

Ras Cors Caron 1/2 2016

Pos	Time	Family	First	Num	Gen	Age	Cat	Club	M/Sp
1	1:17:39	Lewis	Dylan	129	M	32	OM	Sarn Helen	0:05:
2	1:18:35	John	Simon	19	M	27	OM	Neath Harriers	0:06:
3	1:19:10	Price	Sion	132	M	21	M21	Sarn Helen	0:06:
4	1:19:18	Calkett	Ken	130	M	35	OM	Sarn Helen	0:06:
5	1:19:51	Johnson	Rob	120	M	38	OM	Aberystwyth AC	0:06:
6	1:22:32	Morris	John	74	M	34	OM	TROTs	0:06:
7	1:23:35	Childs	Shelley	134	M	42	M40	Aberystwyth AC	0:06:
8	1:24:01	Hooper	Daniel	71	M	42	M40	Sarn Helen	0:06:
9	1:24:10	Hall	Simon	72	M	36	OM	Sarn Helen	0:06:
10	1:24:37	Davies	Carwyn	45	M	38	OM	Sarn Helen	0:06:
11	1:25:09	Yelland	Matt	47	M	36	OM		0:06:
12	1:25:12	Richards	Keith	91	M	43	M40	Aberystwyth AC	0:06:
13	1:26:22	Schiavone	Owain	100	M	35	OM		0:06:
14	1:27:05	Thomas	Dan	21	M	29	OM	Penny Lane Striders	0:06:
15	1:27:33	Astins	David	50	M	46	M40	Pembrokeshire Tri	0:06:
16	1:29:30	Jones	Steven	38	M	45	M40	Port Talbot Harriers A. C.	0:06:
17	1:29:39	Kendrick	Philip	75	M	54	M50	Brecon AC	0:06:
18	1:29:43	Pinter	Balazs	110	M	46	M40	Aberystwyth AC	0:06:
19	1:31:49	Falconer	Rob	31	M	57	M50	Swansea Harriers	0:07:
20	1:31:59	Warrick	Mike	77	M	63	M60	Rhayader RC	0:07:
21	1:32:06	Hodgson	Gareth	69	M	28	OM	Ystwyth CC	0:07:
22	1:32:23	Regan	Kevin	105	M	34	OM	Sarn Helen	0:07:
23	1:32:46	Williams	Geraint Huw	81	M	41	M40		0:07:
24	1:33:08	Stevens	Ian	117	M	25	OM	Aberystwyth Uni	0:07:
25	1:33:24	Thompson	Richard	48	M	52	M50	Pembrokeshire Tri	0:07:
26	1:33:46	Price	Glyn	101	M	48	M40	Sarn Helen	0:07:
27	1:34:02	Eaden	George	127	M	30	OM	Sarn Helen	0:07:
28	1:34:10	Murube	Chema	112	M	35	OM		0:07:
29	1:34:11	Jones	Nerys	13	F	31	OF	TROTs	0:07:
30	1:34:46	Hughes	Kevin	64	M	42	M40	Sarn Helen	0:07:
31	1:35:16	Bowen	Andrew	2	M	40	M40		0:07:
32	1:36:16	Roberts	Owain	126	M	34	OM		0:07:
33	1:36:33	Williams	Alec	49	M	49	M40	Pembrokeshire Harriers	0:07:
34	1:36:47	Evans	Geraint	122	M	46	M40	Llandovery	0:07:
35	1:37:21	Jones	Helen	39	F	46	F45	Port Talbot Harriers A. C.	0:07:
36	1:37:57	Homer	Darren	106	M	42	M40		0:07:
37	1:38:06	Roberts	Eirwyn	125	M	28	OM		0:07:
38	1:38:18	Snelson	Dewi	99	M	36	OM	TROTs	0:07:
39	1:38:23	Whitehead	Mark	133	M	40	M40		0:07:

