

# TROT's

## St Clears 10km 2015

Pos	Time	Family	First	Num	Gen	Age	Catg	Club
1	0:36:38	John	Daryl	19	M	41	M40	TROT's
2	0:36:56	Nicholls	Doug	64	M	36	OM	San Domenico
3	0:37:38	Jones Davies	Aled	28	M	34	OM	TROT's
4	0:37:54	Griffiths	Kevin	77	M	51	M50	TROT's
5	0:38:04	Barrett	Richard	103	M	45	M40	British Army
6	0:38:24	Osborne	Peter	68	M	55	M50	Llanelli AC
7	0:38:28	Price	Glyn	39	M	48	M40	Sarn Helen
8	0:39:03	Abinett	Ian	23	M	36	OM	
9	0:39:35	Watters	Craig	37	M	48	M40	Midland Masters
10	0:39:40	Corkrum	Charlie	12	M	29	OM	TROT's
11	0:40:05	Rees	Simon	58	M	35	OM	Llanelli AC
12	0:40:29	Marks	Richard	40	M	65	M60	Sarn Helen
13	0:41:55	Hutchison	Ben	107	M	29	OM	
14	0:42:48	Bird	Ian	86	M	30	OM	Port Talbot Harriers
15	0:43:17	Jones	Dylan	76	M	32	OM	
16	0:43:48	Pearce	Philip	104	M	36	OM	
17	0:44:04	O'Brien	Terry	106	M	58	M50	
18	0:44:07	Price	Huw	34	M	52	M50	Sarn Helen
19	0:44:09	Bleasdale	Charlie	46	M	18	OM	
20	0:44:18	Pearce	Brian	96	M	60	M60	
21	0:44:22	Scurrrell	Simon	75	M	35	OM	TROT's
22	0:44:41	Davies	Seth	81	M	23	OM	San Domenico
23	0:45:07	Roberts-Jones	Sian	62	F	35	F35	Sarn Helen
24	0:45:20	Eynon	Lindy	41	F	54	F45	TROT's
25	0:45:27	Snelson	Dewi	90	M	35	OM	TROT's
26	0:45:32	Wilson	Ade G	9	M	44	M40	Howies
27	0:45:39	Worth	Laurence	55	M	52	M50	Pembrokeshire Harriers
28	0:45:44	Lewis	Paul	27	M	50	M50	Swansea Harriers
29	0:45:59	Bleasdale	Mark	47	M	47	M40	TROT's
30	0:46:05	Evans	Rhys	78	M	15	OM	
31	0:46:09	Orford	Nathan	8	M	42	M40	Howies
32	0:46:14	Brynant	John	87	M	22	OM	
33	0:46:37	Byrne	David	66	M	31	OM	
34	0:46:55	Nicholas	Dylan	80	M	38	OM	
35	0:46:56	Hall	Aled	59	M		M40	

