

TROT's DAMBUSTER's

Llys yr Fran 2017

| Pos | Time | Family | First | Num | Gen | Age | Cat | Club |
|-----|---------|------------|----------|-----|-----|-----|-----|------------------------|
| 1 | 0:34:54 | Latter | Alan | 199 | M | 39 | OM | Team Cemais |
| 2 | 0:34:58 | Lighfoot | Ruben | 101 | M | 31 | OM | |
| 3 | 0:35:01 | Astins | David | 175 | M | 47 | M40 | Pembrokeshire Tri |
| 4 | 0:35:55 | Warren | David | 168 | M | 57 | M50 | Cardigan Running Club |
| 5 | 0:36:09 | Walsh | Charles | 108 | M | 42 | M40 | Swansea Harriers |
| 6 | 0:37:38 | Williams | Ross | 173 | M | 26 | OM | |
| 7 | 0:36:41 | Rees | Simon | 109 | M | 37 | OM | Llanelli AC |
| 8 | 0:37:11 | Flear | Martin | 178 | M | 31 | OM | Llanelli AC |
| 9 | 0:37:31 | Osborne | Peter | 170 | M | 56 | M50 | Llanelli AC |
| 10 | 0:38:30 | Carmani | John | 148 | M | 31 | OM | TROT's |
| 11 | 0:39:02 | Withers | Megan | 124 | F | 21 | OF | Pembrokeshire Harriers |
| 12 | 0:39:25 | Llayton | Ross | 186 | M | 38 | OM | Pembrokeshire Harriers |
| 13 | 0:39:35 | Venables | Nick | 156 | M | | OM | Llanelli AC |
| 14 | 0:39:46 | Carlile | Adam | 200 | M | 18 | OM | West Coast Triathlon |
| 15 | 0:40:10 | Bransden | Tim | 99 | M | 38 | OM | |
| 16 | 0:40:30 | Bearsley | Marc | 112 | M | 30 | OM | Narberth Nobblers |
| 17 | 0:40:58 | Terry | Mark | 131 | M | 60 | M60 | TROT's |
| 18 | 0:40:59 | Evans | Mike | 147 | M | 42 | M40 | Swansea Harriers |
| 19 | 0:41:20 | Jones | Nerys | 176 | F | 32 | OF | TROT's |
| 20 | 0:41:26 | Thomas | Howard | 167 | M | 43 | M40 | |
| 21 | 0:41:54 | Orford | Nathan | 100 | M | 44 | M40 | |
| 22 | 0:42:17 | Mills | Timothy | 117 | M | 23 | OM | |
| 23 | 0:42:18 | Wilkins | Jason | 143 | M | 47 | M40 | Cardigan Running Club |
| 24 | 0:42:38 | Philps | Kevin | 157 | M | 49 | M40 | |
| 25 | 0:42:39 | Williams | Julie | 113 | F | 49 | F45 | |
| 26 | 0:42:43 | Orme | Gordon | 120 | M | 74 | M60 | Carmarthen Harriers |
| 27 | 0:42:45 | Scurrrell | Simon | 194 | M | 36 | OM | TROT's |
| 28 | 0:43:02 | Ouseley | Bethan | 187 | F | 40 | F35 | Team Cemais |
| 29 | 0:43:09 | Dilks | James | 96 | M | 42 | M40 | TROT's |
| 30 | 0:43:22 | Brown | Mike | 193 | M | 36 | OM | |
| 31 | 0:43:35 | Joyce | Kev | 110 | M | 52 | M50 | Pembrokeshire Harriers |
| 32 | 0:44:07 | Evans | Barrie | 69 | M | 41 | M40 | |
| 33 | 0:44:30 | Worth | Laurence | 70 | M | 54 | M50 | Pembrokeshire Harriers |
| 34 | 0:44:31 | Bowen Rees | Mary | 188 | F | 54 | F45 | TROT's |
| 35 | 0:44:38 | Glynn | Stephen | 182 | M | 57 | M50 | Pembrokeshire Harriers |
| 36 | 0:44:44 | Jones | Laurence | 105 | M | 23 | OM | TROT's |

