

TROT's

St Clears 10km 2017

| Pos | Time | Family | First | Num | Gen | Age | Catg | Club | K/Split |
|-----|---------|-------------|---------|-----|-----|-----|------|------------------------|---------|
| 1 | 0:36:28 | Larkin | Arron | 106 | M | 27 | OM | Kimberworth Striders | 0:03:39 |
| 2 | 0:37:00 | Williams | Evan | 146 | M | 34 | OM | TROT's | 0:03:42 |
| 3 | 0:38:03 | Horsman | Mark | 114 | M | 39 | OM | Cardigan Running Club | 0:03:48 |
| 4 | 0:38:29 | Price | Jason | 88 | M | 47 | M40 | Llanelli AC | 0:03:51 |
| 5 | 0:38:43 | Griffiths | Kevin | 133 | M | 53 | M50 | | 0:03:52 |
| 6 | 0:38:48 | Price | Glyn | 117 | M | 50 | M50 | Sarn Helen | 0:03:53 |
| 7 | 0:39:13 | Frances | Chris | 102 | M | 30 | OM | Gorseinon 3ms | 0:03:55 |
| 8 | 0:40:36 | Rees | Simon | 86 | M | 37 | OM | Llanelli AC | 0:04:04 |
| 9 | 0:40:45 | Sfedman | Jamie | 131 | M | 27 | OM | Llanelli AC | 0:04:05 |
| 10 | 0:41:13 | Marks | Richard | 118 | M | 67 | M60 | Sarn Helen | 0:04:07 |
| 11 | 0:41:38 | Venables | Nick | 104 | M | 37 | OM | Llanelli AC | 0:04:10 |
| 12 | 0:41:58 | Vaughn | Simon | 90 | M | 44 | M40 | Gorseinon 3ms | 0:04:12 |
| 13 | 0:42:17 | Merrony | Nick | 123 | M | 57 | M50 | TROT's | 0:04:14 |
| 14 | 0:42:25 | Bailey | Vince | 145 | M | 48 | M40 | Lets Run Carmarthen | 0:04:15 |
| 15 | 0:42:31 | Land | Andy | 109 | M | 53 | M50 | Dragon RC | 0:04:15 |
| 16 | 0:43:36 | Coney | William | 151 | M | 20 | OM | | 0:04:22 |
| 17 | 0:44:04 | Morris | Lee | 120 | M | 35 | OM | Gorseinon 3ms | 0:04:24 |
| 18 | 0:44:26 | Poppen | John | 100 | M | 50 | M50 | | 0:04:27 |
| 19 | 0:44:44 | Webster | Richard | 67 | M | 62 | M60 | Gorseinon 3ms | 0:04:28 |
| 20 | 0:44:49 | Coney | James | 149 | M | 22 | OM | | 0:04:29 |
| 21 | 0:45:15 | Price | Huw | 116 | M | 54 | M50 | Sarn Helen | 0:04:31 |
| 22 | 0:45:32 | Anthony | Mary | 82 | F | 55 | F55 | TROT's | 0:04:33 |
| 23 | 0:45:54 | Byrne | David | 115 | M | 33 | OM | | 0:04:35 |
| 24 | 0:45:58 | Cheek | Henry | 152 | M | 16 | OM | QEH RC | 0:04:36 |
| 25 | 0:46:17 | Dilks | Jim | 80 | M | 42 | M40 | TROT's | 0:04:38 |
| 26 | 0:46:19 | Hinshelwood | Kani | 96 | F | 21 | OF | | 0:04:38 |
| 27 | 0:46:31 | Jenkins | Kevin | 92 | M | 55 | M50 | TROT's | 0:04:39 |
| 28 | 0:47:02 | Davies | John | 108 | M | 63 | M60 | | 0:04:42 |
| 29 | 0:47:05 | Hunt | Rebecca | 105 | F | 25 | OF | Kimberworth Striders | 0:04:43 |
| 30 | 0:47:19 | Bowen | Chris | 130 | M | 52 | M50 | | 0:04:44 |
| 31 | 0:47:27 | Frankl | Rowena | 139 | F | 37 | F35 | | 0:04:45 |
| 32 | 0:48:14 | Orford | Nathan | 77 | M | 44 | M40 | | 0:04:49 |
| 33 | 0:48:20 | Pearce | Brian | 141 | M | 62 | M60 | | 0:04:50 |
| 34 | 0:48:29 | Martin | Eliza | 134 | F | 16 | OF | Pembrokeshire Harriers | 0:04:51 |
| 35 | 0:48:43 | Thomas | Andrew | 91 | M | 52 | M50 | Gorseinon 3ms | 0:04:52 |

