

**Sarn Helen Hill Race 2015 - 16.5miles**

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
321	1	Andrew Reynolds	Neath Harriers	32	M	1.50.05
347	2	Ken Caulkett	Aberystwyth AC	34	M	1.50.11
357	3	Carwyn Thomas	Sarn Helen	27	M	1.54.58
337	4	Glyn Price	Sarn Helen	48	M40	1.57.09
317	5	Daniel Tomlinson	Neath Harriers	19	M	1.58.36
344	6	Daniel Hooper	Sarn Helen	42	M40	1.58.46
342	7	Carwyn Davies	Sarn Helen	38	M	1.59.09
340	8	Simon Hall	Sarn Helen	35	M	1.59.32
318	9	Gareth Davey	Neath Harriers	39	M	2.04.22
346	10	Llewelyn Lloyd	Sarn Helen	23	M	2.04.59
333	11	Steven Holmes	Sarn Helen	41	M40	2.05.23
323	12	Geraint Davies		32	M	2.06.19
310	13	Kevin Regan	Sarn Helen	33	M	2.07.40
315	14	Dave Powell	Aberystwyth AC	54	M50	2.08.29
341	15	Kevin Hughes	Sarn Helen	41	M40	2.09.06
331	16	Sion Price	Sarn Helen	20	M	2.09.22
335	17	Nigel Davies	Sarn Helen	43	M40	2.09.54
308	18	Rob Falconer	Swansea Harriers	56	M50	2.14.50
324	19	Tony Hall	Sarn Helen	60	M50	2.15.29
304	20	Geraint Evans	Llandoverly	45	M40	2.15.46
316	21	Caryl Davies	Sarn Helen	27	F	2.16.51
332	22	Murray Kisbee	Sarn Helen	65	M50	2.19.51
326	23	Gethin Jones	Sarn Helen	42	M40	2.21.31
343	24	Andrew Davis	Sarn Helen	47	M40	2.21.46
339	25	Julia Tello Velamazán	Mid Wales Orienteer	27	F	2.21.53
303	26	Rachel Evans	Run4All Neath	42	F35	2.22.24
349	27	Gari Thomas	Rhedwyr Emlyn	48	M40	2.22.32
311	28	Carwyn Thomas		48	M40	2.23.13
351	29	Michael Taylor		55	M50	2.23.27
336	30	Huw Price	Sarn Helen	52	M50	2.23.33
325	31	Owen Thomas		47	M40	2.26.10

329	32	Clive Evans	Cardigan	46	M40	2.26.33
350	33	Terry Jones	Sarn Helen	38	M	2.26.39
327	34	Howard Thomas	Cardigan	41	M40	2.28.36
319	35	Louise Barker	Aberystwyth AC	40	F35	2.29.02
328	36	Robert Luxton	Cardigan	56	M50	2.30.31
338	37	Eleri Rivers	Sarn Helen	41	F35	2.30.49
322	38	Ian Sparks	Neath Harriers	46	M40	2.35.58
301	39	Dorian Rees	Sarn Helen	39	M	2.36.20
330	40	Michael Baggott	Woking AC	33	M	2.36.58
348	41	Sue Thomas	Rhedwyr Emlyn	47	F45	2.37.28
309	42	Ewen Mc Laughlin		45	M40	2.39.28
345	43	Haydn Lloyd	Sarn Helen	43	M40	2.40.31
307	44	Eric Rees	Sarn Helen	43	M40	2.44.35
313	45	Lon Morgan	Rhedwyr Emlyn	57	F45	2.47.53
312	46	Wendy Tromans	Rhedwyr Emlyn	47	F45	2.47.57
354	47	Michael Readwin	Sarn Helen	32	M	2.49.35
314	48	Cameron Pope	Aberystwyth AC	59	M50	2.52.49
320	49	Jan Kletta	Pencoed Tri Club	30	M	2.58.24
353	50	John Sweeting	MDC	68	M50	3.12.58
355	51	Philip Griffiths	Spirit of Monmouth	56	M50	3.18.48
302		Stephen Brooks		47	M40	dns

1st TEAM - Sarn Helen Club

3 Carwyn Thomas

4 Glyn Price

6 Daniel Hooper

7 Carwyn Davies