

| Pos | Bib No | Fav | Share | Print | Name | Time | Chip Time | Category | Cat Pos | Gender | Gen Pos |
|-----|--------|-----|-------|-------|-------------------|-----------|-----------|----------|---------|--------|---------|
| 1 | 164 | | | | Matt REES | 2:50:04.9 | 2:50:02.7 | Sen | 1 | Male | 1 |
| 2 | 60 | | | | David HAZELL | 2:54:39.7 | 2:54:34.5 | Sen | 2 | Male | 2 |
| 3 | 77 | | | | Neil JONES | 3:01:44.9 | 3:01:42.8 | Sen | 3 | Male | 3 |
| 4 | 116 | | | | Nick SHEEHAN | 3:04:51.3 | 3:04:44.7 | Sen | 4 | Male | 4 |
| 5 | 79 | | | | Aled JONES-DAVIES | 3:09:44.2 | 3:09:35.5 | Sen | 5 | Male | 5 |
| 6 | 84 | | | | Geraint LEWIS | 3:09:44.5 | 3:09:41.3 | Vet 40 | 1 | Male | 6 |
| 7 | 153 | | | | Bryan WILKINS | 3:11:18.1 | 3:11:13.0 | Sen | 6 | Male | 7 |
| 8 | 63 | | | | Mark HIDDLESTONE | 3:11:26.4 | 3:11:23.8 | Vet 40 | 2 | Male | 8 |
| 9 | 19 | | | | Michael COPE | 3:12:39.7 | 3:12:36.6 | Vet 40 | 3 | Male | 9 |
| 10 | 85 | | | | Simon LEWIS | 3:12:39.8 | 3:12:37.0 | Vet 40 | 4 | Male | 10 |
| 11 | 136 | | | | William THOMAS | 3:13:53.2 | 3:13:48.1 | Vet 40 | 5 | Male | 11 |
| 12 | 74 | | | | Dick JONES | 3:14:08.5 | 3:14:05.1 | Vet 40 | 6 | Male | 12 |
| 13 | 5 | | | | Joe BAKER | 3:14:16.4 | 3:14:11.9 | Sen | 7 | Male | 13 |
| 14 | 82 | | | | Adrian KEARNS | 3:17:06.3 | 3:17:00.6 | Vet 40 | 7 | Male | 14 |
| 15 | 59 | | | | Dan HAYMAN | 3:17:21.4 | 3:17:17.8 | Sen | 8 | Male | 15 |
| 16 | 118 | | | | Mike SLACK | 3:17:49.8 | 3:17:15.7 | Sen | 9 | Male | 16 |
| 17 | 20 | | | | Alex CORNETT | 3:22:15.1 | 3:22:10.3 | Sen | 10 | Male | 17 |
| 18 | 36 | | | | Stuart EVANS | 3:23:05.0 | 3:22:58.6 | Vet 40 | 8 | Male | 18 |
| 19 | 64 | | | | Geoffrey HILL | 3:23:47.6 | 3:23:43.5 | Vet 40 | 9 | Male | 19 |
| 20 | 165 | | | | Gareth JONES | 3:26:15.7 | 3:26:11.9 | Sen | 11 | Male | 20 |
| 21 | 147 | | | | Katie WARREN | 3:27:10.2 | 3:26:49.0 | Sen | 1 | Female | 1 |
| 22 | 62 | | | | Mathew HENDERY | 3:28:26.0 | 3:28:04.5 | Sen | 12 | Male | 21 |
| 23 | 112 | | | | Chris RYAN | 3:29:26.3 | 3:29:02.0 | Vet 40 | 10 | Male | 22 |
| 24 | 12 | | | | Paul BUTCHER | 3:30:23.8 | 3:30:03.0 | Vet 50 | 1 | Male | 23 |
| 25 | 6 | | | | Simon BATTY | 3:30:38.0 | 3:30:32.5 | Vet 40 | 11 | Male | 24 |
| 26 | 80 | | | | Sam JOSEPH | 3:33:18.1 | 3:33:13.5 | Sen | 13 | Male | 25 |
| 27 | 43 | | | | Matthew GIVEN | 3:33:26.5 | 3:33:16.6 | Sen | 14 | Male | 26 |
| 28 | 160 | | | | Thomas WITHERS | 3:33:58.5 | 3:33:28.4 | Sen | 15 | Male | 27 |
| 29 | 133 | | | | Lyndon THOMAS | 3:34:23.4 | 3:33:59.6 | Vet 40 | 12 | Male | 28 |
| 30 | 31 | | | | Gethin EDWARDS | 3:36:49.7 | 3:36:44.4 | Sen | 16 | Male | 29 |
| 31 | 61 | | | | Anthony HEALD | 3:38:10.4 | 3:37:46.9 | Vet 40 | 13 | Male | 30 |
| 32 | 107 | | | | Frazer RICHARDS | 3:38:46.9 | 3:38:41.0 | Sen | 17 | Male | 31 |
| 33 | 70 | | | | David HYETT | 3:38:47.5 | 3:38:42.9 | Vet 40 | 14 | Male | 32 |
| 34 | 98 | | | | Terry O'BRIEN | 3:42:09.8 | 3:41:46.3 | Vet 60+ | 1 | Male | 33 |
| 35 | 11 | | | | Andrew BROOKE | 3:43:12.9 | 3:43:02.9 | Vet 40 | 15 | Male | 34 |

| Club | Pace | TOD | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-------------------------------------|----------|------------|-----------|---------|-----------|---------|-----------|---------|-----------|---------|
| SWANSEA HARRIERS | 9.2 m/hr | 11:50:07.9 | 50:18.0 | 31:55.0 | 52:52.9 | 34:39.9 | 50:18.0 | 31:55.0 | 52:52.9 | 34:39.9 |
