

## WHITFORD POINT MULTI-TERRAIN RACE 2015 Results

Race Position	Number	Time mins	Time secs	Name	Age category	Club and Gender	Club	M/F	WA Reg'n
1	176	35	54	Richard Copp	M	Unattached M	Unattached	M	Y
2	158	36	07	Michael Bryant	M	Swansea Harriers M	Swansea Harriers	M	Y
3	208	36	25	Ifan Lloyd	VM50	Swansea Harriers M	Swansea Harriers	M	Y
4	164	36	37	Wayne Thomas	VM45	Unattached M	Unattached	M	Y
5	148	36	41	Eamonn Kirk	VM	Swansea Harriers M	Swansea Harriers	M	Y
6	224	36	57	Matthew Rees	M	Swansea Harriers M	Swansea Harriers	M	Y
7	217	37	08	Adam Newton	M	Swansea Harriers M	Swansea Harriers	M	N
8	214	37	15	Kevin Griffiths	VM50	TROTS M	TROTS	M	Y
9	219	37	27	Raul Reismann	VM	Swansea Harriers M	Swansea Harriers	M	Y
10	204	37	43	Christtopher Jenkins	M	Neath Harriers M	Neath Harriers	M	N
11	165	37	58	Steve Smith	VM50	3M Running Club M	3M Running Club	M	N
12	213	40	15	Charles Thomas Walsh	M	Port Talbot Harriers M	Port Talbot Harriers	M	Y
13	166	40	42	Kneath Phillipart	VM50	Swansea Harriers M	Swansea Harriers	M	Y
14	228	40	53	Alex Lewis	M	Neath Harriers M	Neath Harriers	M	Y
15	173	40	58	Simon Brewer	VM	Swansea Harriers M	Swansea Harriers	M	Y
16	155	41	07	Paul Abraham	VM50	Unattached M	Unattached	M	N
17	215	41	08	Jemima Osborn	F	Swansea Harriers F	Swansea Harriers	F	Y
18	244	41	23	Dave Joes	M	Unattached M	Unattached	M	N
19	243	41	40	Alex Williams	VM45	Port Talbot Harriers M	Port Talbot Harriers	M	Y
20	153	41	57	Stuart Booker	M	Unattached M	Unattached	M	N
21	205	42	10	Dom Parkes	M	Dogs on Ropes M	Dogs on Ropes	M	Y
22	248	42	25	Pete Smith	M	Unattached M	Unattached	M	N
23	235	42	31	Cassandra Miles	F	RUN4ALL F	RUN4ALL	F	Y
24	152	42	33	Bethan Everson	F	Swansea University F	Swansea University	F	N
25	202	42	49	William Ferguson	VM50	Attilaless M	Attilaless	M	N
26	221	42	56	Michael Williams	VM	Swansea Harriers M	Swansea Harriers	M	Y
27	216	42	57	Antoinette Damagre	F	Swansea University F	Swansea University	F	Y
28	222	43	05	Calvin Hood	M	Swansea Harriers M	Swansea Harriers	M	Y
29	174	43	06	John Marson	VM	Llanelli AC M	Llanelli AC	M	N
30	168	43	13	Caroline Rimmer	F	Swansea Harriers F	Swansea Harriers	F	Y
31	147	43	36	Heath Brett	VM	Unattached M	Unattached	M	N
32	229	43	40	Simon Scurrrell	M	TROTS M	TROTS	M	Y
33	200	43	45	Ian Hoskins	VM	3M Running Club M	3M Running Club	M	N
34	241	43	53	Lee Treadwell	M	Les Croupiers M	Les Croupiers	M	N
35	233	44	06	Dave Bembo	VM45	Attilaless M	Attilaless	M	N