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|----|---------|-------------------|---------------|-----|---|----|-----|------------------------|---------|
| 36 | 0:49:08 | Wilson | Elliott | 75 | M | 22 | OM | | 0:04:55 |
| 37 | 0:49:14 | Williams | Aled | 129 | M | 34 | OM | | 0:04:55 |
| 38 | 0:49:28 | Halsall | Michael | 95 | M | 44 | M40 | Llanelli AC | 0:04:57 |
| 39 | 0:49:45 | James | Rhys | 127 | M | 32 | OM | | 0:04:59 |
| 40 | 0:50:04 | Dawson | Isobel | 132 | F | 37 | F35 | TROTs | 0:05:00 |
| 41 | 0:50:09 | James | Mererid | 125 | F | 29 | OF | Pembrokeshire Harriers | 0:05:01 |
| 42 | 0:50:14 | Lee | Mark | 89 | M | 60 | M60 | TROTs | 0:05:01 |
| 43 | 0:50:41 | Smith | Gareth | 103 | M | 36 | OM | | 0:05:04 |
| 44 | 0:51:09 | Andrews | Martin | 71 | M | 68 | M60 | TROTs | 0:05:07 |
| 45 | 0:52:51 | James | Vyn | 124 | M | 68 | M60 | | 0:05:17 |
| 46 | 0:53:11 | Thomas | David | 111 | M | 65 | M60 | Orion Harriers | 0:05:19 |
| 47 | 0:53:39 | Davey | Eric | 94 | M | 67 | M60 | Llanelli AC | 0:05:22 |
| 48 | 0:54:32 | King | Rowen | 101 | M | 35 | OM | Knockers RC | 0:05:27 |
| 49 | 0:54:43 | Phillips | Sharon | 110 | F | 48 | F45 | | 0:05:28 |
| 50 | 0:54:44 | Beash | Chrissie | 78 | F | 52 | F45 | | 0:05:28 |
| 51 | 0:55:37 | Boorman | Louise | 135 | F | 55 | F55 | Pembrokeshire Harriers | 0:05:34 |
| 52 | 0:56:24 | Morgan | Bruce | 107 | M | 62 | M60 | Llanelli AC | 0:05:38 |
| 53 | 0:56:26 | Beck | Chris | 148 | M | 47 | M40 | | 0:05:39 |
| 54 | 0:56:54 | Wing | Patrick | 122 | M | 65 | M60 | Pembrokeshire Harriers | 0:05:41 |
| 55 | 0:57:21 | Byrne | John | 112 | M | 65 | M60 | | 0:05:44 |
| 56 | 0:57:55 | Harries | Helen | 142 | F | 35 | F35 | TROTs | 0:05:47 |
| 57 | 0:58:23 | Vaughan | Cefin | 121 | M | 39 | OM | | 0:05:50 |
| 58 | 0:58:35 | Poiner | Ross | 87 | M | 42 | M40 | Gorseinon 3ms | 0:05:51 |
| 59 | 0:59:00 | Nahar | Qumrun | 138 | F | 38 | F35 | Pembrokeshire Harriers | 0:05:54 |
| 60 | 0:59:25 | Hunt | Jayne | 79 | F | 51 | F45 | TROTs | 0:05:56 |
| 61 | 0:59:41 | Garner | Deb | 136 | F | 55 | F55 | Pembrokeshire Harriers | 0:05:58 |
| 62 | 0:59:52 | Davies | Marian | 147 | F | 36 | F35 | | 0:05:59 |
| 63 | 1:00:17 | Lewis | Julie Anne | 98 | F | 41 | F35 | Neath Run4All | 0:06:02 |
| 64 | 1:00:34 | Morgan- Davies | Carwen | 150 | F | 33 | OF | TROTs | 0:06:03 |
| 65 | 1:00:36 | Lewis | Anghare d | 119 | F | 38 | F35 | | 0:06:04 |
| 66 | 1:01:08 | Morton | Catheri ne | 85 | F | 32 | OF | TROTs | 0:06:07 |
| 67 | 1:02:44 | Butler | Nia | 143 | F | 44 | F35 | Pegasus RC | 0:06:16 |
| 68 | 1:02:23 | Pullen | Tony | 113 | M | 67 | M60 | | 0:06:14 |
| 69 | 1:02:38 | Mc Callum | Dan | 97 | M | 49 | M40 | | 0:06:16 |
| 70 | 1:03:38 | Evans | Ceinwe n | 93 | F | 50 | F45 | Pembrokeshire Harriers | 0:06:22 |
| 71 | 1:04:38 | Spratt | Mariann e | 74 | F | 25 | OF | Pembrokeshire Harriers | 0:06:28 |
| 72 | 1:06:29 | Boyett | Vanessa | 76 | F | 42 | F35 | TROTs | 0:06:39 |
| 73 | 1:06:30 | Dilks | Becky | 81 | F | 41 | F35 | TROTs | 0:06:39 |
| 74 | 1:07:52 | Lewis | Alison | 126 | F | 47 | F45 | | 0:06:47 |

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| 75 | 1:07:58 | Davies | Christine | 72 | F | 52 | F45 | TROTts | 0:06:48 |
| 76 | 1:08:42 | Brabrook | Andrea | 144 | F | 45 | F45 | | 0:06:52 |
| 77 | 1:09:19 | Davies | Elaine | 137 | F | 53 | F45 | Pembrokeshire Harriers | 0:06:56 |
| 78 | 1:12:28 | Evans | Emyr | 128 | M | 37 | OM | Llanelli AC | 0:07:15 |
| 79 | 1:14:56 | Bell | Jan | 84 | F | 72 | F55 | Pembrokeshire Harriers | 0:07:30 |
| 80 | 1:14:56 | Thomas | BARBARA | 83 | F | 73 | F55 | Pembrokeshire Harriers | 0:07:30 |
| 81 | 1:16:43 | Winning | Linda | 69 | F | 71 | F55 | | 0:07:40 |
| 82 | 1:24:30 | Phillips | David | 140 | M | 73 | M60 | Pembrokeshire Harriers | 0:08:27 |
| 83 | 1:29:00 | Tapscott | Jayne | 99 | F | 40 | F35 | | 0:08:54 |
| 84 | 1:29:05 | Winning | Robert | 70 | M | 80 | M60 | | 0:08:54 |