| CAERPHILLY RUNNERS | 9.0 m/hr | 11:54:42.7 | 54:14.0 | 34:24.1 | 52:37.6 | 33:02.6 | 54:14.0 | 34:24.1 | 52:37.6 | 33:02.6 |
| PONTYCLUN ROAD RUNNERS | 8.6 m/hr | 12:01:47.9 | 51:22.4 | 34:49.5 | 56:31.9 | 38:22.3 | 51:22.4 | 34:49.5 | 56:31.9 | 38:22.3 |
| LLANELLI AC | 8.5 m/hr | 12:04:54.3 | 55:20.8 | 35:44.9 | 55:26.1 | 38:39.0 | 55:20.8 | 35:44.9 | 55:26.1 | 38:39.0 |
| TROTS | 8.3 m/hr | 12:09:47.2 | 54:10.6 | 35:13.3 | 58:48.1 | 41:11.8 | 54:10.6 | 35:13.3 | 58:48.1 | 41:11.8 |
| PORTHCAWL RUNNERS | 8.3 m/hr | 12:09:47.5 | 51:14.8 | 34:19.5 | 57:28.1 | 46:16.6 | 51:14.8 | 34:19.5 | 57:28.1 | 46:16.6 |
| | 8.2 m/hr | 12:11:21.1 | 55:07.2 | 36:07.5 | 59:20.8 | 40:22.4 | 55:07.2 | 36:07.5 | 59:20.8 | 40:22.4 |
| PORT TALBOT HARRIERS | 8.2 m/hr | 12:11:29.4 | 58:17.7 | 37:31.8 | 57:45.2 | 37:29.0 | 58:17.7 | 37:31.8 | 57:45.2 | 37:29.0 |
| PARC BRYN BACH | 8.2 m/hr | 12:12:42.7 | 56:25.8 | 37:04.2 | 57:25.5 | 41:18.7 | 56:25.8 | 37:04.2 | 57:25.5 | 41:18.7 |
| | 8.2 m/hr | 12:12:42.8 | 56:25.4 | 37:04.2 | 57:24.2 | 41:19.8 | 56:25.4 | 37:04.2 | 57:24.2 | 41:19.8 |
| | 8.1 m/hr | 12:13:56.2 | 55:26.2 | 36:53.7 | 59:11.0 | 41:55.7 | 55:26.2 | 36:53.7 | 59:11.0 | 41:55.7 |
| BRECON AC | 8.1 m/hr | 12:14:11.5 | 56:25.1 | 37:04.8 | 57:26.0 | 42:47.4 | 56:25.1 | 37:04.8 | 57:26.0 | 42:47.4 |
| STADIUM RUNNERS | 8.1 m/hr | 12:14:19.4 | 55:32.7 | 36:48.3 | 58:27.1 | 43:04.3 | 55:32.7 | 36:48.3 | 58:27.1 | 43:04.3 |
| EXMOUTH HARRIERS | 8.0 m/hr | 12:17:09.3 | 55:34.6 | 36:55.8 | 1:00:36.9 | 43:30.5 | 55:34.6 | 36:55.8 | 1:00:36.9 | 43:30.5 |
| | 8.0 m/hr | 12:17:24.4 | 59:42.8 | 38:28.6 | 1:00:21.5 | 38:18.7 | 59:42.8 | 38:28.6 | 1:00:21.5 | 38:18.7 |
| | 7.9 m/hr | 12:17:52.8 | 59:43.9 | 38:19.9 | 59:18.5 | 40:03.0 | 59:43.9 | 38:19.9 | 59:18.5 | 40:03.0 |
| | 7.8 m/hr | 12:22:18.1 | 57:01.7 | 37:53.6 | 1:00:13.1 | 46:36.4 | 57:01.7 | 37:53.6 | 1:00:13.1 | 46:36.4 |
| LLANELLI AC | 7.7 m/hr | 12:23:08.0 | 57:31.2 | 36:53.0 | 59:12.0 | 48:37.4 | 57:31.2 | 36:53.0 | 59:12.0 | 48:37.4 |
| OKEHAMPTON RUNNING CLUB | 7.7 m/hr | 12:23:50.6 | 58:38.3 | 38:44.2 | 1:01:09.4 | 44:48.4 | 58:38.3 | 38:44.2 | 1:01:09.4 | 44:48.4 |
| USK | 7.6 m/hr | 12:26:18.7 | 55:30.7 | 38:06.3 | 1:04:26.6 | 47:46.8 | 55:30.7 | 38:06.3 | 1:04:26.6 | 47:46.8 |
| | 7.6 m/hr | 12:27:13.2 | 58:33.8 | 38:24.9 | 1:02:53.1 | 46:53.6 | 58:33.8 | 38:24.9 | 1:02:53.1 | 46:53.6 |
| | 7.5 m/hr | 12:28:29.0 | 1:04:21.7 | 42:47.0 | 1:00:26.3 | 40:28.3 | 1:04:21.7 | 42:47.0 | 1:00:26.3 | 40:28.3 |
| LLISWERRY RUNNERS | 7.5 m/hr | 12:29:29.3 | 1:01:36.9 | 40:11.4 | 1:03:37.3 | 43:35.1 | 1:01:36.9 | 40:11.4 | 1:03:37.3 | 43:35.1 |
| CLWB RHEDEG PONTARDAWE RUNNING CLUB | 7.5 m/hr | 12:30:26.8 | 1:03:06.4 | 42:32.1 | 1:03:25.9 | 40:59.0 | 1:03:06.4 | 42:32.1 | 1:03:25.9 | 40:59.0 |
| NEWPORT AND DISTRICT RUNNING CLUB | 7.5 m/hr | 12:30:41.0 | 57:36.4 | 38:28.5 | 1:04:30.3 | 49:35.8 | 57:36.4 | 38:28.5 | 1:04:30.3 | 49:35.8 |
| SWANSEA HARRIERS | 7.4 m/hr | 12:33:21.1 | 55:32.9 | 36:48.7 | 1:03:41.2 | 56:51.3 | 55:32.9 | 36:48.7 | 1:03:41.2 | 56:51.3 |
| MARPLE RUNNERS | 7.4 m/hr | 12:33:29.5 | 1:01:37.6 | 40:56.0 | 1:04:51.5 | 45:34.4 | 1:01:37.6 | 40:56.0 | 1:04:51.5 | 45:34.4 |
| | 7.3 m/hr | 12:34:01.5 | 1:01:43.4 | 41:28.2 | 1:05:08.8 | 45:14.4 | 1:01:43.4 | 41:28.2 | 1:05:08.8 | 45:14.4 |
| | 7.3 m/hr | 12:34:26.4 | 1:01:37.0 | 40:11.3 | 1:03:42.0 | 48:22.4 | 1:01:37.0 | 40:11.3 | 1:03:42.0 | 48:22.4 |
