

39TH RAS BECA 2016

| Pos | Time | Family | First | Num | Gen | Age | Cat | Club | Loc |
|-----|---------|-----------|--------------|-----|-----|-----|-----|--------------------------|-----|
| 1 | 0:38:36 | Larken | Arron Andrew | 26 | M | 26 | OM | Kimberworth Striders | |
| 2 | 0:38:51 | Tremlett | Jack | 58 | M | 36 | OM | TROTts | |
| 3 | 0:40:08 | Livermore | Phil | 51 | M | 37 | OM | North Leeds Fell Runners | |
| 4 | 0:40:15 | Crossley | Gareth | 52 | M | 28 | OM | Chepstow Harriers | |
| 5 | 0:41:04 | Barrett | Richard | 21 | M | | M40 | | |
| 6 | 0:42:16 | Hall | Simon | 49 | M | 36 | OM | Sarn Helen | |
| 7 | 0:42:22 | Price | Glyn | 6 | M | 49 | M40 | Sarn Helen | |
| 8 | 0:42:31 | Abbott | Andrew | 43 | M | 44 | M40 | Sarn Helen | |
| 9 | 0:42:34 | Lewis | Owen | 48 | M | 17 | OM | | |
| 10 | 0:43:09 | Warren | David | 23 | M | 55 | M50 | | |
| 11 | 0:43:15 | Spring | Nat | 35 | M | | M40 | | |
| 12 | 0:43:45 | Evans | Martin | 12 | M | 54 | M50 | Team Cemais | |
| 13 | 0:44:10 | Evans | Heddwyn | 22 | M | 38 | OM | Emlyn Flyers | |
| 14 | 0:45:02 | James | Euros | 28 | M | | OM | | |
| 15 | 0:45:27 | Jones | Nerys | 63 | F | 0 | OF | TROTts | |
| 16 | 0:45:50 | Cartile | Adam | 54 | M | 17 | OM | | |
| 17 | 0:46:05 | Johns | Trys | 30 | M | 35 | OM | Cardigan Running Club | |
| 18 | 0:46:22 | Noott | Sophie | 10 | F | 39 | OF | Team Cemais | |
| 19 | 0:46:38 | Williams | Calvin | 11 | M | 54 | M50 | Sarn Helen | |
| 20 | 0:46:43 | Sexton | Tash | 44 | F | 42 | F40 | Pembrokeshire Harriers | |
| 21 | 0:46:44 | Brewer | Joshua | 19 | M | 21 | OM | | |
| 22 | 0:47:08 | Wyn | Osian | 33 | M | 24 | OM | Clwb Cadw Droï | L |
| 23 | 0:47:13 | Welton | Chris | 57 | M | 44 | M40 | Rhedwyr Preseli | |
| 24 | 0:47:14 | Brewer | Benjamin | 20 | M | 19 | OM | | |
| 25 | 0:47:40 | Davies | Eurig | 53 | M | 34 | OM | Emlyn Runners | |
| 26 | 0:48:25 | Wilkins | Jason | 2 | M | 46 | M40 | Cardigan Running Club | |
| 27 | 0:48:39 | Lowe | Robert | 39 | M | 40 | M40 | | |
| 28 | 0:48:47 | Davies | Ieuan | 40 | M | 46 | M40 | | |
| 29 | 0:49:17 | Jolly | Dee | 50 | F | 28 | OF | Sarn Helen | |
| 30 | 0:49:31 | Evans | Llyr | 38 | M | 34 | OM | | L |
| 31 | 0:51:38 | Collins | Mathew | 56 | M | 17 | OM | | |
| 32 | 0:52:36 | Taylor | Mick | 64 | M | 57 | M50 | Sarn Helen | |
| 33 | 0:53:01 | Jones | George | 7 | M | 29 | OM | Priory Vets | |
| 34 | 0:53:49 | Russell | Eliott | 14 | M | 31 | OM | | |
| 35 | 0:53:59 | Burlei | Joost | 8 | M | 29 | OM | Priory Vets | L |
| 36 | 0:54:04 | Ifan | Cynyr | 47 | M | 40 | M40 | | |
| 37 | 0:54:36 | Thomas | Howard | 25 | M | 43 | M40 | Cardigan Running Club | |
| 38 | 0:54:51 | Price | Huw | 45 | M | 53 | M50 | Sarn Helen | |
| 39 | 0:55:34 | Kennett | Merlin | 55 | M | 17 | OM | | |

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|----|---------|-----------|---------|----|---|----|-----|------------------------|---|
| 40 | 0:55:46 | Sandbrook | Rhydian | 59 | M | 31 | OM | | |
| 41 | 0:55:56 | Davies | John | 41 | M | 46 | M40 | | |
| 42 | 0:57:01 | Allen | Andrew | 3 | M | 23 | OM | Cardigan Boxing Club | |
| 43 | 0:47:42 | Gibbon | Hugh | 1 | M | 49 | M40 | Cardigan Running Club | |
| 44 | 0:57:56 | Mathias | Mark | 15 | M | 41 | M40 | | |
| 45 | 0:58:50 | Sexton | Chris | 37 | M | 52 | M50 | Pembrokeshire Harriers | |
| 46 | 0:59:17 | Llewellyn | John | 36 | M | 49 | M40 | | |
| 47 | 0:59:19 | Hurst | Rebecca | 27 | F | 24 | OF | Kimberworth Striders | |
| 48 | 0:59:26 | Phillips | Jamie | 9 | M | | OM | | |
| 49 | 1:01:56 | Pharo | Zack | 4 | M | 23 | OM | Cardigan Boxing Club | |
| 50 | 1:03:36 | Rees | Arwyn | 13 | M | 37 | OM | | L |
| 51 | 1:04:29 | Rees | Robert | 17 | M | 67 | M60 | Sheen Shufflers | |
| 52 | 1:05:10 | Brown | Richard | 16 | M | 66 | M60 | Sheen Shufflers | |
| 53 | 1:05:28 | Jones | Gareth | 46 | M | 50 | M50 | Sarn Helen | |
| 54 | 1:06:05 | James | Gemma | 29 | F | 34 | OF | | |
| 55 | 1:07:12 | George | Luned | 18 | F | 35 | OF | | L |
| 56 | 1:07:32 | Evans | Clive | 5 | M | 69 | M60 | Emlyn ATH | |
| 57 | 1:10:49 | Hodges | Mike | 24 | M | 63 | M60 | TROTts | L |
| 58 | 1:13:36 | Vaughan | Kelly | 32 | F | | OF | | L |
| 59 | 1:14:23 | Sandbrook | Clare | 60 | F | 35 | OF | | |
| 60 | 1:20:04 | Hill | Rhian | 31 | F | 39 | OF | | L |
| 61 | 1:20:06 | Davies | Eirian | 65 | M | 64 | M60 | | |
| 62 | 1:31:34 | Phillips | David | 42 | M | 71 | M60 | Pembrokeshire Harriers | |
| 63 | 1:31:34 | Wing | Patrick | 34 | M | 65 | M60 | Pembrokeshire Harriers | |
| 64 | 1:32:58 | Griffiths | Alison | 61 | F | 47 | F40 | Pembrokeshire Harriers | |
| 65 | 1:33:06 | Thomas | Barbara | 62 | F | 71 | F60 | Pembrokeshire Harriers | |