	Oswestry
93	2:39:19	Barker	Louise	300	F	39	F35	Aberystw
94	2:39:27	BAIRD-MURRAY	KNILL	199	M	53	M50	Penarth &
95	2:39:29	O'Brien	Chris	543	M	41	M40	Pontypoc
96	2:39:55	BARBOUR	SHEILA	226	F	44	F40	EVESHAM
97	2:40:06	Medcalf	Chris	541	M	40	M40	San Dome
98	2:40:53	Thomas	Carwyn	357	M	27	OM	Sarn Hele
99	2:41:13	GILLMAN	DARREN	194	M	44	M40	CAMBRID
100	2:41:52	Spencer	Andrew	547	M	52	M50	Griffithst
101	2:42:23	MALLETT	GEMMA	9	F	29	OF	CroFt AM
102	2:42:39	Bareham	Ian	285	M	40	M40	British Ar
103	2:42:46	Vance	Liz	327	F	29	OF	Southville

104	2:42:46	RITTER	DANIEL	201	M	29	OM	
105	2:42:50	Thomas	Carwyn	270	M	48	M45	
106	2:43:02	Price	Huw	262	M	51	M50	Sarn Hele
107	2:43:07	Guerrier	Chris	562	M	60	M60	Poole Run
108	2:43:51	FOWLER	BETHAN	222	F	36	F35	Lliswerry
109	2:43:52	Brown	Darren	354	M	45	M45	
110	2:44:35	Collins	Paul	566	M	50	M50	Wirral AC
111	2:44:45	Frampton	Robert	523	M	53	M50	Poole Run
112	2:44:58	BODEN	TOM	50	M	32	OM	DROITWI
113	2:44:59	MCCULLAGH	STUART	86	M	35	OM	Centurion
114	2:45:02	BOWEN	ANDREW	207	M	39	OM	
115	2:45:05	WATKINS	MARK	99	M	46	M45	Wye Valle
116	2:45:13	Powell	Anthony	316	M	42	M40	
117	2:45:57	EGAN	KATIE	35	F	31	OF	Southville
118	2:46:04	BUNN	TRICIA	149	F	40	F40	Peel Road
119	2:46:13	FREEMAN	ROBERT	233	M	42	M40	Forest of
120	2:47:15	Churchward	Ian	245	M	46	M45	Lytchett M
121	2:47:20	Warren	Mark	503	M	45	M45	Cobra RC
122	2:47:27	WATTS	RICCI	211	M	27	OM	Pontypoo
123	2:47:44	EADON	GEORGE	234	M	29	OM	Sarn Hele
124	2:47:46	Hilborne	Paul	282	M	43	M40	Southville
125	2:47:48	HUGHES	DANEEN	31	F	33	OF	Wye Valle
126	2:47:52	DAVIES	PAUL	129	M	45	M45	Wye Valle
127	2:47:53	Kaye	Andrew	559	M	53	M50	Forest of
128	2:47:54	GOODWIN	JANE	46	F	45	F45	Westbury
129	2:47:57	TOY	NICK	204	M	43	M40	Black Pea
130	2:48:10	EVANS	ANTONY	117	M	38	OM	Wye Valle
131	2:48:24	Palmer	Janice	563	F	56	F55	Poole Run
132	2:48:34	Sherratt	Sarah	293	F	43	F40	Wesham
133	2:48:38	Brown	Stuart	304	M	60	M60	Malvern J
134	2:48:39	ELSTONE	PHIL	141	M	44	M40	
135	2:49:00	Richards	Paul	549	M	51	M50	Dudley &
136	2:49:30	PHILLIPS	DAN	105	M	34	OM	
137	2:49:30	Williams	Kiate	298	F	29	OF	
138	2:49:54	Davies	Andrew	296	M	63	M60	Bridgnort
139	2:49:58	EVANS	PAUL	180	M	32	OM	Black Pea
140	2:50:17	Langley	Keith	328	M	59	M55	Pontypoo
141	2:50:36	PHILIPPS	EUAN	15	M	36	OM	Buckley R
142	2:50:41	SAWYER	HELEN	16	F	49	F45	Westbury
143	2:51:28	Smith	Andrew	279	M	49	M45	Southville
144	2:51:41	Morris	Paul	530	M	56	M55	Les Croup
145	2:51:53	KEMP	PAUL	14	M	38	OM	Wye Valle