| | 7.2 m/hr | 12:36:52.7 | 55:04.1 | 37:19.5 | 1:07:19.8 | 56:46.0 | 55:04.1 | 37:19.5 | 1:07:19.8 | 56:46.0 |
| | 7.2 m/hr | 12:38:13.4 | 1:05:45.4 | 42:39.9 | 1:05:28.7 | 43:53.4 | 1:05:45.4 | 42:39.9 | 1:05:28.7 | 43:53.4 |
| CAERPHILLY RUNNERS | 7.2 m/hr | 12:38:49.9 | 56:46.7 | 39:18.9 | 1:09:46.2 | 52:35.1 | 56:46.7 | 39:18.9 | 1:09:46.2 | 52:35.1 |
| | 7.2 m/hr | 12:38:50.5 | 1:05:02.6 | 42:52.1 | 1:05:41.8 | 44:49.4 | 1:05:02.6 | 42:52.1 | 1:05:41.8 | 44:49.4 |
| | 7.1 m/hr | 12:42:12.8 | 1:07:09.2 | 43:18.9 | 1:06:02.4 | 45:10.0 | 1:07:09.2 | 43:18.9 | 1:06:02.4 | 45:10.0 |
| | 7.0 m/hr | 12:43:15.9 | 1:02:11.8 | 39:24.2 | 1:07:22.3 | 53:44.2 | 1:02:11.8 | 39:24.2 | 1:07:22.3 | 53:44.2 |

| Pos | Bib No | Fav | Share | Print | Name | Time | Chip Time | Category | Cat Pos | Gender | Gen Pos |
|-----|--------|-----|-------|-------|--------------------|-----------|-----------|----------|---------|--------|---------|
| 36 | 71 | | | | Paul JOHN | 3:43:24.3 | 3:43:04.0 | Vet 40 | 16 | Male | 35 |
| 37 | 83 | | | | Michelle LENNAGHAN | 3:44:08.1 | 3:44:01.4 | Vet 40 | 1 | Female | 2 |
| 38 | 144 | | | | Andrew WALL | 3:44:15.1 | 3:43:41.1 | Sen | 18 | Male | 36 |
| 39 | 30 | | | | Gareth EDWARDS | 3:44:17.6 | 3:43:42.9 | Sen | 19 | Male | 37 |
| 40 | 96 | | | | Melissa MYLES | 3:47:19.5 | 3:46:55.1 | Sen | 2 | Female | 3 |
| 41 | 130 | | | | Bleddyn THOMAS | 3:49:39.4 | 3:49:04.5 | Sen | 20 | Male | 38 |
| 42 | 92 | | | | Alan MASON | 3:50:15.9 | 3:50:06.4 | Vet 50 | 2 | Male | 39 |
| 43 | 39 | | | | Geraint FLYE | 3:50:38.2 | 3:50:18.1 | Sen | 21 | Male | 40 |
| 44 | 148 | | | | Samuel WEBB | 3:50:52.6 | 3:50:36.0 | Sen | 22 | Male | 41 |
| 45 | 3 | | | | Martin AYRES | 3:54:57.8 | 3:54:55.8 | Sen | 23 | Male | 42 |
| 46 | 45 | | | | James GRICAPIZZI | 3:55:17.6 | 3:55:14.8 | Sen | 24 | Male | 43 |
| 47 | 48 | | | | Paul GUEST | 3:55:24.3 | 3:54:44.1 | Vet 40 | 17 | Male | 44 |
| 48 | 27 | | | | Ian DERRICK | 3:55:30.9 | 3:55:11.9 | Vet 40 | 18 | Male | 45 |
| 49 | 101 | | | | Carol REES | 3:55:43.0 | 3:55:32.7 | Vet 40 | 2 | Female | 4 |
| 50 | 4 | | | | Chris BAKER | 3:57:33.9 | 3:57:16.8 | Vet 40 | 19 | Male | 46 |
| 51 | 125 | | | | Ceri STONE | 3:57:49.7 | 3:57:30.6 | Vet 40 | 20 | Male | 47 |
| 52 | 143 | | | | Pete VOKES | 3:57:58.3 | 3:57:40.6 | Sen | 25 | Male | 48 |
| 53 | 51 | | | | Mike GWYNNE | 3:58:02.7 | 3:57:41.5 | Vet 40 | 21 | Male | 49 |
| 54 | 54 | | | | Darren HARRIS | 3:59:22.4 | 3:59:01.8 | Vet 40 | 22 | Male | 50 |
| 55 | 145 | | | | Carl WALSH | 3:59:25.9 | 3:59:09.7 | Vet 40 | 23 | Male | 51 |
| 56 | 67 | | | | Catherine HOPKINS | 4:01:58.8 | 4:01:18.2 | Sen | 3 | Female | 5 |
| 57 | 166 | | | | Laurence JONES | 4:03:04.8 | 4:02:55.7 | Sen | 26 | Male | 52 |
| 58 | 41 | | | | Ben FRANCIS | 4:03:26.5 | 4:02:56.2 | Sen | 27 | Male | 53 |
| 59 | 18 | | | | Adam COMMONS | 4:03:35.3 | 4:03:23.8 | Vet 40 | 24 | Male | 54 |
| 60 | 56 | | | | Paul HARRIS | 4:04:46.1 | 4:04:25.3 | Vet 40 | 25 | Male | 55 |
| 61 | 137 | | | | Lauren THOMAS | 4:08:57.6 | 4:08:52.5 | Sen | 4 | Female | 6 |
| 62 | 38 | | | | Ryan FLOWERS | 4:09:18.3 | 4:08:54.8 | Sen | 28 | Male | 56 |
| 63 | 155 | | | | Mathew WILLIAMS | 4:09:54.1 | 4:09:30.4 | Sen | 29 | Male | 57 |
| 64 | 108 | | | | Daniel RICHARDS | 4:09:58.2 | 4:09:27.7 | Sen | 30 | Male | 58 |
| 65 | 120 | | | | Andrew SMITH | 4:10:03.2 | 4:09:55.4 | Sen | 31 | Male | 59 |
