

# *PEMBROKESHIRE*

## *HARRIERS*

### *JAN YOUNGER MEMORIAL*

#### *10KM 2016*

Pos	Time	Family	First	Num	Gen	Age	Catg	Club
1	0:34:51	Kallenberg	Michael	97	M	25	OM	RAF
2	0:37:51	Latter	Alan	62	M	38	OM	Team Cemais
3	0:38:49	Collier	John	213	M	28	OM	West Coast Tri
4	0:39:06	Elliott	Gareth	202	M	33	OM	Pembrokeshire Harriers
5	0:39:26	Capps	Damian	205	M	47	M40	Team Cemais
6	0:39:46	Astins	David	211	M	46	M40	Pembrokeshire Tri
7	0:40:20	Evans	Martin	212	M	54	M50	Team Cemais
8	0:40:42	Howell	Roscoe	220	M	34	OM	Pembrokeshire Harriers
9	0:41:50	Jones	Martin	221	M	33	OM	
10	0:42:05	Williams	Alec	222	M	49	M40	Pembrokeshire Harriers
11	0:42:21	Thomas	Ryan	210	M	38	OM	Team Cemais
12	0:42:33	Rees	Simon	91	M	36	OM	Llanelli AC
13	0:42:56	Morgan	Dan	84	M	37	OM	Team Cemais
14	0:43:11	Davis	Jonathan	85	M		OM	Team Cemais
15	0:44:00	John	Adam	207	M	30	OM	Team Cemais
16	0:44:11	Rowley	Tony	49	M	56	M50	Pembrokeshire Harriers
17	0:45:06	Street	Jamie	92	M	29	OM	
18	0:45:06	Brazier	Lee	204	M	41	M40	Team NBCC
19	0:45:28	Whitby	Mark	203	M	44	M40	
20	0:45:39	Sheen	Dan	87	M	33	OM	Pembrokeshire Harriers
21	0:46:05	Gardener	John	43	M	74	M70	Pembrokeshire Harriers
22	0:46:08	Kallenberg	Mark	96	M	55	M50	Cardigan Running Club
23	0:46:46	Barker	Rob	99	M	45	M40	Pembrokeshire Tri
24	0:46:50	Bowen Rees	Mary	79	F	53	F45	TROTs
25	0:46:58	Miles	Nathan	219	M	45	M40	Pembrokeshire Tri
26	0:47:10	Thomas	Daniel	100	M	22	OM	Pembrokeshire Harriers
27	0:47:41	Walters	Peter	90	M	55	M50	TROTs
28	0:47:50	Lewis	Tristram	60	M	37	OM	

29	0:47:56	James	Shan	74	F	39	F35	Team Cemais
30	0:48:02	Williams	Elizabeth	54	F	45	F45	Pembrokeshire Tri
31	0:48:52	Vines	Mark	226	M	44	M40	
32	0:49:36	Martin	Eliza	57	F	14	YF	Pembrokeshire Harriers
33	0:49:49	Davies	Mark	88	M	47	M40	Pembrokeshire Harriers
34	0:50:32	Glynn	Stephen	217	M	56	M50	Pembrokeshire Harriers
35	0:50:56	Colman	Paul	228	M	55	M50	Pembrokeshire Harriers
36	0:50:59	Anthony	Ron	80	M	64	M60	TROTs
37	0:51:06	Taylor	Stephen	225	M	50	M50	Team NBCC
38	0:51:10	Denning	Luke	201	M	38	OM	Team Cemais
39	0:51:20	Skone	Lee	223	M	39	OM	Team NBCC
40	0:51:30	Morris	Celia	78	F	44	F35	Team Cemais
41	0:51:33	Smith	Robert	81	M	55	M50	Pembrokeshire Harriers
42	0:51:37	Callan	Hayley	209	F	28	OF	
43	0:52:34	Hill	Julia	98	F	42	F35	Pembrokeshire Tri
44	0:52:40	Phillips	Beth	214	F	25	OF	West Coast Tri
45	0:53:15	Sibbald	Mark	63	M	46	M40	Pembrokeshire Harriers
46	0:54:04	Lynch	Emma	44	F	41	F35	
47	0:54:30	Henshaw	Anwen	206	F	31	OF	
48	0:54:37	Evans	Kimberley	82	F	33	OF	Pembrokeshire Harriers
49	0:54:37	Brown	Steve	218	M	52	M50	
50	0:54:49	Jones	Tegryn	93	M	47	M40	
51	0:54:59	Dyde	Stephen	42	M	30	OM	Pembrokeshire Harriers
52	0:55:11	James	Clive	76	M	69	M60	Veggie Runners
53	0:55:13	Walters	Cyril	216	M	68	M60	TROTs
54	0:55:31	Roberts	Christine	48	F	36	F35	
55	0:56:20	Lewis	Becky	59	F	41	F35	
56	0:57:15	Nichols	Judith	86	F	38	F35	
57	0:57:24	Bendle	Elaine	40	F	43	F35	
58	0:58:46	Gregory	James	68	M	40	M40	
59	0:58:46	Sullivan	Alison	71	F	46	F45	
60	1:00:02	Dullaghan	Chris	227	M	37	OM	
61	1:00:09	Jones	Laurence	224	M	22	OM	
62	1:00:38	Aldworth	Alex	55	M	34	OM	Caerphilly Runners
63	1:01:20	Pullen	Tony	61	M	65	M60	
64	1:02:10	Toler	James	83	M	25	OM	Pembrokeshire Harriers
65	1:02:24	Johns	Nick	56	M	56	M50	
66	1:02:27	Jones	Dylan	64	M	39	OM	
67	1:04:14	Preddy	Anne	47	F	35	F35	Mums in slow motion
68	1:04:53	Dwyer	Emily	89	F	46	F45	Pembrokeshire Harriers
69	1:05:52	Thomas	Hannah	50	F	34	OF	
70	1:06:03	Macleod	Penelope	72	F	55	F55	
71	1:06:03	Murphy	Francesca	73	F	19	OF	
72	1:06:45	Preece	Wendy	208	F	48	F45	

73	1:07:31	Matthews	Hannah	75	F	28	OF	
74	1:08:16	Richardson	Keith	94	M	72	M70	
75	1:09:15	Whatlin	Emma	52	F	34	OF	
76	1:09:48	Allan	Rachel	58	F	36	F35	
77	1:09:56	Seaten	Wendy	65	F	47	F45	Pembrokeshire Harriers
78	1:10:20	Campbell	Brett	41	F	43	F35	
79	1:10:22	Thomas	Sharon	51	F	47	F45	Pembrokeshire Harriers
80	1:10:22	Meaden	Melanie	45	F	45	F45	
81	1:10:28	Wiggins	Michele	53	F	46	F45	
82	1:12:45	Hay	Ceris	66	F	40	F35	Pembrokeshire Harriers
83	1:13:36	Wiggins	Sophie	215	F	21	OF	
84	1:14:50	Barnicle	Sharon	70	F	40	F35	
85	1:15:02	Noyce	Rebecca	69	F	38	F35	
86	1:18:33	Spowell	Kelsey	77	F	26	OF	
87	1:18:33	Layton	Stephanie	95	F	24	OF	