36	0:46:59	Sinnett	John	89	M	58	M50	Pembrokeshire Harriers
37	0:47:20	Venables	Nick	45	M	35	OM	Sospan RR
38	0:47:21	Davies	Martin	101	M	33	OM	
39	0:47:28	Thomas	Andrew	42	M	50	M50	Gorseinon 3ms
40	0:47:32	Walters	Peter	57	M	54	M50	TROTts
41	0:47:36	Lutley	Chris	20	M	26	OM	
42	0:47:49	Watters	Elizabeth	38	F	25	OF	Birchfield Harriers
43	0:48:05	Glynn	S	73	M	55	M50	Pembrokeshire Harriers
44	0:48:06	Powell	Keith	83	M	59	M50	TROTts
45	0:48:13	Vaughan	Simon	31	M	42	M40	Gorseinon 3ms
46	0:48:16	Jenkins	Kevin	43	M	53	M50	TROTts
47	0:48:42	Jones	Dorian	63	M	33	OM	
48	0:48:48	Brown	Steve	102	M	52	M50	Pembrokeshire Harriers
49	0:48:52	Harry	Gavin	61	M	32	OM	TROTts
50	0:48:59	Lightfoot	Ruben	10	M	30	OM	Howies
51	0:49:04	Elvy	Lyndon	91	M	28	OM	
52	0:49:53	Griffiths	Lisa	65	F	36	F35	Outdoor Fitness
53	0:50:01	Smith	Robert	35	M	54	M50	Pembrokeshire Harriers
54	0:50:24	Wing	Patrick	70	M	63	M60	Pembrokeshire Harriers
55	0:50:27	Griffiths	Dave	82	M	52	M50	Pembrokeshire Harriers
56	0:50:59	Orrells	Steve	1	M	62	M60	Maldwyn Harriers
57	0:51:07	Camani	John	30	M	29	OM	
58	0:51:21	Russell	Andrew	5	M	44	M40	TROTts
59	0:51:38	Rees	David	4	M	46	M40	
60	0:52:22	Walters	Cyril	25	M	67	M60	TROTts
61	0:52:52	Holland	Alex	93	M	48	M40	
62	0:52:59	Lloyd	Sue	67	F	51	F45	Pembrokeshire Harriers
63	0:53:52	Crawford	Oona	33	F	61	F55	TROTts
64	0:54:05	Pearce	Dora	95	F	56	F55	
65	0:54:08	Lewis	Sara	15	F	29	OF	TROTts
66	0:54:16	Vaughan	Cefin	74	M	37	OM	
67	0:54:18	Lutley	Helen	21	F	66	F55	Emlyn Runners
68	0:54:28	Boorman	Louise	56	F	53	F45	Pembrokeshire Harriers
69	0:54:44	Protheroe	Jason	98	M	47	M40	
70	0:55:18	Goulbourne	Dawn	22	F	46	F45	
71	0:55:34	Gilmartin	Peter	11	M	53	M50	
72	0:55:38	Lewis	Becky	44	F	40	F35	
73	0:55:45	Morgan	Lon	29	F	58	F55	Emlyn Runners
74	0:56:27	Jones	Mike	105	M	34	OM	
75	0:56:49	Glesion	Kieran	7	M	38	OM	TROTts
76	0:57:41	Williams	Gwyndaf	54	M	46	M40	
77	0:58:02	Powell	Elin	85	F	26	OF	
78	0:58:12	Guilfoyle	Sarah	26	F	28	OF	TROTts

79	0:58:20	Hawke	Dan	69	M	37	OM	
80	0:58:30	Pullen	Tony	97	M	65	M60	
81	0:58:36	Bell	Jeannie	100	F	59	F55	Pembrokeshire Harr
82	0:58:41	Boyett	Vanessa	24	F	40	F35	TROTts
83	0:58:47	Monday	Alan	36	M	68	M60	
84	0:58:50	Evans	Lesley	50	F	56	F55	Pembrokeshire Harr
85	0:59:20	Joseph	Rachel	52	F	34	OF	Pembrokeshire Harr
86	1:00:50	Holland	Rachel	94	F	47	F45	
87	1:00:50	Holland	Mark	92	M	13	OM	
88	1:01:46	Morgan	Phillip	16	M	60	M60	
89	1:01:50	Watkins	Natasha V	14	F	38	F35	Stratford Upon Avon
90	1:02:03	Bessant	Phil	18	M	56	M50	
91	1:02:16	Garner	Deb	49	F	53	F45	Pembrokeshire Harr
92	1:02:48	Billett	Daniel	79	M	23	OM	
93	1:03:00	Protheroe	Rhian	99	F	40	F35	Pembrokeshire Harr
94	1:03:15	Roach-Jones	James	51	M	41	M40	Pembrokeshire Harr
95	1:03:15	Rees	Ceinwen	53	F	48	F45	
96	1:05:32	Phillips	David	32	M	71	M60	Pembrokeshire Harr
97	1:05:32	Morgan	Sam	2	F	23	OF	Pembrokeshire Harr
98	1:06:08	Charlett	Pauline	71	F	53	F45	Pembrokeshire Harr
99	1:06:11	Powell	Margaret	84	F	57	F55	TROTts
100	1:06:35	Humphrey	Lisa	60	F	44	F35	
101	1:08:11	Davies	Elaine	88	F	51	F45	Pembrokeshire Harr
102	1:09:29	Bessant	Michael	17	M	34	OM	
103	1:10:32	Welch	Anne	48	F	42	F35	
104	1:25:05	James	Donna	72	F	31	OF	