| 66 | 121 | | | | Chris SMITH | 4:10:25.6 | 4:10:10.4 | Sen | 32 | Male | 60 |
| 67 | 138 | | | | Noel THOMPSON | 4:10:32.3 | 4:10:14.3 | Vet 60+ | 2 | Male | 61 |
| 68 | 58 | | | | Wayne HAYHURST | 4:12:43.2 | 4:12:21.4 | Sen | 33 | Male | 62 |
| 69 | 126 | | | | Nicola SYMMONDS | 4:12:43.2 | 4:12:21.1 | Sen | 5 | Female | 7 |
| 70 | 42 | | | | Paul GANDER | 4:12:49.4 | 4:12:14.2 | Vet 40 | 26 | Male | 63 |

| Club | Pace | TOD | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-------------------------------------|----------|------------|-----------|---------|-----------|-----------|-----------|---------|-----------|-----------|
| | 7.0 m/hr | 12:43:27.3 | 1:05:52.5 | 43:11.3 | 1:07:02.9 | 46:53.7 | 1:05:52.5 | 43:11.3 | 1:07:02.9 | 46:53.7 |
| | 7.0 m/hr | 12:44:11.1 | 1:05:35.9 | 42:53.7 | 1:07:32.8 | 47:38.5 | 1:05:35.9 | 42:53.7 | 1:07:32.8 | 47:38.5 |
| | 7.0 m/hr | 12:44:18.1 | 1:06:45.0 | 42:57.2 | 1:07:55.1 | 46:07.0 | 1:06:45.0 | 42:57.2 | 1:07:55.1 | 46:07.0 |
| | 7.0 m/hr | 12:44:20.6 | 1:06:44.9 | 42:57.7 | 1:07:54.9 | 46:12.7 | 1:06:44.9 | 42:57.7 | 1:07:54.9 | 46:12.7 |
| | 6.9 m/hr | 12:47:22.5 | 1:04:06.1 | 43:32.8 | 1:08:28.5 | 50:44.0 | 1:04:06.1 | 43:32.8 | 1:08:28.5 | 50:44.0 |
| | 6.8 m/hr | 12:49:42.4 | 1:03:32.6 | 41:52.7 | 1:09:40.5 | 54:08.4 | 1:03:32.6 | 41:52.7 | 1:09:40.5 | 54:08.4 |
| LES CROUPIERS | 6.8 m/hr | 12:50:18.9 | 1:05:50.6 | 43:11.2 | 1:08:19.7 | 52:17.1 | 1:05:50.6 | 43:11.2 | 1:08:19.7 | 52:17.1 |
| | 6.8 m/hr | 12:50:41.2 | 1:08:18.3 | 46:28.9 | 1:07:10.8 | 48:10.6 | 1:08:18.3 | 46:28.9 | 1:07:10.8 | 48:10.6 |
| | 6.8 m/hr | 12:50:55.6 | 1:03:31.6 | 44:31.1 | 1:11:13.2 | 51:09.3 | 1:03:31.6 | 44:31.1 | 1:11:13.2 | 51:09.3 |
| | 6.7 m/hr | 12:55:00.8 | 1:00:22.8 | 41:29.0 | 1:12:33.6 | 59:59.1 | 1:00:22.8 | 41:29.0 | 1:12:33.6 | 59:59.1 |
| | 6.7 m/hr | 12:55:20.6 | 1:05:37.8 | 42:19.2 | 1:09:23.5 | 57:20.6 | 1:05:37.8 | 42:19.2 | 1:09:23.5 | 57:20.6 |
| | 6.7 m/hr | 12:55:27.3 | 1:10:22.0 | 44:27.7 | 1:11:25.0 | 48:41.0 | 1:10:22.0 | 44:27.7 | 1:11:25.0 | 48:41.0 |
| | 6.7 m/hr | 12:55:33.9 | 1:07:27.9 | 44:01.1 | 1:09:31.4 | 53:56.6 | 1:07:27.9 | 44:01.1 | 1:09:31.4 | 53:56.6 |
| LES CROUPIERS | 6.7 m/hr | 12:55:46.0 | 1:10:06.4 | 45:22.1 | 1:10:46.1 | 48:59.0 | 1:10:06.4 | 45:22.1 | 1:10:46.1 | 48:59.0 |
| | 6.6 m/hr | 12:57:36.9 | 1:04:31.2 | 43:35.6 | 1:14:23.3 | 54:32.0 | 1:04:31.2 | 43:35.6 | 1:14:23.3 | 54:32.0 |
| | 6.6 m/hr | 12:57:52.7 | 1:09:15.2 | 45:28.4 | 1:12:41.0 | 49:54.5 | 1:09:15.2 | 45:28.4 | 1:12:41.0 | 49:54.5 |
| | 6.6 m/hr | 12:58:01.3 | 1:10:08.2 | 45:52.5 | 1:11:25.6 | 50:03.4 | 1:10:08.2 | 45:52.5 | 1:11:25.6 | 50:03.4 |
| PONTYPRIDD ROADENTS AC | 6.6 m/hr | 12:58:05.7 | 1:01:47.6 | 41:40.9 | 1:14:32.2 | 59:33.1 | 1:01:47.6 | 41:40.9 | 1:14:32.2 | 59:33.1 |
| CLWB RHEDEG PONTARDAWE RUNNING CLUB | 6.6 m/hr | 12:59:25.4 | 1:06:58.7 | 43:41.2 | 1:12:54.8 | 55:18.4 | 1:06:58.7 | 43:41.2 | 1:12:54.8 | 55:18.4 |
| RHONDDA VALLEY RUNNERS | 6.6 m/hr | 12:59:28.9 | 1:07:09.4 | 43:19.3 | 1:13:01.4 | 55:25.9 | 1:07:09.4 | 43:19.3 | 1:13:01.4 | 55:25.9 |
| | 6.5 m/hr | 13:02:01.8 | 1:07:30.4 | 44:07.7 | 1:15:58.7 | 53:57.2 | 1:07:30.4 | 44:07.7 | 1:15:58.7 | 53:57.2 |
| | 6.5 m/hr | 13:03:07.8 | 1:03:35.7 | 47:19.7 | 1:18:42.9 | 52:54.4 | 1:03:35.7 | 47:19.7 | 1:18:42.9 | 52:54.4 |
| | 6.5 m/hr | 13:03:29.5 | 1:10:25.0 | 45:26.6 | 1:12:28.6 | 54:32.0 | 1:10:25.0 | 45:26.6 | 1:12:28.6 | 54:32.0 |