40	1:38:33	Kisbee	Murray	68	M	66	M60	Sarn Helen	0:07:
41	1:38:46	Hall	Tony	78	M	60	M60	Sarn Helen	0:07:
42	1:38:51	Taylor	Mick	27	M	56	M50		0:07:
43	1:39:09	Waghorn	Neil	115	M	27	OM		0:07:
44	1:39:17	Arnold	Paul	9	M	47	M40	Celtic Tri	0:07:
45	1:39:20	Hellman	Toby	18	M	49	M40		0:07:
46	1:39:42	Gay	Christopher	1	M	43	M40	Celtic Tri	0:07:
47	1:39:54	Price	Huw	102	M	52	M50	Sarn Helen	0:07:
48	1:40:02	O'Sullivan	Seamus	12	M	45	M40	Cardigan Running Club	0:07:
49	1:40:14	Price	Wendy	10	F	38	F35		0:07:
50	1:40:35	Thomas	Howard	92	M	42	M40	Cardigan Running Club	0:07:
51	1:40:59	Rivers	Eleri	76	F	41	F35	Sarn Helen	0:07:
52	1:41:37	Terry	Mark	36	M	57	M50	TROTts	0:07:
53	1:42:17	Camani	John	51	M	29	OM	TROTts	0:07:
54	1:42:22	Lloyd	Llewellyn	131	M	24	OM	Sarn Helen	0:07:
55	1:42:43	Jolly	Dee	73	F	29	OF	Sarn Helen	0:07:
56	1:42:53	Russell	Brian	25	M	57	M50	Cardigan Running Club	0:07:
57	1:43:00	Thomas	Owen	103	M	47	M40		0:07:
58	1:43:18	Luxton	Robert	95	M	56	M50	Cardigan Running Club	0:07:
59	1:43:22	Bleasdale	Mark	60	M	47	M40	TROTts	0:07:
60	1:43:32	Bleasdale	Catherine	61	F	47	F45	TROTts	0:07:
61	1:44:24	Hughes	Meilyr	86	M	28	OM		0:07:
62	1:45:07	Wyn	Osian	29	M	23	OM	Club Cadw Dragon	0:08:
63	1:45:14	John	Wayne	88	M	50	M50	Bynea CC	0:08:
64	1:45:24	Thomas	Keith	20	M	55	M50		0:08:
65	1:45:37	Arnold	Jayne	8	F	44	F35	Celtic Tri	0:08:
66	1:45:49	Thomas	Catrin	70	F	41	F35		0:08:
67	1:46:20	James	Gwyn	5	M	44	M40		0:08:
68	1:46:55	Lowther	Phillip	42	M	49	M40	Aberystwyth AC	0:08:
69	1:47:13	Tooze	Peter	6	M	33	OM		0:08:
70	1:47:21	Trimble	Teilo	26	M	35	OM	Aberystwyth AC	0:08:
71	1:47:30	Worthing	Anita	3	F	60	F55	Aberystwyth AC	0:08:
72	1:47:48	Smith	Bob	37	M	60	M60	Builth & District RC	0:08:
73	1:48:01	Williams	John	85	M	51	M50		0:08:
74	1:48:17	Wilkins	Jason	33	M	46	M40	Cardigan Running Club	0:08:
75	1:48:54	Darby	Becci	15	F	29	OF	Emlyn Runners	0:08:
76	1:49:08	Fuchs	Lorenz	62	M	27	OM		0:08:
77	1:49:12	Avery	June	98	F	57	F55	Hastings Runner	0:08:
78	1:49:36	Marston	Dai	54	M	47	M40	Cardigan Running Club	0:08:
79	1:49:45	Owen	Barry	96	M	41	M40	Emlyn Flyers	0:08:
80	1:49:45	Kirkham	Kyra	94	F	39	F35		0:08:
81	1:49:53	Readwin	Mitchell	66	M	33	OM	Sarn Helen	0:08:
82	1:50:16	Wilkins	Jane	32	F	52	F45	Cardigan Running Club	0:08:
83	1:50:24	James	Aneurin	56	M	48	M40	Sarn Helen	0:08:

