



Chepstow Harriers

Magor Marsh

Sunday, 26 July 2015. 10:30 pm

Blue CUMIN
Restaurant & takeaway
Contemporary Indian cuisine

Position	Time	Name	Club	Category	Race Number
1	0:32:45	SNOOK, Colin	Cornwall AC	MV35	50
2	0:32:49	COX, Martin	Salford Harriers	MV45	217
3	0:32:53	GOITOM, Tes		Snr Male	327
4	0:33:00	ALDRIDGE, Michael	Wootton Road Runners	MV40	19
5	0:33:27	COULDWELL, Mark	Charnwood AC	MV40	80
6	0:33:33	PATERSON, Stephen	Les Croupiers	MV35	254
7	0:33:38	THOMPSON, Matthew	Southport Waterloo AC	MV45	49
8	0:33:52	PARRY, Philip	Bristol & West AC	MV50	107
9	0:33:54	WILLIAMS, Oliver	Les Croupiers	Snr Male	328
10	0:33:55	AHERNE, Lee	Parc Bryn Bach	MV45	38
11	0:34:18	LEACH, Andrew	North Herts RRC	MV50	102
12	0:34:24	GOSS, Steve	Bristol & West AC	MV45	90
13	0:34:34	HULL, Sam		MV35	55
14	0:34:35	WOODS, Alec	Bristol & West AC	MV50	59
15	0:34:55	MILLINGTON, Chris	Les Croupiers	Snr Male	240
16	0:35:03	GATES, Gavin	Bridgend	MV35	29
17	0:35:12	BENTON, David	Brighton & Hove City AC	MV45	66
18	0:35:14	RYDER, Alan	Plymouth Musketeers RC	MV50	114
19	0:35:17	FAWKE, Kim	Lawley RC	LV40	88
20	0:35:18	COLWILL, Martin	Bideford	MV45	78
21	0:35:27	JEFFREY, Tom	Les Croupiers	Snr Male	211
22	0:35:28	RICHARDS, Samuel		Snr Male	301
23	0:35:38	BRIDGELAND, Michael	Chelmsford	MV55	70
24	0:35:42	HURFORD, Matthew	Les Croupiers	MV40	154
25	0:35:45	SAKER, Graeme	Tonbridge AC	MV50	115
26	0:35:50	RASHID, Sammy	Liverpool Pembroke	MV50	110
27	0:36:13	DUNN, Tony	Cornwall AC	MV50	27
28	0:36:20	JENKINS, Christopher		MV35	201
29	0:36:30	MUIR, Malcom	Ilford AC	MV40	30
30	0:36:32	COX, David	Woodford Green AC with Essex Lac	MV60	81
31	0:36:39	BISHOP, Colin	Helsby RC	MV55	35
32	0:36:51	WILLIAMS, Martin	Les Croupiers	MV50	168
33	0:37:02	EXLEY-DEANE, Martin	Tavistock AC	MV55	87
34	0:37:05	BLAIR, Andrew	Les Croupiers	MV50	187
35	0:37:10	ROWE, Alex	Wesham Road Runners & AC	MV55	113
36	0:37:23	MARTIN, Tom		Snr Male	228
37	0:37:26	POLE, Laurence	Pontypridd Roadents	MV40	202
38	0:37:34	ROBINSON, Steve	Midland Masters AC	MV55	112
39	0:37:38	COLEMAN, Philip	Tonbridge AC	MV50	77
40	0:37:41	WILLIAMS, Damian	Parc Bryn Bach	MV45	179
41	0:37:57	NEWMAN, Kevin	Doncaster	MV55	105
42	0:38:02	GOVIER, Matt	Les Croupiers	MV40	325
43	0:38:11	PAGE, Mick	Doncaster	MV60	106
44	0:38:18	LAPORE, Elio	Les Croupiers	MV60	319
45	0:38:21	COLES, David	Les Croupiers	MV55	62
46	0:38:25	BUTLER, Sean	Team Bath AC	MV55	73
47	0:38:26	GODDEN, Jim	Thornbury Running Club	MV50	321
48	0:38:36	DANIELS, David	Cobra Running & Triathlon Club	MV55	82
49	0:38:45	MOORE, David	Brackla Harriers	MV40	316
50	0:38:51	KNIGHTLEY, Terry	Ilford AC	MV55	10
51	0:38:55	NEWMAN, Catherine	Exmouth Harriers	LV50	186
52	0:39:03	DIAS, Brian	Les Croupiers	Snr Male	326
53	0:39:04	GRANT, Richard	Oxford City AC	MV60	91
54	0:39:09	THORP, Stewart	Oxford City AC	MV60	119
55	0:39:12	HODGSON, Lucy	Newquay & Par AC	LV40	1
56	0:39:16	YU, Andy		Snr Male	234
57	0:39:17	BRISCO, Douglas	Andover AC	MV60	71
58	0:39:24	McQUEEN, Colin	Brackla Harriers	MV50	271



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59	0:39:33	EDWARDS, Darren	Wolverhampton & Bilston AC	MV45	84
60	0:39:34	MEDCALF, Chris	San Domenico RC	MV40	188
61	0:39:36	TREADWELL, Roy	Oxford City AC	MV65	120
62	0:39:39	KING, Wendy	Chelmsford	LV40	100
63	0:39:57	GETHING, Nicola	Parc Bryn Bach	LV45	39
64	0:40:09	MURPHY, Mike	Les Croupiers	MV60	36
65	0:40:10	FARAG, Ben	Les Croupiers	MV50	161
66	0:40:13	PRICE, Fiona	Avon Valley Runners	LV45	22
67	0:40:19	SALTER, Adam		Snr Male	257
68	0:40:38	PETTIFER, David	Kenilworth Runners	MV65	57
69	0:40:39	YOUNG, Peter	Billericay Striders	MV65	52
70	0:40:44	KERSHAW-NAYLOR, James		Snr Male	203
71	0:40:45	MORTON, Adam		Snr Male	258
72	0:40:48	CAMBRIDGE, Lucy	Wolverhampton & Bilston AC	LV40	25
73	0:40:49	KENT, Howard	Les Croupiers	MV60	99
74	0:41:00	GREENHOUSE, Raymond	Ebbw Vale	MV50	247
75	0:41:10	ULLIOTT, Tom	Brighton & Hove	MV55	17
76	0:41:13	JONES, Bleddyn	Liswerry Runners	MV35	98
77	0:41:14	ALAN, Newman	Paddock Wood AC	MV60	7
78	0:41:16	ROBERTS, Huw	Bridgend	MV55	111
79	0:41:20	BARBER, Penelope	Tipton Harriers	LV55	61
80	0:41:22	TABOR, Mick	Les Croupiers	MV60	219
81	0:41:27	LUFFMAN, Daniel	Les Croupiers	MV40	306
82	0:41:32	HOLMES, Janet	Les Croupiers	Snr Ladies	151
83	0:41:33	STOCKER, Nick	Bridgend	MV45	218
84	0:41:37	CLODE, Jamie	Bridgend	Snr Male	233
85	0:41:39	CATTON, Andrew	Ilford AC	MV60	24
86	0:41:49	MELHUIH, Alex		Snr Male	229
87	0:41:50	POWELL, Sian	Kidderminster and Stourport AC	Ladies U20	227
88	0:41:54	FEREDAY, Alex		NDB	294
89	0:42:05	HAILS, Kate	Avon Valley Runners	LV 35	92
90	0:42:26	DOWNES, Sam		Snr Male	274
91	0:42:35	CASWELL, Allyn	Ebbw Vale	MV40	276
92	0:42:36	WHITTAKER, Lynne	Winchester & District AC	LV55	45
93	0:42:39	HILL, Walter	Crawley	MV60	96
94	0:42:40	SPENCER, Andrew	Griffithstown Harriers	MV50	192
95	0:42:47	EXLEY, John	Oxford City AC	MV65	86
96	0:42:51	PHILLIPS, Danielle	Parc Bryn Bach	Snr Ladies	329
97	0:42:54	ULLIOTT, Catherine	Brighton & Hove	LV50	16
98	0:43:03	HALL, Brian		MV50	264
99	0:43:08	BUSSEY, Philip	Doncaster	MV65	72
100	0:43:11	HINSLEY, Helen	Bitton Road Runners	LV50	231
101	0:43:15	BRADLEY, Cain	Tonbridge AC	MV55	68
102	0:43:26	WILLIAM, Allan	Tadcaster Harriers	MV65	5
103	0:43:32	BANBURY, Alex		MV35	221
104	0:43:37	HERINGTON, Steve	Hereford Couriers RC	MV65	95
105	0:43:41	MEYLER, Philip	Pontypridd Roadents	MV55	46
106	0:43:53	PROFFITT, David	Newport Harriers	MV60	18
107	0:43:59	BRYSON, Liam		MV45	253
108	0:44:10	SCARROTT, Yvonne	Harborough AC	LV45	9
109	0:44:11	LESLIE, Bill	Amman Valley Harriers	MV40	320
110	0:44:21	ROBERTSON, Alan	Forest of Dean AC	MV60	322
111	0:44:42	WRATTON, Emile		Snr Male	177
112	0:44:54	PITCAIRN-KNOWLES, Lucy	Tonbridge AC	LV50	109
113	0:44:55	HARVEY (SNR), Mark	Chepstow Harriers	MV50	279
114	0:45:00	LEWIS, Dafydd	Fetch Everyone	MV40	244
115	0:45:03	COLE, Kevin	Calne Smartt	MV45	226
116	0:45:05	EDWARDS, Amy	Rhondda Valley Runners	Snr Ladies	297
117	0:45:16	SCHOLEY, Julie	Les Croupiers	LV55	191
118	0:45:36	CRUMP, Graham	Bristol & West AC	MV55	222