| | 6.5 m/hr | 13:03:38.3 | 1:11:26.8 | 47:34.1 | 1:13:11.7 | 50:55.0 | 1:11:26.8 | 47:34.1 | 1:13:11.7 | 50:55.0 |
| | 6.4 m/hr | 13:04:49.1 | 1:08:18.1 | 46:29.5 | 1:12:29.3 | 56:59.8 | 1:08:18.1 | 46:29.5 | 1:12:29.3 | 56:59.8 |
| | 6.3 m/hr | 13:09:00.6 | 1:06:58.2 | 45:59.3 | 1:17:15.5 | 58:09.5 | 1:06:58.2 | 45:59.3 | 1:17:15.5 | 58:09.5 |
| | 6.3 m/hr | 13:09:21.3 | 1:07:01.6 | 45:01.5 | 1:17:31.1 | 59:17.0 | 1:07:01.6 | 45:01.5 | 1:17:31.1 | 59:17.0 |
| | 6.3 m/hr | 13:09:57.1 | 1:11:35.2 | 48:56.9 | 1:15:09.2 | 53:45.1 | 1:11:35.2 | 48:56.9 | 1:15:09.2 | 53:45.1 |
| | 6.3 m/hr | 13:10:01.2 | 1:13:08.0 | 48:11.8 | 1:13:21.0 | 54:45.7 | 1:13:08.0 | 48:11.8 | 1:13:21.0 | 54:45.7 |
| DARTH COASTAL RUNNERS | 6.3 m/hr | 13:10:06.2 | 1:05:11.4 | 44:54.4 | 1:14:19.7 | 1:05:01.0 | 1:05:11.4 | 44:54.4 | 1:14:19.7 | 1:05:01.0 |
| | 6.3 m/hr | 13:10:28.6 | 1:05:54.5 | 43:36.1 | 1:17:10.6 | 1:03:08.9 | 1:05:54.5 | 43:36.1 | 1:17:10.6 | 1:03:08.9 |
| | 6.3 m/hr | 13:10:35.3 | 1:10:24.7 | 46:20.0 | 1:15:07.4 | 58:05.0 | 1:10:24.7 | 46:20.0 | 1:15:07.4 | 58:05.0 |
| CWM OGWR RUNNING CLUB | 6.2 m/hr | 13:12:46.2 | 1:12:03.9 | 46:45.7 | 1:17:32.0 | 55:55.5 | 1:12:03.9 | 46:45.7 | 1:17:32.0 | 55:55.5 |
| PENCOED PANTHERS | 6.2 m/hr | 13:12:46.2 | 1:12:03.7 | 46:45.7 | 1:16:18.2 | 57:09.5 | 1:12:03.7 | 46:45.7 | 1:16:18.2 | 57:09.5 |
| | 6.2 m/hr | 13:12:52.4 | 1:06:41.8 | 49:41.1 | 1:18:44.7 | 57:10.6 | 1:06:41.8 | 49:41.1 | 1:18:44.7 | 57:10.6 |

| Pos | Bib No | Fav | Share | Print | Name | Time | Chip Time | Category | Cat Pos | Gender | Gen Pos |
|-----|--------|-----|-------|-------|------------------|-----------|-----------|----------|---------|--------|---------|
| 71 | 90 | | | | Antoni MAIELLO | 4:13:33.2 | 4:13:25.4 | Sen | 34 | Male | 64 |
| 72 | 111 | | | | Steven RODRIGUEZ | 4:13:33.4 | 4:13:20.9 | Vet 40 | 27 | Male | 65 |
| 73 | 124 | | | | Ceri STEPHENS | 4:13:49.2 | 4:13:01.2 | Sen | 35 | Male | 66 |
| 74 | 156 | | | | Matthew WILLIAMS | 4:14:15.2 | 4:13:58.4 | Sen | 36 | Male | 67 |
| 75 | 29 | | | | Andrew DRISCOLL | 4:15:21.2 | 4:15:07.9 | Sen | 37 | Male | 68 |
| 76 | 142 | | | | Nick VENABLES | 4:16:11.2 | 4:15:37.1 | Sen | 38 | Male | 69 |
| 77 | 65 | | | | Richard HILLIER | 4:16:26.7 | 4:16:11.5 | Sen | 39 | Male | 70 |
| 78 | 53 | | | | Kevin HARLEY | 4:17:06.6 | 4:17:01.4 | Vet 40 | 28 | Male | 71 |
| 79 | 123 | | | | Imogen SPECTOR | 4:19:47.5 | 4:19:40.1 | Sen | 6 | Female | 8 |
| 80 | 81 | | | | Mark KAVANAGH | 4:21:08.1 | 4:20:36.4 | Vet 40 | 29 | Male | 72 |
| 81 | 158 | | | | Sara WILLIAMS | 4:21:22.1 | 4:21:06.7 | Vet 40 | 3 | Female | 9 |
| 82 | 157 | | | | Richard WILLIAMS | 4:21:42.1 | 4:21:35.3 | Vet 40 | 30 | Male | 73 |
| 83 | 32 | | | | Mark EDWARDS | 4:21:56.2 | 4:21:22.3 | Vet 50 | 3 | Male | 74 |
| 84 | 87 | | | | Alex LLEWELLYN | 4:22:14.8 | 4:22:06.4 | Sen | 7 | Female | 10 |
| 85 | 117 | | | | Catrin SIMON | 4:24:07.7 | 4:23:57.7 | Vet 40 | 4 | Female | 11 |
| 86 | 21 | | | | Martin CROSHAW | 4:24:52.4 | 4:24:11.6 | Vet 40 | 31 | Male | 75 |
| 87 | 146 | | | | Anthony WARDEN | 4:27:28.6 | 4:27:05.1 | Vet 40 | 32 | Male | 76 |
| 88 | 24 | | | | Stephen DAVID | 4:30:23.2 | 4:30:00.3 | Vet 50 | 4 | Male | 77 |
| 89 | 106 | | | | Anne RICE-JONES | 4:31:29.3 | 4:31:10.2 | Vet 50 | 1 | Female | 12 |
| 90 | 154 | | | | Nick WILKINS | 4:34:33.3 | 4:33:57.1 | Vet 40 | 33 | Male | 78 |