146	2:52:13	HEATH	ANDREW	163	M	43	M40	
147	2:52:22	JONES	JEREMY	70	M	37	OM	Black Pea
148	2:52:23	ORME	PAUL	177	M	39	OM	Cobra RC
149	2:52:51	EVANS	JEFFREY	92	M	38	OM	
150	2:52:54	AMOS	STEVE	69	M	34	OM	Poole Run
151	2:53:02	CHARLES	PAUL	188	M	56	M55	PEGASUS
152	2:53:26	Tann	Garry	249	M	57	M55	North Wa
153	2:53:27	KELLETT	SARAH	173	F	37	F35	Black Pea
154	2:53:28	EACOCK	NICK	231	M	43	M40	Black Pea
155	2:53:29	TIDBURY	LUCY	65	F	29	OF	Poole Run
156	2:53:30	FRAMPTON	KELLY	68	F	26	OF	Poole Run
157	2:53:38	WILLIAMS	NEIL	26	M	51	M50	USK RUN
158	2:53:41	HANLON	MAT	215	M	42	M40	Black Pea
159	2:53:54	FODEN	ANDY	212	M	46	M45	DROITWI
160	2:53:54	HUGHES	LENNY	209	M	58	M55	Malvern J
161	2:54:25	POLLARD	KAREN	192	F	43	F40	Black Pea
162	2:54:37	Dryden	Stuart	343	M	39	OM	Shropshir
163	2:54:38	OSMOND	CLIVE	133	M	54	M50	Les Croup
164	2:54:53	Crispie	Gerard	339	M	53	M50	Les Croup
165	2:55:03	VINEY	PAUL	73	M	45	M45	Poole Run
166	2:55:15	POWELL	LAURA	8	F	27	OF	USK RUN
167	2:55:22	DICKSON	OLIVER	95	M	36	OM	Wye Valle
168	2:55:40	BLACK	SUSANNAH	49	F	36	F35	
169	2:55:40	BLACK	MICHAEL	78	M	26	OM	
170	2:55:54	Henry	Ian	351	M	42	M40	
171	2:56:07	COLE	KAY	41	F	47	F45	Southville
172	2:56:13	BLANNING	SAMUEL	114	M	30	OM	Southville
173	2:56:16	Liles	Steven	269	M	45	M45	
174	2:56:35	LANCETT	MATTHEW	142	M	39	OM	Malvern J
175	2:56:42	MCCUDDEN	SIMON	62	M	54	M50	RIPON RU
176	2:57:04	SAMUELS	PAUL	187	M	39	OM	Wrexham
177	2:57:09	JONES	STEPHEN	228	M	32	OM	
178	2:57:17	NICHOLLS	MATT	75	M	39	OM	Black Pea
179	2:57:38	POOLE	LUCY	51	F	42	F40	Malvern J
180	2:58:13	SMITH	CHRIS	45	M	34	OM	
181	2:58:18	BIBBEY	LUKE	36	M	27	OM	Southville
182	2:58:34	PUGSLEY	SIMON	202	M	46	M45	
183	2:58:54	BOWIE	RICHARD	169	M	53	M50	Fairwater
184	2:59:36	Jones	David	302	M	49	M45	Bynea CC
185	2:59:37	Sanders	Gerald	552	M	57	M55	Amazing
186	2:59:56	SPENCE	JON	96	M	36	OM	Wye Valle
187	3:00:00	LAMONT	FRASER	145	M	35	OM	TRISMAR

188	3:00:10	BUNN	RICHARD	150	M	42	M40	PEEL ROA
189	3:00:34	Bright	Louise	342	F	35	F35	Pontypwl
190	3:00:34	MATHESON	JAMES	4	M	41	M40	Black Pea
191	3:00:35	BOOTH	SOPHIE	134	F	26	OF	Black Pea
192	3:00:38	HEIDESCH	TODD	214	M	33	OM	Black Pea
193	3:00:47	DARWEN	PETER	182	M	50	M50	Black Pea
194	3:00:49	WILLIAMS	ANNA	146	F	25	OF	GREAT W
195	3:00:53	Duncan	Stuart	326	M	54	M50	Chepstow
196	3:01:02	King	Sara	292	F	34	OF	
197	3:01:06	LACEY	BERT	193	M	49	M45	Malvern J
198	3:01:07	LOWE	JEMIMA	167	F	41	F40	Black Pea
199	3:01:10	HEALY	JOANNE	27	F	41	F40	DRAGON
200	3:01:14	Beckett	Jenny	522	F	22	OF	LITTLEDO