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36	169	44	12	Helen-Marie Davies	VF	Swansea Harriers F	Swansea Harriers	F	Y
37	230	44	34	Richard Phillips	M	TROTS M	TROTS	M	Y
38	209	44	38	Ioan Evans	M	RUN4ALL M	RUN4ALL	M	Y
39	220	44	48	Karen Davies	VF45	Unattached F	Unattached	F	Y
40	246	44	52	Charles Kaminaris	M	Unattached M	Unattached	M	N
41	203	44	55	Kevin Bessant	VM50	Attilaless M	Attilaless	M	N
42	154	44	56	Anthony Thomas	M	Unattached M	Unattached	M	N
43	240	45	00	Jose Ruddy	VM45	Unattached M	Unattached	M	N
44	171	45	15	Kevin Lewis	VM50	Neath Harriers M	Neath Harriers	M	Y
45	175	45	37	Paul Lewis	VM45	Swansea Harriers M	Swansea Harriers	M	N
46	227	45	54	Sian Phillips	VF45	Swansea Harriers F	Swansea Harriers	F	N
47	249	46	02	Dave Cornish	VM45	Port Talbot Harriers M	Port Talbot Harriers	M	N
48	145	46	13	Martin Slucutt	M	Swansea Harriers M	Swansea Harriers	M	Y
49	237	46	38	Jason Thomas	M	Unattached M	Unattached	M	N
50	167	46	47	Martyn Evans	VM50	Wecori M	Wecori	M	Y
51	218	46	59	Julie Evans	VF40	Swansea Harriers F	Swansea Harriers	F	Y
52	206	47	02	Jane Griffiths	VF40	Unattached F	Unattached	F	N
53	212	47	09	Cara-Leanne Farley	F	RUN4ALL F	RUN4ALL	F	Y
54	242	47	09	Helen Oliver	F	Les Croupiers F	Les Croupiers	F	N
55	201	47	51	Judith Oakley	VF45	Vegan Runners F	Vegan Runners	F	Y
56	210	48	05	Maggie Fligelstone	VF45	Unattached F	Unattached	F	Y
57	250	48	55	Simon Pinner	VM45	Wecori M	Wecori	M	Y
58	245	49	12	Richard Leary	VM	Celtic Tri M	Celtic Tri	M	N
59	161	49	32	Katie Lewis	VF	Unattached F	Unattached	F	N
60	238	49	36	Johnny Evans	M	Unattached M	Unattached	M	Y
61	170	49	48	Steve Hames	VM50	Neath Harriers M	Neath Harriers	M	Y
62	207	49	53	Katy Drane	F	Unattached F	Unattached	F	Y
63	223	49	55	Chris Webb	VF40	Swansea Harriers F	Swansea Harriers	F	Y
64	177	50	18	Eric Davey	VM50	Llanelli AC M	Llanelli AC	M	N
65	162	50	28	Uku Kumari	VM50	Swansea Harriers M	Swansea Harriers	M	Y
66	236	50	34	Tudor Miles	VM50	RUN4ALL M	RUN4ALL	M	N
67	160	51	14	Lucy Lewis	F	Unattached F	Unattached	F	N
68	163	51	23	Christian Fox	VM	Unattached M	Unattached	M	N
69	157	52	28	Richard Lowcock James	M	Cwm Ogwr running club M	Cwm Ogwr running club	M	Y
70	225	53	23	Steve Riddler	VM50	Cwm Ogwr running club M	Cwm Ogwr running club	M	Y
71	226	54	05	Andrew Rothwell	M	Unattached M	Unattached	M	N
72	251	54	04	Alexi Maximenvco	M	Wecori M	Wecori	M	Y

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73	179	55	23	John Greenhill	VM45	Unattached M	Unattached	M	Y
74	234	55	33	Viki Isherwood	VF40	Unattached F	Unattached	F	N
75	151	56	21	Rhiannon Wallace	F	Swansea University F	Swansea University	F	N
76	180	56	31	Non Gwynn	F	Unattached F	Unattached	F	Y
77	247	56	37	Christopher Jones	VM	Unattached M	Unattached	M	Y
78	211	57	32	William Marks	VM50	Unattached M	Unattached	M	N
79	172	57	49	Bruce Morgan	VM50	Llanelli AC M	Llanelli AC	M	Y
80	146	59	57	Marc Saunders	M	Unattached M	Unattached	M	N
81	232	60	04	Georgia Francis	F	Unattached F	Unattached	F	N
82	231	60	04	Nick Francis	M	Swansea Vale Runners M	Swansea Vale Runners	M	N
83	159	63	05	Sian Phillips	F	Unattached F	Unattached	F	N
84	178	63	29	Nigel Jones	VM50	Llanelli Strollers M	Llanelli Strollers	M	N
85	156	65	05	Natasha Dagnall	F	Unattached F	Unattached	F	N
86	149	65	06	David Jones	VM	Unattached M	Unattached	M	N
87	239	65	06	Andy Bellingham	VM45	Unattached M	Unattached	M	Y