| 91 | 25 | | | | Lucy DAVIES | 4:34:38.8 | 4:34:31.9 | Sen | 8 | Female | 13 |
| 92 | 149 | | | | Coumoi WEEKS | 4:34:38.8 | 4:34:32.1 | Vet 40 | 5 | Female | 14 |
| 93 | 97 | | | | Liam O'BRIEN | 4:35:17.9 | 4:35:09.5 | Sen | 40 | Male | 79 |
| 94 | 159 | | | | Michael WILLIAMS | 4:36:43.3 | 4:36:07.1 | Vet 40 | 34 | Male | 80 |
| 95 | 128 | | | | Ian TAYLOR | 4:38:25.1 | 4:38:09.3 | Vet 50 | 5 | Male | 81 |
| 96 | 114 | | | | Brian SAXBY | 4:40:26.5 | 4:39:47.2 | Vet 50 | 6 | Male | 82 |
| 97 | 102 | | | | Charlotte REES | 4:40:56.8 | 4:40:25.5 | Sen | 9 | Female | 15 |
| 98 | 9 | | | | Gareth BOULTON | 4:41:35.3 | 4:41:29.7 | Sen | 41 | Male | 83 |
| 99 | 22 | | | | Selina DA SILVA | 4:44:53.1 | 4:44:12.8 | Vet 60+ | 1 | Female | 16 |
| 100 | 49 | | | | Graham GUNN | 4:45:32.2 | 4:44:37.6 | Vet 60+ | 3 | Male | 84 |
| 101 | 99 | | | | Tim PETERSON | 4:50:41.9 | 4:50:29.3 | Vet 40 | 35 | Male | 85 |
| 102 | 89 | | | | Denise MAGGS | 4:57:17.4 | 4:56:35.3 | Vet 60+ | 2 | Female | 17 |
| 103 | 55 | | | | Dylan HARRIS | 4:57:37.3 | 4:57:16.9 | Vet 40 | 36 | Male | 86 |
| 104 | 68 | | | | Gary HOWELLS | 4:57:39.4 | 4:57:30.5 | Sen | 42 | Male | 87 |
| 105 | 17 | | | | Matthew COLLINS | 5:02:11.6 | 5:01:43.6 | Vet 50 | 7 | Male | 88 |

| Club | Pace | TOD | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|-------------------------------------|----------|------------|-----------|---------|-----------|-----------|-----------|---------|-----------|-----------|
| | 6.2 m/hr | 13:13:36.2 | 1:05:58.4 | 43:01.8 | 1:23:42.0 | 1:00:20.0 | 1:05:58.4 | 43:01.8 | 1:23:42.0 | 1:00:20.0 |
| | 6.2 m/hr | 13:13:36.4 | 1:11:07.2 | 46:15.1 | 1:15:13.2 | 1:00:26.5 | 1:11:07.2 | 46:15.1 | 1:15:13.2 | 1:00:26.5 |
| | 6.2 m/hr | 13:13:52.2 | 1:10:16.9 | 46:55.4 | 1:20:22.7 | 55:40.3 | 1:10:16.9 | 46:55.4 | 1:20:22.7 | 55:40.3 |
| | 6.2 m/hr | 13:14:18.2 | 1:11:57.6 | 47:11.3 | 1:16:29.3 | 58:02.3 | 1:11:57.6 | 47:11.3 | 1:16:29.3 | 58:02.3 |
| MERTHYR RUNNING CLUB | 6.2 m/hr | 13:15:24.2 | 1:06:52.0 | 44:17.2 | 1:21:54.3 | 1:01:47.4 | 1:06:52.0 | 44:17.2 | 1:21:54.3 | 1:01:47.4 |
| LLANELLI AC | 6.1 m/hr | 13:16:14.2 | 1:10:54.3 | 50:07.1 | 1:17:48.0 | 56:54.1 | 1:10:54.3 | 50:07.1 | 1:17:48.0 | 56:54.1 |
| | 6.1 m/hr | 13:16:29.7 | 1:05:53.4 | 45:42.8 | 1:22:37.6 | 1:01:41.0 | 1:05:53.4 | 45:42.8 | 1:22:37.6 | 1:01:41.0 |
| | 6.1 m/hr | 13:17:09.6 | 1:09:41.7 | 46:57.3 | 1:19:49.9 | 1:00:06.5 | 1:09:41.7 | 46:57.3 | 1:19:49.9 | 1:00:06.5 |
| | 6.1 m/hr | 13:19:50.5 | 1:06:43.0 | 46:45.0 | 1:23:06.4 | 1:02:42.7 | 1:06:43.0 | 46:45.0 | 1:23:06.4 | 1:02:42.7 |
| | 6.0 m/hr | 13:21:11.1 | 1:11:22.4 | 45:58.8 | 1:21:10.8 | 1:02:03.9 | 1:11:22.4 | 45:58.8 | 1:21:10.8 | 1:02:03.9 |
| CAERPHILLY RUNNERS | 6.0 m/hr | 13:21:25.1 | 1:09:48.4 | 45:58.1 | 1:23:33.6 | 1:01:35.0 | 1:09:48.4 | 45:58.1 | 1:23:33.6 | 1:01:35.0 |
| | 6.0 m/hr | 13:21:45.1 | 1:08:05.2 | 46:21.1 | 1:20:22.5 | 1:06:16.8 | 1:08:05.2 | 46:21.1 | 1:20:22.5 | 1:06:16.8 |
| | 6.0 m/hr | 13:21:59.2 | 1:10:03.2 | 47:26.1 | 1:19:21.4 | 1:04:27.0 | 1:10:03.2 | 47:26.1 | 1:19:21.4 | 1:04:27.0 |
| CALDICOT | 6.0 m/hr | 13:22:17.8 | 1:10:10.7 | 49:43.6 | 1:23:37.0 | 58:13.9 | 1:10:10.7 | 49:43.6 | 1:23:37.0 | 58:13.9 |
| VEGAN RUNNERS | 6.0 m/hr | 13:24:10.7 | 1:07:01.0 | 48:08.9 | 1:26:28.2 | 1:01:50.7 | 1:07:01.0 | 48:08.9 | 1:26:28.2 | 1:01:50.7 |