201	3:01:28	Worthing	Anita	550	F	59	F55	Aberystw
202	3:01:40	Jenkins	Alun	244	M	51	M50	Rhayader
203	3:01:45	Syngé	Tim	561	M	51	M50	Westbury
204	3:01:53	King	Joe	291	M	41	M40	
205	3:03:05	HUMPAGE	NEIL	154	M	47	M45	Malvern J
206	3:03:36	Palmer	Richard	524	M	50	M50	
207	3:04:09	JONES	ANTHONY	108	M	43	M40	Black Pea
208	3:04:20	LEE	ANGELA	11	F	52	F50	Lordshill
209	3:04:35	Borecka	Anna	267	F	36	F35	Black Pea
210	3:04:48	GALLOWAY	SARAH	158	F	47	F45	
211	3:05:11	Field	Martyn	332	M	33	OM	Rhayader
212	3:05:21	BENJAMIN	ROBERT	128	M	58	M55	
213	3:05:26	Palmer	David	564	M	54	M50	
214	3:05:30	CALE	DAN	205	M	31	OM	Black Pea
215	3:05:38	JAMES	GWYN	210	M	43	M40	
216	3:05:56	Preece	Chris	358	M	45	M45	
217	3:05:57	EVANS	KATE	22	F	48	F45	SPA STRID
218	3:06:09	Morton	Mary	236	f	41	F40	Rhayader
219	3:07:17	RENNISON	PATRICK	112	M	53	M50	Forest of
220	3:07:29	Crouch	Peter	235	M	61	M60	Poole Run
221	3:07:35	Dowse	Marc	353	M	30	OM	
222	3:07:45	MORRIS	JENNIFER	77	F	43	F40	Black Pea
223	3:07:53	WALWYN	IAN	127	M	62	M60	Malvern J
224	3:08:04	WEBB	PAUL	103	M	58	M55	Maldwyn
225	3:08:37	Humphries	John	252	M	58	M55	Mysterun
226	3:08:51	Davies	Eurig	315	M	33	Om	
227	3:09:35	STANLEY	MARION	40	F	44	F40	
228	3:09:40	Vincent	Steve	239	M	35	OM	Lytchett I

229	3:09:57	ROCHE	JULIE	198	F	47	F45	Fairwater
230	3:10:14	Williams	Steven	266	M	47	M45	
231	3:10:15	KENT	JAMES	164	M	38	OM	Black Pea
232	3:10:20	Mc Laughlin	Ewen	286	M	45	M45	
233	3:10:29	ELVER	ZOE	208	F	44	F40	Pontypoo
234	3:10:29	Morgan	Emma	347	F	40	F40	Pontypoo
235	3:10:37	JENNINGS	PAUL	191	M	42	M40	
236	3:11:09	WALKER	MICK	7	M	48	M45	MET POLI
237	3:11:19	Caseley	Julie	517	F	55	F55	Malvern J
238	3:11:58	HATTON	JILL	37	F	38	F35	DRAGON
239	3:12:02	Butler	Rachel	346	F	52	F50	Maldwyn
240	3:12:15	Allen	Nicki	558	F	43	F40	Black Pea
241	3:12:16	Brighton	Lee	308	M	43	M40	Black Pea
242	3:12:21	LESUTIENE	LINA	3	F	32	OF	Aberystw
243	3:13:05	READWIN	MITCHELL	151	M	32	OM	Sarn Hele
244	3:13:12	LEES	JULIE	213	F	41	F40	Fairwater
245	3:13:26	SUTER	PAMELA	124	F	41	F40	Y FENNI T
246	3:13:56	Thomas	Rose	261	F	63	F60	Rhayader
247	3:14:03	Knill	Richard	329	M	45	M45	Rhayader
248	3:14:05	TOON	ROYSTON	224	M	66	M65	CHEPSTO
249	3:14:18	Aston	Sarah	556	F	47	F45	Wrekin R
251	3:15:24	Thomas	Cliff	276	M	69	M65	Aberystw
252	3:15:27	GREEN	STEPHANIE	64	F	28	OF	Poole Run
253	3:16:02	PRICE	ROSS	139	M	35	OM	
254	3:16:20	WOOD	JONATHAN	157	M	29	OM	
255	3:16:21	Jones	Terry	281	M	38	OM	Sarn Hele
256	3:16:23	RUSHTON	DONNA	110	F	42	F40	Black Pea
