

EMLYN RUNNERS 10K

2017

Pos	Time	Family	First	Num	Gen	Age	Cat	Club	K/Split
1	0:40:24	Horsman	Mark	23	M	39	OM	Cardigan Running Club	0:04:02
2	0:41:10	Davies	Rob	4	M	31	OM	Amman Valley Harriers	0:04:07
3	0:43:16	Osborne	Peter	31	M	57	M50	Llanelli AC	0:04:20
4	0:44:59	Thompson	Richard	24	M	54	M50	Pembrokeshire Tri	0:04:30
5	0:45:16	Morgans	Tomos	19	M	16	OM	Sarn Helen	0:04:32
6	0:47:13	George	Rhydian	40	M	37	OM		0:04:43
7	0:50:14	Rivers	Eleri	21	F	43	F35	Sarn Helen	0:05:01
8	0:50:24	Thomas	Owen	25	M	24	OM		0:05:02
9	0:52:41	Padget	Paul	33	M	62	M60	Team Cemais	0:05:16
10	0:54:59	Smith	Robert	20	M	50	M50	Pembrokeshire Harriers	0:05:30
11	0:58:07	Eynon	Aled	34	M	36	OM		0:05:49
12	1:00:15	Lutley	Helen	16	F	68	F55	Emlyn Runners	0:06:01
13	1:02:43	Hewitt	Chris	17	F	59	F55		0:06:16
14	1:05:31	Penn	Graham	39	M	62	M60	Sarn Helen	0:06:33
15	1:06:01	Davies	Bedwyr	26	M	38	OM		0:06:36
16	1:13:04	Davies	Eirian	28	M	66	M60		0:07:18