| | 5.9 m/hr | 13:24:55.4 | 1:21:03.5 | 52:17.9 | 1:18:07.4 | 52:56.0 | 1:21:03.5 | 52:17.9 | 1:18:07.4 | 52:56.0 |
| AMMAN VALLEY HARRIERS | 5.9 m/hr | 13:27:31.6 | 1:08:54.5 | 45:48.8 | 1:23:08.7 | 1:09:08.9 | 1:08:54.5 | 45:48.8 | 1:23:08.7 | 1:09:08.9 |
| | 5.8 m/hr | 13:30:26.2 | 1:15:48.0 | 50:01.6 | 1:23:21.6 | 1:00:38.1 | 1:15:48.0 | 50:01.6 | 1:23:21.6 | 1:00:38.1 |
| ISLWYN | 5.8 m/hr | 13:31:32.3 | 1:19:19.0 | 52:03.3 | 1:22:46.5 | 56:50.6 | 1:19:19.0 | 52:03.3 | 1:22:46.5 | 56:50.6 |
| DROITWICH AC | 5.7 m/hr | 13:34:36.3 | 1:25:05.4 | 53:25.3 | 1:17:09.5 | 58:20.7 | 1:25:05.4 | 53:25.3 | 1:17:09.5 | 58:20.7 |
| CHEPSTOW HARRIERS | 5.7 m/hr | 13:34:41.8 | 1:15:29.1 | 52:33.6 | 1:25:52.4 | 1:00:16.1 | 1:15:29.1 | 52:33.6 | 1:25:52.4 | 1:00:16.1 |
| CHEPSTOW HARRIERS | 5.7 m/hr | 13:34:41.8 | 1:15:29.3 | 52:33.2 | 1:25:52.9 | 1:00:15.7 | 1:15:29.3 | 52:33.2 | 1:25:52.9 | 1:00:15.7 |
| | 5.7 m/hr | 13:35:20.9 | 1:13:32.2 | 51:06.2 | 1:23:53.3 | 1:06:14.5 | 1:13:32.2 | 51:06.2 | 1:23:53.3 | 1:06:14.5 |
| | 5.7 m/hr | 13:36:46.3 | 1:11:38.5 | 48:03.9 | 1:26:13.1 | 1:10:09.5 | 1:11:38.5 | 48:03.9 | 1:26:13.1 | 1:10:09.5 |
| SALFORD METROPOLITAN | 5.6 m/hr | 13:38:28.1 | 1:08:08.3 | 46:06.6 | 1:18:51.1 | 1:24:36.9 | 1:08:08.3 | 46:06.6 | 1:18:51.1 | 1:24:36.9 |
| RUN4ALL NEATH | 5.6 m/hr | 13:40:29.5 | 1:11:53.2 | 47:04.1 | 1:30:21.7 | 1:10:31.7 | 1:11:53.2 | 47:04.1 | 1:30:21.7 | 1:10:31.7 |
| GRIFFITHSTOWN HARRIERS | 5.6 m/hr | 13:40:59.8 | 1:18:47.0 | 50:32.8 | 1:27:57.4 | 1:03:12.1 | 1:18:47.0 | 50:32.8 | 1:27:57.4 | 1:03:12.1 |
| | 5.6 m/hr | 13:41:38.3 | 1:09:41.8 | 48:43.5 | 1:25:02.2 | 1:17:29.8 | 1:09:41.8 | 48:43.5 | 1:25:02.2 | 1:17:29.8 |
| | 5.5 m/hr | 13:44:56.1 | 1:22:05.9 | 55:17.0 | 1:26:47.0 | 1:00:11.2 | 1:22:05.9 | 55:17.0 | 1:26:47.0 | 1:00:11.2 |
| | 5.5 m/hr | 13:45:35.2 | 1:22:58.4 | 54:23.1 | 1:25:56.8 | 1:01:38.0 | 1:22:58.4 | 54:23.1 | 1:25:56.8 | 1:01:38.0 |
| | 5.4 m/hr | 13:50:44.9 | 1:11:55.7 | 52:27.2 | 1:37:52.3 | 1:07:52.8 | 1:11:55.7 | 52:27.2 | 1:37:52.3 | 1:07:52.8 |
| | 5.3 m/hr | 13:57:20.4 | 1:20:05.1 | 56:07.9 | 1:33:40.0 | 1:06:50.7 | 1:20:05.1 | 56:07.9 | 1:33:40.0 | 1:06:50.7 |
| CLWB RHEDEG PONTARDAWE RUNNING CLUB | 5.3 m/hr | 13:57:40.3 | 1:07:00.4 | 47:12.5 | 1:40:50.3 | 1:21:56.6 | 1:07:00.4 | 47:12.5 | 1:40:50.3 | 1:21:56.6 |
| | 5.3 m/hr | 13:57:42.4 | 1:10:54.0 | 50:54.0 | 1:33:20.3 | 20.6 | 1:10:54.0 | 50:54.0 | 1:33:20.3 | 20.6 |
| | 5.2 m/hr | 14:02:14.6 | 1:26:22.8 | 55:43.1 | 1:31:56.7 | 1:07:34.0 | 1:26:22.8 | 55:43.1 | 1:31:56.7 | 1:07:34.0 |

| Pos | Bib No | Fav | Share | Print | Name | Time | Chip Time | Category | Cat Pos | Gender | Gen Pos |
|-----|--------|-----|-------|-------|-----------------------------|-----------|-----------|----------|---------|--------|---------|
| 106 | 23 | | | | Peter DALE | 5:05:31.8 | 5:04:49.5 | Vet 60+ | 4 | Male | 89 |
| 107 | 132 | | | | Gareth THOMAS | 5:08:40.1 | 5:08:27.7 | Sen | 43 | Male | 90 |
| 108 | 152 | | | | Mathew WHITTEN | 5:09:13.3 | 5:08:49.9 | Sen | 44 | Male | 91 |
| 109 | 14 | | | | Logan CARDY | 5:09:38.3 | 5:09:11.1 | Sen | 45 | Male | 92 |
| 110 | 151 | | | | Phil WHITNEY | 5:09:56.0 | 5:09:27.2 | Vet 40 | 37 | Male | 93 |
| 111 | 131 | | | | Christine THOMAS | 5:10:26.6 | 5:09:55.9 | Vet 50 | 2 | Female | 18 |
| 112 | 140 | | | | Alyn TOMKINSON | 5:10:30.6 | 5:10:00.0 | Vet 40 | 38 | Male | 94 |
| 113 | 69 | | | | Matthew HURCOMBE | 5:10:32.3 | 5:10:01.9 | Sen | 46 | Male | 95 |