257	3:16:24	DOWNING	KATIE	203	F	35	F35	Black Pea
258	3:17:50	SYMONS	STEPHEN	227	M	49	M45	MANCHE
259	3:17:50	Symons	Michael	255	M	46	M45	
260	3:18:36	ELLARD	RACHAEL	42	F	36	F35	
261	3:19:07	Lacroix	Fahmia	352	F	39	F35	Warley W
262	3:19:08	MONK	CAROLINE	85	F	34	OF	WARLEY Y
263	3:19:18	SMALLWOOD	MICHAEL	106	M	50	M50	
264	3:19:19	PORTELLI	KELLINU	113	M	49	M45	Les Croup
265	3:19:31	Kink	Mike	355	M	44	M40	Hereford
266	3:19:40	Francis	Stefanie	525	F	49	F45	Forest of
267	3:19:49	COOLING	MARK	229	M	45	M45	Maldwyn
268	3:19:51	BLINSTON	ADELE	6	F	47	F45	
269	3:20:21	Frampton	Marion	521	F	54	F50	Poole Run
270	3:20:26	ROWLANDS	ELAINE	71	F	49	F45	Aberystw

271	3:20:56	Wynds	Jacqui	534	F	61	F60	Forest of
272	3:21:17	MORGAN	AMBERLEY	100	F	34	OF	PONT-Y-P
273	3:21:25	Huws	Meinir	257	F	57	F55	Abergele
274	3:21:25	HUNT	LINDSEY	152	F	29	OF	Penarth &
275	3:21:47	Griffith	Robert	531	M	46	M45	CHASE HA
276	3:22:03	DIMBYLOW	NATHAN	97	M	28	OM	Wye Valle
277	3:22:08	Jones	Lee Michelle	301	F	44	F40	Bynea CC
278	3:22:44	WILLIAMS	SANDRA	181	F	46	F45	
279	3:23:34	LEHARNE	ALISON	206	F	44	F40	Black Pea
280	3:24:01	WILLIAMS	YVONNE	147	F	61	F60	Penarth &
281	3:24:42	Samuelson	Viv	325	F	39	F35	Swinton F
282	3:24:44	Butcher	Sara	507	F	36	F35	Weston A
283	3:24:45	Butcher	Steven	508	M	43	M40	
284	3:25:06	BRADLEY	TOM	59	M	34	OM	
285	3:26:15	Johnson	Bex	538	F	43	F40	Lytchett F
286	3:26:15	SMITH	KAREN	186	F	39	F35	
287	3:26:15	NETHERCOTT	HEATHER	111	F	49	F45	Lytchett F
288	3:26:27	Woodford	Carol	544	F	55	F55	Lliswerry
289	3:26:28	Lloyd	Adrian	527	M	66	M65	Centurion
290	3:27:14	Junia	Wendell	294	M	40	M40	Aberystw
291	3:27:19	Mc Nelis	Stephen	273	M	32	OM	Black Pea
292	3:27:46	Rabjohns	Kate	260	F	53	F50	Lytchett F
293	3:27:59	OLDHAM	ANDREW	60	M	30	OM	
294	3:28:00	MACKENZIE	IAN	123	M	53	M50	Les Croup
295	3:29:05	SAMUEL	MATTHEW	166	M	30	OM	
296	3:29:10	WEBB	DAVID	159	M	55	M55	Shropshir
297	3:29:33	Thompson	Lisa	306	F	39	F35	
298	3:29:38	NEWTON	KRISTINA	33	F	60	F60	Cobra RC
299	3:29:40	Jones	Elizabeth	502	F	27	OF	
300	3:29:57	Hascer	Raymond	243	M	64	M60	
301	3:30:05	WILD	TANIA	38	F	32	OF	DRAGON
302	3:31:21	Clark	Trevor	359	M	53	M50	Pershore
303	3:31:21	Morgan	Claire	312	F	53	F50	Forest of
304	3:32:00	JOSEPH	PATRICK	12	M	49	M45	Lordshill
305	3:32:48	GOBBETT	MATTHEW	171	M	36	OM	USK RUN
306	3:32:57	DIMELOW	NATALIE	24	F	31	OF	SALE DRA
307	3:33:13	STOCKS	PAUL	61	M	49	M45	DALLAM
308	3:33:53	GILLAN	ROBERT	81	M	57	M55	
309	3:35:17	MUDDIMAN	EMMA	190	F	40	F40	