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|----|---------|---------------|-----------|-----|---|----|-----|------------------------|
| 37 | 0:45:13 | Smith | Robert | 119 | M | 56 | M50 | Pembrokeshire Harriers |
| 38 | 0:45:18 | Powell | Keith | 189 | M | 60 | M60 | TROTts |
| 39 | 0:45:19 | Emanuel | Andrew | 140 | M | 55 | M50 | |
| 40 | 0:45:29 | Evans | Rebecca | 136 | F | 40 | F35 | |
| 41 | 0:46:19 | Davies | Marc | 179 | M | 48 | M40 | Pembrokeshire Harriers |
| 42 | 0:46:34 | Halsall | Michael | 185 | M | 44 | M40 | Llanelli AC |
| 43 | 0:47:03 | Evans | Kimberley | 166 | F | 34 | OF | Pembrokeshire Harriers |
| 44 | 0:47:05 | Brown | Dafydd | 183 | M | 14 | OM | TROTts |
| 45 | 0:47:09 | Jones | Natalie | 198 | F | 26 | OF | Llanelli Strollers |
| 46 | 0:47:16 | Osborne | Paul | 165 | M | 60 | M60 | Llanelli AC |
| 47 | 0:47:18 | Gash | Mile | 145 | M | 47 | M40 | |
| 48 | 0:47:40 | Brynant | Tom | 93 | M | 29 | OM | TROTts |
| 49 | 0:47:55 | Wright | Andrew | 180 | M | 40 | M40 | |
| 50 | 0:48:05 | Davies | John | 68 | M | 48 | M40 | |
| 51 | 0:48:17 | Terry | Michael | 171 | M | 66 | M60 | TROTts |
| 52 | 0:48:18 | Marson | John | 159 | M | 44 | M40 | Llanelli AC |
| 53 | 0:48:43 | Thomas | David | 118 | M | 45 | M40 | Pembrokeshire Harriers |
| 54 | 0:49:07 | Gash | Sandy | 144 | F | 41 | F35 | |
| 55 | 0:49:22 | Dawson | Isobel | 169 | F | 36 | F35 | |
| 56 | 0:49:36 | Mills | Aaron | 116 | M | 51 | M50 | |
| 57 | 0:59:56 | Crawford | Oona | 123 | F | 63 | F55 | TROTts |
| 58 | 0:50:14 | Reed | Oliver | 128 | M | 13 | OM | |
| 59 | 0:50:21 | Lloyd | Sue | 151 | F | 53 | F45 | Pembrokeshire Harriers |
| 60 | 0:50:26 | Boorman | Louise | 129 | F | 54 | F45 | Pembrokeshire Harriers |
| 61 | 0:50:38 | Pallas | Jack | 135 | M | 20 | OM | |
| 62 | 0:51:06 | Byrne | Joshua | 155 | M | 11 | OM | |
| 63 | 0:51:07 | Byrne | David | 154 | M | 32 | OM | |
| 64 | 0:51:56 | Raymond | Jo | 133 | F | 39 | F35 | Pembrokeshire Harriers |
| 65 | 0:51:57 | Williams | Lucy | 174 | F | 24 | OF | |
| 66 | 0:52:25 | Brash | Chrissie | 111 | M | 51 | M50 | TROTts |
| 67 | 0:52:55 | Phelps | Olga | 158 | F | 49 | F45 | |
| 68 | 0:53:13 | Cooke | Camilla | 121 | F | 48 | F45 | Pembrokeshire Tri |
| 69 | 0:53:26 | Lowcock James | Richard | 115 | M | 40 | M40 | Cwm Ogwr Running |
| 70 | 0:53:39 | Hunt | Jayne | 184 | F | 51 | F45 | TROTts |
| 71 | 0:54:03 | Horsman | John | 122 | M | 6 | M60 | Cardigan Running Club |
| 72 | 0:54:06 | Davey | Eric | 172 | M | 67 | M60 | Llanelli AC |
| 73 | 0:54:19 | Bateman | Edward | 107 | M | 60 | M60 | Pembrokeshire Harriers |
| 74 | 0:54:23 | Williams | Ormond | 71 | M | 57 | M50 | Sarn Helen |
| 75 | 0:54:41 | Reed | Roger | 127 | M | 51 | M50 | |
| 76 | 0:54:45 | Dyde | Stephen | 162 | M | 31 | OM | Pembrokeshire Harriers |
| 77 | 0:54:54 | Lewis | Helen | 142 | F | 49 | F45 | |
| 78 | 0:54:55 | Wing | Patrick | 190 | M | 65 | M60 | Pembrokeshire Harriers |
| 79 | 0:55:07 | Rainbow | George | 149 | M | 46 | M40 | |
| 80 | 0:55:17 | Garner | Deb | 191 | F | 55 | F55 | Pembrokeshire Harriers |