| 114 | 110 | | | | Chris RIGGS | 5:15:21.1 | 5:14:55.5 | Vet 40 | 39 | Male | 96 |
| 115 | 94 | | | | Kristian MEARS | 5:15:48.3 | 5:15:14.3 | Vet 40 | 40 | Male | 97 |
| 116 | 88 | | | | Iestyn LLEWELLYN | 5:15:52.3 | 5:15:18.2 | Sen | 47 | Male | 98 |
| 117 | 163 | | | | Christopher ANAGNOSTOPOULOS | 5:34:01.6 | 5:33:40.9 | Sen | 48 | Male | 99 |
| 118 | 52 | | | | Steven HAMLEY-LOCKE | 5:35:25.5 | 5:34:43.0 | Vet 40 | 41 | Male | 100 |
| 119 | 115 | | | | Phillipp SCHOFIELD | 5:38:19.4 | 5:37:39.4 | Vet 50 | 8 | Male | 101 |
| 120 | 8 | | | | Sarah BOOTHBY | 5:57:00.1 | 5:56:21.2 | Sen | 10 | Female | 19 |
| 121 | 13 | | | | Fiona CAMPBELL | 5:57:05.1 | 5:56:26.6 | Vet 40 | 6 | Female | 20 |
| 122 | 150 | | | | Helen WELCH | 5:57:06.6 | 5:56:28.4 | Vet 40 | 7 | Female | 21 |
| 123 | 50 | | | | Jo GWYNNE | 5:58:11.2 | 5:57:33.5 | Vet 40 | 8 | Female | 22 |

| Club | Pace | TOD | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 1 | Lap 2 | Lap 3 | Lap 4 |
|----------------------------|----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| | 5.1 m/hr | 14:05:34.8 | 1:19:04.9 | 51:43.5 | 1:25:30.6 | 1:28:13.7 | 1:19:04.9 | 51:43.5 | 1:25:30.6 | 1:28:13.7 |
| | 5.1 m/hr | 14:08:43.1 | 1:12:27.4 | 48:34.6 | 1:50:32.4 | 1:16:24.7 | 1:12:27.4 | 48:34.6 | 1:50:32.4 | 1:16:24.7 |
| | 5.1 m/hr | 14:09:16.3 | 1:27:10.5 | 58:05.9 | 1:36:46.1 | 1:06:39.1 | 1:27:10.5 | 58:05.9 | 1:36:46.1 | 1:06:39.1 |
| | 5.1 m/hr | 14:09:41.3 | 1:27:21.4 | 56:39.6 | 1:37:30.7 | 1:07:40.0 | 1:27:21.4 | 56:39.6 | 1:37:30.7 | 1:07:40.0 |
| | 5.1 m/hr | 14:09:59.0 | 1:21:32.4 | 53:13.4 | 1:34:15.3 | 1:20:13.8 | 1:21:32.4 | 53:13.4 | 1:34:15.3 | 1:20:13.8 |
| YSTRAD MYNACH RUNNING CLUB | 5.1 m/hr | 14:10:29.6 | 1:25:48.9 | 1:01:10.2 | 1:35:47.0 | 1:07:10.3 | 1:25:48.9 | 1:01:10.2 | 1:35:47.0 | 1:07:10.3 |
| YSTRAD MYNACH RUNNING CLUB | 5.1 m/hr | 14:10:33.6 | 1:25:49.1 | 1:01:09.8 | 1:35:46.5 | 1:07:10.8 | 1:25:49.1 | 1:01:09.8 | 1:35:46.5 | 1:07:10.8 |
| | 5.1 m/hr | 14:10:35.3 | 1:25:49.1 | 1:01:09.2 | 1:35:45.1 | 1:07:12.9 | 1:25:49.1 | 1:01:09.2 | 1:35:45.1 | 1:07:12.9 |
| | 5.0 m/hr | 14:15:24.1 | 1:09:58.8 | 49:09.9 | 1:38:16.5 | 1:36:59.6 | 1:09:58.8 | 49:09.9 | 1:38:16.5 | 1:36:59.6 |
| | 5.0 m/hr | 14:15:51.3 | 1:21:04.9 | 58:24.3 | 1:44:03.0 | 1:11:51.8 | 1:21:04.9 | 58:24.3 | 1:44:03.0 | 1:11:51.8 |
| | 5.0 m/hr | 14:15:55.3 | 1:21:05.1 | 58:24.6 | 1:44:06.8 | 1:11:48.9 | 1:21:05.1 | 58:24.6 | 1:44:06.8 | 1:11:48.9 |
| | 4.7 m/hr | 14:34:04.6 | 1:19:23.8 | 58:39.7 | 1:52:33.5 | 1:22:57.0 | 1:19:23.8 | 58:39.7 | 1:52:33.5 | 1:22:57.0 |
| | 4.7 m/hr | 14:35:28.5 | 1:20:14.0 | 56:54.3 | 1:43:32.1 | 1:34:06.4 | 1:20:14.0 | 56:54.3 | 1:43:32.1 | 1:34:06.4 |
| | 4.6 m/hr | 14:38:22.4 | 1:33:54.4 | 1:01:17.8 | 1:44:30.9 | 1:17:59.4 | 1:33:54.4 | 1:01:17.8 | 1:44:30.9 | 1:17:59.4 |
| PONTYPRIDD ROADENTS AC | 4.4 m/hr | 14:57:03.1 | 1:35:34.9 | 1:11:04.6 | 1:51:29.6 | 1:18:13.2 | 1:35:34.9 | 1:11:04.6 | 1:51:29.6 | 1:18:13.2 |
| PONTYPRIDD ROADENTS AC | 4.4 m/hr | 14:57:08.1 | 1:35:31.5 | 1:10:46.3 | 1:51:51.1 | 1:18:01.4 | 1:35:31.5 | 1:10:46.3 | 1:51:51.1 | 1:18:01.4 |
| PONTYPRIDD ROADENTS AC | 4.4 m/hr | 14:57:09.6 | 1:35:35.5 | 1:11:05.4 | 1:51:57.0 | 1:17:31.6 | 1:35:35.5 | 1:11:05.4 | 1:51:57.0 | 1:17:31.6 |
| PONTYPRIDD ROADENTS AC | 4.4 m/hr | 14:58:14.2 | 1:35:31.9 | 1:10:45.9 | 1:52:31.0 | 1:18:36.8 | 1:35:31.9 | 1:10:45.9 | 1:52:31.0 | 1:18:36.8 |