310	3:35:56	QUINN	CLARE	20	F	31	OF	
311	3:35:59	Dawson	Esther	338	F	40	F40	Usk Runn

312	3:35:59	Rustell	David	259	M	54	M50	Lytchett F
313	3:36:17	Middleton	Neil	275	M	30	OM	
314	3:36:34	Sharratt	Raymond	319	M	72	M70	Rhayader
315	3:36:38	BLAZDELL	PHILIP	25	M	43	M40	
316	3:36:44	Jones	June	345	F	42	F40	Maldwyn
317	3:36:48	Sanders	Caroline	505	F	46	F45	Black Pea
318	3:36:48	Shacklock	Clair Emma	318	F	32	OF	Black Pea
319	3:36:55	Houlton	Alison	238	F	40	F40	Lytchett F
320	3:37:15	PYE	DAVID	88	M	63	M60	Amazing
321	3:37:29	Marriott	Lucy	251	F	34	OF	Mysterun
322	3:38:32	Mc Cosh	Judy	254	F	51	F50	Rhayader
323	3:39:29	Alsworth	Michael	309	M	63	M60	100 Mara
324	3:39:32	BURTON	HELEN	136	F	57	F55	Black Pea
325	3:39:52	GOODCHILD	DEREK	10	M	68	M65	Lordshill
326	3:40:11	STANDERWICK	SAM	132	F	42	F40	Parc Bryn
327	3:40:16	CAMPANY	TIM	1	M	53	M50	
328	3:40:46	SWINDELLS	ANDREW	84	M	47	M45	Cobra RC
329	3:40:40	Thomas	Abi	287	F	38	F35	
330	3:40:50	Cain	Ingrid	288	F	58	F55	D K R C
331	3:41:59	MAHER	CHRIS	162	M	63	M60	
332	3:43:11	Ward	Beverly	540	F	51	F50	
333	3:47:07	Davies	Heather	307	F	49	F45	
334	3:48:03	Thompson	Amanda	529	F	54	F50	Les Croup
335	3:49:29	Gill	Colin	248	M	68	M65	Team Co
336	3:49:45	HAWKINS	COLIN	94	M	47	M45	Buckley R
337	3:49:45	DWAN	JASON	90	M	40	M40	Buckley R
338	3:50:44	WILLIAMS	SUZANNE	223	F	49	F45	Fairwater
339	3:52:24	DAWKINS	LUCY	184	F	25	OF	Stourbrid
340	3:53:28	VAN DEN WITTENBOER	NICOLE	28	F	48	F45	DRAGON
341	3:53:28	VAN DEN WITTENBOER	MARION	29	F	50	F50	
342	3:54:17	QUINN AZIZ	ABYD	109	M	58	M55	Penarth &
343	3:54:18	WHITMARSH	PAUL	98	M	39	OM	Penarth &
344	3:55:55	Richards	Debbie	548	F	51	F50	Dudley &
345	3:56:01	EDWARDS	PAUL	138	M	49	M45	
346	3:57:47	MORGAN	KAY	44	F	37	F35	PONT-Y-P
347	3:59:22	Winter	Helen	303	F	38	F35	
348	4:00:03	Maidment	Lynn	258	F	40	F40	
349	4:01:50	Cutler	Suzanne	533	F	43	F40	
350	4:03:14	DURKEE	LEE	83	M	35	OM	Pontypoc
351	4:04:33	Bradley	Roger	504	M	71	M70	Lordshill
353	4:07:24	BLACK	LINDA	79	F	65	F65	Shropshir
354	4:08:37	Dodd	Richard	333	M	54	M50	

355	4:10:20	Francis	Anne	506	F	66	F65	Lordshill
356	4:16:38	OWEN	ISOBEL	57	F	29	OF	
357	4:12:25	CASS	JUSTINE	200	F	43	F40	Penarth &
358	4:15:35	CAMERON	SAM	189	F	47	F45	
359	4:18:47	Smith	Amy	290	F	21	OF	
360	4:19:57	Grove	Gay	545	F	66	F65	Black Pea
361	4:19:27	Stacey	Liz	536	F	60	F60	Black Pea
362	4:22:27	McNelis	Jan	535	F	68	F65	Black Pea
363	4:26:00	Phillips	David	518	M	71	M70	Pembrok
364	4:29:58	Winwood	Marion	537	F	67	F65	Black Pea