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119	0:45:42	MORLEY, Jane	Wolds Veteran AC	LV60	3
120	0:45:44	BUTLER, Karen	Team Bath AC	LV55	74
121	0:45:47	MORRIS, Paul	Les Croupiers	MV55	312
122	0:45:48	JONES, Keri-Lyn	Llisbury Runners	LV40	41
123	0:45:50	CURTIS, Joanna	Winchester & District AC	LV55	42
124	0:46:02	MOORE, Chris	Forest of Dean AC	MV60	323
125	0:46:03	JONES, Gwyn	Les Croupiers	MV50	331
126	0:46:08	HANDFORTH, Angie	South West Veterans AC	LV65	93
127	0:46:44	KERSHAW-NAYLOR, William		NDB	267
128	0:47:08	CALLAGHAN, Shaun		MV50	281
129	0:47:18	MARTIN, Clare		Snr Ladies	239
130	0:47:22	FELLOWS, Dorothy	Cannock & Stafford AC	LV70	60
131	0:47:27	PERONS, Rod	Les Croupiers	MV50	169
132	0:47:28	MOOREKITE, David	Larkfield AC	MV75	26
133	0:47:30	MILES, Jacky	Parc Bryn Bach	LV60	314
134	0:47:31	WEBSTER, Dave	Llisbury Runners	MV50	260
135	0:47:35	BARRY, Andrew	Llisbury Runners	MV50	190
136	0:47:38	DEUCHAR, Rory	Chepstow Harriers	MV35	284
137	0:47:43	PATERSON, Keith	San Domenico RC	MV70	108
138	0:48:00	PHILLIPS, Chris		Snr Male	181
139	0:48:29	OLIVER, Stefan	Caerphilly Runners	Snr Male	256
140	0:48:34	PHILLIPS, Lee	Parc Bryn Bach	MV40	332
141	0:48:45	EVANS, Dai		MV50	270
142	0:48:50	TREADGOLD, Richard		MV55	307
143	0:48:56	DONNE, Michael		Snr Male	333
144	0:48:57	BROWN, Chris		Snr Male	205
145	0:48:58	WILLIAMS, Emma		LV45	302
146	0:49:14	STEELE, Richard		NDB	269
147	0:49:22	COLE, Catherine	Calne Smartt	LV45	225
148	0:49:50	PRICE, Sean	Avon Valley Runners	MV45	176
149	0:49:53	MANN, Richard		Snr Male	287
150	0:49:55	MARCHANT, Maurice	Tonbridge AC	MV65	13
151	0:50:12	CARWARDINE, Kimberley	Chepstow Harriers	Snr Ladies	303
152	0:50:14	GORMLEY, Daniela	Griffithstown Harriers	LV40	283
153	0:50:20	EVANS, Mike	Chepstow Harriers	MV55	335
154	0:50:21	SHORT, Peter	Forest of Dean AC	MV60	309
155	0:50:22	DAVIES, Mike		MV55	275
156	0:50:32	WYNDS, Jacqueline	Forest of Dean AC	LV60	23
157	0:50:38	MOOREKITE, Janice	Larkfield AC	LV55	11
158	0:50:49	SUE, James	Paddock Wood AC	LV60	4
159	0:50:55	LEWIS, Daniel	San Domenico RC	MV40	236
160	0:50:58	LEWIS, Brian		MV55	290
161	0:51:00	SYMMONDS, Nicola		Snr Ladies	251
162	0:51:04	WILLEY, Liz		LV 35	157
163	0:51:18	ELVER, Zoe	Pont-y-pwl & Dist Runners	LV40	268
164	0:51:19	ENNALS, Sue		LV50	278
165	0:51:25	McCASKEY, Walter		MV80+	48
166	0:51:27	HEWITT, Gemma		Snr Ladies	207
167	0:51:27	COVINGTON-JONES, Peter	Forest of Dean AC	MV55	317
168	0:51:33	JEFFRIES, Edward		Snr Male	197
169	0:52:09	WILLIAMS, Sarah		LV40	263
170	0:52:11	LYNCH, Emma	Caerleon	Snr Ladies	155
171	0:52:31	DAVEY, Ralph	Les Croupiers	MV70	83
172	0:52:37	GODSELL, Jennifer		Snr Ladies	224
173	0:52:44	FLEXER, Bernie		Snr Ladies	299
174	0:53:03	POTTER, Gareth		Snr Male	243
175	0:53:04	ARWYN, Eirian Heledd	Les Croupiers	LV60	65
176	0:53:07	BIRD, Gary		MV50	311
177	0:53:16	MURPHY, Gillian	Les Croupiers	LV60	37
178	0:53:30	PERONS, Sarah	Les Croupiers	LV50	33
179	0:53:38	ALBAYA, Ruth		Snr Ladies	230
180	0:53:49	BAYLISS, Geoffrey	Chepstow Harriers	MV65	185
181	0:54:07	DAVIES, Alison	Llisbury Runners	LV40	150



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Position	Time	Name	Club	Category	Race Number
182	0:54:09	ILES, Katherine		Snr Ladies	252
183	0:54:22	ASHTON, Sue	Chepstow Harriers	LV60	318
184	0:54:38	GIBBS, Simon		MV50	250
185	0:55:02	SHEPPARD, Michael		MV40	213
186	0:55:11	THOMAS, Gwenno	Les Croupiers	LV40	245
187	0:55:36	HAWKINS, Graham		MV55	259
188	0:56:26	WEBSTER, Sue	Llisbury Runners	LV50	261
189	0:56:40	DAVIES, Julie	Llisbury Runners	LV50	189
190	0:56:42	LEWIS, Karen	Caerphilly Runners	LV45	288
191	0:56:54	FRY, John	Fairwater Runners	MV70	183
192	0:57:17	THOMPSON, Amanda	Les Croupiers	LV55	153
193	0:57:20	BAYLISS, Jane	Chepstow Harriers	LV60	184
194	0:57:28	WEBSTER, Claire	Llisbury Runners	Snr Ladies	262
195	0:58:22	CRUMP, Sylvia		LV60	223
196	0:58:33	MUIR, Carol	Ilford AC	LV40	40
197	0:59:08	PHILLIPS, Sarah		Snr Ladies	206
198	0:59:20	WHEELER, Syd	Chepstow Harriers	MV75	56
199	0:59:23	MOORE, Amanda	Brackla Harriers	Snr Ladies	315
200	0:59:30	HICKS, Tony		MV50	273
201	0:59:39	HART, Ian	Chepstow Harriers	Snr Male	280
202	1:00:40	WHITE, Rhian		Snr Ladies	241
203	1:00:41	BROWNING, Pamela		LV45	277
204	1:00:58	JEFFRIES, Steven		NDB	198
205	1:01:54	ELWELL, Ursula	Midland Masters AC	LV60	85
206	1:02:49	KULA, Martin		Snr Male	334
207	1:05:03	BAXTER, Kim	Ilford AC	LV55	44
208	1:05:14	PITCAIRN-KNOWLE, Richard	Sevenoaks AC	MV80+	15
209	1:05:23	GRIFFITHS, Claire	Caerphilly Runners	LV 35	255
210	1:05:43	WINTER-JONES, Steph		Snr Ladies	200
211	1:06:22	RICHARDS, Amy		Snr Ladies	199
212	1:06:22	SHEPPARD, Joanne		LV 35	212
213	1:06:47	GIBSON, Joan	Bitton Road Runners	LV60	232
214	1:07:11	SPENCER, Catherine	Griffithstown Harriers	LV45	193