84	1:51:23	Pope	Cameron	82	M	60	M60	Aberystwyth AC	0:08:
85	1:51:31	Jones	Lee Michelle	90	F	44	F35	Bynea Tri	0:08:
86	1:51:49	Morgan	Aled	79	M	33	OM		0:08:
87	1:52:36	Palfrey	Emma	84	F	32	OF		0:08:
88	1:52:42	Morgan	Matthew	57	M	34	OM	Cardigan Running Club	0:08:
89	1:52:45	Mc Laughlin	Ewen	17	M	46	M40		0:08:
90	1:53:08	Thorogood	Elinor	87	F	23	OF	Aberystwyth AC	0:08:
91	1:53:36	Evans	Clive	53	M	47	M40	Cardigan Running Club	0:08:
92	1:53:43	Pinter	Eszter	113	F	17	F21		0:08:
93	1:53:50	Morgan	Holly	28	F	29	OF	Aberystwyth AC	0:08:
94	1:53:51	Jones	Terry Wyn	52	M	39	OM	Sarn Helen	0:08:
95	1:54:05	Johnson	Rebecca	123	F	39	F35		0:08:
96	1:54:05	Davies	Eurig	124	M	34	OM	Emlyn Runners	0:08:
97	1:54:48	Leighton	Tasmin Ann	30	F	23	OF	Club Cadw Dragon	0:08:
98	1:55:05	Evans	Amanda	24	F	49	F45		0:08:
99	1:55:05	Price	Karla	23	F	45	F45		0:08:
100	1:56:06	Jones	Sarah	89	F	20	F21	University Liverpool Tri	0:08:
101	1:56:14	Evans	John Gwynn	55	M	69	M60	Aberystwyth AC	0:08:
102	1:57:55	Hughes	Heather	65	F	36	F35	Sarn Helen	0:09:
103	1:58:25	Purnell	Chris	93	M	51	M50	Cardigan Running Club	0:09:
104	1:58:26	Grasham	Sara	107	F	45	F45	Aberystwyth AC	0:09:
105	1:58:47	Glennie	Mandy	104	F	48	F45	Aberystwyth AC	0:09:
106	2:00:50	Junia	Wendell	108	M	41	M40	Aberystwyth AC	0:09:
107	2:01:19	James	Heulwen	11	F	49	F45	Emlyn Runners	0:09:
108	2:03:35	Williams	Ceris	109	F	47	F45	Aberystwyth AC	0:09:
109	1:05:45	Coltman	Bronwyn	116	F	23	OF		0:05:
110	2:05:53	Hume	Colette	4	F	42	F35	Cardiff Bay RC	0:09:
111	2:06:27	Luther	Alice	63	F	24	OF	Cambridge Tri	0:09:
112	2:06:55	Grimes	Delyth	46	F	48	F45	Sarn Helen	0:09:
113	2:07:06	Davies	Fiona	83	F	35	F35	Sarn Helen	0:09:
114	2:08:12	Pritchard	Maureen	128	F	53	F45	Aberystwyth AC	0:09:
115	2:09:14	Jones	Gwion	35	M	40	M40		0:09:
116	2:11:09	Gaston	Paul	97	M	68	M60	Surry Race Walking Club	0:10:
117	2:11:15	Gaul	Melanie	114	F	43	F35	Aberystwyth AC	0:10:
118	2:11:41	Davies	Sian	118	F	36	F35		0:10:
119	2:11:41	Bruno	Sibona	119	M	58	M50		0:10:
120	2:13:04	Williams	Sarah	34	F	38	F35		0:10:
121	2:13:39	Higgs	Nicola	80	F	29	OF		0:10:
122	2:14:44	Birtwistle	Meic	14	M	57	M50		0:10:
123	2:14:55	Warrick	Stephanie	67	F	64	F55	Rhayader RC	0:10:
124	2:14:58	Hovers	Kate	121	F	56	F55	Brecon Tri	0:10:
125	2:15:47	Cowan	Sandy	40	M	49	M40		0:10:
126	2:18:44	Kohl	Uta	111	M	45	M40		0:10:
127	2:20:57	Owen	Sian	59	F	44	F35		0:10:

128	2:25:45	Lowe	Annabelle	43	F	34	OF	Aberystwyth AC	0:11:
129	2:25:55	Hopkins	Catrin	41	F	34	OF	Aberystwyth AC	0:11: