

SARN HELEN

Felinfach 6mile Race 2017

<u>No.</u>	<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
430	1	Gary Wyn Davies	Aberystwyth	31	m	33.13
447	2	Dylan Lewis	Sarn Helen	34	m	33.27
412	3	Ken Caulkett	Sarn Helen	36	m	33.36
433	4	Michael Lai	Aberystwyth	20	m	34.28
432	5	David Dwyer	Aberystwyth	39	m	34.41
418	6	Aled Jones-Davies	Trots	36	m	35.19
439	7	Ian Evans	Aberystwyth	38	m	35.25
444	8	Martin Flear	Llanelli	31	m	36.06
441	9	Glyn Price	Sarn Helen	50	m50	36.19
434	10	Aled Skym	Aberystwyth	19	m	36.29
473	11	Llewelyn Lloyd	Sarn Helen	25	m	36.41
436	12	Aled Sion Jones	Sarn Helen	16	m	36.46
431	13	Lee Shannon	Pembs Harriers	35	m	36.49
419	14	Carwyn Davies	Sarn Helen	40	m40	36.51
437	15	Keith Richards	Aberystwyth	44	m40	36.55
410	16	Tomos Morgans	Sarn Helen	16	m	37.05
461	17	Ieuan Pugh Jones		20	m	37.10.43
424	18	Kevin Hughes	Sarn Helen	43	m40	37.10.91
462	19	Mike Davies	Sarn Helen	47	m40	37.12
455	20	Llyr A Einion	Aberystwyth	18	m	37.17
435	21	Huw Griffiths		41	m40	37.30
421	22	Nigel Davies	Sarn Helen	45	m40	37.44
403	23	Thomas Willoughby	Sarn Helen	17	m	38.36
416	24	Mark Rivers	Sarn Helen	40	m40	38.38
407	25	Dee Jolly	Sarn Helen	30	f	38.42
474	26	Jack Cockburn		38	m	38.44
471	27	Aled Morgan	Sarn Helen	35	m	39.07

465	28	Dafydd Davies		36	m	39.18
411	29	Clara Davies	Amman Valley Harriers	35	f35	39.36
405	30	Tammy Lewis-Jones	Eryri	47	f45	40.53
440	31	Huw Price	Sarn Helen	54	m50	41.06
470	32	Daniel Thomas		22	m	42.31
428	33	Linda Eynon	Trots	56	f45	42.44
417	34	Eleri Rivers	Sarn Helen	43	f35	42.53
422	35	Paul Rose	Aberystwyth	53	m50	43.10
426	36	Angharad Starr	Caerphilly Runners	35	f35	43.30
402	37	Dave Martin		45	m40	43.56
456	38	Murray Kisbee	Sarn Helen	68	m50	44.13
469	39	Dewi Jones		46	m40	44.28.04
442	40	Michael Halsall	Llanelli	44	m40	44.28.97
408	41	Lucy Garrod	Witney Road Runners	50	f45	44.30
425	42	Dawn Kenwright	Sarn Helen	61	f50	44.38
475	43	Mick Taylor	Sarn Helen	57	m50	44.48
404	44	Mitchell Readwin	Sarn Helen	34	m	44.54
467	45	David Thomas	Sarn Helen	54	m50	45.26
457	46	Tim Davies		44	m40	45.39
427	47	Delyth Crimes	Sarn Helen	49	f45	47.16
423	48	Donna Davies	Sarn Helen	40	f35	47.25
472	49	John Marson	Llanelli	44	m40	48.02
453	50	Einion Gruffudd		49	m40	48.22
458	51	Bethan Phillips	West Coast TRI	27	f	48.30
445	52	Tina Morris		39	f35	48.43
414	53	Anwen Davies	Sarn Helen	38	f35	49.10
413	54	Jenny Caulkett	Sarn Helen	40	f35	49.12
464	55	Pamela Carter		36	f35	50.20
449	56	Rhian Jones		50	f45	50.48
451	57	Beca Russell		35	f35	51.17
448	58	Michelle Jones		46	f45	51.23
443	59	Eric Davey	Llanelli	67	m50	52.10

468	60	Keith Daniels		49	m40	55.22
409	61	Nicola Davies	Sarn Helen	31	f	57.04
466	62	Kieran Gleeson	Trots	40	m40	57.34
401	63	Jaya Jones	Cardiff	16	f	57.59
463	64	Jane Holmes	Sarn Helen	46	f45	58.52
460	65	Jane Bultenshaw-Jones	Sarn Helen	35	f35	63.14
476	66	Eirian Davies		66	m50	63.55
420	67	Emma Davies	Sarn Helen	38	f35	66.00
459	68	Adee Botu	Sarn Helen	32	f	66.55
429	69	Emma Gray	Sarn Helen	40	f35	67.37
415		Marc Davies	Sarn Helen	41	m40	DNF
446		Richard Marks	Sarn Helen	67	m50	DNF

1st Team - Aberystwyth

- 1 Gary Wyn Davies
- 4 Michael Lai
- 5 David Dwyer
- 7 Ian Evans