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|-----|---------|----------------|-----------|-----|---|----|-----|------------------------|
| 81 | 0:55:35 | Goodwin | Margaret | 150 | M | 53 | M50 | Pembrokeshire Harriers |
| 82 | 0:55:47 | Walters | Cryil | 106 | M | 69 | M60 | TROTts |
| 83 | 0:55:51 | Williams | Jonathan | 125 | M | 56 | M50 | TROTts |
| 84 | 0:56:33 | Pullen | Tony | 114 | M | 67 | M60 | |
| 85 | 0:56:39 | Griffiths | Alison | 163 | F | 47 | F45 | Pembrokeshire Harriers |
| 86 | 0:57:21 | Nahar | Qumrun | 153 | F | 38 | F35 | Pembrokeshire Harriers |
| 87 | 0:57:22 | Harries | Maria | 181 | F | 47 | F45 | |
| 88 | 0:57:55 | Terry | Alison | 132 | F | 57 | F55 | TROTts |
| 89 | 0:58:03 | Morton | Catherine | 97 | F | 31 | OF | TROTts |
| 90 | 0:58:38 | Williams | Gwyndaf | 161 | M | 48 | M40 | |
| 91 | 0:58:51 | Jenkins | Janette | 146 | F | 53 | F45 | TROTts |
| 92 | 0:58:53 | Ryan Morgan | Tracy | 130 | F | 51 | F45 | |
| 93 | 0:59:24 | Leighton Jones | Nigel | 197 | M | 62 | M60 | Llanelli Strollers |
| 94 | 1:00:02 | Spratt | Marianne | 104 | F | 25 | OF | Pembrokeshire Harriers |
| 95 | 1:00:55 | Pallas | Melannie | 134 | F | 44 | F35 | Pembrokeshire Harriers |
| 96 | 1:01:00 | Evans | Ceinwen | 137 | F | 50 | F45 | Pembrokeshire Harriers |
| 97 | 1:01:30 | Dilks | Rebecca | 95 | F | 40 | F35 | TROTts |
| 98 | 1:01:40 | Colman | Jill | 139 | F | 52 | F45 | Pembrokeshire Harriers |
| 99 | 1:01:43 | Barber | Julie | 94 | F | 49 | F45 | TROTts |
| 100 | 1:03:30 | Bell | Jeannie | 192 | F | 61 | F55 | Pembrokeshire Harriers |
| 101 | 1:03:48 | Davies | Christine | 98 | F | 52 | F45 | TROTts |
| 102 | 1:05:45 | Charlett | Pauline | 160 | F | 55 | F55 | Pembrokeshire Harriers |
| 103 | 1:06:04 | Rees | Patricia | 195 | F | 45 | F45 | Pembrokeshire Harriers |
| 104 | 1:06:05 | Bourne | Craig | 72 | M | 13 | OM | |
| 105 | 1:06:06 | Williams | Phobe | 73 | F | 31 | OF | |
| 106 | 1:06:07 | Robinson | Daniel | 196 | M | 43 | M40 | |
| 107 | 1:06:56 | Thomas | Pauline | 126 | F | 74 | F55 | TROTts |
| 108 | 1:07:12 | Bell | Jan | 164 | F | 72 | F55 | Pembrokeshire Harriers |
| 109 | 1:07:13 | Thomas | Barbara | 152 | F | 72 | F55 | Pembrokeshire Harriers |
| 110 | 1:14:51 | Davies | Karen | 141 | F | 45 | F45 | Pembrokeshire Harriers |
| 111 | 1:14:57 | Lewis | Wyn | 74 | M | 27 | OM | |
| 112 | 1:15:16 | Picton | Melanie | 138 | F | 35 | F35 | Pembrokeshire Harriers |
| 113 | 1:15:17 | Davies | Yvonne | 177 | F | 34 | OF | TROTts |