

Fishguard Sea Cadets

10km Race 2015



Pos	Time	Family	First	Num	Gen	Age	Catg	Club
1	0:37:56	Evans	Matthew	145	M	31	OM	Aberdare Valley AAC
2	0:38:44	Hall	Simon	152	M	35	OM	Sarn Helen
3	0:39:09	Jones-Davies	Aled	143	M	33	OM	TROT's
4	0:39:24	Evans	Martin	157	M	53	M50	Team Cemais
5	0:40:21	Williams	Alec	155	M	48	M40	Pembrokeshire Harriers
6	0:41:06	Phillips	Carwyn	160	M	44	M40	Preseli Runners
7	0:41:26	Davies	Nigel	132	M	43	M40	Sarn Helen
8	0:41:52	Ouseley	Steve	135	M	41	M40	Pembrokeshire Harriers
9	0:41:56	Pearce	Brian	146	M	60	M60	
10	0:43:05	Worth	Laurence	163	M		M50	Pembrokeshire Harriers
11	0:43:47	Price	Huw	131	M	52	M50	Sarn Helen
12	0:43:55	Rowley	Tony	138	M	55	M50	
13	0:44:58	Pearce	Philip	144	M	36	OM	
14	0:47:34	Glynn	Stephen	158	M	55	M50	Pembrokeshire Harriers
15	0:47:35	Sheen	Daniel	142	M	32	OM	Pembrokeshire Harriers
16	0:48:09	Sinnett	John	161	M	58	M50	Pembrokeshire Harriers
17	0:48:29	Padget	Paul	149	M	59	M50	Pembrokeshire Harriers
18	0:48:44	Griffiths	Dave	162	M	52	M50	Pembrokeshire Harriers
19	0:48:59	Price	Martin	148	M	50	M50	
20	0:49:26	Jolly	Dee	151	F	28	OF	Sarn Helen

21	0:50:02	Sexton	Chris	139	M	51	M50	Pembrokeshire Harro
22	0:51:40	Lloyd	Sue	130	F	50	F45	Pembrokeshire Harro
23	0:55:07	Pearce	Dora	147	F	55	F45	
24	0:55:49	Dudley	Carole	156	F	39	F35	
25	0:56:52	Evans	Lesley	141	F	56	F45	Pembrokeshire Harro
26	0:56:52	Roach-Jones	James	150	M	40	M40	Pembrokeshire Harro
27	0:58:21	Garner	Deb	140	F	53	F45	Pembrokeshire Harro
28	1:00:08	Griffiths	Alison	129	F	45	F45	Pembrokeshire Harro
29	1:01:48	Maclead	Penelope	154	F	54	F45	
30	1:02:19	Thomas	Barbara	134	F	70	F45	Pembrokeshire Harro
31	1:02:30	Richardson	Keith	137	M	71	M60	
32	1:02:43	Bell	Jeannie	159	F	59	F45	Pembrokeshire Harro
33	1:04:27	Charlett	Pauline	133	F	53	F45	Pembrokeshire Harro
34	1:07:20	Murphy	Francesca	153	F	18	OF	
35	1:37:00	Watts	Allen	136	M	86	M60	Sarn Helen